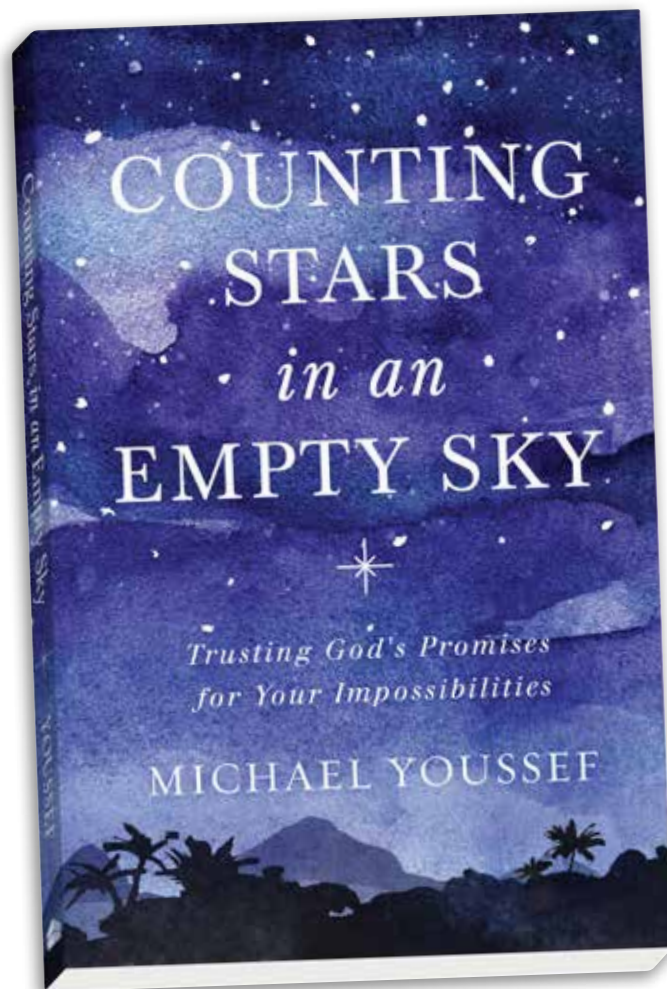




BakerBooks

# Learning to Trust in God's Timing and Plan for Your Life



- Michael Youssef's books have sold more than 2 million copies worldwide
- Author's weekly television programs and daily radio programs are broadcast in 25 languages and seen worldwide, airing more than 12,000 times per week
- Includes reflection questions for small group or individual study

**W**hen God promised Abraham that his descendants would be as numerous as the stars in the sky, Abraham was childless. Yet through many obstacles, temptations, and even failures, Abraham became an example of faith as he learned to trust God's promises regardless of circumstances.

In this faith-filled book, Michael Youssef takes you through Abraham's incredible journey of faith, encouraging you to trust God's timing and plan when the road gets difficult. He also shares his own experiences of trusting God in a foreign land and includes reflection questions for you and your small group to pinpoint the ways in which you're trusting—or need to trust—God to keep his promises, even when the way forward seems impossible—even when you can't see the stars.

## Counting Stars in an Empty Sky

Michael Youssef



### VITAL INFORMATION

**Available: September 3**  
**\$15.99**  
**978-0-8010-7787-6**

trade paper  
 5½ x 8½  
 208 pages  
 Case Quantity: 32

Category: RELIGION / Christian Living / Spiritual Growth  
 RELIGION / Christian Living / Inspirational  
 Rights: Worldwide

### ABOUT THE AUTHOR

**Michael Youssef** is the founder and president of Leading The Way with Dr. Michael Youssef ([www.LTW.org](http://www.LTW.org)), a worldwide ministry that leads the way for people living in spiritual darkness to discover the light of Christ through the creative use of media and on-the-ground ministry teams. He is also the founding pastor of The Church of The Apostles in Atlanta, Georgia. The author of *Life-Changing Prayers*, Youssef lives with his wife in Atlanta. They have four grown children and ten grandchildren.



© Michael A. Schwarz

### ALSO AVAILABLE

**Life-Changing Prayers**  
 978-0-8010-7786-9



## EXCERPT

This cause—to ignite the next generation of Christians for Jesus—has lit Mark and me up for a long time. Mark has written books, taught hundreds of thousands of teens and leaders, and prepped parents for life in this new reality. I, too, have spent the better part of my working life trying to get a handle on the problems facing the next generation, and on potential solutions. . . .

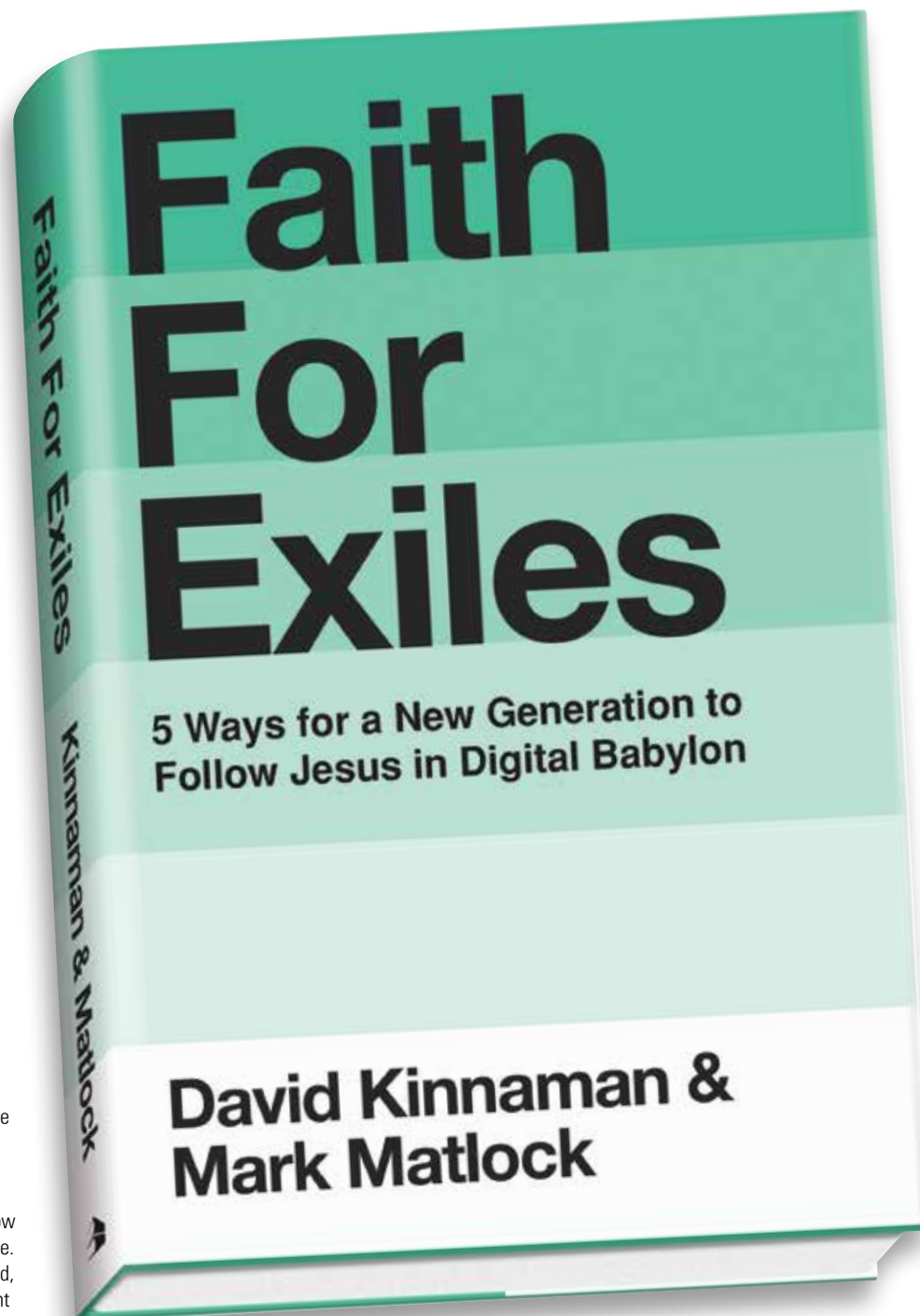
It is our contention in this book that today's society is, for many reasons we will explore, especially and insidiously faith-repellent. Certainly God's people have weathered hostile seasons in the past; the pages of Scripture and the annals of church history remind us it is never easy to live faithfully. But our research shows that resilient faith is becoming more rare today, and tougher to grow.

That reality leads us to our main argument in *Faith for Exiles*.

**Non-Christians are avoiding Christianity and young Christians are abandoning church. But by cultivating five practices, we can meet the deepest longings of our anxious age.**

Even now there is hope hidden in the cracks. We find this hope breaking through in places like Scotland and Ireland and the wider UK and Australia—societies that are even more post-Christian than our own. We see it in our research in North America too. And what we find confirms again what Christianity's long history reveals: The roots of faithfulness can sink deeper in anxious, unsettled times. Faith can grow even—and sometimes especially—in the darkest of times and places.

Over a decade's worth of research with nearly 100,000 teens, young adults, parents, and church leaders shows us how young faith can mature and last a lifetime. This book is about what we've discovered, as best we can describe it at this moment in time.



# Powerful New Research-Driven Insights for 21st-Century Discipleship

- Reveals five practices that cultivate resilient faith in the next generation
- Kinnaman is president of Barna Group and author of bestselling *unChristian*, *You Lost Me*, and *Good Faith*, which have sold more than 375,000 total copies
- Matlock is an author and speaker and the former executive director of Youth Specialties

In a series of groundbreaking studies that led to two bestselling books, David Kinnaman and his team at Barna Group uncovered the reasons young people are increasingly resisting and rejecting the church. But the news isn't all bleak. Recent analysis of Barna's rich store of data reveals a hidden hope: the Church already has the resources to meet young people's deepest desires and most pressing needs—if only church leaders and Christian parents rediscover them and put them into practice.

In *Faith for Exiles*, David Kinnaman teams up with former executive director of Youth Specialties Mark Matlock to reveal five formational practices that have the power to cultivate resilient faith in the next generation. Drawing on groundbreaking insights and never-before-released data, Kinnaman and Matlock show readers that God has not given up on the next generation. In fact, the church is needed, now more than ever, to disciple, bless, and empower young Jesus followers—and to learn from them.

Defying the secularizing trends, these resilient young Christians are paving a faithful way forward in digital Babylon. *Faith for Exiles* offers Christians young and old the hope and real-world wisdom they're looking for as they navigate a rapidly changing, increasingly complex, post-Christian culture, as exiles together.

## Faith for Exiles

David Kinnaman and Mark Matlock



9 780801 013157

### VITAL INFORMATION

**Available: September 3**  
**\$21.99**  
**978-0-8010-1315-7**

hardcover  
 5½ x 8½  
 256 pages  
 Case Quantity: 20

Category: RELIGION / Christianity / General  
 Rights: Worldwide

### MERCHANDISING

shelf talker  
 978-0-8010-7812-5

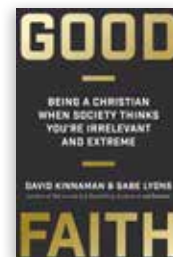
### ABOUT THE AUTHORS

**David Kinnaman** is coauthor of *unChristian*, *You Lost Me*, and *Good Faith*. He is president of Barna Group, a leading research and communications company that works with churches, nonprofits, and businesses ranging from film studios to financial services. Since 1995, David has directed interviews with more than 1 million individuals and overseen hundreds of US and global research studies. He and his wife live in California with their three children.

**Mark Matlock** has been working with youth pastors, students, and parents for more than two decades. He is the principal at WisdomWorks, a consulting firm dedicated to helping individuals, churches, and faith-centered organizations leverage the transforming power of wisdom to accomplish their mission. Mark is the former executive director for Youth Specialties (YS) and creator of the PlanetWisdom teen discipleship conferences. He has written more than 20 books for teens and parents. In addition, Mark is an ordained minister serving as a member of Irving Bible Church. Mark and his wife live in Texas and have two adult children.

### ALSO AVAILABLE

**Good Faith**  
 978-0-8010-7544-5  
**You Lost Me**  
 978-0-8010-1589-2  
**unChristian**  
 978-0-8010-7271-0





# With God, Anything Is Possible



- Book will be promoted on the national radio program *Pathway to Victory*, reaching 106 million US households and 195 countries, and PTV will heavily promote the book through direct mail, e-blasts, and its website
- Author was featured on season 3 of TLC show *Rattled*, which has a viewership of millions, and has a social media following of more than 3 million
- Dr. Robert Jeffress, senior pastor of First Baptist Church of Dallas and bestselling author, will promote the book to his 13,000-member church

God wants to do more in our lives than we can possibly imagine. So why do we settle for less? Many times, it's because we are afraid to ask. Whether we feel selfish or silly doing so, or we want to let God off the hook in case he doesn't answer, we rarely pray for our deepest desires—not realizing that our desires are often dreams conceived by God that he wants to fulfill. It's time to discover the exciting adventure you were created to live!

