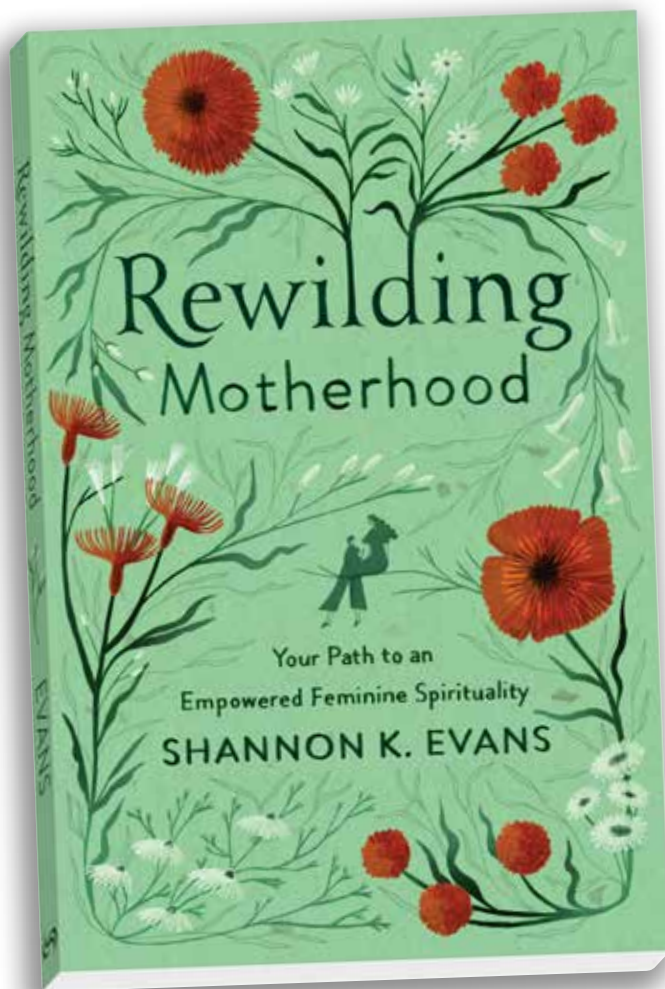




BrazosPress

# Discover an Empowered Feminine Spirituality in the Midst of Motherhood



- Evans has a growing online readership and a built-in audience among Catholic readers
- Author is a monthly columnist for *Jesuits.org*, a regular contributor to *Franciscan Media*, and has written for *Blessed Is She*, *Verily*, *America*, and *Relevant*
- Author speaks regularly at churches, small groups, conferences, and retreats on topics related to motherhood, prayer, and justice

Women are often told by their communities that being a mother will complete or define them. But many women find themselves depleted and spiritually stagnant amid the everyday demands of being a mom. They long to experience a rich inner life but feel there is rarely enough time, energy, or stillness to connect with God in a meaningful way.

This book takes the concept of rewilding and applies it to motherhood. Just as an environmentalist seeks to rewild land by returning it to its natural state, Shannon Evans invites women to rewild motherhood by reclaiming its essence through an expansive feminine spirituality.

Drawn from the contemplative Catholic tradition and Evans's own parenting experience, *Rewilding Motherhood* helps women deepen their connection to God through practices inherent to the life they're living now. Topics include work-life balance, identity, solitude, patience, household work, and mission for the common good. Throughout, Evans encourages women to see motherhood as an opportunity to discover a vibrant feminine spirituality and a deeper knowledge of God and self.

