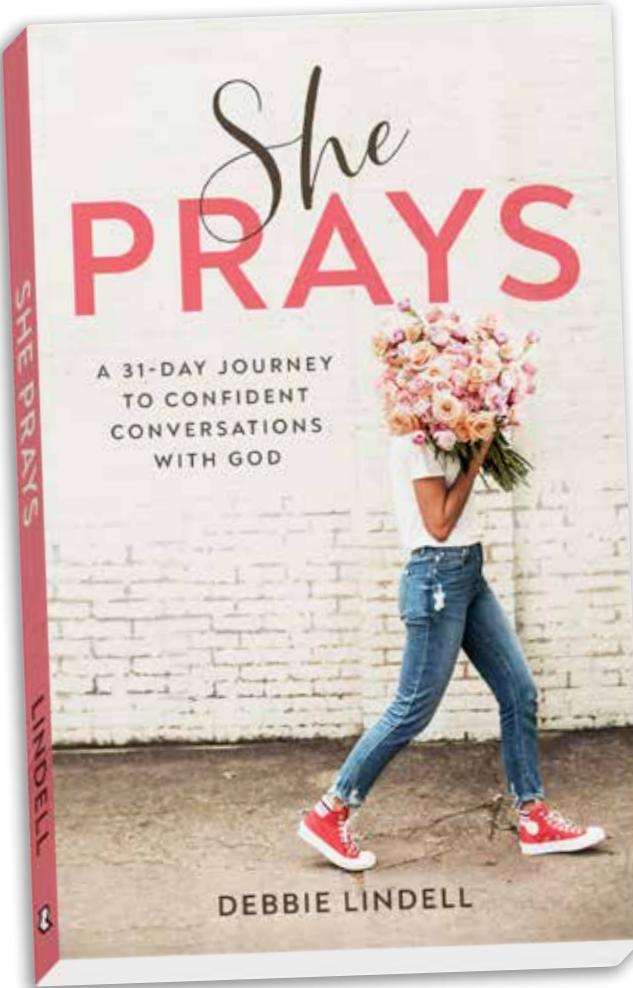




Begin Your Journey of Prayer and Connection with God



- 31 devotions full of practical and faith-building insights, biblical examples, Scripture, and prayer guidance
- *She Believes* has sold 32,000 copies in all formats
- Designed for Life Women's Conference attendance was over 10,000 in 2018
- Foreword by Lisa Harper

One of the most wonderful things about walking with God is that we can have an intimate and real relationship with him. He wants us to know him so well that we are comfortable talking to him about anything and everything. Yet, there are times when we feel disconnected and insecure. We desire to grow in prayer, but we don't know where to begin, what to say, or how to listen for his voice.

In *She Prays*, Debbie Lindell invites you on a 31-day journey to experience a confident and conversational relationship with your heavenly Father. She shows you how to replace the pressure to perform in prayer with a faith-filled expectation—trusting that God is delighted with every conversation and every word we whisper to him. Her desire is that your soul will be transformed as your confidence in prayer grows, and that your faith will be strengthened as you see God work through your prayers in ways you never imagined possible.

She Prays

Debbie Lindell



9 780800 736828

VITAL INFORMATION

Available: October 1, 2019

\$14.99

978-0-8007-3682-8

trade paper

5 x 8

224 pages

Case Quantity: 32

Category: RELIGION / Christian Living / Devotional

RELIGION / Christian Living / Inspirational

RELIGION / Christian Living / Prayer

Rights: Worldwide

ABOUT THE AUTHOR

Debbie Lindell is the author of *She Believes*, and she and her husband, John, serve as lead pastors of James River Church in Springfield, Missouri. In 2003, Debbie launched the Designed for Life Women's Conference, which today draws 10,000 women annually from across the nation and around the world. As a dynamic leader and speaker, she has a passion to see women of all ages embrace their unique design, understand their purpose, and connect to one another through life-giving sisterhood. Learn more at DebbieLindell.com.

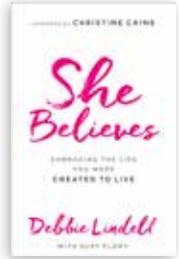


© Randy Bacon

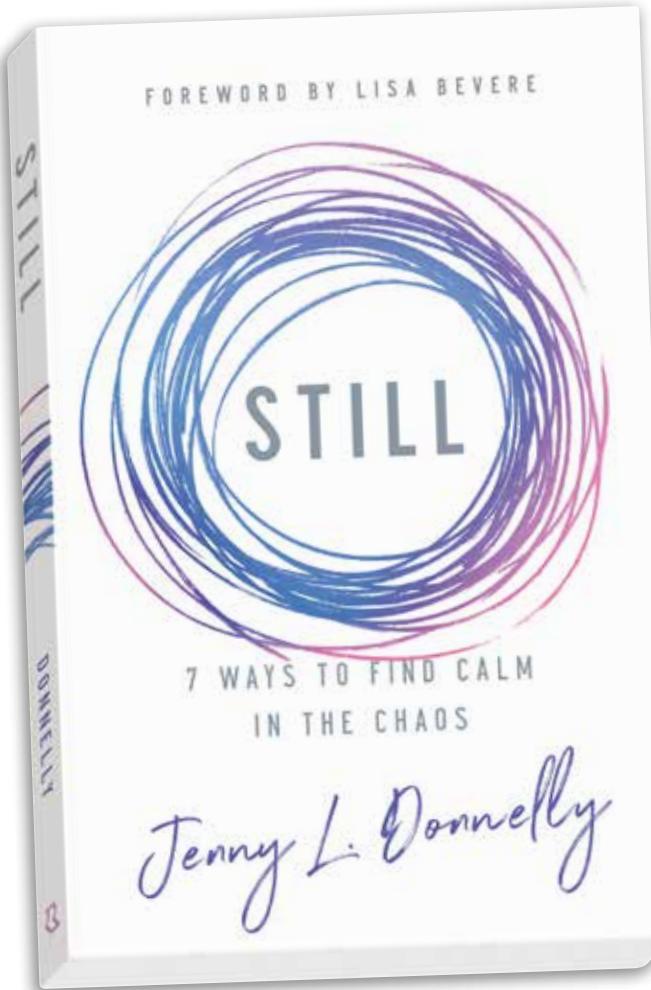
ALSO AVAILABLE

She Believes

978-0-8007-2442-9



Finding Peace and Energy for Your Heart and Mind



- Foreword by Lisa Bevere
- Author is the founder of Her Voice Movement, a business owner, a frequent speaker, and the mother of five children
- An estimated 40 million Americans suffer from anxiety, and 1 in 6 use prescribed drugs for relief

Do you worry a lot? Is it common for you to dread upcoming events? Does pressure or stress trigger outbursts of anger, isolation, depression, or feelings of failure? Do you have a hard time finishing what you start? Do you find it impossible to work in the middle of chaos? Do you wonder if God is really going to come through for you in difficult times?

In *Still*, Jenny Donnelly teaches you how to experience true, life-giving rest even in the midst of chaos. While most of us think of rest as something we *do*, Jenny shares how rest is a place from which we live and work. Sharing her own personal story of struggling with life's pressures and spiritual exhaustion, she introduces you to the source of peace and rest: Jesus. She shows you the steps to take to access rest anytime, anywhere, under any conditions. And she reveals how operating from a place of stillness powers your identity, creativity, relationships, and so much more.

If you've been stressed and anxious, operating on autopilot as life whizzes by, it's time you discovered the resting place God designed for you.

Still
Jenny L. Donnelly



9 780800 737177

VITAL INFORMATION

Available: January 7

\$14.99

978-0-8007-3717-7

trade paper

5½ x 8½

224 pages

Case Quantity: 32

Category: RELIGION / Christian Living / Personal Growth

RELIGION / Christian Living / Spiritual Growth

SELF-HELP / Anxieties & Phobias

Rights: Worldwide

ABOUT THE AUTHOR

Jenny L. Donnelly is an author, speaker, and entrepreneur. She is the founder of Her Voice Movement, a national community gathered for the purpose of equipping and empowering women to live and lead biblical truth. She is a cofounder, with her husband, of The Collective Church in Portland, Oregon, and also founded Tetelestai Ministries, which exists to develop biblical leaders. She and her husband, Bob, live in Oregon with their five children.



EXCERPT

Over the decades, our organization and hundreds of staff members have worked hard to make a positive difference in kids' lives. Yet about twenty years ago, despite our best efforts and good intentions, not enough of the kids we served had a happy ending. Those we couldn't help haunted us. *How could we reach them too?*

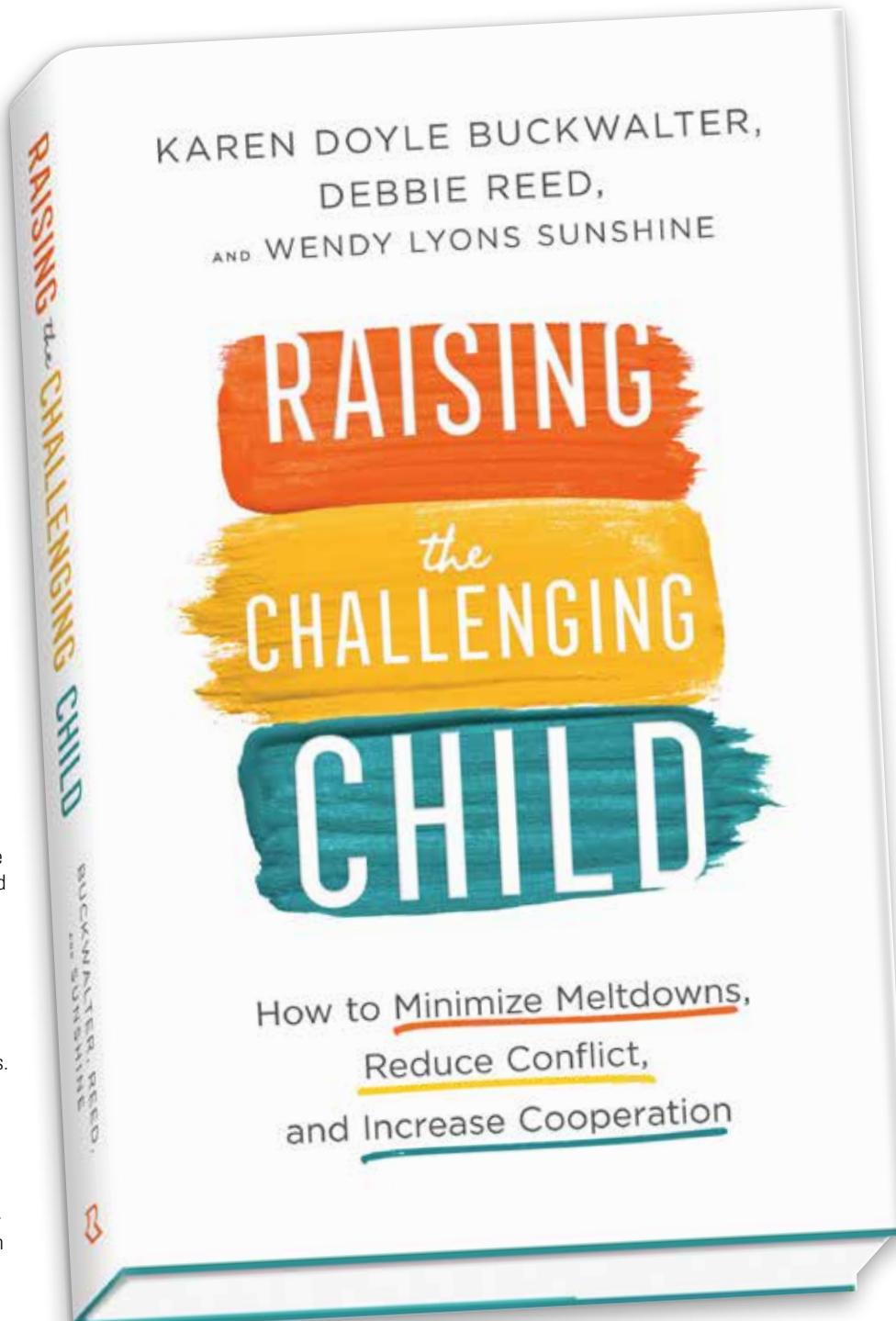
We refused to give up. Chaddock made a commitment to search for cutting-edge interventions and the newest techniques that could help us reach as many struggling kids as possible. We opened our minds and doors to innovative techniques, looking for the nuggets of gold.