In *Pray Big Things*, Julia Jeffress Sadler dares you to start praying *big*. Sharing her own story of God's life-changing answers to bold prayers—a miraculous journey through infertility, miscarriages, and giving birth to triplets—Julia challenges you to take God at his word and see him move like never before. Humorous, practical, and filled with biblical insights, this book will give you the courage to pray big things and watch expectantly for God's even bigger answers.

## Pray Big Things

Julia Jeffress Sadler, LPC



### VITAL INFORMATION

Available: September 3

\$14.99

978-0-8010-9336-4

trade paper

5½ x 8½

208 pages

Case Quantity: 32

Category: RELIGION / Christian Living / Prayer  
RELIGION / Christian Living / Inspirational  
RELIGION / Christian Living / Spiritual Growth  
Rights: Worldwide

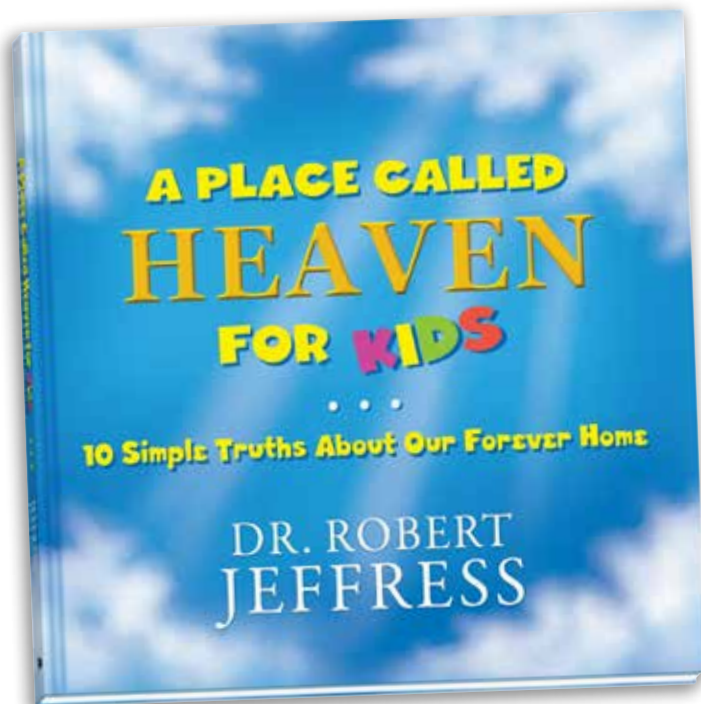
### ABOUT THE AUTHOR

**Julia Jeffress Sadler, LPC** is a reality star from TLC's *Rattled* who has seen God do immeasurably more than anything she could hope or imagine. After suffering three miscarriages in one year, God blessed her and her husband, Ryan, with triplets. Their story of faith, prayer, and evangelism in the midst of heartache has encouraged thousands around the world. Julia is a licensed professional counselor and the girls ministry director at the 13,000-member First Baptist Church of Dallas, Texas. She is a regular conference speaker, radio show guest, and host of *The Julia Sadler Show*. Her clinical training, biblical foundation, pastor's daughter upbringing, and sense of humor provide a fresh perspective on cultural topics. Julia and her junior-high sweetheart, Ryan, live and minister in Dallas, Texas.



© David Edmonson

# Teach Your Little Ones about Heaven



- Dr. Jeffress is pastor of 13,000-member First Baptist Church in Dallas and author of over twenty books
- Author's radio and TV programs, *Pathway to Victory*, reach 106 million US households and 195 countries
- Gives comforting, Scripture-based answers to 10 questions kids ask about heaven

Children ask a lot of questions. When a death occurs in their family or circle of friends, those questions inevitably turn toward heaven. Is heaven real? Where is it? What will we do there? How do we get there? And more. Parents and grandparents often find themselves at a loss to explain a place that they suddenly may realize they don't know much about either.

Colorfully illustrated and using simple concepts and language that children ages 4–7 can understand, *A Place Called Heaven for Kids* provides answers to 10 of these common questions. In doing so, it gives children peace of mind about their lost loved one as well as a comforting, biblical picture of their forever home. For parents, grandparents, and caregivers, it offers a positive, constructive way to grieve, hope, and grow with the children in their lives.

## A Place Called Heaven for Kids

Dr. Robert Jeffress



### VITAL INFORMATION

**Available: September 3**

**\$14.99**

**978-0-8010-9428-6**

hardcover

8 x 8

32 pages

Case Quantity: 96

Category: JUVENILE NONFICTION / Religious / Christian / General  
JUVENILE NONFICTION / Social Topics / Death, Grief, Bereavement  
Rights: Worldwide

### ABOUT THE AUTHOR

**Dr. Robert Jeffress** is senior pastor of the 13,000-member First Baptist Church in Dallas, Texas, and is a Fox News contributor. His daily radio program, *Pathway to Victory*, is heard on more than 900 stations nationwide, and his weekly television program is seen on thousands of cable systems and stations in the United States and in 195 countries around the world. Known for his bold, biblical stands on cultural issues, Jeffress has been interviewed on more than 2,000 radio and TV programs, including *Good Morning America*, *CBS This Morning*, *Fox & Friends*, *MSNBC*, *CNN*, *Real Time with Bill Maher*, and *Hardball with Chris Matthews*. He is the author of *Not All Roads Lead to Heaven*, *A Place Called Heaven*, and *Choosing the Extraordinary Life*. He lives in Dallas.



### ALSO AVAILABLE

**A Place Called Heaven**

978-0-8010-9367-8

**Not All Roads Lead to Heaven**

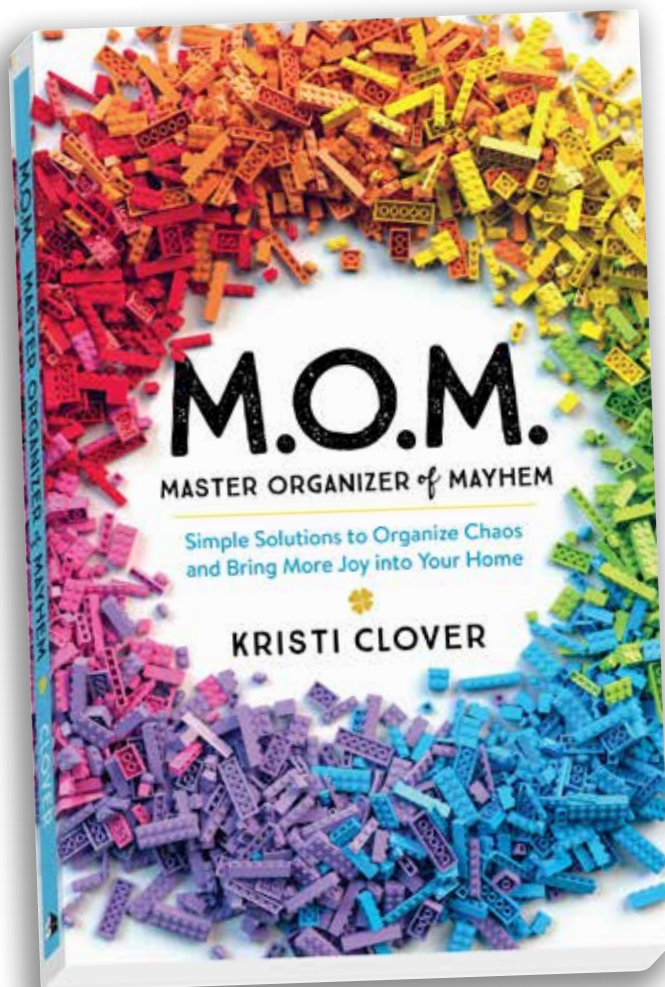
978-0-8010-7285-7

**Choosing the Extraordinary Life**

978-0-8010-9465-1



# Simple Home Organization Solutions for Busy Moms



- These 10 foundational rules and easy-to-use systems for home organization will increase your home's efficiency and bring more peace and joy to your family
- Author has a digital reach approaching 100,000 followers and is a blogger, a YouTuber, the host of the *Simply Joyful* podcast, and a homeschooling mom of five
- Author speaks regularly at women's events and homeschool events

Getting—and staying—organized is a challenge in and of itself. Add motherhood to the mix, and you've got a whole new dimension of difficulty. So how does a busy mom stay on top of the daily chaos that children inevitably bring along with them?

No matter what your situation is, Kristi Clover's home organization systems will work for you. Her foundational rules are highly adaptable and will help you make your home more efficient no matter where you live or how many kids you have (and how messy they are). She helps you prioritize, break down big jobs, declutter, develop age-appropriate chores for your kids, tackle the endless piles of laundry, and so much more. If you long to have a functional and fabulous home for your family and you're tired of feeling overwhelmed by all the work, this life-changing book is for you!

## MOM—Master Organizer of Mayhem

Kristi Clover



### VITAL INFORMATION

Available: September 3

\$15.99

978-0-8010-9425-5

trade paper

5½ x 8½

240 pages

Case Quantity: 32

Category: SELF-HELP / Motivational & Inspirational  
HOUSE & HOME / Cleaning, Caretaking & Organizing  
SELF-HELP / Personal Growth / General  
Rights: Worldwide

### ABOUT THE AUTHOR

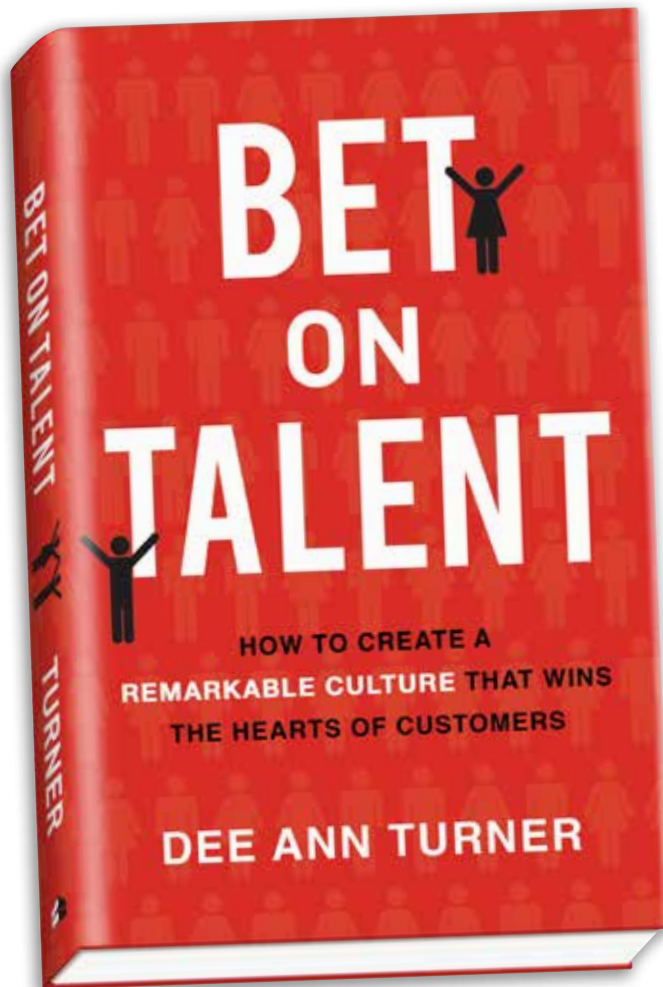
**Kristi Clover** is an efficiency expert and a homeschooling mom of five kids ranging in age from preschool to teen. Aside from her family (and chocolate), she's passionate about encouraging and inspiring families by offering simple solutions for a more joy-filled life. A down-to-earth writer and an energetic speaker, Kristi loves to share about her adventures in motherhood and home life at KristiClover.com, on the *Simply Joyful* podcast, and on social media as @KristiClover. She lives in San Diego, California.



© Paloma Ynda-Ramsey



# How to Select and Develop Talent and Create a Winning Culture Customers Will Love



- Author spent 33 years developing and leading the culture at Chick-fil-A as its first female officer
- Frequent ministry and corporate speaker at more than 50 events per year, including Propel Leadership Conference, National Leadership and Character Symposium, and the Coca-Cola Company
- Dee Ann is a former board member of Proverbs 31

**W**hen it comes to running a business, the most important decisions a leader makes are not about products or locations—they're about people. For the past 33 years, Dee Ann Turner has been recruiting, training, and retaining some of the best employees in the restaurant business. Now she's ready to share her secrets on how to build, sustain, and grow an organizational culture that attracts world-class talent and consistently delights customers, no matter what your industry.