## Rewilding Motherhood

Shannon K. Evans



### VITAL INFORMATION

Available: September 14  
**\$16.99**  
 978-1-58743-538-6

trade paper  
 5½ x 8½  
 192 pages  
 Case Quantity: 36

Category: RELIGION / Christian Living / Women's Interests  
 RELIGION / Christian Living / Family & Relationships  
 RELIGION / Christian Living / Spiritual Growth  
 Rights: Worldwide

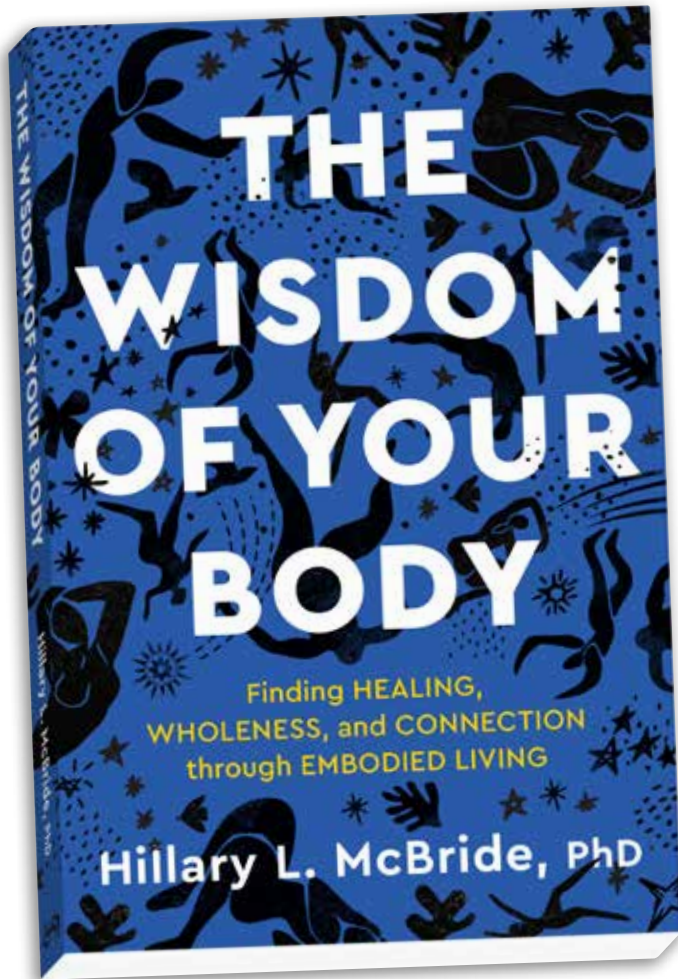
### ABOUT THE AUTHOR

**Shannon K. Evans**, a writer in the contemplative Catholic tradition, is a monthly columnist for *Jesuits.org* and a regular contributor to *Franciscan Media*. She has written for *Blessed Is She*, *Verily* magazine, *Romper*, *America*, and *Relevant* and is the author of *Embracing Weakness*. Evans speaks regularly at churches, small groups, conferences, and retreats on topics related to motherhood, prayer, and justice and leads groups in guided meditation. She is a mother of five and lives in Ames, Iowa.



Jean Ubben

# A Compassionate and Holistic Perspective on Embodied Life



- McBride cohosts *The Liturgists* podcast, which receives 4 million downloads per year
- Author is a trained therapist and a sought-after speaker
- Rates of body image dissatisfaction are high among women—studies show 85%–95% of women say they hate their bodies, and girls as young as 5 think about dieting

Many of us have a complicated relationship with our body. Maybe you've been made to feel ashamed of your body or that it isn't good enough. Maybe your body is riddled with stress, pain, or the effects of trauma. Maybe you think of your body as an accessory to what you believe you really are—your mind. Whatever the reason, many of us don't feel at home in our bodies. But being disconnected from ourselves as bodies means being disconnected from truly living and from the divinely created fabric that weaves us all together.

Psychologist and award-winning researcher Hillary McBride explores the ways we inherit a broken and unhealthy understanding of the body and offers a more compassionate, healthy, and holistic perspective on embodied living. Weaving together illuminating research, stories from her work as a therapist, and deeply personal narratives of healing—from a life-threatening eating disorder, a near-fatal car accident, and chronic pain—McBride invites us to reclaim the wisdom of the body and to experience the wholeness that has been there all along. End-of-chapter questions and practices are included.