Our search for best-in-class solutions took us on a journey deep into brain science, early childhood development, and the fields of attachment and trauma. Our staff studied evidence-based practices and practice-based evidence with world-class experts who were incredibly generous in sharing their ideas and treatment models.

We worked diligently to discover, test, and refine a unique, hybrid parenting approach that draws from many interventions. As our skills and "tool kit" expanded, we began seeing better results—and more quickly than ever before! These successes told us we were on the right track. Specialists from around the world began visiting Chaddock to study our methods.

When staff told us, *I'm using these techniques at home, and they are really helping! I'm becoming a better parent to my own children,* we knew it was time to share our insights with families like yours. You probably don't have dozens of highly skilled staff to help you raise your child. But you can take advantage of what we have learned.

The lessons we present here are effective for all kids of all ages, from toddlers to late teens, whether they are from biological, adoptive, or blended families. They work with "ordinary" kids, who can be affected by many of the same fears, stresses, unresolved grief, disrupted development, and behavioral triggers as "out of control" kids.



Moving beyond Behavior Battles to a Healthier Family Relationship

- Authors have decades of experience at Chaddock, a premier treatment facility that works with the nation's most challenging kids
- Proven, practical strategies that minimize meltdowns and improve family relationships
- Authors speak frequently to national audiences, including the North American Council on Adoptable Children

What's the worst you've ever faced as a parent? An all-out tantrum at the mall? A son who won't take out his earbuds to listen to you? A daughter who's failing at school and won't do her homework? A teen who constantly breaks curfew? A call from the police? Whatever you're dealing with, *Raising the Challenging Child* will help.

Building on their work at Chaddock, a nonprofit organization that has worked with some of the most challenging kids in the nation for more than 150 years, the authors empower frustrated parents with practical tips and real-life examples on how to

- minimize behavioral meltdowns
- reduce conflict
- increase cooperation
- promote healthy attachment
- improve family relationships

The strategies they share work both for the child who is going through a difficult phase brought on by life disruption or trauma, and for the child who faces chronic struggles. Parents, teachers, and those who work with children and youth will find positive, practical steps they can start taking today in order to understand and address the baffling behavior of the child under their care.

Raising the Challenging Child

Karen Doyle Buckwalter, Debbie Reed, and Wendy Lyons Sunshine



9 780800 735241

VITAL INFORMATION

Available: January 7

\$19.99

978-0-8007-3524-1

hardcover

5½ x 8½

288 pages

Case Quantity: 20

Category: FAMILY & RELATIONSHIPS / Parenting /

General

RELIGION / Christian Living / Family & Relationships

Rights: Worldwide

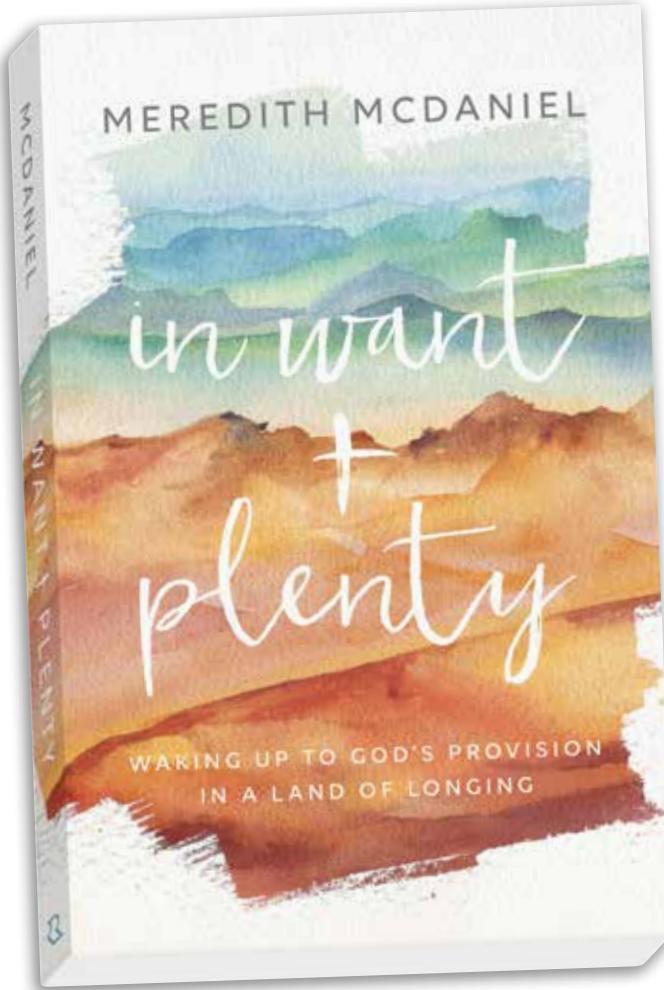
ABOUT THE AUTHORS

Karen Doyle Buckwalter, MSW, LCSW, is director of program strategy at Chaddock in Quincy, Illinois. She serves on the board of directors' advisory board of the Theraplay® Institute in Chicago and has trained and consulted at family behavioral health organizations and youth foster care centers in the US, the UK, Australia, Denmark, and beyond. In addition to her degrees, Karen completed a two-year marriage and family therapy training program and 500-plus hours in diverse modalities including Theraplay®, Trust-Based Relational Intervention (TBRI), and other attachment, trauma, and developmental approaches.

Debbie Reed is president and CEO of Chaddock. Currently engaged in doctoral studies, she has also played a leadership role in child- and family-serving organizations at the state and national levels, including the Illinois Department of Children and Family Services' Child Welfare Advisory Committee, the CEO council of the internationally recognized Alliance for Strong Families and Communities, and the national board of the United Methodist Association of Health and Welfare Ministries. In addition, she trains and consults with organizations on topics related to nonprofit leadership.

Wendy Lyons Sunshine is an award-winning writer and coauthor of *The Connected Child*, with more than 200,000 copies sold. She is an editorial consultant for leading nonprofits and has written for media outlets including *Health*, *AARP* magazine, *Scientific American*, *American Way*, and the *New York Times*.

Trusting God's Provision in Every Season



- "I can't wait to hold her book in my hands."
—Emily P. Freeman
- Author has over 15 years of counseling experience and runs her own private practice
- Thoughtful writing and interactive elements guide readers to find God's provision in all of life

Although our circumstances vary, we all ache with a longing for something more. We are born with dreams, and some of us even have detailed plans about how to make them happen. Yet we all come to a point in life when we realize that we are not in control. A loved one gets sick, a tragedy occurs, our plans backfire. What we may not realize is that even if we can't depend on our circumstances or even ourselves, there is One who will always provide what we need, just when we need it.

With compassion and enthusiasm, Meredith McDaniel invites you to walk alongside God's people in Exodus as they wake up each morning to manna, God's provision for them in desert places. As she unfolds their story of complete dependence on their Creator, you'll discover through guided journaling how God is providing for you right now, where you are in your own unique story. Along the way, you will develop a comforting awareness that you are seen, guided, protected, and filled by a good God in the person of Jesus.

In Want + Plenty

Meredith McDaniel



VITAL INFORMATION

Available: January 21

\$15.99

978-0-8007-3579-1

trade paper

5½ x 8½

224 pages

Case Quantity: 32

Category: RELIGION / Christian Living / Women's Interests

RELIGION / Christian Living / Spiritual Growth
Rights: Worldwide

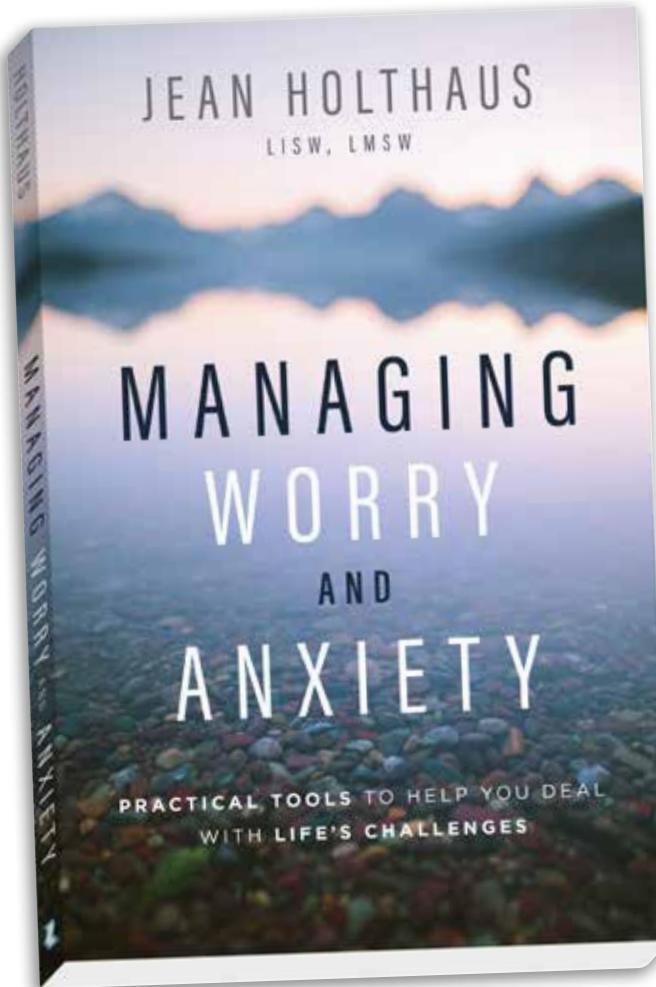
ABOUT THE AUTHOR

Meredith McDaniel is a licensed professional counselor and owner of her private practice Milk + Honey. A graduate of Gordon-Conwell Theological Seminary, she has also served on staff with Young Life and as the lead counselor with Inheritance of Hope. Meredith says she feels called to sit with and listen to the stories of women and men, helping them discover who they are and live out their lives more fully. She enjoys entering into the quieter places of people's lives in a safe setting to offer hope and help others taste of the land of milk + honey. She and her husband, Ben, have three young children and live in a small town near Charlotte, North Carolina.



© Michelle Shott

Practical Ways to Achieve Peace, Worry Less, and Live More



- More than half of those who suffer from anxiety will never enter a therapist's office
- Author is a licensed therapist and a frequent blogger and radio guest
- Based on solid, research-driven, best practices for treating anxiety

Scripture says "be anxious for nothing," yet most of us find ourselves increasingly worried and anxious—about our families, our jobs, our finances, our security, and so much more. We're even worried about our level of anxiety!

Integrating both the psychological and spiritual aspects of anxiety, therapist Jean Holthaus offers this research-driven and faith-informed approach to understanding why we experience anxiety and shows us how to effectively manage it by developing three essential skills:

- living in the present moment
- suspending judgment
- believing yourself to be competent and equipped by God

Our world is never going to be a completely safe and understandable place. But with Holthaus's help, our hearts and minds can experience greater and lasting peace.