In *Bet on Talent*, Turner shows you how to

- create a remarkable company culture
- select, sustain, and steward talent
- nurture internal relationships
- create company loyalty that leads to customer loyalty
- instill the practice of servant leadership within your organization
- treat everyone with honor, dignity, and respect
- and much more

## Bet on Talent

Dee Ann Turner



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### VITAL INFORMATION

**Available: September 3**

**\$22.99**

**978-0-8010-9436-1**

hardcover

5½ x 8½

224 pages

Case Quantity: 32

Category: BUSINESS & ECONOMICS / Leadership

BUSINESS & ECONOMICS / Workplace Culture

BUSINESS & ECONOMICS / Human Resources &

Personnel Management

Rights: Worldwide

### ABOUT THE AUTHOR

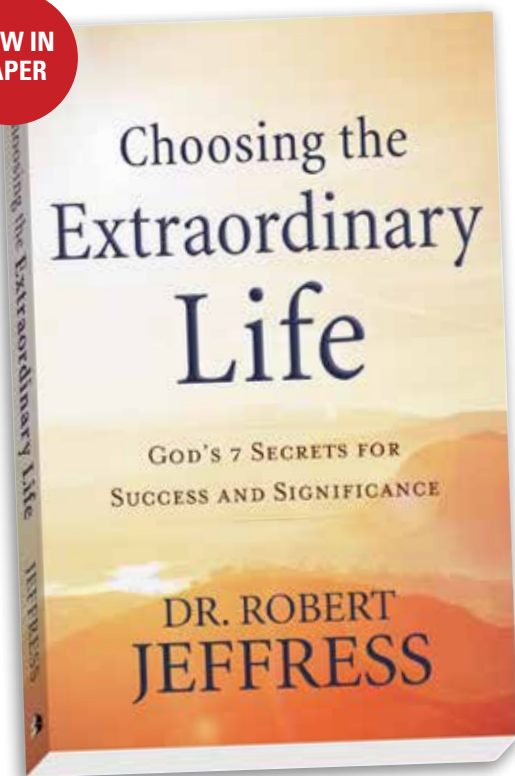
**Dee Ann Turner** began her career at Chick-fil-A, Inc. more than 30 years ago. In 2001, she became Chick-fil-A's first female officer—vice president, talent—responsible for franchisee selection, talent acquisition, talent management, HR operations, diversity and inclusion, culture and engagement, and learning and development. She has shared her expertise as a speaker at venues such as the Coca-Cola Company, Propel Leadership Conference with John Maxwell and Christine Caine, Right Now Media, and the US Air Force Academy's National Leadership and Character Symposium, among others. Turner lives in Peachtree City, Georgia.





## God's Seven Secrets for Success and Significance

**NOW IN PAPER**



**T**oo many of us settle for a listless life of mundane routine. Dr. Robert Jeffress has an encouraging message for those looking for something more: God not only wants us to enjoy an extraordinary life but has provided a roadmap for doing so. In this inspiring and motivating book, Dr. Jeffress reveals seven secrets from Elijah that result in a life marked by significance, satisfaction, and success, including discovering your unique purpose in life, waiting on God's timing, learning how to handle bad days, and more.

### Choosing the Extraordinary Life

*Dr. Robert Jeffress*



#### VITAL INFORMATION

**Available: September 17**  
**\$14.99**  
**978-0-8010-9465-1**

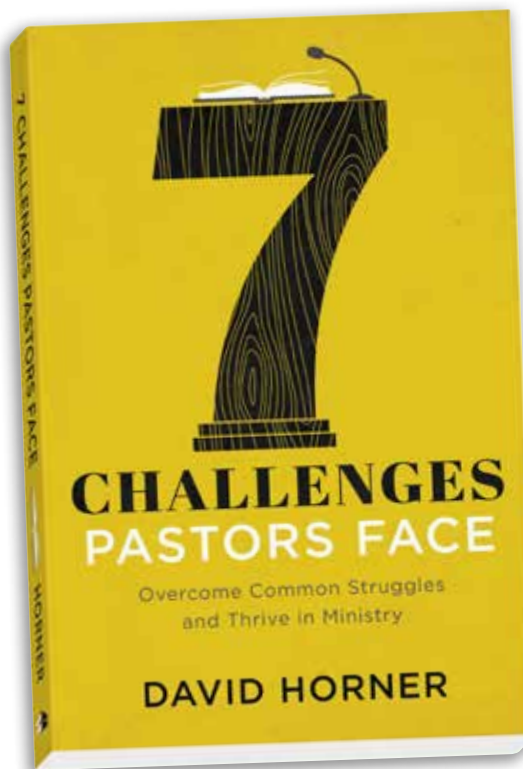
trade paper  
5½ x 8½  
240 pages  
Case Quantity: 32

Category: RELIGION / Christian Living / Spiritual Growth  
RELIGION / Christian Living / General  
Rights: Worldwide

#### ABOUT THE AUTHOR

**Dr. Robert Jeffress** is senior pastor of the 13,000-member First Baptist Church in Dallas, Texas, and is a Fox News contributor. His daily radio program, *Pathway to Victory*, is heard on more than 900 stations nationwide, and his weekly television program is seen on thousands of cable systems and stations in the United States and in 195 countries around the world. He is the author of *Not All Roads Lead to Heaven* and *A Place Called Heaven*. He lives in Dallas.

## Be a Healthy Leader and Learn from the Challenges of Ministry



**W**ith 30 years of experience behind him, David Horner knows the pitfalls of a life in ministry. In *7 Challenges Pastors Face*, Horner shows you how to

- balance the demands of your calling
- sharpen your vision
- grow a team
- cultivate humility

Developing a well-balanced approach to responsibilities and passions will equip you to thrive in the face of the many challenges of ministry. This book can show you the way.

### 7 Challenges Pastors Face

*David Horner*



#### VITAL INFORMATION

**Available: November 5**  
**\$19.99**  
**978-0-8010-9475-0**

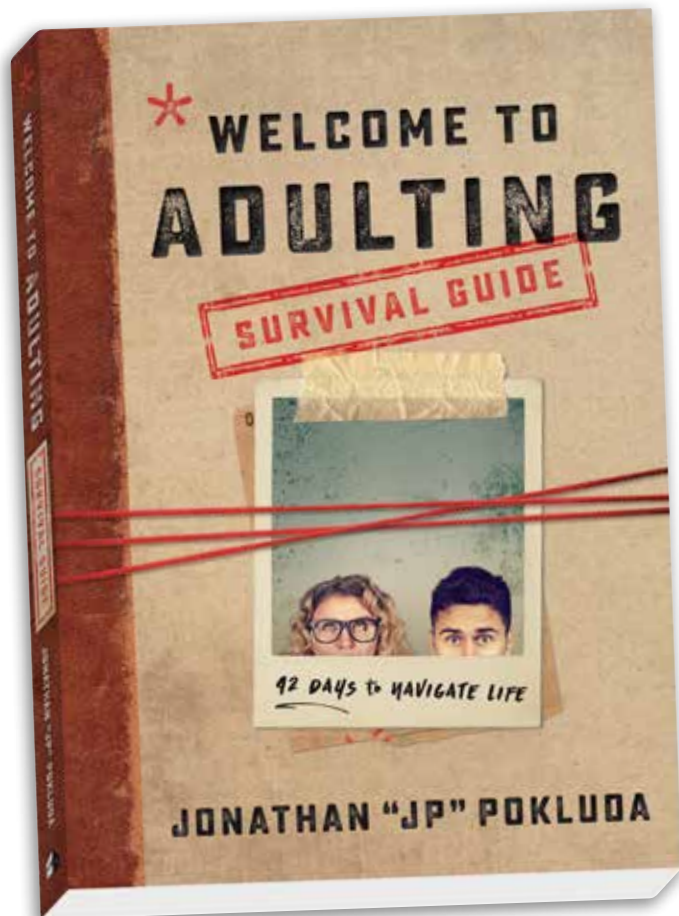
trade paper  
6 x 9  
288 pages  
Case Quantity: 32

Category: RELIGION / Christian Ministry / General  
RELIGION / Christian Living / Leadership & Mentoring  
Rights: Worldwide  
Previously published as *A Practical Guide for Life and Ministry*

#### ABOUT THE AUTHOR

**David Horner** is the executive director of Equipped for Life where he equips leaders for the work of the kingdom. He holds an MDiv from Gordon-Conwell Theological Seminary and a PhD from Southeastern Baptist Theological Seminary.

# 42 Days to Navigate Adulthood



- *Welcome to Adulthood* was on the ECPA Top 50 bestseller list October 2018
- Speaker, pastor, and former leader of The Porch provides young adults a daily guide to help them adult well
- A great gift for graduating students, a resource for young adult small groups, and a guide for young professionals everywhere

For many young people, the transition to adulthood is a bumpy one, fraught with opportunities to make mistakes and bad choices. The clear expectations they had at home or in school are gone, and they may feel unprepared to face what comes next. But it doesn't have to be so complicated!

Now the author of the bestselling *Welcome to Adulthood* and former leader of one of the country's largest young adult ministries offers this 42-day guide to help readers with the struggles of adulthood, including navigating relationships, achieving career goals, and overcoming worry through daily pondering, practice, and prayer. If you loved *Welcome to Adulthood* and you want to know just how to apply its insights to your life, this guide is for you.

## Welcome to Adulthood Survival Guide

Jonathan "JP" Pokluda



### VITAL INFORMATION

**Available: September 3**  
**\$9.99**  
**978-0-8010-9492-7**

trade paper  
 5 x 7  
 128 pages  
 Case Quantity: 40

Category: RELIGION / Christian Life / Personal Growth  
 RELIGION / Christian Life / Spiritual Growth  
 YOUNG ADULT NONFICTION / Religion / Christian / Inspirational  
 Rights: Worldwide

### ABOUT THE AUTHOR

**Jonathan "JP" Pokluda** is pastor at Harris Creek in Waco, Texas, and former leader of The Porch. The author of the best-selling *Welcome to Adulthood*, Pokluda came to understand the grace of the Gospel in his early twenties, which ignited a desire in him to reach people in their twenties and thirties for Christ. He lives with his wife, Monica, and their three children.

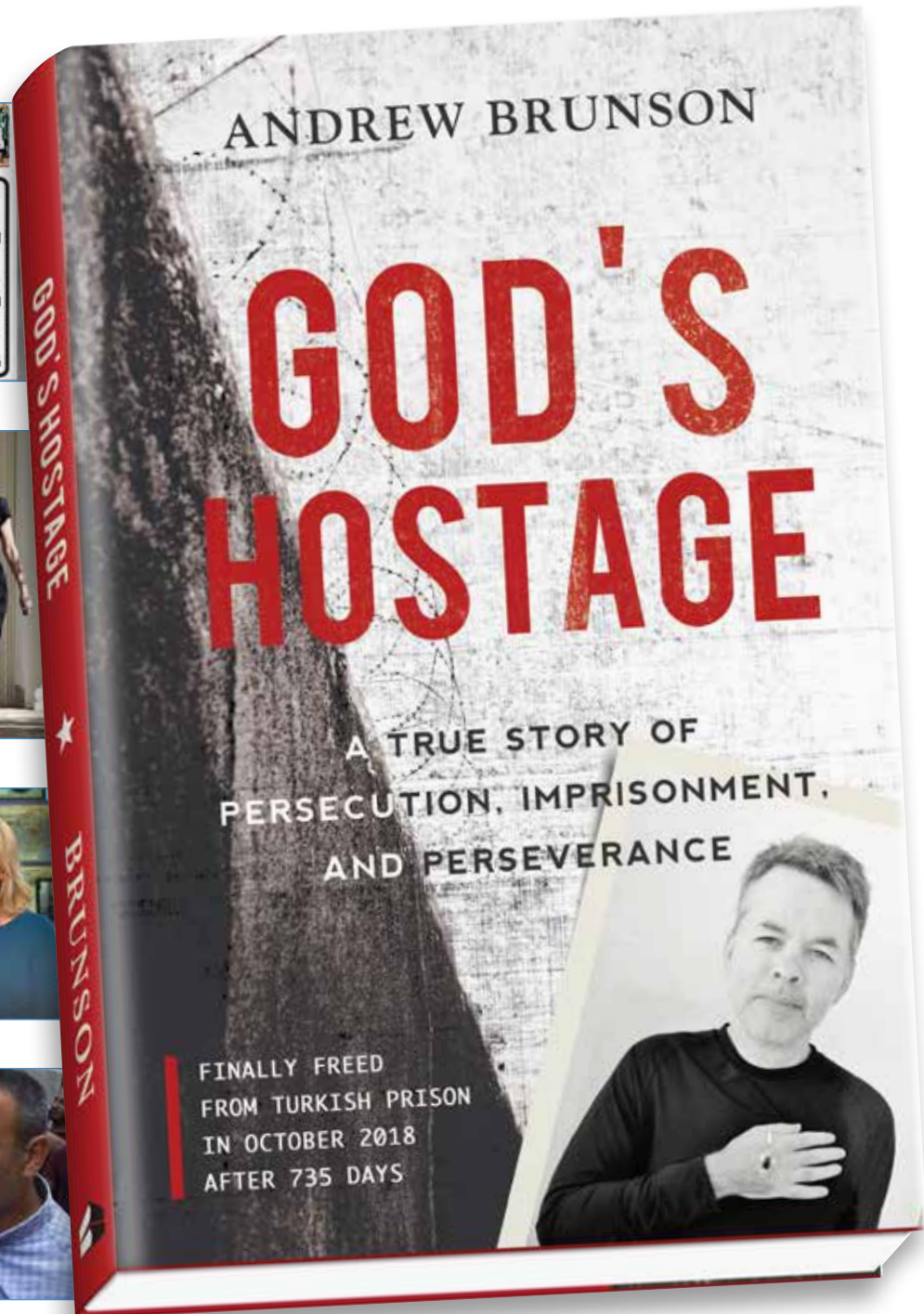


### ALSO AVAILABLE

**Welcome to Adulthood**  
 978-0-8010-7810-1







# A True Story of Faith, Persecution, and International Intrigue

- Story has tremendous appeal for those interested in outreach to Muslims and concerned for the persecuted church in the Middle East
- Sought-after speaker will be featured at the SBC National Convention in 2019
- Story received international media interest, but author is withholding media requests until publication

In 1993, Andrew Brunson was asked to travel to Turkey, the largest unevangelized country in the world, to serve as a missionary. Though hesitant because of the daunting and dangerous task that lay ahead, Andrew and his wife, Norine, believed this was God's plan for them.