## The Wisdom of Your Body

Hillary L. McBride, PhD



### VITAL INFORMATION

Available: October 12  
 \$19.99  
 978-1-58743-552-2

trade paper  
 5½ x 8½  
 288 pages  
 Case Quantity: 32

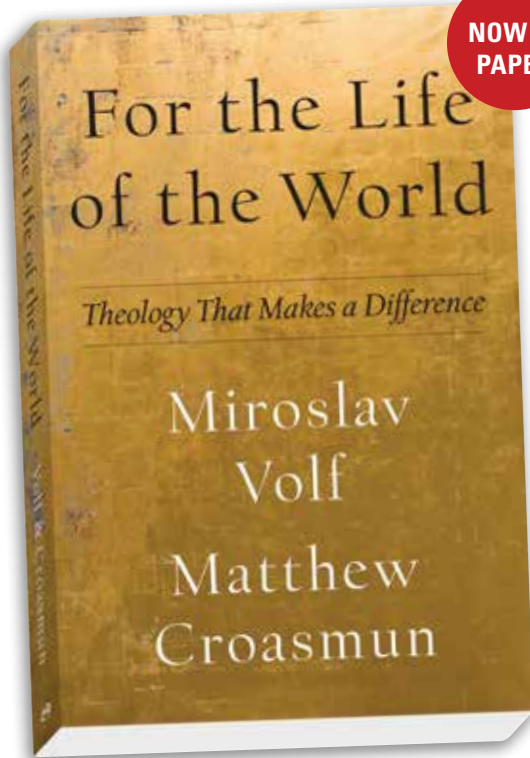
Category:  
 RELIGION / Spirituality  
 PSYCHOLOGY / Psychopathology / Eating Disorders  
 RELIGION / Counseling  
 Rights: Not to Canada: HarperCollins Canada

### ABOUT THE AUTHOR

**Hillary L. McBride** (PhD, University of British Columbia) is a licensed therapist, an award-winning researcher, and a sought-after speaker who specializes in embodiment. She cohosts *The Liturgists* podcast (averages 4 million downloads per year), hosts the *Other People's Problems* podcast, and has appeared on other popular podcasts. McBride's clinical and academic work has been recognized by the American Psychological Association and the Canadian Psychological Association. She is an adjunct professor in the department of counseling psychology at the University of British Columbia and has a private counseling practice in Vancouver. McBride is the author of *Mothers, Daughters*, and *Body Image* and coeditor of *Embodiment and Eating Disorders*. Visit her website at [www.hillarymcbride.com](http://www.hillarymcbride.com).



## How Theology Addresses Life's Most Pressing Questions



NOW IN PAPER

The question of what makes life worth living is more vital now than ever. In today's pluralistic, postsecular world, universal values are dismissed as matters of opinion and the question of what constitutes flourishing life is neglected in universities, churches, and our culture at large. This provocative contribution to public theology explains that the intellectual tools needed to rescue us from our present malaise are the tools of theology. *For the Life of the World* received book of the year awards from *Christianity Today* (award of merit) and *Outreach*.

### For the Life of the World

THEOLOGY FOR THE LIFE OF THE WORLD  
Miroslav Volf and Matthew Croasmun



#### VITAL INFORMATION

Available: September 21  
\$19.99  
978-1-58743-555-3

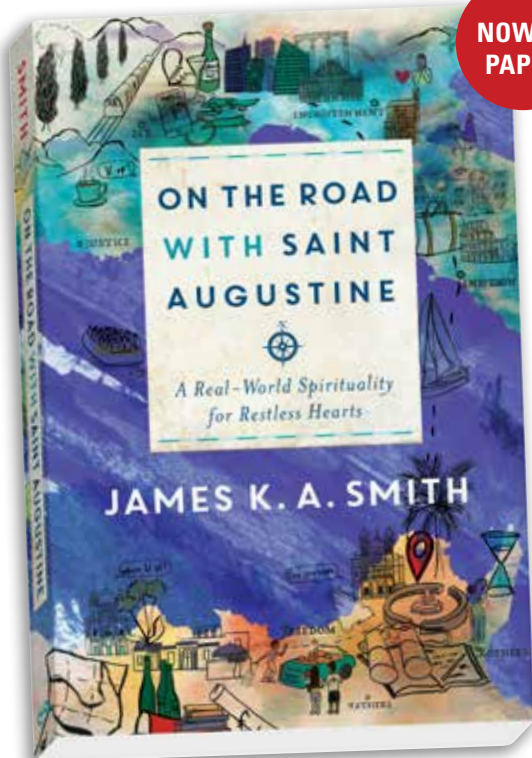
trade paper  
5½ x 8½  
208 pages  
Case Quantity: 32