Managing Worry and Anxiety

Jean Holthaus, LISW, LMSW



9 780800 736071

VITAL INFORMATION

Available: January 21

\$13.99

978-0-8007-3607-1

trade paper

5½ x 8½

208 pages

Case Quantity: 32

Category: RELIGION / Christian Living /

Personal Growth

SELF-HELP / Anxieties & Phobias

Rights: Worldwide

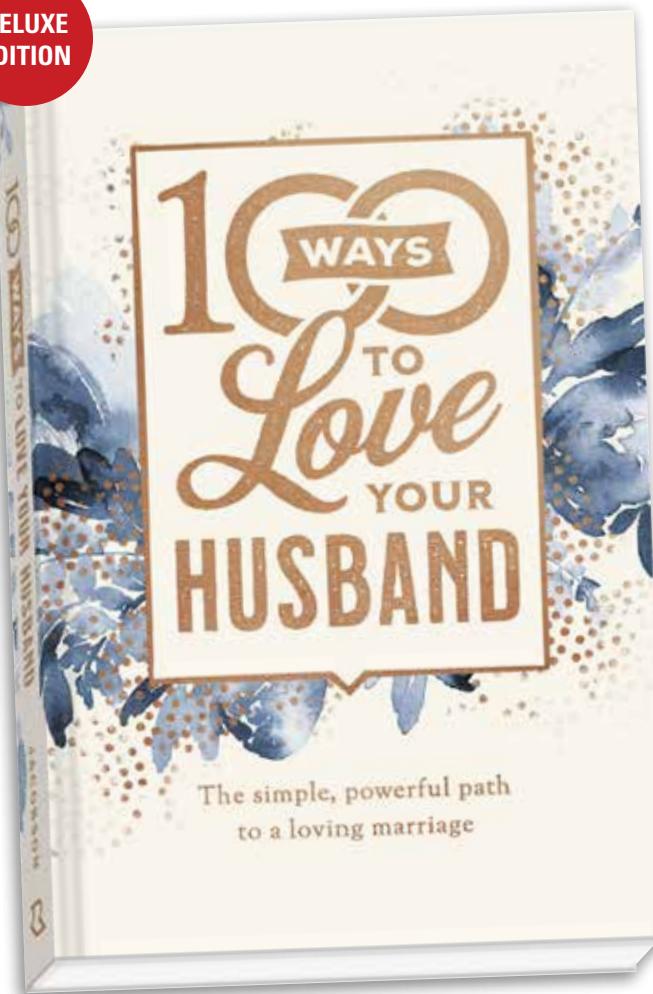
ABOUT THE AUTHOR

Jean Holthaus, LISW, LMSW, has more than 25 years' experience providing therapy. She currently works as a clinician and manages two clinics for Pine Rest Christian Mental Health Services. Her professional experience includes working with individuals, couples, and families dealing with abuse, anxiety, depression, marital issues, divorce, spiritual issues, changes of life, parenting, and more. A member of the National Association of Social Workers and the American Association of Christian Counselors, Jean lives in Pella, Iowa.



Simple Steps to Love Your Husband Well

**DELUXE
EDITION**



- Author communicates directly with over 1 million people each month through websites, social media, email newsletters, etc.
- Self-published edition has sold more than 125,000 copies
- Offers 100 specific ways to help you love your husband well and create a thriving marriage

Couples with great marriages know one simple truth: the best marriages are made up of many everyday decisions that say, "I love you" rather than those that say, "I love me." When we put the other person first, even in little ways, we find true fulfillment.

This book offers wives practical, hands-on advice to start applying immediately. Maybe you are just entering into marriage and want to start off on the right foot. Maybe you have made some mistakes along the way and are struggling to connect. Or maybe you want your marriage to go from good to great. Wherever you currently are in your relationship, let Lisa Jacobson help you learn how to love your husband well.

This deluxe edition can be purchased alone or as part of a two-book bundle with *100 Ways to Love Your Wife*. An excellent gift for the newly married and those celebrating their anniversary.

100 Ways to Love Your Husband, deluxe ed.

Lisa Jacobson



9 780800 736682 9 780800 737702

VITAL INFORMATION

Available: January 7

casebound
\$14.99

978-0-8007-3668-2

4 x 6

144 pages

Case Quantity: 40

Category: RELIGION / Christian Living / Love & Marriage

RELIGION / Christian Living / Relationships

FAMILY & RELATIONSHIPS / Marriage & Long-Term Relationships

Rights: Worldwide

ABOUT THE AUTHOR

Lisa Jacobson is an author, a speaker, and the founder and host of Club31Women.com, a powerful online community of Christian women authors who write weekly on the topics of husband, home, family, and biblical truths—a powerful voice for biblical womanhood. Her combined social media platforms have a reach well over 1 million viewers/ visitors per month. She is the author of *100 Words of Affirmation Your Husband Needs to Hear*. She lives with her husband, Matt, in the Pacific Northwest where they have raised their eight children.



© Allison Harp Photography

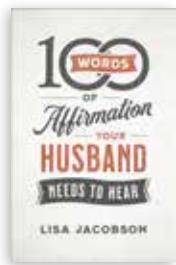
ALSO AVAILABLE

**100 Words of Affirmation
Your Husband Needs to Hear**

978-0-8007-3660-6

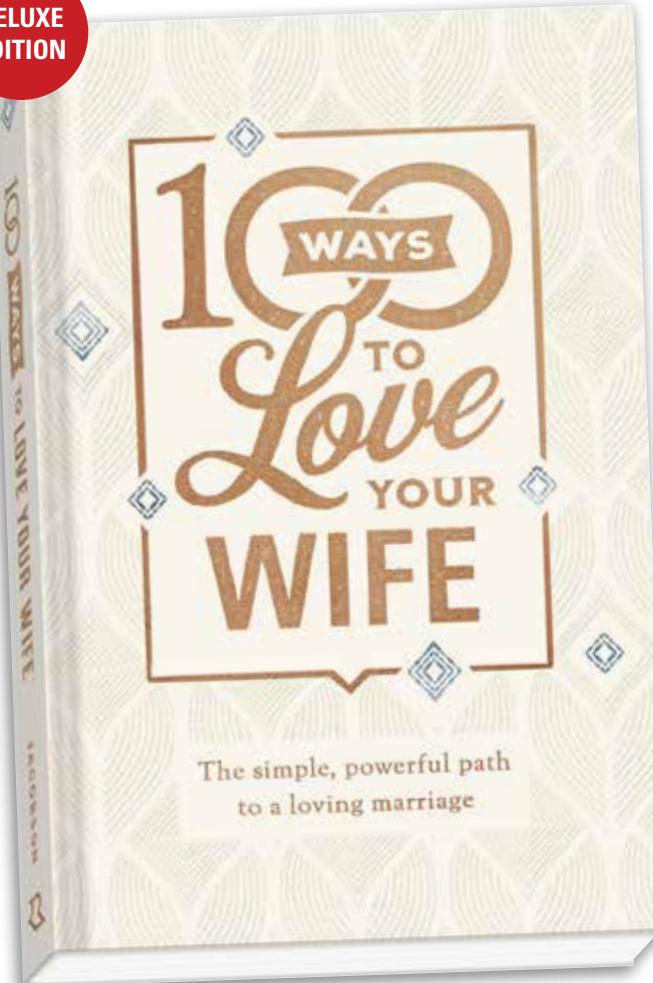
**100 Ways to Love Your Husband/Wife paper edition
bundle**

978-0-8007-3761-0



Simple Steps to Love Your Wife Well

**DELUXE
EDITION**



- Author communicates directly with 1 million people each month through websites, social media, email newsletters, etc.
- Self-published edition has sold more than 125,000 copies
- Offers 100 specific ways to help you love your wife well and create a thriving marriage

Couples with great marriages know one simple truth: the best marriages are made up of many everyday decisions that say "I love you" rather than those that say "I love me." When we put the other person first, even in little ways, we find true fulfillment.

This book offers husbands practical, hands-on advice to start applying immediately. Maybe you are just entering into marriage and want to start off on the right foot. Maybe you have made some mistakes along the way and are struggling to connect. Or maybe you want your marriage to go from good to great. Wherever you currently are in your relationship, let Matt Jacobson help you learn how to love your wife well.

This deluxe edition can be purchased alone or as part of a two-book pack with *100 Ways to Love Your Husband*. An excellent gift for the newly married and those celebrating their anniversary.

100 Ways to Love Your Wife, deluxe ed.

Matt Jacobson



VITAL INFORMATION

Available: January 7

casebound

\$14.99

978-0-8007-3669-9

4 x 6

128 pages

Case Quantity: 40

Category: RELIGION / Christian Living / Love & Marriage

RELIGION / Christian Living / Relationships

FAMILY & RELATIONSHIPS / Marriage & Long-Term Relationships

Rights: Worldwide

ABOUT THE AUTHOR

Matt Jacobson was an executive in the publishing industry for 25 years and for the past 16 years, has been a teaching elder/pastor of Tumalo Bible Fellowship. Matt is also the founder of FaithfulMan.com, an online social media community focusing on the topics of marriage, parenting, and biblical teaching, with a cross-platform reach of over 1 million viewers/visitors per month. He is the author of *100 Words of Affirmation Your Wife Needs to Hear*. He lives with his wife, Lisa, in the Pacific Northwest where they have raised their eight children.



© Allison Harp Photography

ALSO AVAILABLE

100 Words of Affirmation

Your Wife Needs to Hear

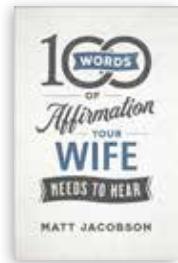
978-0-8007-3664-4

100 Ways to Love Your

Husband/Wife paper edition

bundle

978-0-8007-3761-0



EXCERPT

God's not interested in just giving you a better life. He's not a self-help guru who's looking to make a quick buck off your nominal improvement. God's in the business of lasting, holistic transformation for the sake of eternal vocation. He has given you a calling, identity, and community that reach beyond the here and now. Your soul longs for this new way of living. It's too spacious for our world's temporal fillings. There's a new life that is only found in the awakening of your True Self.