What followed was a string of threats and attacks, but also successes in starting new churches in a place where many people had never met a Christian. As their work with refugees from Syria, including Kurds, gained attention and suspicion, Andrew and Norine acknowledged the threat but accepted the risk, determining to stay unless God told them to leave.

In 2016, they were arrested. Though the State eventually released Norine, who remained in Turkey, Andrew was imprisoned. Accused of being a spy and being among the plotters of the attempted coup, he became a political pawn whose story soon became known around the world.

*God's Hostage* is the incredible true story of his imprisonment, his brokenness, and his eventual freedom. Anyone with a heart for missions, especially to the Muslim world, will love this tension-laden and faith-laced book.

## God's Hostage

Andrew Brunson



### VITAL INFORMATION

**Available: October 15**  
**\$26.99**  
**978-0-8010-9487-3**

hardcover  
6 x 9  
256 pages  
Case Quantity: 20

Category: BIOGRAPHY & AUTOBIOGRAPHY /  
Religious  
RELIGION / Christian Living / Inspirational  
RELIGION / Christian Living / Social Issues  
Rights: Worldwide

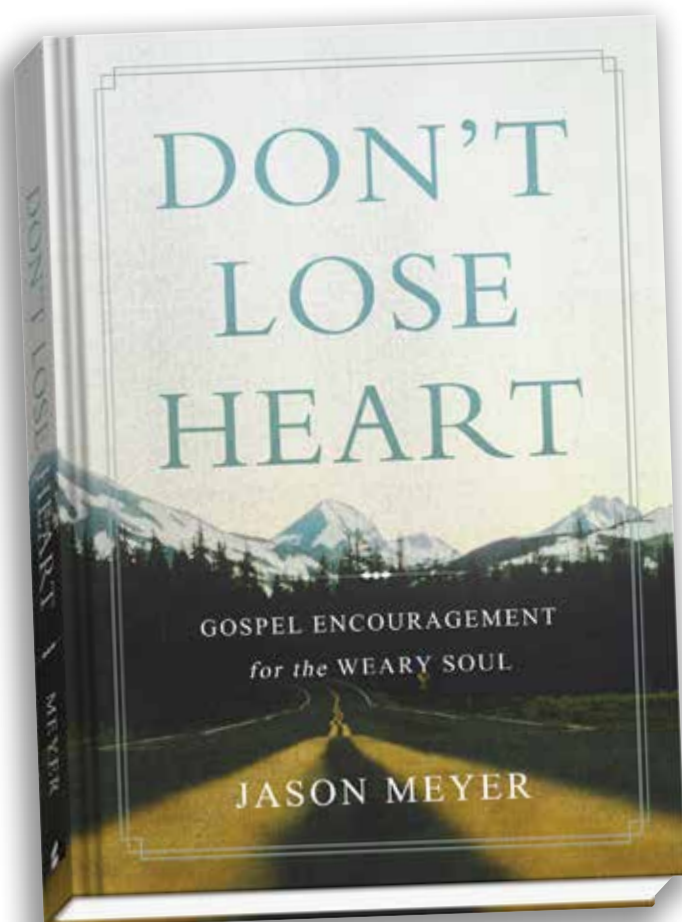
### ABOUT THE AUTHOR

**Andrew Brunson** is an American pastor and a teaching elder of the Evangelical Presbyterian Church. Brunson was arrested in Turkey, where he had served since the mid-1990s as an evangelical pastor of the Izmir Resurrection Church, in October 2016 during the purges occurring after the 2016 Turkish coup attempt. In October 2018, the Trump administration successfully secured his release after US economic sanctions and tariffs were placed on Turkey.





# Answer Discouragement with the Promise of God's Truth



- Jason Meyer replaced John Piper as pastor of Bethlehem Baptist Church
- Meyer has an extensive speaking platform in the US and regularly speaks at international pastors' conferences
- Will appeal to fans of Warren Wiersbe, John Piper, and Erwin Lutzer

A fallen world is full of reasons to lose heart. From the large-scale tragedies of war, famine, and natural disasters, to the more personal tragedies of broken relationships and broken dreams, it can be difficult to avoid discouragement—even for the believer. And yet, Scripture calls us to a life of hope, based not on wishful thinking or avoiding our problems but based on who God is, what he has done, and what he is still doing.

In this short, giftable book, pastor Jason Meyer shows you that though the reasons for discouragement seem strong, the reasons we have to take heart and hold on to hope are stronger yet. Through biblical truth and personal stories, Meyer encourages the weary and anxious believer by shining light on the nature of reality, the nature of God, and the intersection of the two in our daily, rubber-meets-the-road lives. The result is a book that lifts our spirits in a world that too often seeks to drag us down.

## Don't Lose Heart

*Jason Meyer*



### VITAL INFORMATION

**Available: October 15**

**\$14.99**

**978-0-8010-9442-2**

casebound

5 x 7

160 pages

Case Quantity: 36

Category: RELIGION / Christian Living / Spiritual Growth

RELIGION / Christian Living / Inspirational

RELIGION / Christian Living / Personal Growth

Rights: Worldwide

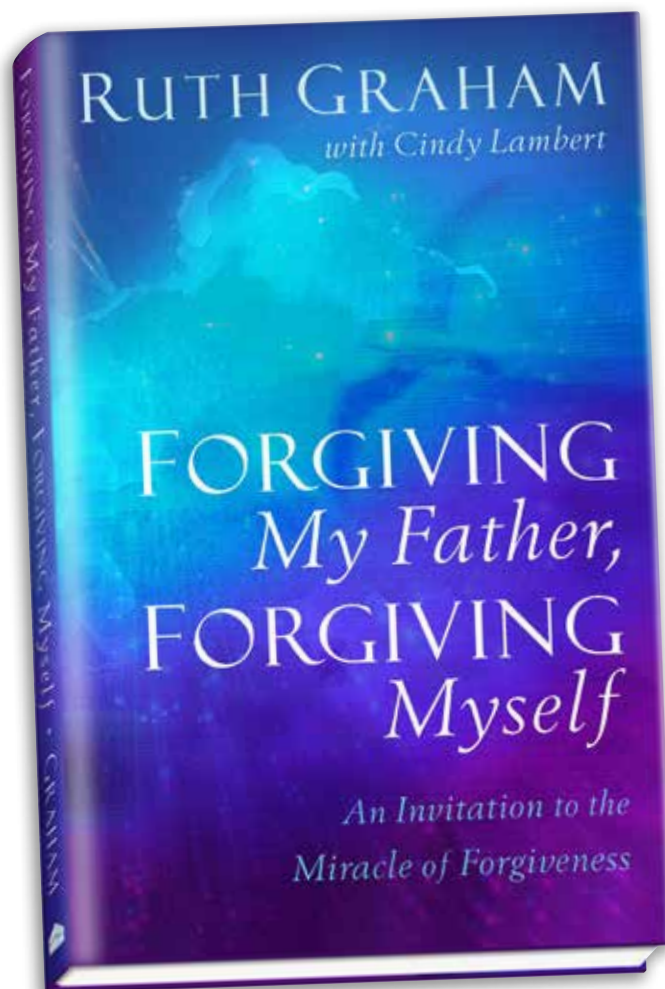
### ABOUT THE AUTHOR

**Jason Meyer** is pastor for preaching and vision at Bethlehem Baptist Church and associate professor of New Testament at Bethlehem College and Seminary. He daily thanks the Lord that he gets to be married to the love of his life, Cara. The Lord has blessed them with four children and they live in Roseville, Minnesota. Jason still can't get over the fact that the Lord saved him. He believes that being a Christian is the most wonderful thing in the world.



© Rick Busch

# The Transformative Power of Forgiveness



- Author is founder and president of Ruth Graham Ministries
- Ruth Graham's books have sold more than 500,000 copies
- Author is an experienced conference speaker and Bible teacher who has appeared on *Good Morning America*, *Fox and Friends*, *LIFE Today* with James and Betty Robison, and *Joyce Meyer's Everyday Life*

**W**hen we live with unresolved anger or hurt, the result is nearly always bitterness, broken relationships, and unhealthy behaviors. Unforgiveness not only sabotages our interactions with those around us, it impedes our own spiritual growth and inner peace. And it can happen to anyone.

In her most vulnerable writing yet, Ruth Graham reveals how a visit to Angola Prison inspired her to release the unforgiveness lurking in her own heart—toward others, herself, and even her heavenly Father and her earthly father, evangelist Billy Graham. In this encouraging book, she weaves her own personal experiences with biblical examples to explore what holds us back from forgiving others and ourselves—and what we gain when we finally discover the power to forgive. Along the way, she guides us into our own deeply personal experiences of forgiveness that will penetrate our protective walls and unleash true transformation in our lives.

## Forgiving My Father, Forgiving Myself

Ruth Graham with Cindy Lambert



### VITAL INFORMATION

**Available: October 1**  
**\$22.99**  
**978-0-8010-9426-2**

hardcover  
 5½ x 8½  
 272 pages  
 Case Quantity: 20

Category: RELIGION / Christian Living / Spiritual Growth  
 RELIGION / Christian Living / Personal Growth  
 RELIGION / Christian Living / Relationships  
 Rights: Worldwide

### ABOUT THE AUTHORS

**Ruth Graham** is the author of nine books including the bestselling *In Every Pew Sits a Broken Heart* and the award-winning *Step into the Bible*. Her passion is to motivate people by God's grace and loving acceptance to move from a place of woundedness to a place of wholeness in Christ. Ruth Graham Ministries seeks to create safe places where people can begin and further their journey to wholeness in Christ. No stranger to heartache, Graham provides a biblical perspective as she shares her journey and points to the faithfulness of God in her own life's heartache. She lives in the Shenandoah Valley of Virginia and has three grown children and nine terrific grandchildren.

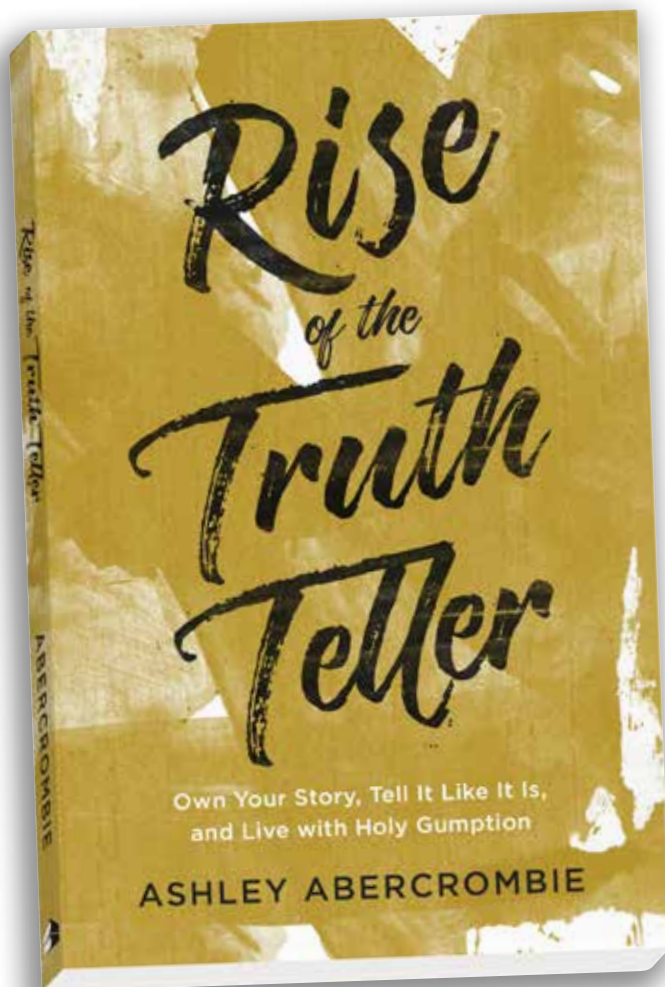


**Cindy Lambert** is a freelance writer and executive editor for Baker Publishing Group. For nearly two decades she owned an award-winning bookstore before expanding into leadership roles in distribution, editorial with such companies as Ingram, Simon & Schuster, and Zondervan where she served as vice president and associate publisher. She and her husband, Dave, have six children and nine grandchildren and live in Michigan.