Category: RELIGION / Christian Theology / General  
RELIGION / Christian Living / Social Issues  
RELIGION / Religion, Politics & State  
Rights: Worldwide

#### ABOUT THE AUTHORS

**Miroslav Volf** (DrTheol, University of Tübingen) is the Henry B. Wright Professor of Theology at Yale Divinity School and founding director of the Yale Center for Faith and Culture in New Haven, Connecticut.  
**Matthew Croasmun** (PhD, Yale University) is associate research scholar and director of the Life Worth Living Program at the Yale Center for Faith and Culture. He is also staff pastor at the Elm City Vineyard Church.

## Find a Real-World Spirituality with the Patron Saint of Restless Hearts



NOW IN PAPER

Following James K. A. Smith's successful *You Are What You Love* (almost 120,000 copies sold), this book shows how Saint Augustine can be a pilgrim guide to a spirituality that meets the complicated world we live in. *On the Road with Saint Augustine* received book of the year awards from *Outreach*, *Christianity Today*, and *Foreword* magazine and was named one of the top 100 books of the year by *Publishers Weekly*.

### On the Road with Saint Augustine

James K. A. Smith



#### VITAL INFORMATION

Available: October 19  
\$16.99  
978-1-58743-446-4

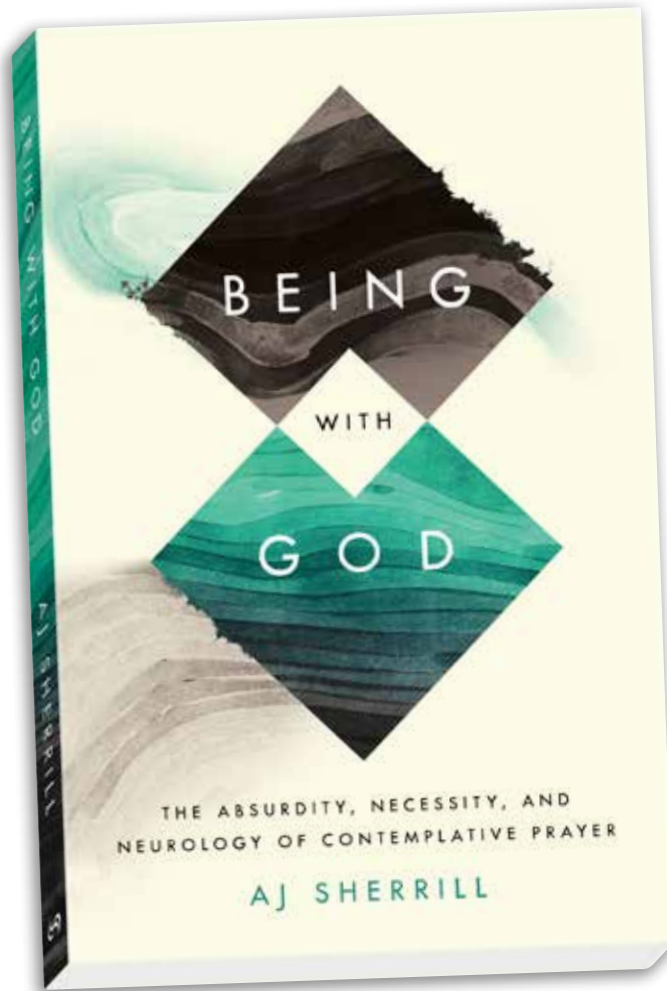
trade paper  
6 x 9  
256 pages  
Case Quantity: 32

Category: RELIGION / Spirituality  
RELIGION / Christian Living / General  
Rights: Worldwide

#### ABOUT THE AUTHOR

**James K. A. Smith** (PhD, Villanova University), a popular speaker and award-winning author, is professor of philosophy at Calvin University in Grand Rapids, Michigan, where he holds the Gary and Henrietta Byker Chair in Applied Reformed Theology and Worldview. He was editor in chief of *Comment* magazine from 2013 to 2018 and is now editor in chief of *Image* journal.