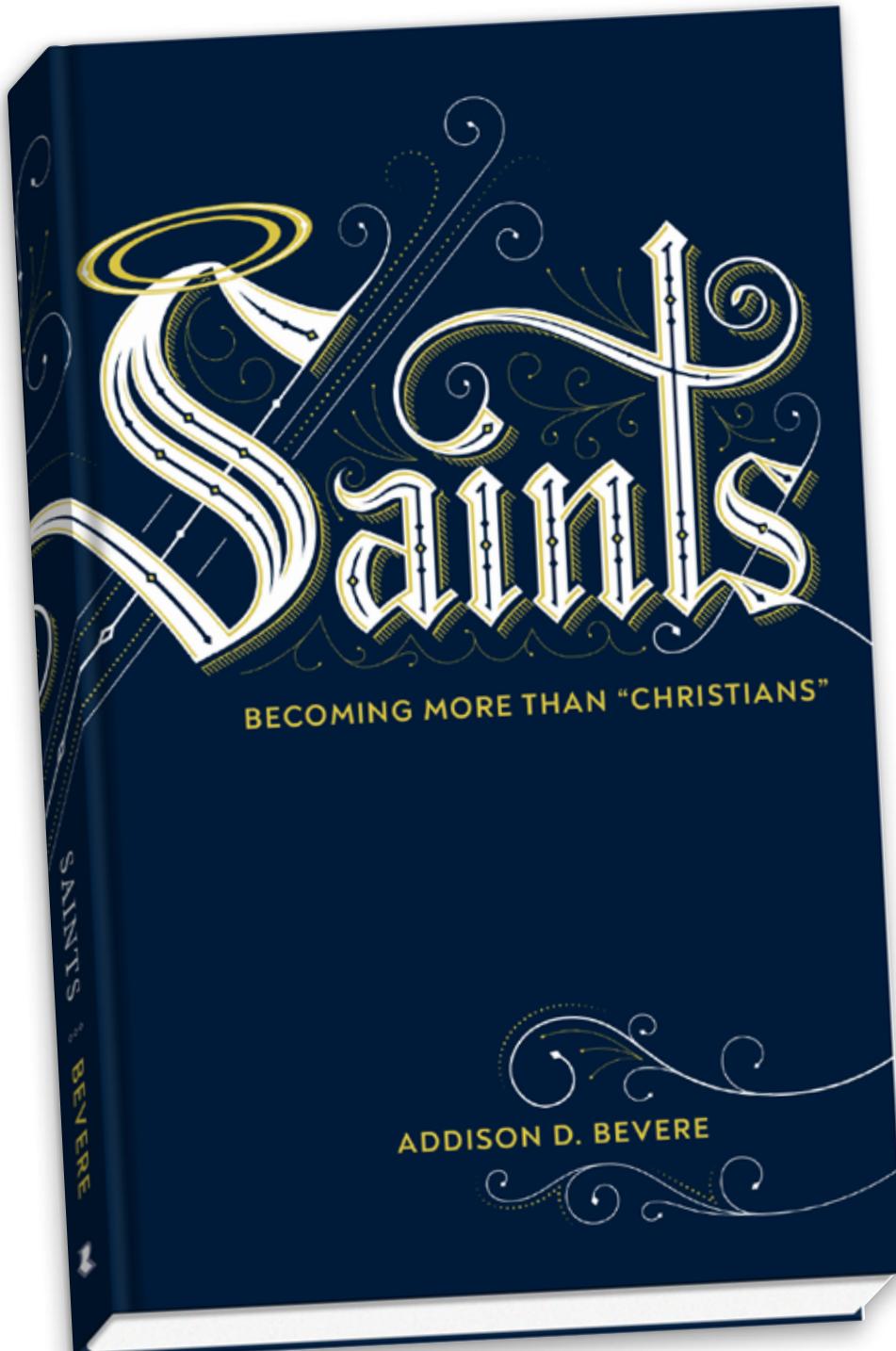
That's why the good life isn't *something* you find, it's *someone* you become.

And it starts here, now. This new life dignifies time, space, and matter, igniting them with purpose. God loves our material world. He calls it good. He celebrates our advances in medicine, science, engineering, teaching, etc. But there's more than what we can build with our hands. And in the discovery of this *more*, our True Self comes alive in hope, promise, and purpose.

In the arms of this new life, you will find the power and perspective to rise above the limitations of your present world and its ideas of goodness. By the power of God's eternal Spirit, you can become a Saint: someone whose life is marked by a hope and purpose that astound our world and point them to the One who is life.

But here's the thing. We will not find the good life until we leave our notions of goodness behind us. Paradoxically, once we reject our understanding of the good life, we will find ourselves overcome by life itself. As we yield to the magnitude of this new way of being, losing our smallness in God's largeness, we will become people who participate in the mystery of life.

We will become Saints.



Have You Ever Wondered If There's More to Being a Christian?

- Author is COO of Messenger International and oldest son of internationally bestselling authors John and Lisa Bevere
- Messenger International will promote through an email list of over 500,000, a social media reach of over 3 million, a podcast network with 6 million downloads, and other messaging outlets
- Messenger International's videos were viewed over 70 million times through different platforms in 2018
- Author's previous book co-authored with John Bevere (2013) has sold over 100,000 copies

Nearly one-third of our world identifies as Christian, yet it feels like confusion, hopelessness, and injustice are the prevailing narratives of our day. This begs the question, Are we missing something?

Surprisingly, the Bible only uses the word *Christian* a grand total of three times to describe followers of Jesus. But there's another identifier that fills the pages of the New Testament—a word we've mistakenly reserved for the halo-wearing elite, losing something profound in the process.

Saints

Wrapped in this ancient word is a divine invitation to discover who God created you to be and awaken to the life you were meant to know. Using Scripture and stories from his own experience, Addison makes a compelling case that the life you desire is found in the mystery of this sacred identity.

Our world is waiting for us to reject the smallness of watered-down religion and recover the awe and purpose of following Jesus. Take the dive and become a Saint.

Saints

Addison D. Bevere



VITAL INFORMATION

Available: January 21

\$19.99

978-0-8007-3700-9

casebound

5 x 8

272 pages

Case Quantity: 20

Category: RELIGION / Christian Living / Spiritual Growth

RELIGION / Christian Living / Inspirational

RELIGION / Christian Living / General

Rights: Worldwide

ABOUT THE AUTHOR

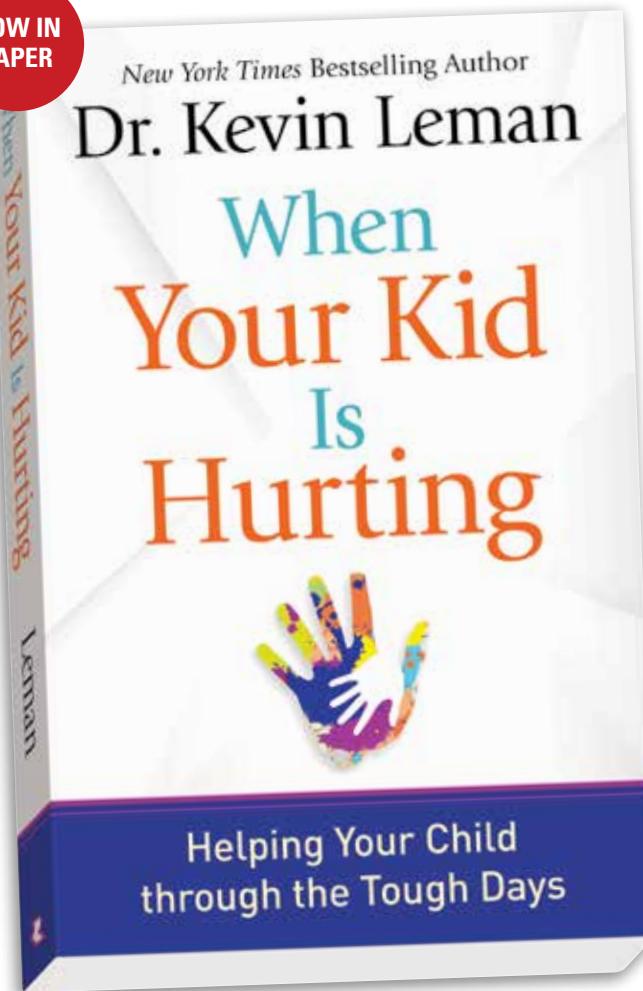
Addison D. Bevere's passion is exploring the beauty and wonder of the gospel. Husband to Julianna, father of four, and son of John and Lisa Bevere, Addison is the COO of Messenger International, an organization that impacts millions of people in almost every country through its various discipleship efforts. Addison is also a cofounder of SonsAndDaughters.tv and author of the RISE Covenant. He loves everything about books and spends most of his time in Colorado Springs, Colorado.



© Joel Yanke

Practical Advice to Help Your Child Cope with Serious Challenges and Anxieties

NOW IN
PAPER



- Dr. Leman is a *New York Times* bestselling author, psychologist, and parenting expert
- Leman's Revell books have sold more than 4.5 million copies
- Strong felt need for a book on how parents can help children handle their real-life issues, fears, hurts, stress, and grief
- Provides parents with practical tools and suggested conversation starters

As parents, we have a strong impulse to protect our children, but that very protection can end up handicapping them for life. Rather than seek to save them from the hard things, we must teach our kids how to cope with and rise above their problems. In one of his most important books to date, internationally known psychologist and bestselling author Dr. Kevin Leman shows parents how to

- be good listeners
- tell the truth, even when it's difficult
- find balance between being protective and being overprotective
- approach hurt and injustice as a learning experience rather than fostering a victim mentality
- and much more

Whether a child is dealing with a difficult family situation, bullies, the loss of friends, the death of a loved one, discrimination, abuse, a teen pregnancy, or even just trying to make sense of what they see in the news, this compassionate and practical book will help parents equip them to process, learn from, and rise above their situation.

When Your Kid Is Hurting

Dr. Kevin Leman



9 780800 729608

VITAL INFORMATION

Available: January 21

\$16.99

978-0-8007-2960-8

trade paper

5½ x 8½

288 pages

Case Quantity: 32

Category: FAMILY & RELATIONSHIPS / Parenting /

General

RELIGION / Christian Living / Family & Relationships

Rights: Worldwide

ABOUT THE AUTHOR

Dr. Kevin Leman is an internationally known psychologist, radio and television personality, and speaker. He has made house calls through hundreds of radio and television programs, such as *FOX & Friends*, *The View*, FOX's *The Morning Show*, *Today*, *Morning in America*, *The 700 Club*, CBS's *The Early Show*, Janet Parshall, CNN, and *Focus on the Family*, and has served as a contributing family psychologist to *Good Morning America*. A bestselling and award-winning author, Dr. Leman has written more than 50 books, including *The Birth Order Book* and *Have a New Kid by Friday*. Dr. Leman and his wife, Sande, live in Tucson, Arizona. They have five children and four grandchildren.



ALSO AVAILABLE

The Intimate Connection

978-0-8007-3494-7

Making Children Mind without Losing Yours, rev. ed.

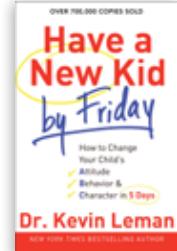
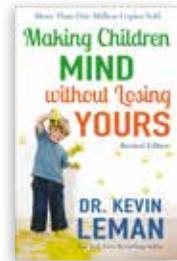
978-0-8007-2833-5

The Birth Order Book

978-0-8007-2384-2

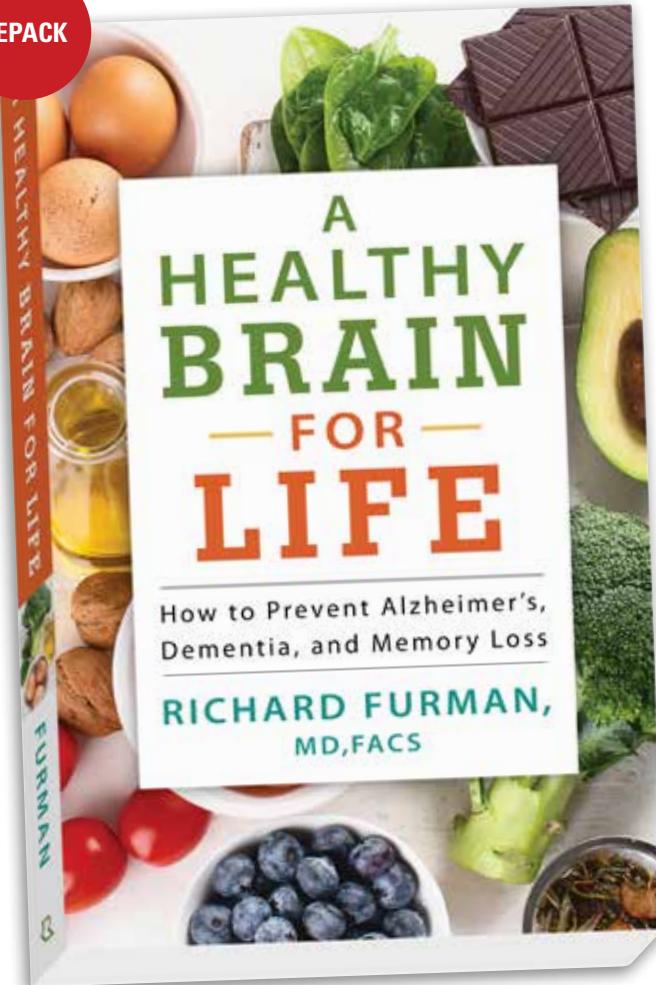
Have a New Kid by Friday

978-0-8007-3218-9



Medical Research Shows We Can Protect Our Brains from Aging and Dementia

REPACK



- Dr. Furman spent more than 30 years as a vascular surgeon treating the effects of artery disease
- The CDC estimates that up to 5.3 million Americans currently have Alzheimer's disease; by 2050, that number is expected to more than double
- Based on solid medical research, this book demonstrates how three lifestyle changes can protect our brains and dramatically reduce the likelihood of developing dementia

Many people claim they would rather be diagnosed with cancer than dementia or Alzheimer's. What they may not realize is that decreased or impaired brain function is not a foregone conclusion as we get older. Our own lifestyle choices and habits can have a significant impact—for good or ill—on our brains. And that means there's hope.