©Dan Davis Photography

# Bold New Voice Empowers Women to Tell Their Stories with Courage and Grace



- Author writes regularly for a number of magazines and blogs, is a pastor at Liberty Church Downtown in New York City, and is a regular speaker at conferences and events
- Author writes with a bold, edgy, yet relatable voice that will empower readers to tell the truth, even when it hurts or is risky
- Includes questions for reflection and small group discussion at the end of each chapter

**W**e are experts at hiding from each other. We withhold the truth, pretend we're okay, and perform at great personal cost. In fact, many of us are so good at lying to others about how we're "just fine, thank you" that we don't even realize anymore that we're lying to ourselves. We're missing the opportunity to offer our true selves to the world around us, to say what needs to be said and do what needs to be done, and to live with grace and gumption.

If you're tired of smiling on the outside while you are broken and battered on the inside, Ashley Abercrombie has a message for you—it's okay to tell the truth about yourself and what you've been through. In being brutally honest about her own struggle to overcome addiction, rape, abortion, perfectionism, and dysfunctional relationships, she helps you break the silence on your own pain and shame in order to find healing, encouragement, and ultimately acceptance. You'll learn to listen to your gut, courageously own your story (no matter how messy), and release those around you to do the same.

## Rise of the Truth Teller

*Ashley Abercrombie*



### VITAL INFORMATION

Available: October 1

\$15.99

978-0-8010-9438-5

trade paper

5½ x 8½

224 pages

Case Quantity: 32

Category: RELIGION / Christian Living / Spiritual Growth

RELIGION / Christian Living / Personal Growth

RELIGION / Christian Living / Women's Interests

Rights: Worldwide

### ABOUT THE AUTHOR

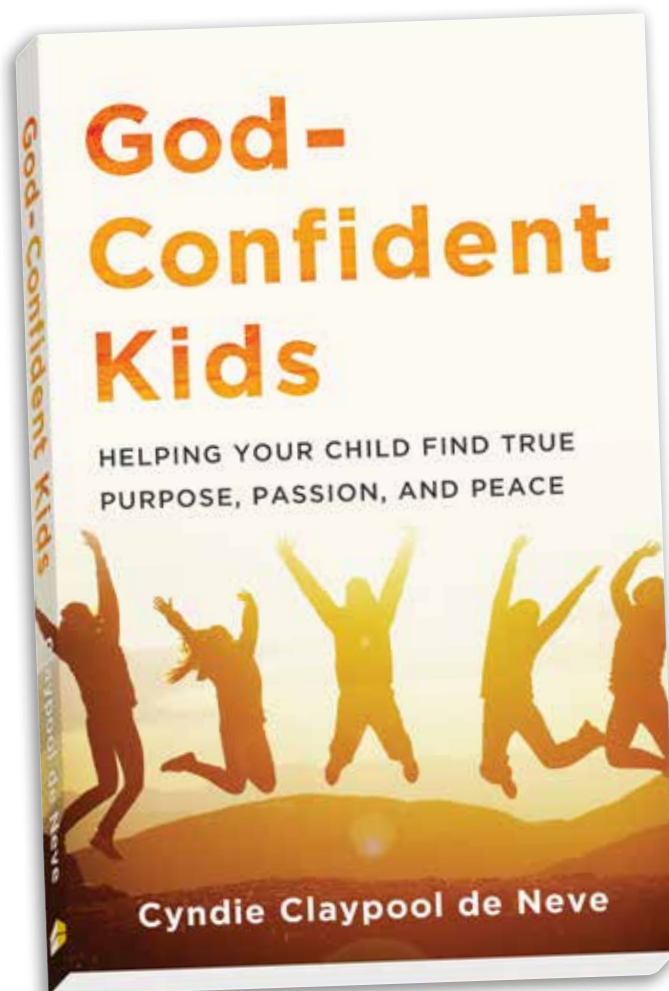
**Ashley Abercrombie** wore a mask more than half her life, and considers herself too old and too annoyed to ever put that thing on again. She has fought to overcome addiction, rape, abortion, perfectionism, and dysfunctional relationships to become an honest, whole, and free woman (most days) and has been in multicultural urban ministry and justice work for more than 15 years. During that time, she has taught Bible studies, classes, small groups, and workshops on reconciliation and justice, as well as Sunday services. Ashley is a content creator, and more than 200,000 people have completed her YouVersion Bible App devotional. She's currently doing that work while serving at Liberty Church in downtown Manhattan. A blogger, writer, and speaker, Ashley lives with her husband, Cody, and their two sons in Harlem.



©Andrew Matusik Photography



# Help Children Find Their True Purpose, Passion, and Peace



- Book will be promoted to the Moms in Prayer platform, which includes a database of 110,000
- Explores the impact of school shootings, social media, terror attacks, and the 24-hour news cycle on Gen Z, and details how to combat these anxieties and fears with biblical truths
- Equips parents and youth workers to help children replace fickle self-confidence with the strong foundation of God-confidence

Today's children and teens are growing up more anxious, depressed, and fearful than previous generations. But if we help this generation, often called "Gen Z," to discover true *God-confidence*, instead of chasing the illusive *self-confidence*, we can empower them to embrace their uniqueness and find their purpose, passion, and peace as they grow into humble, compassionate, and resilient young people.

Cyndie Claypool de Neve, an Associate Marriage and Family Therapist, shares her personal journey from feeling anxious and suicidal to learning God-confidence. She explains how parents and youth workers can use these principles to encourage this next generation to discover the purpose for which God created them. *God-Confident Kids* is filled with stories, Scripture, psychological insights, and practical tips to help families move from fear-based parenting to faith-filled parenting as we claim Ephesians 2:10 for our kids: "For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."

## God-Confident Kids

Cyndie Claypool de Neve



### VITAL INFORMATION

Available: October 1

\$15.99

978-0-8010-9433-0

trade paper

5½ x 8½

224 pages

Case Quantity: 32

Category: RELIGION / Christian Living / Family & Relationships

FAMILY & RELATIONSHIPS / Parenting / General

RELIGION / Christian Living / Social Issues

Rights: Worldwide

### ABOUT THE AUTHOR

**Cyndie Claypool de Neve**, a former journalist with an MA in counseling psychology, is the coauthor of *Unshaken*, *Start With Praise*, and *Raise Them Up*. She has appeared on Dr. James Dobson's *Family Talk Radio* and has a growing speaking ministry. She is an associate marriage and family therapist and works as the senior director of creative and technical services at Emmanuel Faith Community Church in Escondido, California. As the former director of communications for Moms in Prayer International, she helped establish the international day of prayer, Bless Our Schools Sunday, and Scripture prayer emails sent to 14,000 people daily. She lives with her husband and their two children—plus two rambunctious rescue dogs—in Escondido, California.





## EXCERPT

I have become convinced that it is one of, if not the, primary things we can do to grow our faith. Giving works. Giving gets results. I have seen, time and time again, that this one discussion has the ability to create spiritual growth in a way that most other discussions do not.

Why? Because other discussions are exactly that: discussions.

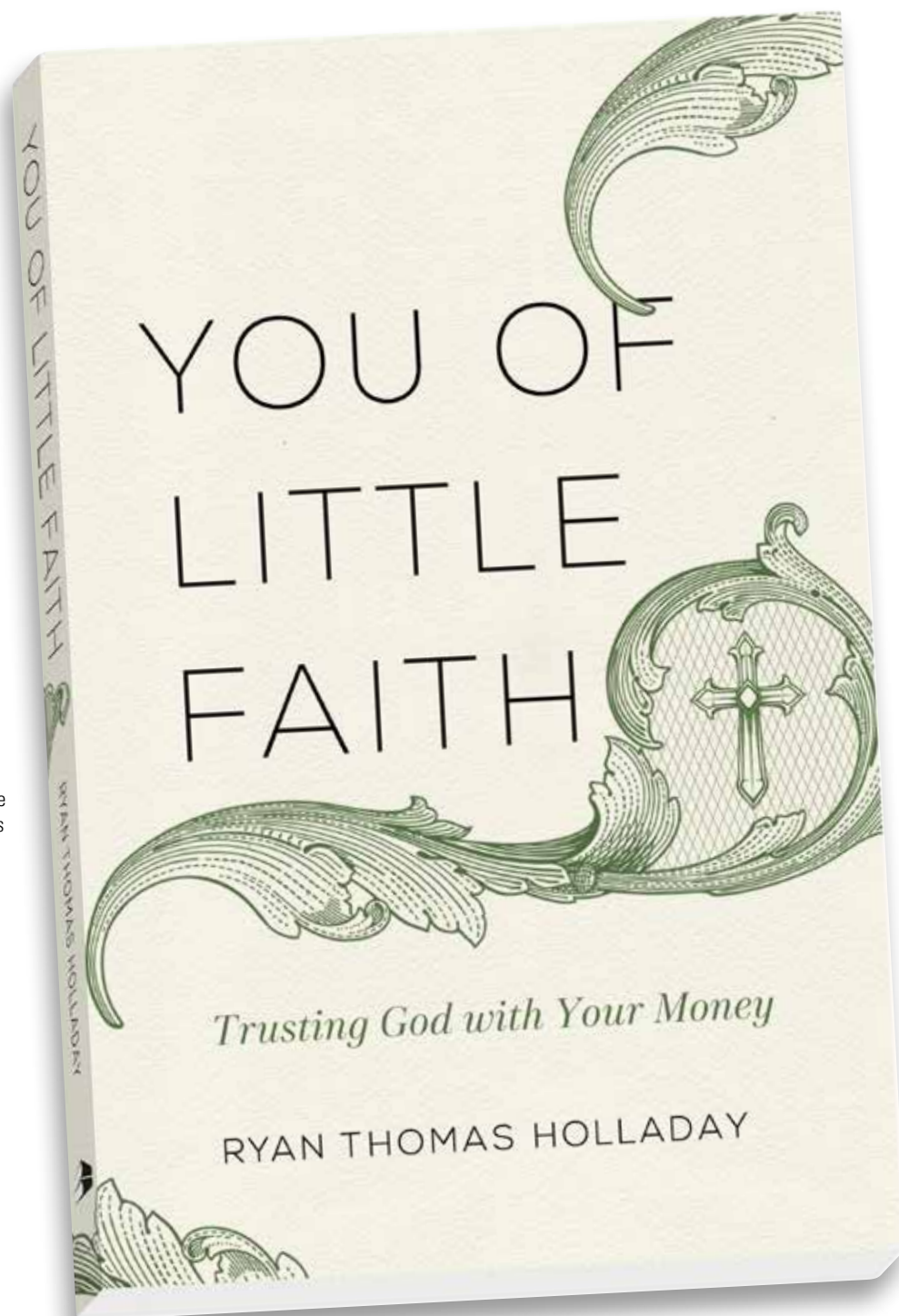
So much of our Christian practice is about words: words, words, words. We sing with words. The Bible is made up of words. Sermons are filled with words. We sit around someone's living room in small groups and try to put our thoughts and feelings into ... words. For a lot of people, their entire relationship with God happens with their mouths.

But there's that great cliché, which couldn't possibly be more perfectly applicable to this scenario, which says:

Put your money where your mouth is.

And giving is one of the best ways I know of doing that. Literally. Because giving is an action. You're not just listening, or processing, or thinking. You're doing something very real, with something that is very real: cold, hard cash. There's nothing academic about it. You're either in, or your out. And because it's an action, it moves the dial. It creates change.

So if you want me to help you grow your faith, giving is the one place we should start.



# A Provocative Look at What Scripture Really Says about Money and Blessing

- Reminds readers that giving with an expectation of blessing is both biblical and God-honoring
- Defends the provocative idea that we should give generously for “selfish” reasons—because of the spiritual growth and life satisfaction we will gain
- Author’s proven approach has increased his church’s giving by 40% per year for nearly a decade, allowing them to give away over \$1 million this year

You may be surprised and uncomfortable to learn that there is one thing that’s hurting your personal spiritual growth more than anything else: your unwillingness to give more than you’re giving right now. On average, Americans give away just 3% of their income to churches and charitable causes. Perhaps you pull back because of fear that you won’t have enough. Or you may feel resentful that you are asked to give at all. Either way, the result is the same and the one suffering most because of it is you.

In *You of Little Faith*, pastor Ryan Holladay isn’t afraid to talk about the most taboo subject in the church—money. Drawing from a multitude of biblical passages and contemporary examples, he will convince you that giving aggressively and extravagantly, beyond what you ever thought reasonable or possible, will unlock God’s blessing in your life and community and strengthen your faith in a way that nothing else can.