# Experience Transformation through Daily Stillness with God



- Sherrill is a prominent pastor who has led several vibrant congregations, including Mars Hill Bible Church
- Author is a leading speaker on the Enneagram and contemplative spirituality
- Draws on ancient spirituality that is both historically rooted and theologically orthodox

All fruitful *doing* must begin with *being*. For many Christians, it's easy to be swept up into the fast pace of modern life, desiring to *do* much for God. But we struggle to slow down and *be* with God.

According to pastor, Enneagram teacher, and author AJ Sherrill, *being with God* is what empowers *doing* for God. Sherrill shares his own journey from "busy" Christianity to the ancient paths of contemplative practices. He equips readers to integrate rhythms of stillness, silence, and solitude, offering step-by-step guidance and examples of finding solitude both personally and on retreats.

Sherrill warns that making these changes appears absurd in a society where time is money, productivity is central, and hurry is a way of life. He guides readers gently through the beginning and often confusing stages of contemplative practice. Citing timely insights from the world of neurology and mental health, he shows that solitude is crucial not only for Christian growth but also for holistic flourishing.

Readers will emerge, centered in Christ, well on their way to this goal: slow down, pay attention, be still, and be loved.

## Being with God

AJ Sherrill



### VITAL INFORMATION

Available: October 19  
 \$16.99  
 978-1-58743-473-0

trade paper  
 5½ x 8½  
 160 pages  
 Case Quantity: 40

Category: RELIGION / Christian Living / Spiritual Growth  
 RELIGION / Spirituality  
 Rights: Worldwide

### ABOUT THE AUTHOR

**AJ Sherrill** (DMin, Fuller Theological Seminary) has more than twenty years of experience as a pastor, including as lead pastor at Mars Hill Bible Church in Grand Rapids, Michigan. He is now lead pastor at St. Peter's Church in Mount Pleasant, South Carolina. He is an adjunct professor at Fuller Theological Seminary, where he teaches popular courses on transformational preaching and the Enneagram. Sherrill receives many speaking requests to lead Enneagram workshops across the country and is the author of *The Enneagram for Spiritual Formation*.



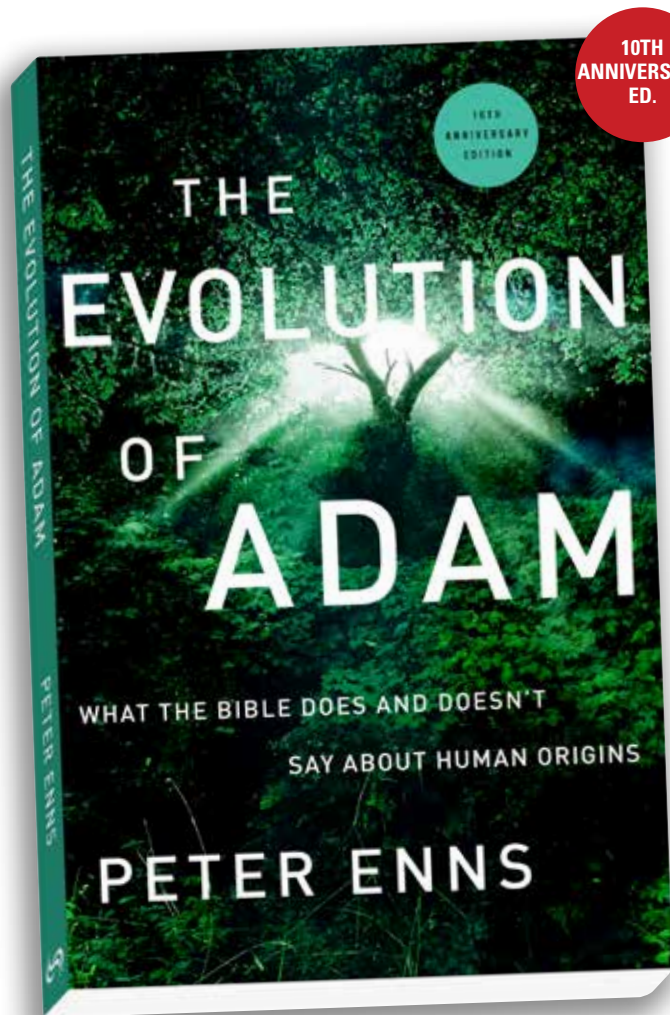
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### ALSO AVAILABLE