Drawing from the latest medical research, Dr. Richard Furman helps readers understand brain health and shows them how to make three powerful lifestyle changes that can help decrease the probability of developing dementia or Alzheimer's. He explains how eating the right foods, exercising, and sustaining an ideal weight can dramatically reduce the likelihood of developing brain disorders in the first place, and even how those habits can slow the progression of dementia in someone who has already received a diagnosis.

A Healthy Brain for Life

Richard Furman, MD, FACS



9 780800 735401

VITAL INFORMATION

Available: January 21

\$14.99

978-0-8007-3540-1

trade paper

5½ x 8½

304 pages

Case Quantity: 32

Category: HEALTH & FITNESS / Healthy Living

PSYCHOLOGY / Mental Health

SELF-HELP / Personal Growth / Memory Improvement

Rights: Worldwide

Previously published as *Defeating Dementia*

ABOUT THE AUTHOR

Richard Furman, MD, FACS, spent more than 30 years as a vascular surgeon. The author of *Prescription for Life*, *Take Charge of Your Cholesterol*, and *Winning Your Blood Sugar Battle*, Furman is past president of the North Carolina Chapter of the American College of Surgeons, past president of the North Carolina Surgical Society, and a two-term governor of the American College of Surgeons. He is cofounder of World Medical Mission, the medical arm of Samaritan's Purse, and is a member of the board of Samaritan's Purse. He lives in North Carolina.

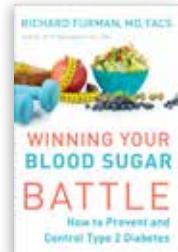


ALSO AVAILABLE

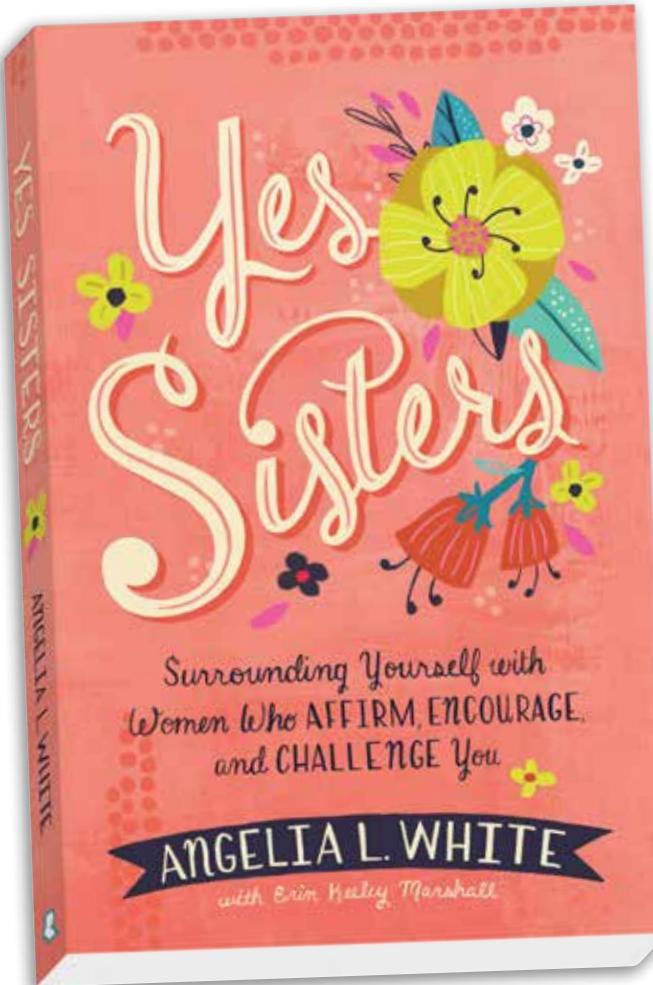
Winning Your Blood Sugar

Battle

978-0-8007-2806-9



Surround Yourself with a Community of Supportive Women



- Sidebars from prominent women, including Candace Cameron Bure, Holley Gerth, Liz Curtis Higgs, Suzanne Eller, and Tricia Goyer
- Book will be featured in *Hope for Women* magazine at launch, with a reach of over 200,000
- Author is creator and CEO of *Hope for Women* magazine

A single "no" from someone close to us can crush our dreams. *You can't... You'll never... You're kidding yourself...* In contrast, a single "yes" can sustain our dreams despite the setbacks we're sure to encounter. *Yes, you can! Yes, I'm here for you!*

With passion and contagious enthusiasm, Angelia White shows you how to surround yourself with Yes Sisters—women who will remind you that you are worthy, that God loves you completely, and that you can accomplish even your wildest dreams. Her engaging personal stories, as well as those from other prominent women, will show you how to

- find and cultivate Yes Sister relationships
- leverage their power
- and be a Yes Sister for someone else

She also helps you understand, forgive, and sometimes distance yourself from negative people who dampen your joy and strip you of your motivation.

You don't have to go it alone, and you don't have to drag the naysayers along behind you. Start finding your Yes Sisters today!

Yes Sisters

Angelia L. White with Erin Keeley Marshall



9 780800 735883

VITAL INFORMATION

Available: February 4

\$15.99

978-0-8007-3588-3

trade paper

5½ x 8½

208 pages

Case Quantity: 32

Category: RELIGION / Christian Living / Women's Interests

RELIGION / Christian Living / Personal Growth

Rights: Worldwide

ABOUT THE AUTHORS

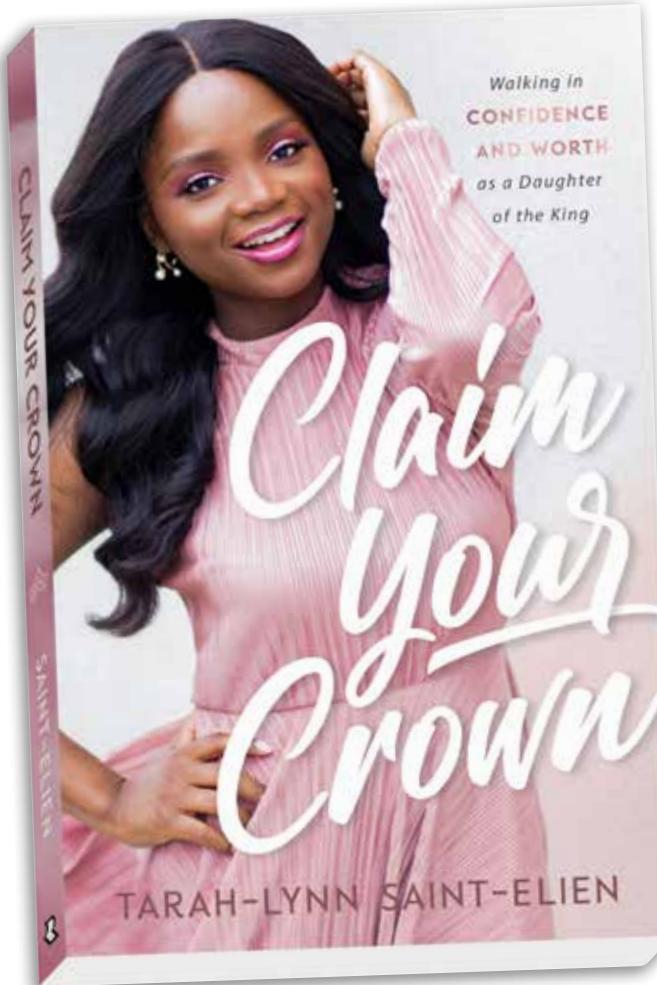
Angelia L. White is the creator of *Hope for Women* magazine, a quarterly publication with a reach of 200,000. A Ball State University Black Alumni Award of Achievement recipient, Angelia is a mother of three and the publisher, president, and CEO of HOPE for Women, headquartered in Muncie, Indiana. Rising from a background of discouragement, she spends her life encouraging other women to step into their full potential and share their inspiring stories.



© Rebecca Welch

Erin Keeley Marshall has 25 years of editorial and writing experience spanning fiction and nonfiction. She has published two novels and written hundreds of devotions, and she's been a contributing writer and cowriter of several other books. Erin lives in northwest Arkansas with her husband, Steve, and their kids, Paxton and Calianne.

Fashion Influencer Inspires Young Women to Find Their True Self-Worth in Jesus



- Founder of award-winning brand Adorned in Armor, which inspires young women to conquer life through faith and style
- Author was Miss Black New Jersey 2018 and is a regular writer for *Teen Vogue*
- *Adorned in Armor* was nominated for the best international fashion blog

Young women are deeply dissatisfied with society's standards (and double standards). They want more for themselves—but sometimes they don't quite know what that *more* should be. That's where Miss Black New Jersey 2018 and *Teen Vogue* "It Girl" turned fashion writer Tarah-Lynn Saint-Elien comes in.

Through her insightful comments on media, pop culture, and pervading cultural myths about beauty, fashion, and womanhood, Tarah-Lynn dismantles the messages that feed into the insecurities, fears, doubts, and guilt that young women experience today. She introduces them to an understanding of God as a loving Father and the King of all kings, who bestows upon his daughters a crown of love, worth, and power. And she shows them how to not only claim the promises of God but also walk purposefully in them as independent women (no prince necessary!) who respond to adversity with righteousness and authority.