## You of Little Faith

Ryan Thomas Holladay



9 780801 075056

### VITAL INFORMATION

Available: October 15

\$15.99

978-0-8010-7505-6

trade paper

5½ x 8½

224 pages

Case Quantity: 32

Category: RELIGION / Christian Living / Spiritual Growth

RELIGION / Christian Living / Personal Growth

RELIGION / Christian Living / Stewardship & Giving

Rights: Worldwide

### ABOUT THE AUTHOR

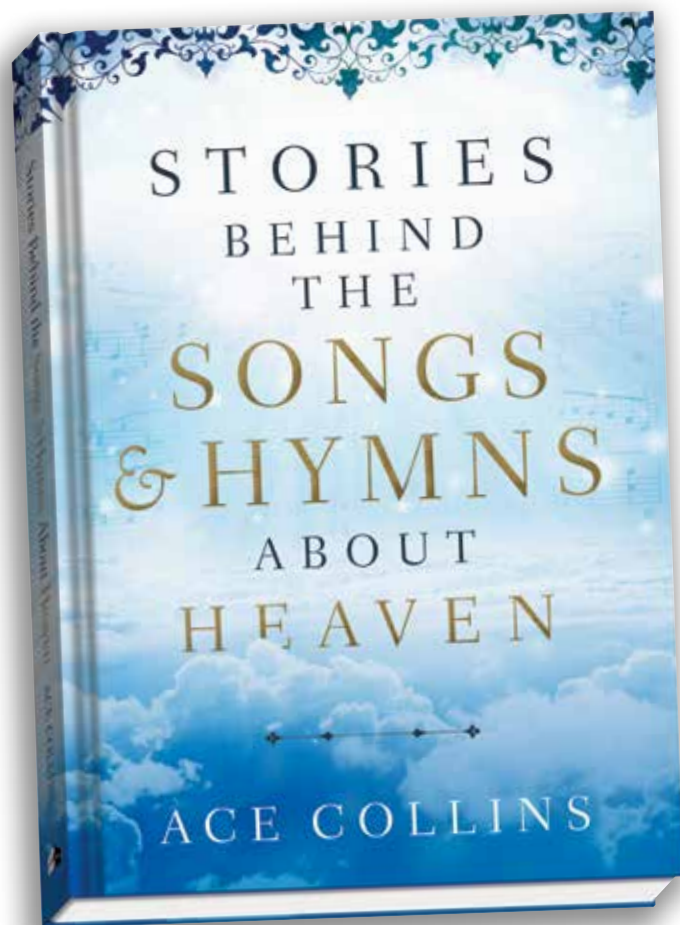
**Ryan Thomas Holladay** is the senior pastor of Lower Manhattan Community Church in downtown New York City.

When he began as pastor less than a decade ago, the offerings totaled about \$150,000 a year. Now they are over \$3 million, allowing the church

to give extravagantly to other churches and nonprofits in their community. He has a BA in philosophy from Wheaton, a JD from NYU Law, and an MA in theology from Union Theological Seminary. He and his wife, Brittany, live across the street from NYC’s City Hall with their four daughters under the age of ten.



# The History behind Beloved Hymns about Heaven



- Author's books have sold more than 2.5 million copies
- Author of *Stories Behind the Best-Loved Songs of Christmas*, which has sold more than half a million copies
- Masterful storytelling that draws readers into the short, inspirational chapters

In times of doubt, fear, and loss, we turn to the songs and hymns that remind us that this world is not all there is—that what awaits us as followers of Jesus is a heavenly kingdom. Songs like “Face to Face,” “Amazing Grace,” “Heaven Came Down,” “Victory in Jesus,” and “I’ll Fly Away.” And behind every song about heaven is a story. So many were written amid circumstances of great personal pain on the part of the songwriter. And in sharing their story, we can find even more comfort in our own circumstances.

Award-winning author Ace Collins offers this collection of 30 inspiring stories that provide hope for this world and insight into the next, painting a picture of eternal life filled with joy, peace, and happy reunions. This book is perfect for those who love the stories behind the great hymns of the faith as well as anyone who has experienced loss, and pastors, hospice workers, and counselors will find it the perfect pass-along for the grieving.

## Stories behind the Songs and Hymns about Heaven

*Ace Collins*



### VITAL INFORMATION

**Available: October 15**

**\$15.99**

**978-0-8010-9467-5**

casebound

5 x 7

192 pages

Case Quantity: 36

Category: RELIGION / Christian Living / Inspirational  
BIOGRAPHY & AUTOBIOGRAPHY / Religious

RELIGION / Devotional

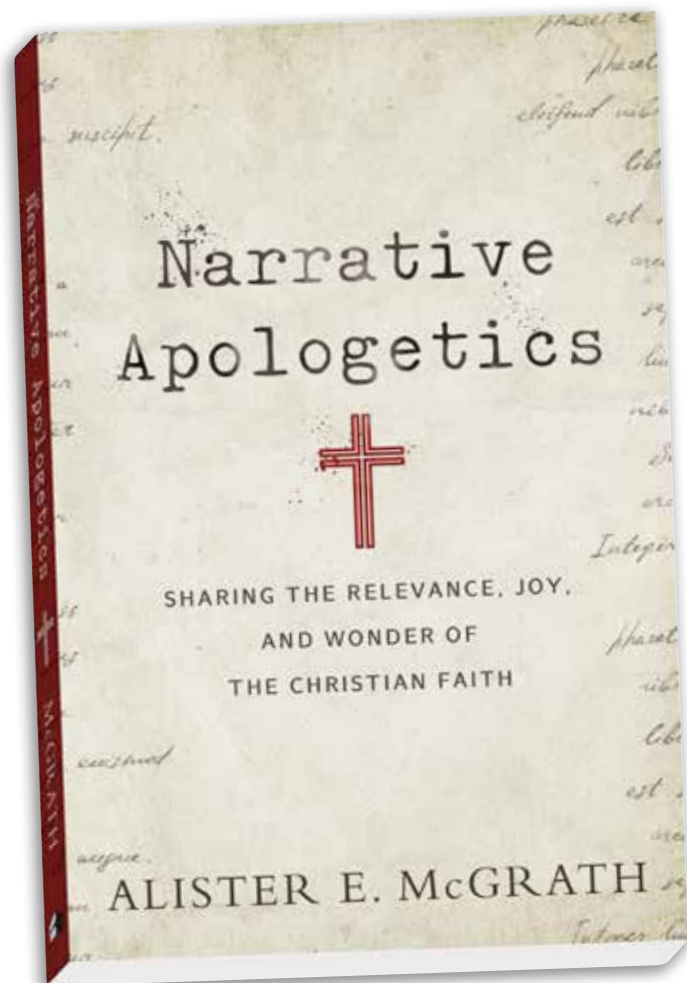
Rights: Worldwide

### ABOUT THE AUTHOR

**Ace Collins** is the Christy Award-winning author of more than 80 books that have sold more than 2.5 million copies. He has written novels, biographies, and children's books, as well as books on history, culture, and faith, and has been the featured speaker at the National Archives Distinguished Lecture Series. The author of *The Stories Behind the Best-Loved Songs of Christmas* and *The Stories Behind the Best-Loved Traditions of Christmas*, Collins has appeared on every network's morning TV show and even hosted a television special. He lives in Arkadelphia, Arkansas, with his wife, Kathy.



# A Groundbreaking Way to Share the Relevance and Wonder of the Christian Faith



- Alister McGrath is an internationally respected theologian and apologist who regularly appears on BBC radio
- An accessible exploration of the use of stories in apologetics and an ideal primer for preachers and speakers wanting to enrich their ministries
- A groundbreaking new approach to apologetics

**T**he Bible is a narrative—the story of God’s creation, humankind’s fall, and God’s plan of redemption. And it is filled with countless smaller stories that teach us about people, history, and the nature of God. It’s no surprise that God would choose to reveal himself to us in story—after all, he hardwired us for story. Despite this, we so often attempt to share our faith with others not through story but through systems, arguments, and talking points—methods that appeal only to our mind and neglect our imagination and our emotions.

In this groundbreaking book, scholar and author Alister McGrath lays a foundation for narrative apologetics. Exploring four major biblical narratives, enduring stories from our culture such as Tolkien’s *THE LORD OF THE RINGS* and Lewis’s *THE CHRONICLES OF NARNIA*, and personal narratives from people such as St. Augustine and Chuck Colson, McGrath shows how we can both understand and share our faith in terms of story.

## Narrative Apologetics

Alister E. McGrath



### VITAL INFORMATION

**Available: October 15**  
**\$15.99**  
**978-0-8010-7577-3**

trade paper  
 6 x 9  
 176 pages  
 Case Quantity: 40

Category: RELIGION / Christian Theology / Apologetics  
 RELIGION / Christian Living / Spiritual Growth  
 Rights: Worldwide

### ABOUT THE AUTHOR

**Alister E. McGrath** is the Andreas Idreos Professor of Science and Religion at Oxford University and director of the Ian Ramsey Centre for Science and Religion. He holds Oxford doctorates in the natural sciences, intellectual history, and Christian theology. McGrath has written extensively on the interaction of science and Christian theology and is the author of many books, including *Mere Discipleship*, *Mere Apologetics*, and the award-winning *C. S. Lewis—A Life*. McGrath also serves as the Gresham Professor of Divinity, a public professorship in the City of London, established in 1597, that promotes the public engagement of theology with the leading issues of the day.



### ALSO AVAILABLE

**Mere Discipleship**  
 978-0-8010-9422-4





## EXCERPT

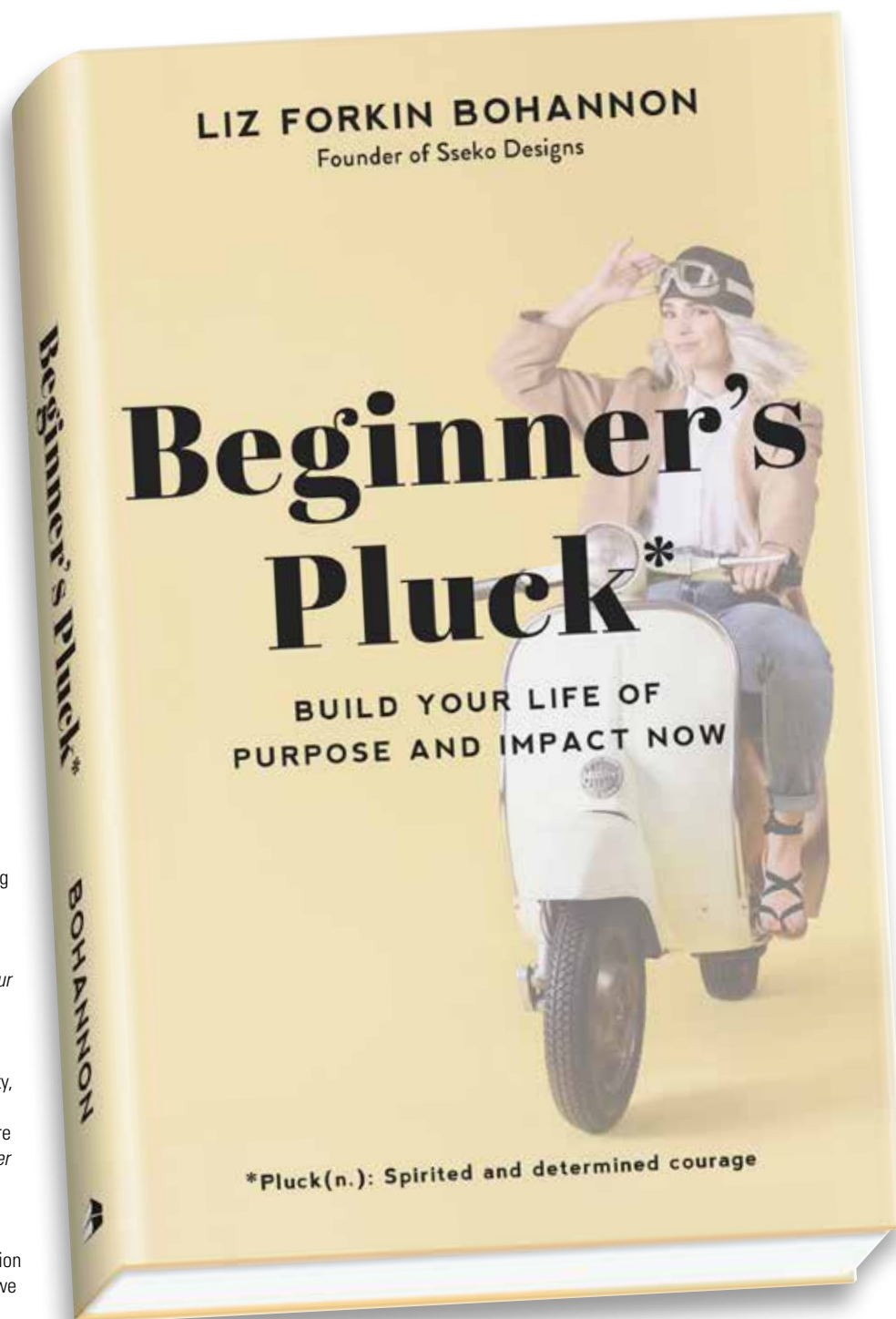
When we believe in the notion that we will “find” our purpose and passion, we spend a lot of time and energy trying to conjure up what it will look and feel like when we do. We find ourselves frustrated because we’re looking for something specific that may not even exist. We think something might be wrong with *us*, when in reality, something is very wrong with the rules of the game.

The mentality around creating and building is much different from finding. Have you ever heard an author describe the process of writing a novel without the ending in mind? She talks about how each day she sits down to write with an openness to where that character and the story might take her. She is the steward of the story, eager to see where her creation leads. A painter sits down to paint and may have a vague vision of what he wants to paint. But as he gets swept up in the process of creating, he reaches for colors and textures and tools that he didn’t anticipate. It’s iterative and evolving. He does not sit and stare at a blank canvas until the moment he can say, “Ah! I found it!” He paints. He creates. He explores. And then he sits back and marvels, not at his discovery but at his creation.