**The Enneagram for Spiritual Formation**  
 978-1-58743-472-3



# Bridging the Divide between the Ancient Text and Contemporary Science



10TH ANNIVERSARY ED.

- Enns is an expert in biblical interpretation and a sought-after speaker
- Author cohosts the popular podcast *The Bible for Normal People* (7 million downloads over four years) and has more than 50,000 social media followers
- 10th anniversary edition updates readers on developments in the historical Adam debate

Can Christianity and evolution coexist? Traditional Christian teaching presents Jesus as reversing the effects of the fall of Adam. But an evolutionary view of human origins doesn't allow for a literal Adam, making evolution seemingly incompatible with what Genesis and the apostle Paul say about him. For Christians who both accept evolution and want to take the Bible seriously, this can present a faith-shaking tension.

Popular Old Testament scholar Peter Enns offers a way forward by explaining how this tension is caused not by the discoveries of science but by false expectations about the biblical texts. In this 10th anniversary edition, Enns updates readers on developments in the historical Adam debate, helping them reconcile Genesis and Paul with current views on evolution and human origins. This edition includes a foreword on the need for a new edition and an afterword that explains Enns's own theological evolution since the first edition released.

## The Evolution of Adam

Peter Enns



### VITAL INFORMATION

Available: October 19  
 \$18.99  
 978-1-58743-520-1

trade paper  
 5½ x 8½  
 272 pages  
 Case Quantity: 32

Category: RELIGION / Biblical Criticism & Interpretation / General  
 RELIGION / Religion & Science  
 Rights: Worldwide

### ABOUT THE AUTHOR

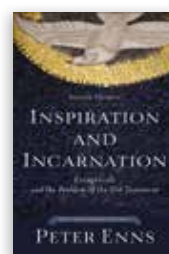
Peter Enns (PhD, Harvard University) is the Abram S. Clemens Professor of Biblical Studies at Eastern University in St. Davids, Pennsylvania. He cohosts the popular podcast *The Bible for Normal People* (7 million downloads over four years) and has more than 50,000 social media followers. The first edition of *The Evolution of Adam* received a Book of the Year Award from *Foreword Magazine*. Enns is also the author of *How the Bible Actually Works*, *The Bible Tells Me So*, *The Sin of Certainty*, and *Inspiration and Incarnation*.