Claim Your Crown

Tarah-Lynn Saint-Elien



9 780800 736958

VITAL INFORMATION

Available: February 4

\$15.99

978-0-8007-3695-8

trade paper

5½ x 8½

208 pages

Case Quantity: 32

Category: YOUNG ADULT NONFICTION / Religion / Christian / Inspirational

YOUNG ADULT NONFICTION / Girls & Women

YOUNG ADULT NONFICTION / Inspirational &

Personal Growth

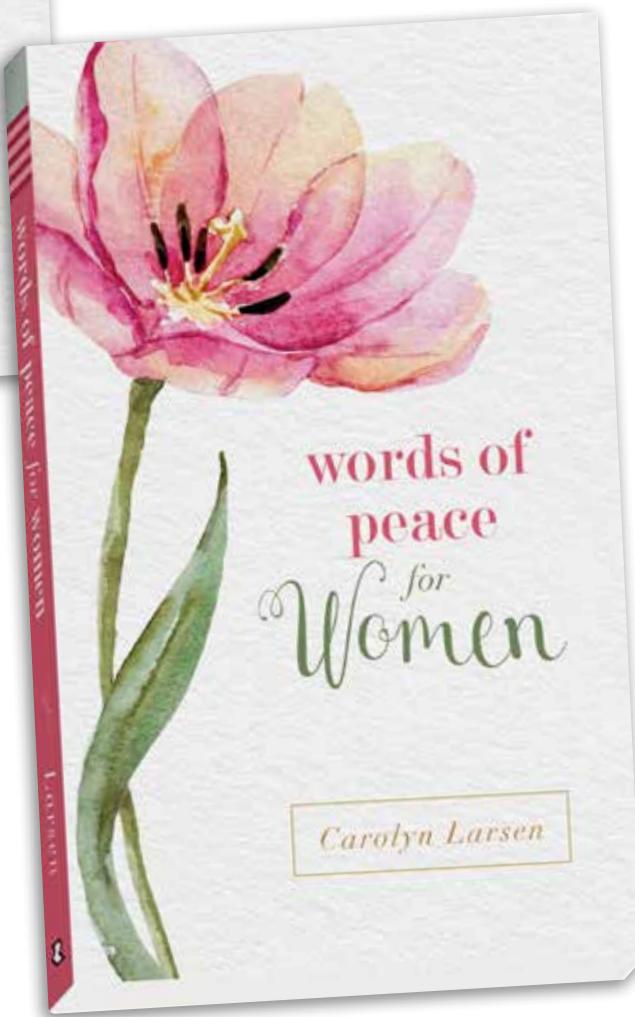
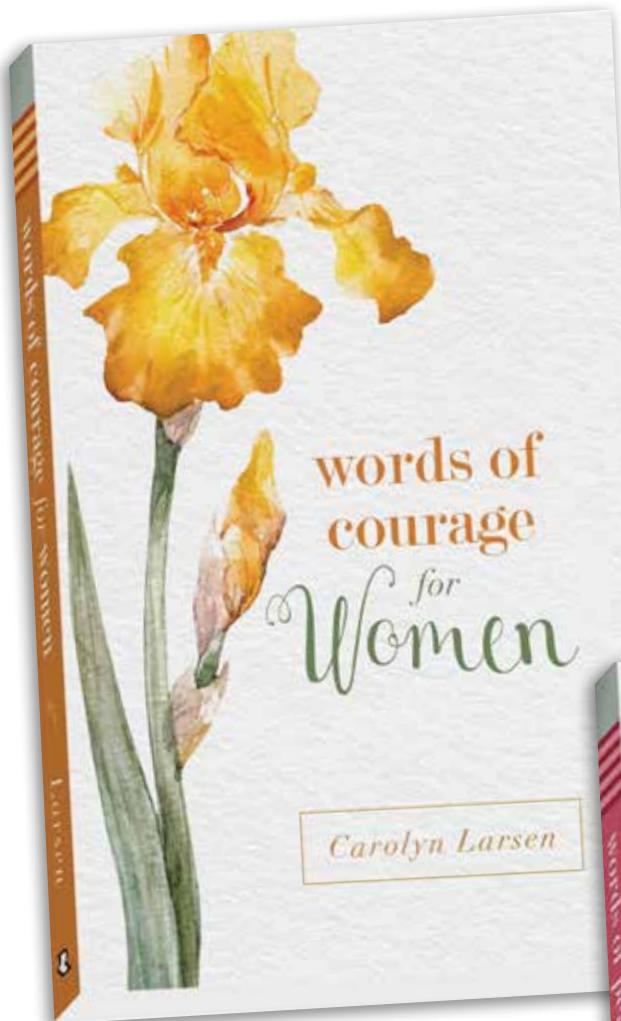
Rights: Worldwide

ABOUT THE AUTHOR

Tarah-Lynn Saint-Elien is passionate about encouraging and empowering young women to fully grasp their worth in Christ. Through her award-winning brand, Adorned in Armor, she inspires thousands of young women to conquer life through faith and style. By landing internships at *Elle* magazine and PBS, and by collaborating with brands such as Maybelline and Banana Republic, her work experience has catapulted her into becoming a *Teen Vogue* "It Girl" and a *Teen Vogue* fashion writer. Crowned Miss Black New Jersey in 2018, Tarah-Lynn graduated summa cum laude from Rider University and earned her master's degree from Syracuse University. She now hosts the *Dressed for Battle* podcast. You can also find Tarah styling, hosting events, and speaking at self-worth and branding workshops.



© Sergio Colon, Vanguard Photography



Find Courage and Peace through the Promises in God's Word

- Larsen is the author of more than 40 books, with over 1 million copies sold
- Author is a speaker who has taught and spoken extensively around the world
- Great gift for the women in your life

When we get out of bed in the morning, we don't know what the day ahead holds. It could be routine. It could be amazing. It could be devastating. No matter what each day holds, one of the biggest influences on the direction our days take is our own attitude. We can live in fear, worry, and anxiety, or we can choose to live with purpose, trusting God in every circumstance.

Compact and concise, Carolyn Larsen's *Words of Courage for Women* and *Words of Peace for Women* each offer you 90 inspiring devotional readings that will help you remember God's presence in your days and see your world from a positive perspective. These short, to-the-point readings illuminate God's promises and show you just how they apply to your everyday life. Beautifully designed, these devotionals are the perfect gift for a friend—and for yourself.

Words of Courage for Women

Words of Peace for Women

Carolyn Larsen



VITAL INFORMATION

Available: March 17

Words of Courage for Women
\$4.99

978-0-8007-3644-6

mass market

4 1/4 x 7

192 pages

Case Quantity: 60

Words of Peace for Women

\$4.99

978-0-8007-3645-3

mass market

4 1/4 x 7

192 pages

Case Quantity: 60

ABOUT THE AUTHOR

Carolyn Larsen is the best-selling author of more than 50 books for children and adults. She has been a conference speaker for women's events and classes around the world, bringing scriptural messages filled with humor and tenderness.



© Bennorth Images of St. Charles, IL

ALSO AVAILABLE

Words of Comfort for Women

978-0-8007-3643-9

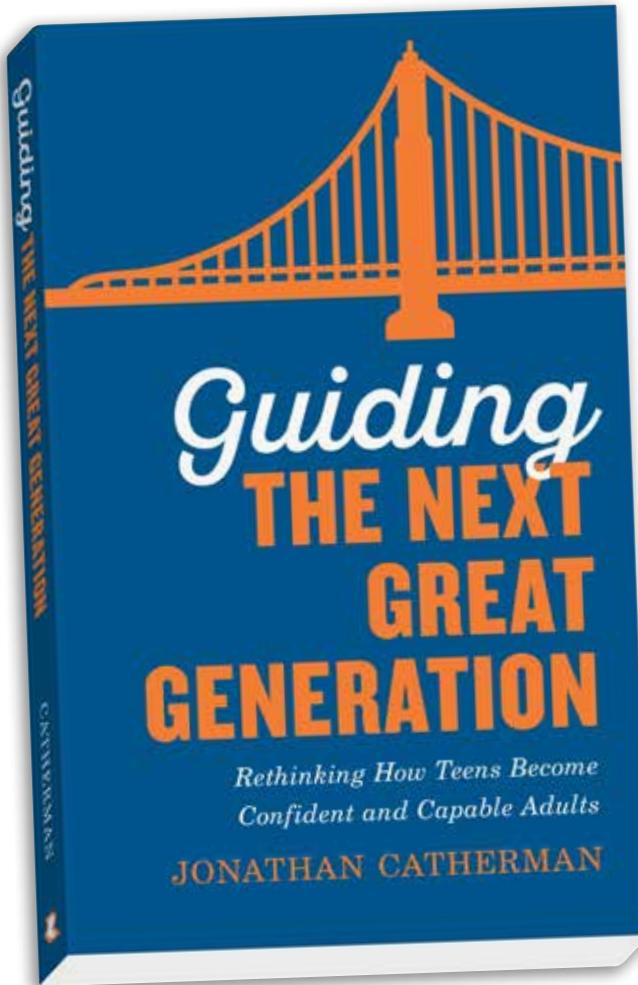
Words of Hope for Women

978-0-8007-3642-2



Category: RELIGION / Christian Living / Devotional
RELIGION / Christian Living / Spiritual Growth
RELIGION / Christian Living / Women's Interests
Rights: Worldwide

Youth Development Expert Helps Adults Understand and Build Up the Next Generation



- *The Manual to Manhood* has sold more than 225,000 copies
- *The Manual to Manhood* ranked #30 on the ECPA Top Sellers list for 2018
- Author is a regular speaker to youth and adult leadership audiences all over the United States and is the founder and director of the 1M Mentoring Foundation

t's cliché to say today's adults hope the best for the next generation, yet fear the worst. As the gap between generations widens and our shared experiences dwindle, adults find it increasingly difficult to connect with and remain relevant to today's young people. So the question is, what values can we pass on that will help them to become the next great generation? And how do we communicate those values effectively?

In this paradigm-shifting book, Jonathan Catherman shares with adults raised in the 1900s a fresh look at guiding 21st-century youth to become confident and capable adults. With relevant research and real-world examples, Catherman shows us the benefits of practicing and teaching four principles that will unite and empower us all:

- build bridges between generations
- transform raw talent into valued strengths
- practice stewardship before leadership
- live with purpose

Whether the emerging generation knows it or not, they need you. Their greatness tomorrow begins with your guidance today.

Guiding the Next Great Generation

Jonathan Catherman



VITAL INFORMATION

Available: March 17

\$16.99

978-0-8007-3657-6

trade paper

5 x 8

208 pages

Case Quantity: 32

Category: RELIGION / Christian Living / Family & Relationships

FAMILY & RELATIONSHIPS / Parenting / General

RELIGION / Christian Living / Social Issues

Rights: Worldwide

ABOUT THE AUTHOR

Jonathan Catherman is the author of the international bestselling book *The Manual to Manhood*. He coauthored the bestseller *The Manual to Middle School* with his sons, Reed and Cole, and *The Girls' Guide to Conquering Life* and *The Girls' Guide to Conquering Middle School* with his wife, Erica. An award-winning cultural strategist and leading education trainer specializing in the character and leadership development of youth, Jonathan speaks worldwide about the principles and strengths that empower greatness in children, teens, and young adults. Jonathan and his family live in North Carolina where they founded and direct the 1M Mentoring Foundation. Learn more at www.thecathermans.com.