There is no finding; there is moving and doing. There is exploring and creating and building and deconstructing and reconstructing. And the more open you are to exploration, the less the process becomes an angsty witch hunt to find *your thing* and the more empowered and free you become to build and create a life of purpose and passion.

When you adopt a beginner’s mentality, you know that you not only don’t need a crystal-clear understanding of what you’re looking for but that you actually are *better off without it*.

So readers, before we continue, I will ask you to at least temporarily lay aside the visions you’ve had of what your passion will look like when you finally find it, so we can get down to the business of actually building it.



# Build Your Life of Purpose and Impact Now

- Author is cofounder and CEO of Sseko Designs, an international purpose-driven fashion company creating employment for women across the globe
- Between Sseko and Liz's personal brand, her digital reach is approaching 200,000
- Named one of the top 20 public speakers by *Forbes* magazine, top social entrepreneur to watch by *Bloomberg Businessweek*, and a top transformational leader by John Maxwell

There's no lack of people out there telling you to find your passion and dream big. But why does it seem like when we try, we so often end up more lost and overwhelmed than when we started?

Liz Forkin Bohannon wants you to rethink *everything* you've been told about finding your passion and following your dreams. Why? Hate to break it to you, but you're likely never going to "find your passion." Because your passion and purpose are something you *build*—actively—day by day. In her signature tell-it-like-it-is fashion, Liz shares 14 actionable principles that will teach you how to do just that. With total transparency, Liz shares hilarious and heartbreaking stories of her journey of screwups and successes that illustrate the mindsets and principles that will give you a jolt of energy, inspiration, and direction toward your True North. By embracing your Inner Beginner, dreaming *small*, choosing curiosity over criticism, and so much more, Liz's story and the principles of *Beginner's Pluck* will have you on your way to building a life of purpose, passion, and lasting impact.

Ready to rise to the occasion? It's time to make this life everything you want it to be.

## Beginner's Pluck

Liz Forkin Bohannon



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### VITAL INFORMATION

Available: October 1  
\$24.99  
978-0-8010-9424-8

hardcover  
5½ x 8½  
224 pages  
Case Quantity: 20

Category: SELF-HELP / Motivational & Inspirational  
SELF-HELP / Personal Growth / Success  
BUSINESS & ECONOMICS / Women in Business  
Rights: Worldwide

### MERCHANDISING

shelf talker  
978-0-8010-7825-5

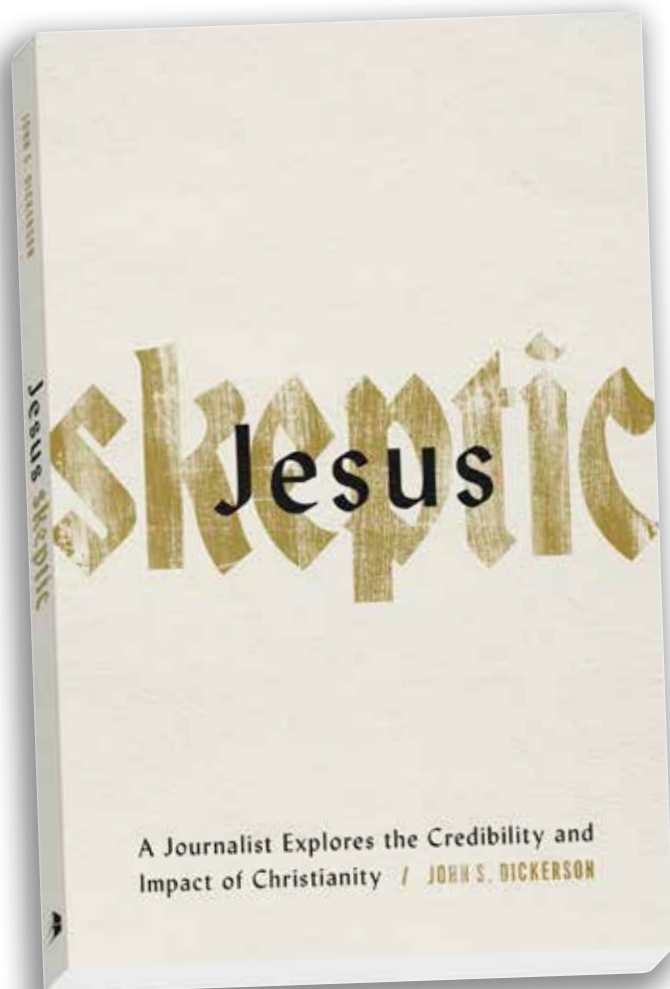
### ABOUT THE AUTHOR

Liz Forkin Bohannon is a speaker, an entrepreneur, and the founder of Sseko Designs, an international purpose-driven fashion brand creating employment for women across the globe. Recognized in 2017 by *Forbes* as a top public speaker and named by John Maxwell as one of the top three transformational leaders in the US, Liz has appeared on *Shark Tank* and *Good Morning America* and has been recognized by *Bloomberg Businessweek*, the Cartier Women's Initiative Awards, the Bush Institute Global Women's Award, and others. She lives with her husband, Ben, and two young sons in Portland, Oregon.



© Caroline Lee / Woodnote Photography

# Journalist Uncovers the Best New Evidence for Jesus and How He Changed the World



- Author is award-winning journalist and senior pastor at Connection Pointe Christian Church in Indianapolis
- Recipient of both Journalist of the Year and Livingston Award
- Frequent contributor to *USA Today*, the *Washington Post*, and *WORLD* magazine

Can we know if Jesus actually lived? Have Jesus's followers been a force for good or evil in history? A respected journalist set out to find the answers—not from opinion but from artifacts. The evidence led him to an unexpected conclusion: Jesus really existed and launched the greatest movement for social good in human history.

A first-of-its-kind book for a new generation, *Jesus Skeptic* takes nothing for granted as it explores whether Jesus actually lived and how his story has changed our world. You'll

- learn what heroes like Martin Luther King Jr. and Harriet Tubman believed about Jesus
- discover how Jesus inspired women's rights, education rights, and modern hospitals
- see visual proofs of Jesus's impact, never before compiled in one place
- be inspired to continue Jesus's fight for human rights, justice, and progress

*Jesus Skeptic* unveils convincing physical evidence that will enlighten seekers, skeptics, and longtime Christians alike. In a generation that wants to make the world a better place, we can discover what humanity's greatest champions had in common: a Christian faith.

## Jesus Skeptic

John S. Dickerson



### VITAL INFORMATION

Available: October 15

\$17.99

978-0-8010-7808-8

trade paper

5½ x 8½

304 pages

Case Quantity: 32

Category: RELIGION / Christian Living / Spiritual Growth

RELIGION / Christian Living / Personal Growth

RELIGION / Christian Theology / Apologetics

Rights: Worldwide

### ABOUT THE AUTHOR

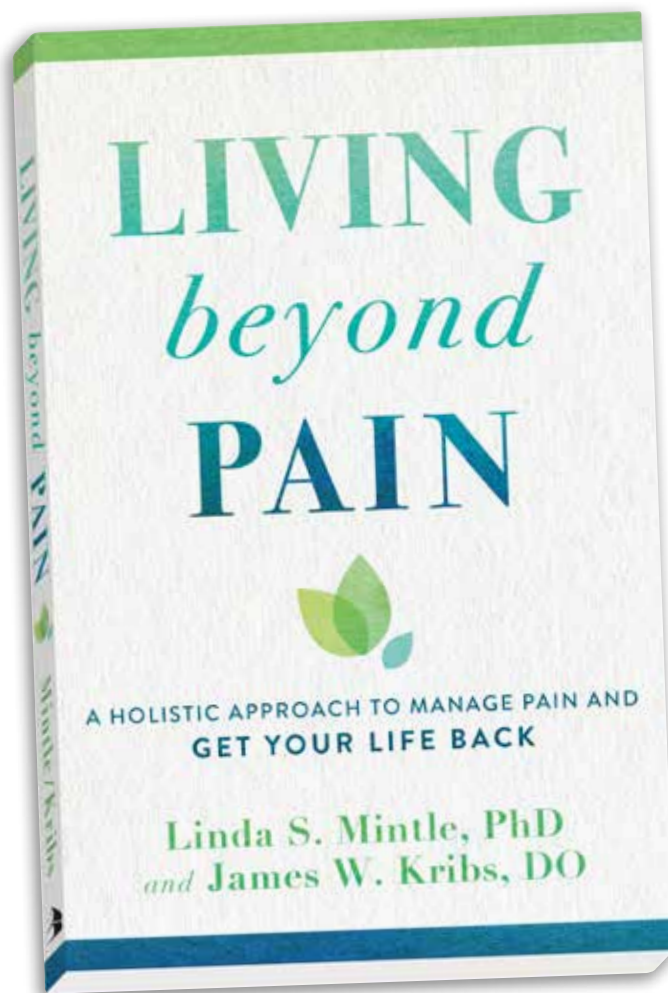
**John S. Dickerson** is a respected journalist, a Millennial, and a bestselling author. His writing has appeared in the *New York Times* and *USA Today*, among others. Tom Brokaw (NBC News) and Christiane Amanpour (CNN and ABC News) have named his reporting the best in the nation.

Now convinced that Jesus launched the greatest movement for social good, John has given his life to join the cause. Today he serves as lead pastor at Connection Pointe Christian Church in Indianapolis. Learn more at [JohnSDickerson.com](http://JohnSDickerson.com).



© Christian Barreno

# Holistic Strategies to Live beyond Your Pain



- 100 million Americans struggle with chronic pain today; 80% of doctor visits involve chronic pain
- Includes pain management strategies derived from evidence-based science
- Authors are both faculty at Liberty University's College of Osteopathic Medicine

**O**ur national attention is firmly focused on the growing opioid crises. We know the problem. But what is the solution for the 100 million Americans living with chronic pain?

In *Living beyond Pain*, a physician and a therapist offer a whole person approach to pain management, addressing the physical, mental, and spiritual aspects of pain and providing alternative strategies that don't rely on opioids. Through education, pain triumph stories, daily guided cognitive activity, and as-needed pain rescue techniques, readers will reprogram their neurologic pathways, increase functioning, and experience improvement in their symptoms. For anyone suffering from pain or suffering alongside someone who is, this book offers real, research-based hope that there are better days ahead.

## Living beyond Pain

Linda S. Mintle, PhD, and James W. Kribs, DO



### VITAL INFORMATION

**Available: October 15**  
**\$15.99**  
**978-0-8010-1677-6**

trade paper  
 5½ x 8½  
 256 pages  
 Case Quantity: 32

Category: HEALTH & FITNESS / Pain Management  
 HEALTH & FITNESS / Health Care Issues  
 Rights: Worldwide

### ABOUT THE AUTHORS

**Linda Mintle, PhD**, is a national speaker and bestselling author of 19 books on relationships and mental health. She is Chair of Behavioral Health at the College of Osteopathic Medicine at Liberty University. She is the host of *The Dr. Linda Mintle Show* and writes the BeliefNet blog *Doing Life Together*. She lives in Virginia.



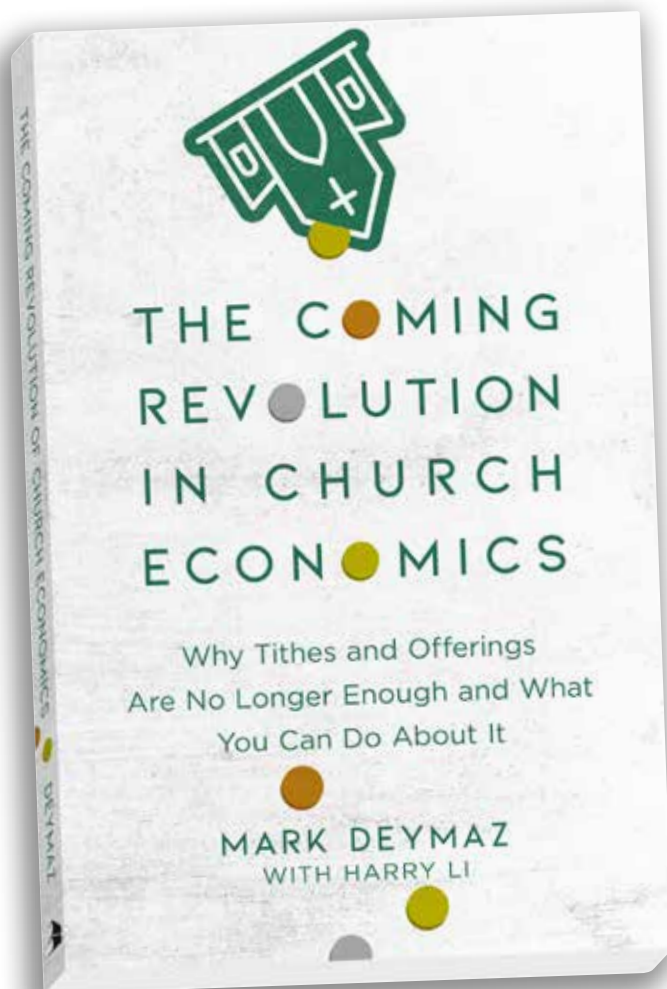
**James W. Kribs, DO**, is associate professor and chair of the department of osteopathic manipulative medicine at Liberty University College of Osteopathic Medicine in Lynchburg, Virginia. Kribs is board-certified in neuromusculoskeletal medicine, and his practice focus includes osteopathic manipulative medicine, manual sports medicine, non-surgical orthopedics, and interventional pain management. He lives with his wife, Jennifer, and four children in Lynchburg, Virginia.