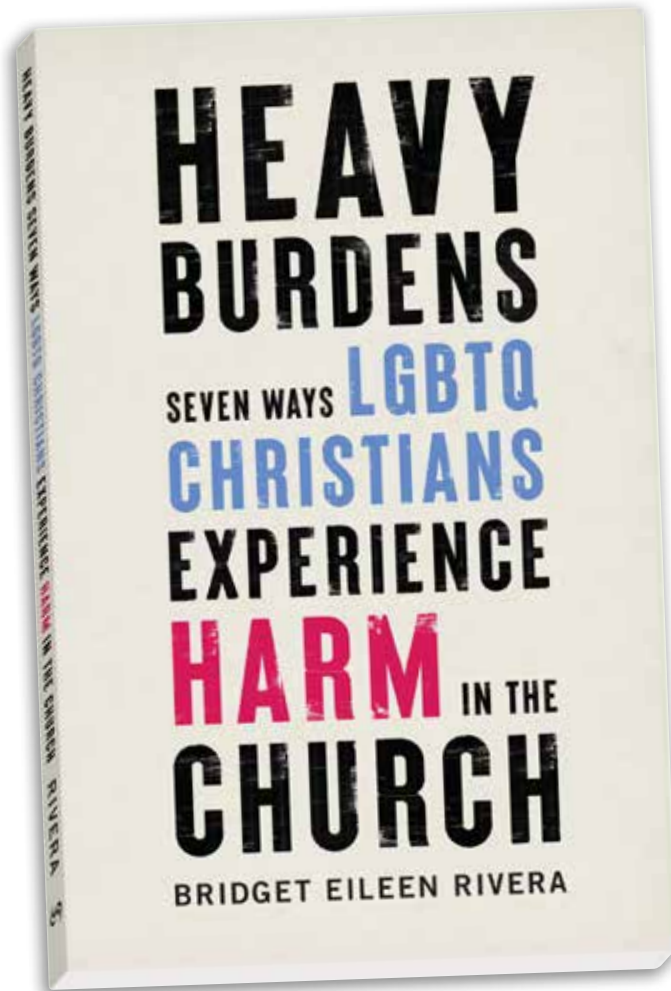
Laura Olivia Photography

### ALSO AVAILABLE

**Inspiration and Incarnation, 2nd ed.**  
 978-0-8010-9748-5



# An Honest Account of How Churches Discriminate Against Gay Christians



- Rivera is an emerging writer and speaker in the Side B LGBTQ Christian community
- Author's website, *Meditations of a Traveling Nun*, is a leading resource on faith, gender, and sexuality, attracting thousands of unique visitors every month
- Religious faith reduces the risk of suicide for virtually every American demographic except one: LGBTQ people

Religious faith reduces the risk of suicide for virtually every American demographic except one: LGBTQ people. Generations of LGBTQ people have felt alienated or condemned by the church. It's past time that Christians confronted the ongoing and devastating effects of this legacy.

Many LGBTQ people face overwhelming challenges in navigating faith, gender, and sexuality. Christian communities that uphold the traditional sexual ethic often unwittingly make the path more difficult through unexamined attitudes and practices. Drawing on her sociological training and her leadership in the Side B/Revoice conversation, Bridget Eileen Rivera, who founded the popular website *Meditations of a Traveling Nun*, speaks to the pain of LGBTQ Christians and helps churches develop a better pastoral approach.

Rivera calls to mind Jesus's woe to religious leaders: "They tie up heavy burdens, hard to bear, and lay them on the shoulders of others; but they themselves are unwilling to lift a finger to move them" (Matt. 23:4). *Heavy Burdens* provides an honest account of 7 ways LGBTQ people experience discrimination in the church, helping Christians grapple with hard realities and empowering churches across the theological spectrum to navigate better paths forward.

## Heavy Burdens

*Bridget Eileen Rivera*



### VITAL INFORMATION

Available: October 26  
 \$19.99  
 978-1-58743-483-9

trade paper  
 5½ x 8½  
 240 pages  
 Case Quantity: 36

Category: RELIGION / Sexuality & Gender Studies  
 RELIGION / Christian Living / Social Issues  
 RELIGION / Christian Ministry / General  
 Rights: Worldwide