ALSO AVAILABLE

The Manual to Manhood

978-0-8007-2229-6

The Manual to Middle School

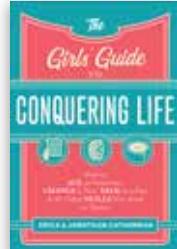
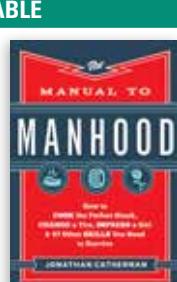
978-0-8007-2847-2

**The Girls' Guide to Conquering Life
(with Erica Catherman)**

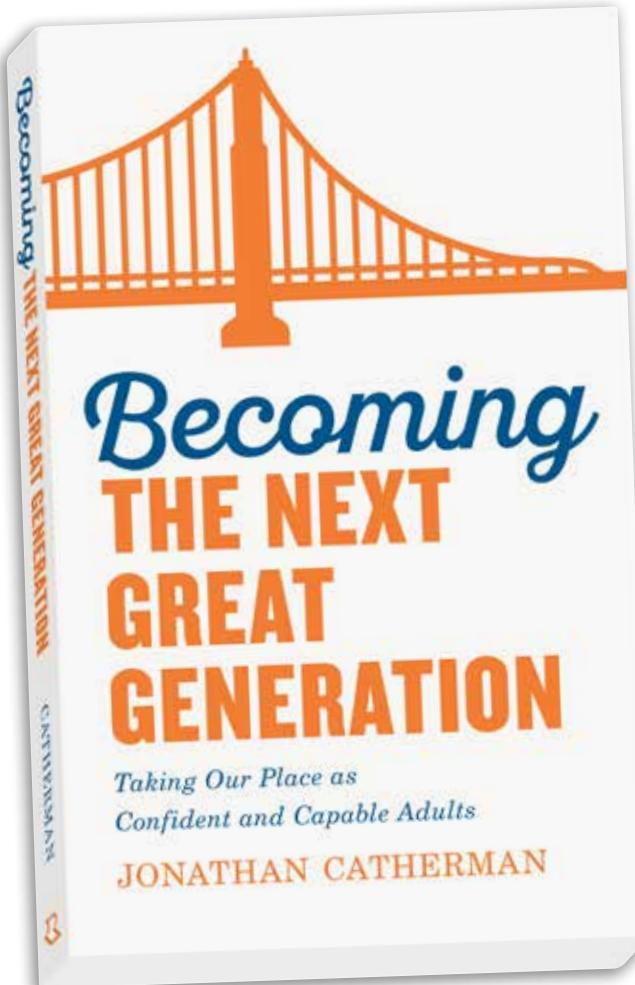
978-0-8007-2980-6

The Girls' Guide to Conquering Middle School (with Erica Catherman)

978-0-8007-2981-3



Life-Changing Principles Young Adults Need to Develop Their Strengths, Practice Stewardship, and Live with Purpose



- *The Manual to Manhood* has sold more than 225,000 copies
- *The Manual to Manhood* ranked #30 on the ECPA Top Sellers list for 2018
- Author is a regular speaker to youth and adult leadership audiences all over the United States and is the founder and director of the 1M Mentoring Foundation

Today's young people stand on the brink of unprecedented opportunity and influence. The problem is, many feel misunderstood and dismissed by older generations. Frustrated, they seek answers for how they can effectively influence change in the world when the gaps between generations grow wider and our shared experiences fewer. They want to make a difference, and they remain open to influence from adults who are willing to help them learn what they'll need to succeed.

With energy and unique expertise, Jonathan Catherman assures today's emerging generation that their influence will come—with practice. Through relevant examples and clear applications, he shows youth ages 14–17 how to build bridges between generations, practice stewardship before leadership, transform raw talents into valued strengths, and live with purpose. By doing so, they can make a difference, do even better than their parents, and become the next great generation.

Becoming the Next Great Generation

Jonathan Catherman



VITAL INFORMATION

Available: March 17

\$15.99

978-0-8007-3656-9

trade paper

5 x 8

208 pages

Case Quantity: 32

Category: YOUNG ADULT NONFICTION / Religion /

Christian / Family & Relationships

YOUNG ADULT NONFICTION / General

YOUNG ADULT NONFICTION / Social Topics / General

Rights: Worldwide

ABOUT THE AUTHOR

Jonathan Catherman is the author of the international bestselling book *The Manual to Manhood*. He coauthored the bestseller *The Manual to Middle School* with his sons, Reed and Cole, and *The Girls' Guide to Conquering Life* and *The Girls' Guide to Conquering Middle School* with his wife, Erica. An award-winning cultural strategist and leading education trainer specializing in the character and leadership development of youth, Jonathan speaks worldwide about the principles and strengths that empower greatness in children, teens, and young adults. Jonathan and his family live in North Carolina where they founded and direct the 1M Mentoring Foundation. Learn more at www.thecathermans.com.

ALSO AVAILABLE

The Manual to Manhood

978-0-8007-2229-6

The Manual to Middle School

978-0-8007-2847-2

The Girls' Guide to Conquering Life

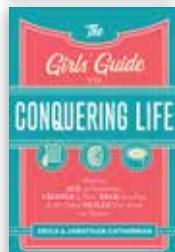
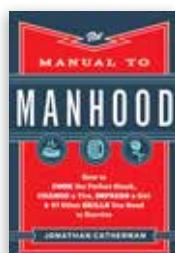
(with Erica Catherman)

978-0-8007-2980-6

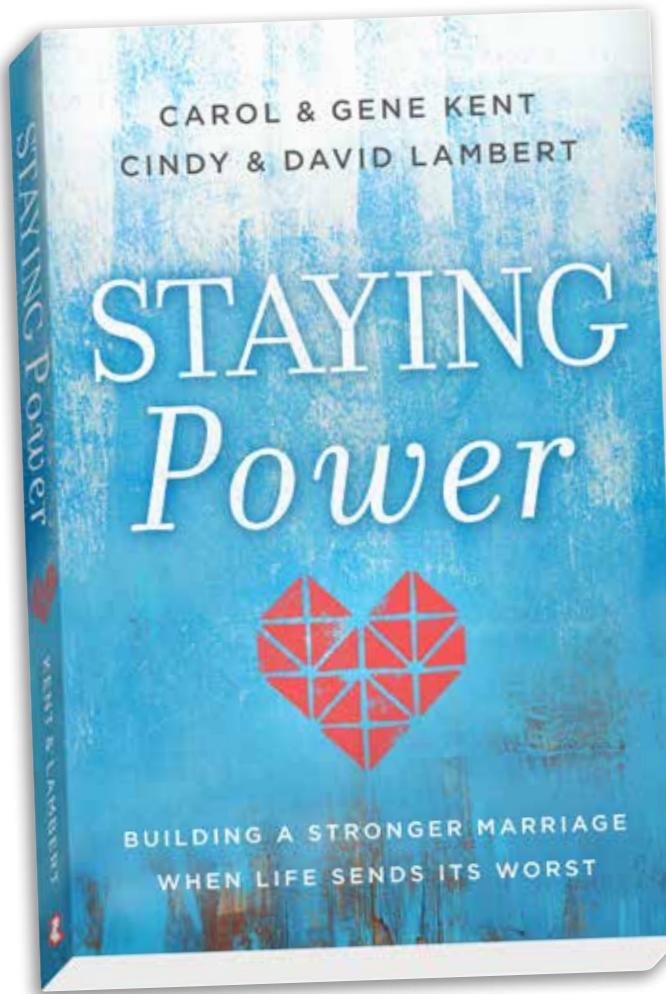
The Girls' Guide to Conquering Middle School (with

Erica Catherman)

978-0-8007-2981-3



Strengthen Your Marriage Even in the Midst of Crisis



- Carol Kent's previous books have sold more than 1 million copies
- Carol Kent is a full-time public speaker and keynotes at retreats and conferences
- Equips couples not only to survive life crises but to grow stronger through them

Too often, when a life crisis hits, a marriage suffers—even a healthy one—and all the personality profiles and couples' therapy in the world won't keep your marriage from experiencing the tough stuff. So how do you and your spouse face the stresses put on your marriage and not only stay together but come out on the other side even more loving and committed?

In *Staying Power*, two longtime couples offer insights, skills, and clear direction so that you can respond to trials in a way that strengthens rather than weakens your marriage. They show you how to

- handle anger creatively, forgive freely, and persevere together
- nurture one another in powerful ways
- learn new techniques for connecting both verbally and nonverbally in the midst of crisis
- and much more

Don't let financial trouble, infertility, health challenges, parenting cares, addiction of a loved one, or heartbreaking loss destroy your marriage. Instead, learn how through your strong relationship you can overcome all of life's curveballs—together.

Staying Power

Carol and Gene Kent and Cindy and David Lambert



9 780800 737054

VITAL INFORMATION

Available: March 31

\$16.99

978-0-8007-3705-4

trade paper

5½ x 8½

288 pages

Case Quantity: 32

Category: RELIGION / Christian Living / Love & Marriage

RELIGION / Christian Living / Relationships

FAMILY & RELATIONSHIPS / Marriage & Long-Term Relationships

Rights: Worldwide

ABOUT THE AUTHORS

Carol and Gene Kent are the founders of Speak Up Ministries, which includes Speak Up Speaker Services, a Christian speakers' bureau; Speak Up Conferences, equipping the next generation of speakers and writers; and Speak Up for Hope, a nonprofit organization that benefits inmates and their families. Carol has authored more than 20 books, and Gene serves as chief operating officer of their ministries. They are both fans of tracking down the best cup of coffee in every city they visit and their favorite activity is watching sunsets together.



© Malcolm Yawn

Cindy and David Lambert

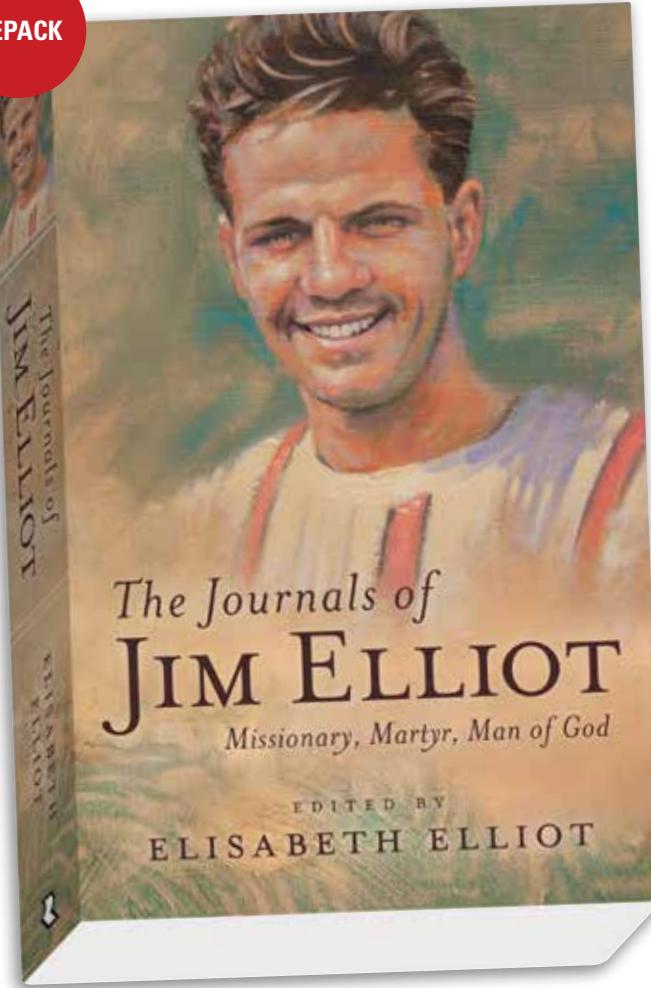
have been influencing the Christian publishing world for decades, both as editors and as authors, having authored more than 20 books between them. They have six children and nine grandchildren and love to launch their kayaks together from the dock in front of their log cabin in Michigan.



© Malcolm Yawn

The Personal Journals of Jim Elliot

REPACK



- Revell has sold nearly 2 million copies of Elisabeth Elliot's books
- Provides a look into Jim Elliot's journals that reveal his thoughts on faith and life as a missionary
- Elisabeth Elliot, widow of Jim, was a missionary, a best-selling author, and one of our great Christian thinkers

Jim Elliot was a missionary—and then a martyr at the hands of the Auca Indians to whom he was witnessing. At the age of 29, he left behind a young wife, a baby daughter, and an incredible legacy of faith.

Jim's volumes of personal journals, written over many years, reveal the inner struggles and victories that he experienced before his untimely death. In *The Journals of Jim Elliot*, you'll come to know this intelligent and articulate man who yearns to know God's plan for his life, details his fascinating missions work, and reveals his love for Elisabeth—first as a single man, then as a happily married one.