© Christopher Breedlove



# Innovative Methods to Help Your Church Thrive Financially



- Widely respected pastors share expertise gained from nearly 20 years of credible local church planting, growth, and development, as well as from coaching others
- Authors speak frequently at influential conferences including Catalyst, Q, and Exponential
- Shows ministry leaders how to generate business income via the local church to overcome budget deficits, advance mission, and realize sustainability

Local church pastors, church planters, and nonprofit organizational leaders are beginning to recognize that tithes and offerings alone are no longer enough to provide for the needs of their ministries, enable them to pursue opportunities, and sustain long-term impact. Growing financial burdens on the middle class, documented decline in religious contributions, shifting generational attitudes toward giving, and changing demographics are having a negative impact on ministry. With a number of states already taxing church property, and the possibility that churches may someday lose tax-exempt status altogether, the time to pivot is now. Our entire understanding of ministry sustainability must change. What's needed is disruptive innovation in church economics.

For churches to not only survive but thrive financially in the future, leaders must understand why, what, and how they can leverage assets, bless communities, empower entrepreneurs, and create multiple streams of income to effectively fund their mission.

## The Coming Revolution in Church Economics

Mark DeYmaz with Harry Li



### VITAL INFORMATION

Available: October 15

\$17.99

978-0-8010-9479-8

trade paper

5½ x 8½

256 pages

Case Quantity: 32

Category: RELIGION / Christian Living / Stewardship & Giving

RELIGION / Christian Ministry / Pastoral Resources

RELIGION / Christian Church / Administration

Rights: Worldwide

### ABOUT THE AUTHORS

**Mark DeYmaz** is the founder of Mosaic Church of Central Arkansas and cofounder of the Mosaic Global Network. The author of six books, DeYmaz is an adjunct professor at Gordon-Conwell Theological Seminary and teaches across the country. He and his wife, Linda, have four adult children and three grandchildren and live in Little Rock, Arkansas.



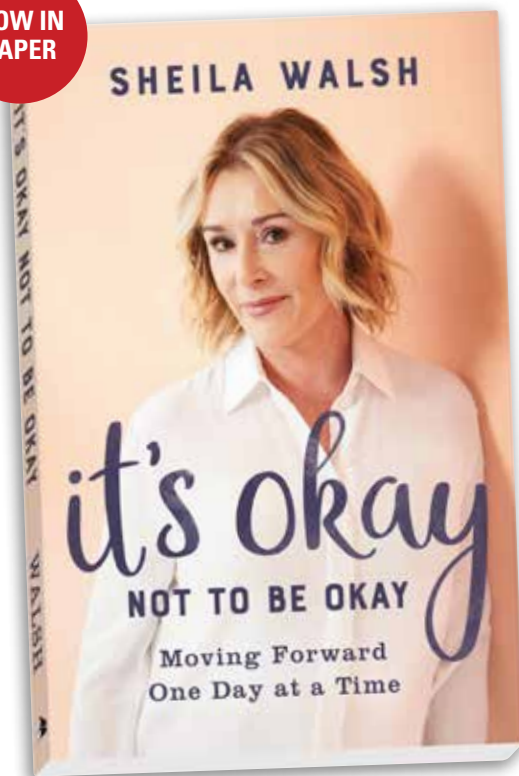
**Harry Li** is the senior pastor of Mosaic Church of Central Arkansas where he has been collaborating with Mark DeYmaz for more than 16 years. Prior to coming to Mosaic, he was an associate professor of electrical engineering at the University of Idaho. He and his wife of 28 years, Melanie, have three adult daughters scattered throughout the US.



©Kayleigh Ross Photography

## 8 Simple Ways to Start Again

NOW IN PAPER



**F**ailed marriages, lost friends, addictions, lost jobs. This is not the life we imagined. Sheila Walsh encourages us to face the pain head-on and then start again, from right where we are. In *It's Okay Not to Be Okay*, she helps you overcome the same old rut of struggles and pain by changing the way you think about God, yourself, and your everyday life. She shares practical, doable, daily strategies that will help you move forward one step at a time, knowing God will never let you down.

### It's Okay Not to Be Okay

Sheila Walsh



#### VITAL INFORMATION

**Available: September 3**  
**\$15.99**  
**978-0-8010-9466-8**

trade paper  
5½ x 8½  
208 pages  
Case Quantity: 32

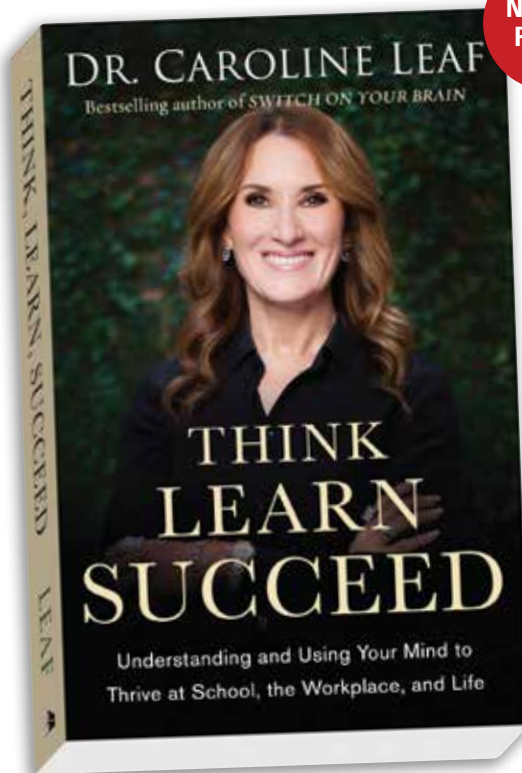
Category: RELIGION / Christian Living / Women's Interests  
RELIGION / Christian Living / Spiritual Growth  
RELIGION / Christian Living / Personal Growth  
Rights: Worldwide

#### ABOUT THE AUTHOR

**Sheila Walsh** is a powerful communicator, Bible teacher, and bestselling author with more than 5 million books sold. She is the author of the award-winning *Gigi*, *God's Little Princess* and *In the Middle of the Mess*. She is cohost of *LIFE Today* with James and Betty Robison and her *Wednesdays in the Word* program, with more than 100 million viewers. Walsh is a popular speaker and Bible teacher around the world. She lives in Dallas, Texas, with her husband, Barry, their son, Christian, and their three dogs.

## A Path to Maximize Performance

NOW IN PAPER



**O**ur thought lives have incredible power over our mental, emotional, and even physical well-being. When we choose a mindset that extends our abilities rather than placing limits on ourselves, we will experience greater intellectual satisfaction, emotional control, and physical health. Backed by up-to-date scientific research and practical insight, Dr. Caroline Leaf empowers you to take control of your thoughts in order to improve your memory, learning, cognitive and intellectual performance, work performance, physical performance, relationships, and emotional health.

### Think, Learn, Succeed

Dr. Caroline Leaf



#### VITAL INFORMATION

**Available: November 5**  
**\$16.99**  
**978-0-8010-9468-2**

trade paper  
5½ x 8½  
320 pages  
Case Quantity: 32

Category: RELIGION / Christian Living / General  
HEALTH & FITNESS / Healthy Living  
PSYCHOLOGY / Mental Health  
Rights: Worldwide

#### ABOUT THE AUTHOR

**Dr. Caroline Leaf** is the author of *Switch On Your Brain*, *Think and Eat Yourself Smart*, and *The Perfect You*. She is an international and national conference speaker and is frequently interviewed on TV stations around the globe. Leaf and her husband, Mac, live with their four children in Dallas and Los Angeles.

# Break Free from Cravings So God Can Satisfy Your Soul's Deepest Desires



- Will be the main resource for the author's annual online 40-Day Sugar Fast, which has an active Facebook community with 15,000 members and growing
- Author writes and speaks regularly for organizations such as the YouVersion Bible App, Proverbs 31, and MOPS International
- Author's first self-published book has sold more than 40,000 copies

**W**hat would you be willing to give up to gain the presence of God in your life again?

Many of us sign up for a physical detox program, thinking that if our bodies are healthier, then we're healthier. But a healthy body doesn't do us a lot of good if we are spiritually malnourished.

Welcome to the 40-Day Sugar Fast, a fast that begins with us giving Jesus our sugar and ends with Jesus giving us himself—the only thing that can ever truly satisfy our soul's deep hunger. On this 40-day journey you'll learn how to stop fixating on food and other things you use to fill the voids in life and instead fix your eyes on Christ.

Anyone who runs to sugar for comfort or a reward, who eats mindlessly or out of boredom, who feels physically and spiritually lethargic, or who struggles with self-control will discover here not only freedom from their cravings but an entirely new appetite for the good things God has for us.

## The 40-Day Sugar Fast

Wendy Speake



### VITAL INFORMATION

Available: November 5

\$14.99

978-0-8010-9457-6

trade paper

5½ x 8½

224 pages

Case Quantity: 32

Category: RELIGION / Christian Living / Spiritual Growth

SELF-HELP / Spiritual

HEALTH & FITNESS / Healthy Living

Rights: Worldwide

### ABOUT THE AUTHOR

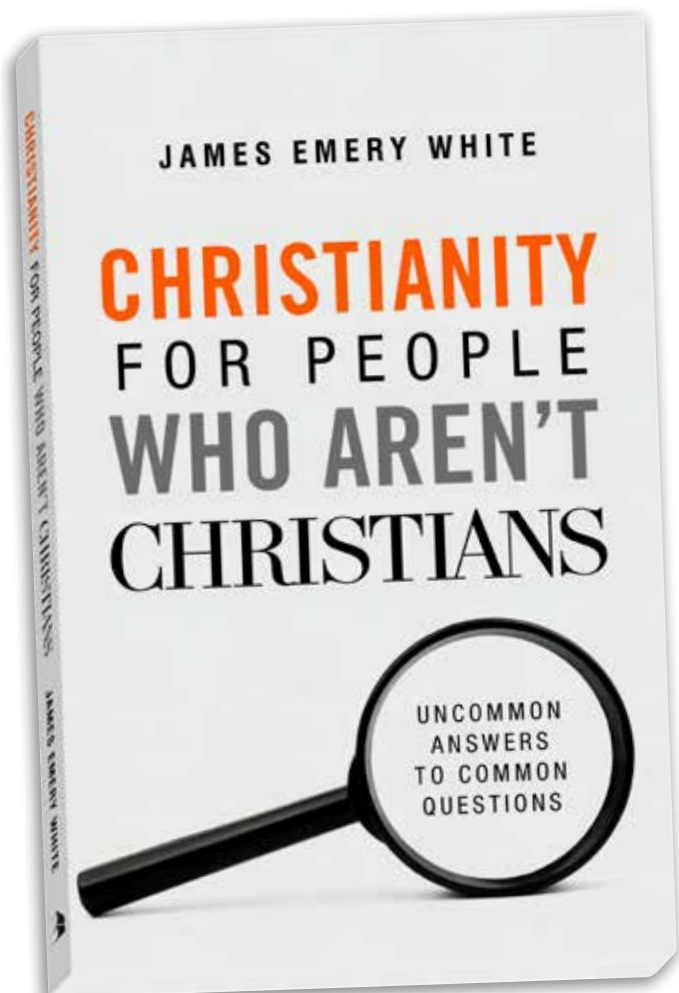
**Wendy Speake** is a trained actress and heartfelt Bible teacher who ministers to hearts through storytelling and biblical life application. During her career in Hollywood, on shows such as *JAG*, *Melrose Place*, and *Star Trek Voyager*, Wendy found herself longing to tell stories that edify, encourage, and point audiences to Jesus Christ. Today she does just that, writing books, speaking to groups across the nation, and leading multiple online fasts and Bible studies each year. Coauthor of *Triggers: Exchanging Parents' Angry Reactions for Gentle Biblical Responses*, Wendy hosts her annual 40-Day Sugar Fast every January. She lives in Escondido, California. Learn more at [www.wendyspeake.com](http://www.wendyspeake.com).



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# An Invitation for Skeptics to Explore Their Honest Doubts about Christianity



- Author is the senior pastor of Mecklenburg Community Church, a multicampus church that has more than 10,000 active attenders and experiences more than 70% of its growth from those who were previously unchurched
- Author is the founder of ChurchAndCulture.org through which thousands subscribe to his blog
- Author speaks frequently at statewide, national, and international conferences across denominational lines

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**James Emery White** (PhD, Southern Seminary) is the founding and senior pastor of Mecklenburg Community Church, a suburban mega-church in Charlotte, North Carolina, often cited as one of the fastest-growing church starts in the United States. Former president of Gordon-Conwell Theological Seminary, White is the author of several books, including *The Rise of the Nones*, *Meet Generation Z*, *Rethinking the Church*, *What They Didn't Teach You in Seminary*, and *The Church in an Age of Crisis*. He lives in North Carolina.



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