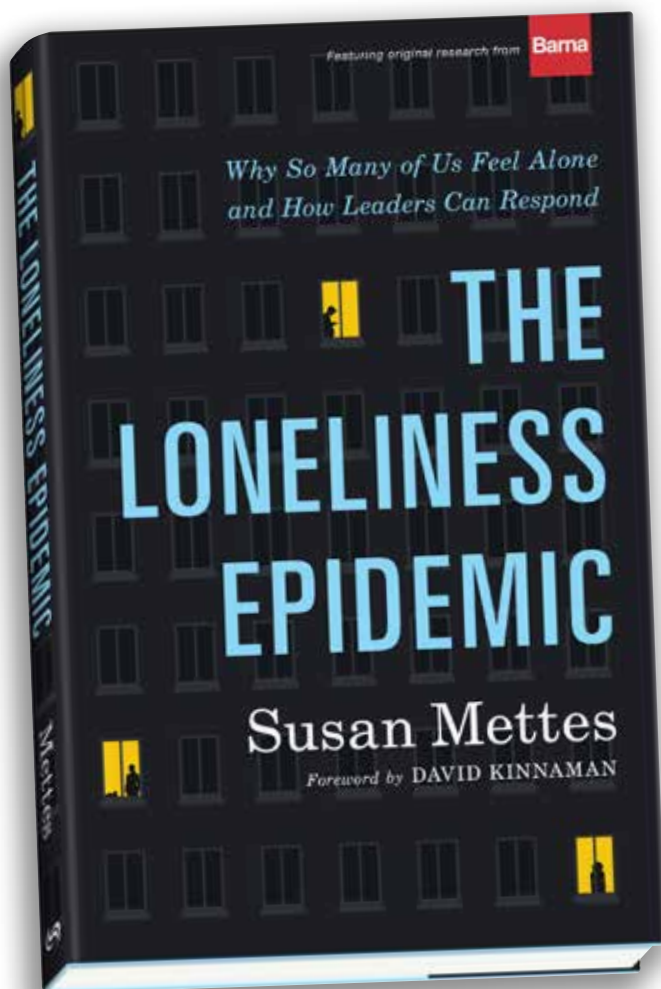
### ABOUT THE AUTHOR

**Bridget Eileen Rivera** is an emerging writer and speaker in the Side B LGBTQ Christian community. Her website, *Meditations of a Traveling Nun*, is a leading resource on gay celibacy, attracting thousands of unique visitors every month. She has worked with a number of faith-based organizations, including Revoice, Christians for Social Action, and Preston Sprinkle's Center for Faith, Sexuality, and Gender, where she contributed to the Digital Leaders Forum. Rivera is currently pursuing her PhD in sociology from the City University of New York Graduate Center.



Lexi Rae Johnson

# A Christian Response to the Problem of Loneliness



- Foreword by David Kinnaman
- Mettes is a behavioral scientist with extensive experience conducting research for faith-based organizations, including Barna Group, Thrivent Financial, and World Vision
- 33% of Americans say they feel lonely every day

What makes people lonely? And how can Christian communities better minister to the lonely? In *The Loneliness Epidemic*, behavioral scientist and researcher Susan Mettes explores those questions and more.

Guided by current research from Barna Group, Mettes illustrates the profound physical, emotional, and social toll of loneliness in our country. Surprisingly, her research shows that it is not the oldest Americans but the youngest adults who are loneliest, and that social media can actually play a positive role in alleviating loneliness. Mettes highlights the role that belonging, friendship, closeness, and expectations play in preventing it. She also offers meaningful ways the church can minister to lonely people, going far beyond simplistic solutions—like helping them meet new people—to addressing their inner lives and the God who understands them.

With practical and highly applicable tips, this book is an invaluable tool for anyone—ministry leaders, parents, friends—trying to help someone who feels alone. Readers will emerge better able to deal with their own loneliness and to help alleviate the loneliness of others. Foreword by Barna Group president David Kinnaman.

## The Loneliness Epidemic

Susan Mettes



### VITAL INFORMATION

Available: November 2  
 \$22.99  
 978-1-58743-477-8

hardcover  
 5½ x 8½  
 176 pages  
 Case Quantity: 32

Category: RELIGION / Christian Church / General  
 RELIGION / Christian Ministry / General  
 RELIGION / Christian Living / Social Issues  
 Rights: Worldwide

### ABOUT THE AUTHOR

Susan Mettes (MA, Duke University) is a behavioral scientist with extensive prior experience conducting research for faith-based organizations, including Barna Group, Thrivent Financial, and World Vision. Previously, she served as an editor for *Christianity Today* magazine. She also has written dozens of articles for *Christianity Today* and other publications. Mettes currently lives in Tanzania.



Chad Bartlett