Edited by his widow, Jim's personal yet universal musings about faith, love, and work will show you how to apply the Bible to the situations you face every day. They will inspire you to lead a life of obedience, regardless of the cost, and delight you with an amazing story of courage and determination.

The Journals of Jim Elliot

Elisabeth Elliot, ed.



9 780800 729455

VITAL INFORMATION

Available: April 21

\$18.99

978-0-8007-2945-5

trade paper

5½ x 8½

480 pages

Case Quantity: 32

Category: RELIGION / Christian Living / Inspirational

RELIGION / Christian Ministry / Missions

BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs

Rights: Worldwide

ABOUT THE EDITOR

Elisabeth Elliot (1926–2015) was one of the most perceptive and popular Christian writers of the last century. The author of more than 20 books, including *Passion and Purity*, she offered guidance and encouragement to millions of readers worldwide.

ALSO AVAILABLE

Seeking God's Guidance

978-0-8007-2949-3

Joyful Surrender

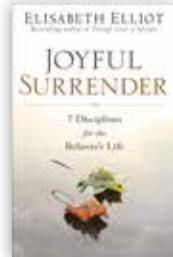
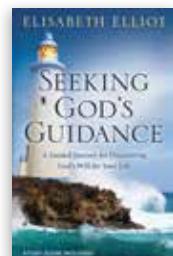
978-0-8007-2947-9

Made for the Journey

978-0-8007-2946-2

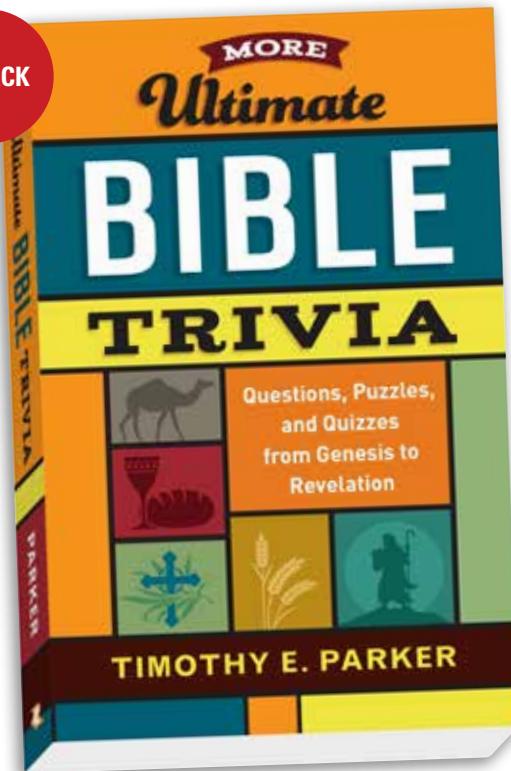
Guided by God's Promises

978-0-8007-2914-1



Fun Bible Trivia, Quizzes, Word Searches, and Crosswords

REPACK



Created by a Guinness World Records Puzzle Master, this trivia collection contains not only thousands of challenging questions but also these entertaining bonus materials:

- some of the most difficult Bible trivia questions of all time
- "Did You Know" facts
- Bible crosswords
- Bible word challenges

Designed to teach, challenge, enlighten, and entertain, this compendium of trivia guarantees hours of fun for all ages.

More Ultimate Bible Trivia

Timothy E. Parker



9 780800 736750

VITAL INFORMATION

Available: April 21

\$10.99

978-0-8007-3675-0

trade paper

5½ x 8½

240 pages

Case Quantity: 32

Category: REFERENCE / Trivia

GAMES & ACTIVITIES / Trivia

RELIGION / Biblical Reference /

General

Rights: Worldwide

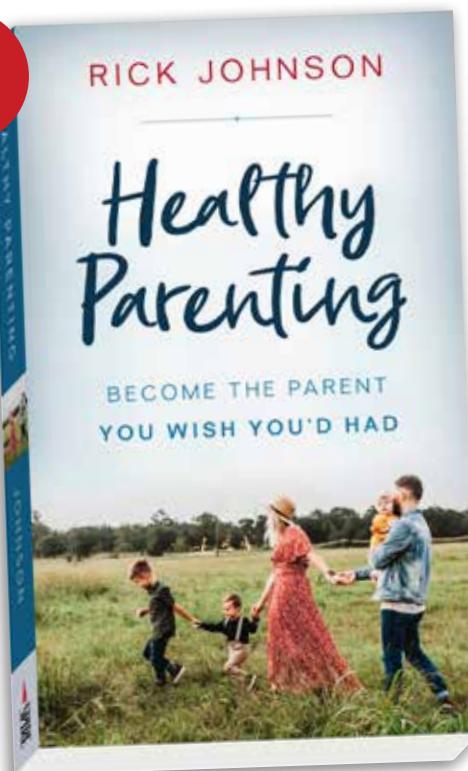
Content previously published in *The Official Bible Brilliant Trivia Book*

ABOUT THE AUTHOR

Timothy E. Parker is a Guinness World Records Puzzle Master, an ordained minister, and the editor of the Universal lines of puzzles. He is the author of more than 30 books. CNN calls his puzzles, "Smart games for smart people," and Parker has created custom games for companies such as Microsoft, Disney, Coca-Cola, Nike, Warner Bros., and Comcast.

You Can Be a Good Parent—Even if You Didn't Have One

MASS



Anyone can be a good parent, even if their own parents were abusive, neglectful, or absent. In this compassionate and practical book, Rick Johnson shows you how to identify the ways in which your past experiences affect your own parenting choices. Then he walks you through the process of healing the emotional and spiritual wounds toxic parenting has left behind. Finally, he outlines healthy habits and practices to take the place of negative ones that may have been modeled for you. With Rick as your sympathetic guide, you can break the cycle of abuse, neglect, or absenteeism and create a positive family environment now and for the future.

Healthy Parenting

Rick Johnson



VITAL INFORMATION

Available: January 21

\$6.99

978-0-8007-3755-9

mass market

4¼ x 7

224 pages

Case Quantity: 40

Category: RELIGION / Christian Living /

Family & Relationships

FAMILY & RELATIONSHIPS /

Parenting / General

FAMILY & RELATIONSHIPS /

Dysfunctional Families

Rights: Worldwide

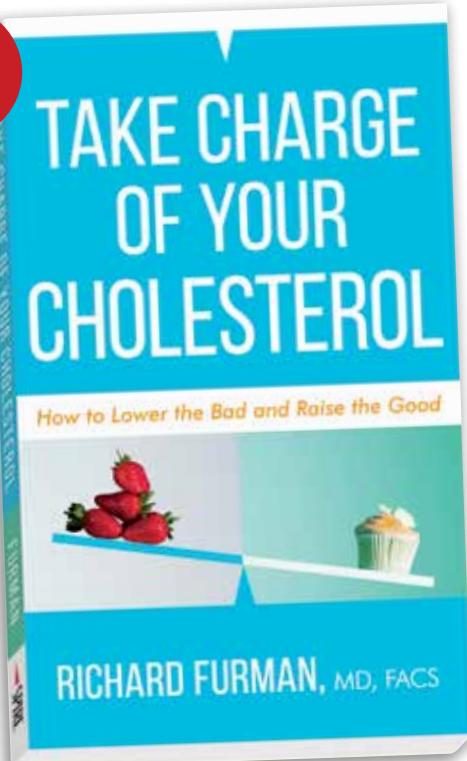
Previously published as *Overcoming Toxic Parenting*

ABOUT THE AUTHOR

Rick Johnson is the bestselling author of *That's My Son; That's My Teenage Son; That's My Girl; Better Dads, Stronger Sons; and Becoming Your Spouse's Better Half*. He is the founder of Better Dads and is a sought-after speaker at parenting and marriage conferences. Rick and his wife, Suzanne, live in Oregon. Learn more at www.betterdads.net.

Your Practical Guide to Better Health

MASS



Doctors increasingly prescribe "cholesterol lowering" drugs that patients will take every day for the rest of their lives. But a daily pill only addresses a small part of the cholesterol problem. In this book, Dr. Richard Furman shows you how to understand what your cholesterol numbers mean, how best to change levels of both the "lethal" LDL cholesterol and the "hero" HDL cholesterol, and how to adjust your lifestyle in order to stay off of expensive medications that don't address the whole problem (and often have negative health-impacting side effects). Ready to take charge of your cholesterol?

Take Charge of Your Cholesterol

Richard Furman, MD, FACS



VITAL INFORMATION

Available: February 18

\$5.99

978-0-8007-3754-2

mass market

4 1/4 x 7

176 pages

Case Quantity: 40

Category: HEALTH & FITNESS / Healthy Living

Rights: Worldwide

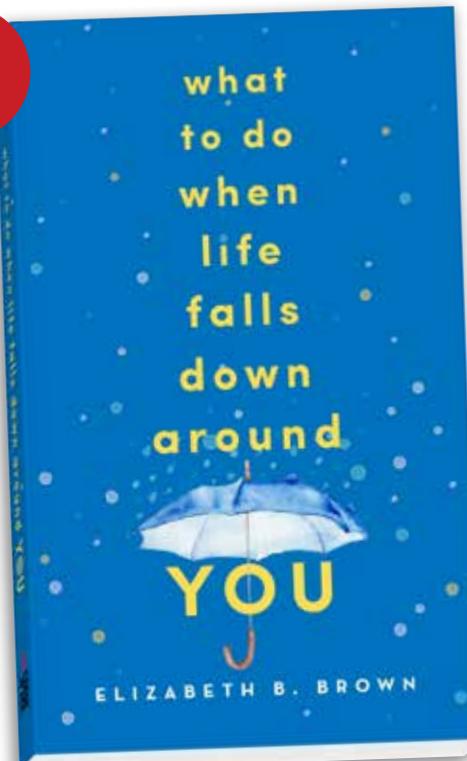
Previously published as
Your Cholesterol Matters

ABOUT THE AUTHOR

Richard Furman, MD, FACS, spent more than 30 years as a vascular surgeon. The author of *Prescription for Life*, *Winning Your Blood Sugar Battle*, and *A Healthy Brain for Life*, Furman is past president of the North Carolina Chapter of the American College of Surgeons, past president of the North Carolina Surgical Society, and a two-term governor of the American College of Surgeons. He is cofounder of World Medical Mission, the medical arm of Samaritan's Purse, and is a member of the board of Samaritan's Purse. He lives in North Carolina.

Practical Advice for Moving through Hard Times

MASS



In this practical and encouraging book, trusted author Elizabeth B. Brown shows you not only how to survive life's difficulties but how to move beyond them to a place of strength and confidence. Assuring you that you are not alone, Brown helps you face your situation with a sense of hope, find people you can trust to walk alongside you, and move through the most difficult times with strength. You were not made for a life defined by the chaos of crises. You were made to persevere through trouble and come out the other side—stronger.

What to Do When Life Falls Down Around You

Elizabeth B. Brown



VITAL INFORMATION

Available: April 21

\$6.99

978-0-8007-3753-5

mass market

4 1/4 x 7

256 pages

Case Quantity: 40

Category: RELIGION / Christian Living / Personal Growth

RELIGION / Christian Living / Inspirational

SELF-HELP / Personal Growth / General

Rights: Worldwide

Previously published as *Standing Up When Life Falls Down Around You*

ABOUT THE AUTHOR

Elizabeth B. Brown is a teacher, speaker, and professional counselor. The author of the popular *Living Successfully with Screwed-Up People*, *Working Successfully with Screwed-Up People*, and *Surviving the Loss of a Child*, Brown lives with her husband in Tennessee. Learn more at www.elizabethbbrown.com.