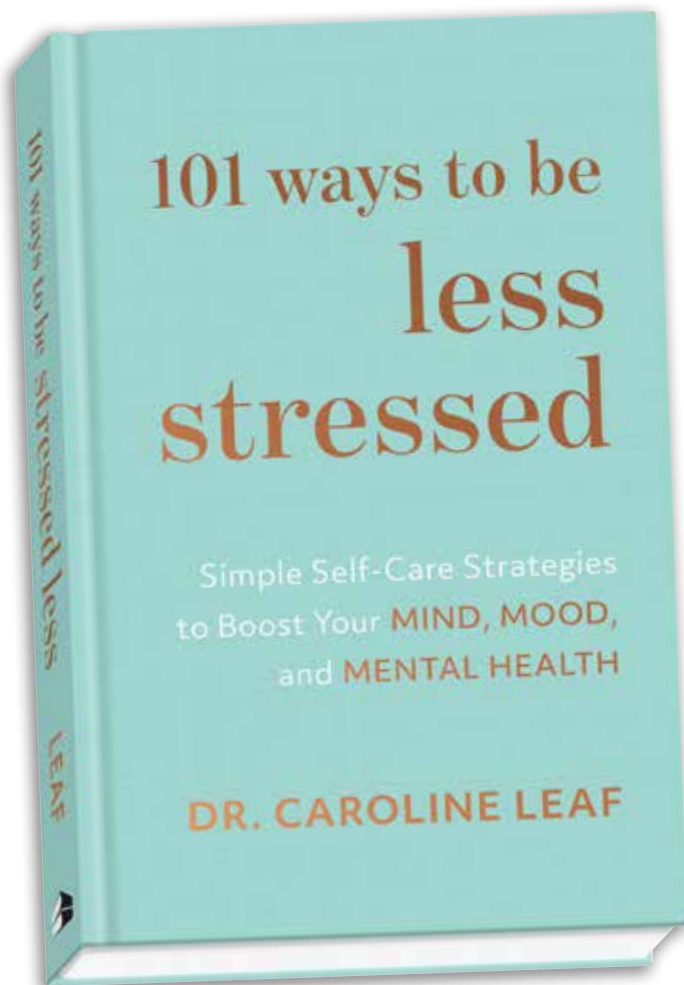




BakerBooks

A Simple “How-To” Guide for Improved Mental Health



- Author's books have sold more than 1.1 million copies
- Author's social media and email reach exceeds 1 million
- Author speaks nationally and internationally to crowds of over 150,000

Although many of us prioritize our physical health through exercise and healthy eating, we often forget to spend time boosting our mind, mood, and mental health. Yet the mind is the source of all our thoughts, words and actions; when our thinking is unhealthy, our lives will be unhealthy—even if we go to the gym seven times a week and eat kale every day.

It is so important that we focus on mental self-care and reducing daily stress, since mental toughness and resilience will get us through difficult times and help us achieve success in every area of our lives. Using the incredible power of our minds, we can persist and grow in response to life's challenges.

Let bestselling author and neuroscientist Dr. Caroline Leaf help you change your life by changing your mind with 101 simple ways to reduce stress. With simple strategies for mental self-care, we can change the way we think and how we live our lives.

101 Ways to Be Less Stressed

Dr. Caroline Leaf



VITAL INFORMATION

Available: December 1, 2020

\$14.99

978-1-5409-0093-7

casebound

4 x 6

160 pages

Case Quantity: 48

Category: RELIGION / Christian Living / General
HEALTH & FITNESS / Healthy Living
PSYCHOLOGY / Mental Health
Rights: Worldwide

ABOUT THE AUTHOR

Dr. Caroline Leaf is a communication pathologist and cognitive neuroscientist whose passion is to help people see the power of the mind to change the brain and find their purpose in life. She is the author of *Switch On Your Brain*, *Think and Eat Yourself Smart*, *The Perfect You*, and *Think, Learn, Succeed*, among many other books and journal articles, and her videos, podcasts, and TV episodes have reached millions globally. She currently teaches at various academic, medical, and neuroscience conferences, as well as in churches around the world. Dr. Leaf and her husband, Mac, live with their four children in Dallas and Los Angeles.



© Evelyn Murphy

ALSO AVAILABLE

Switch On Your Brain

978-0-8010-1839-8

**Switch On Your Brain
Workbook**

978-0-8010-7547-6

Think, Learn, Succeed

978-0-8010-9327-2

**Think, Learn, Succeed
Workbook**

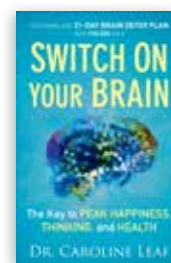
978-0-8010-9355-5

Think and Eat Yourself Smart

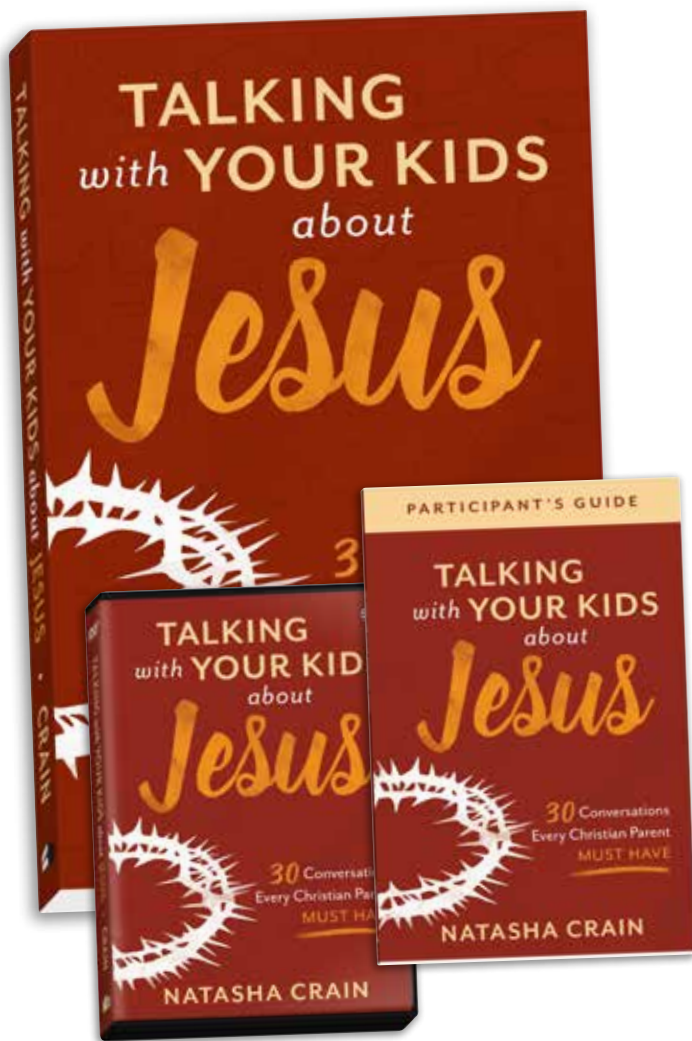
978-0-8010-7288-8

Think and Eat Yourself Smart Workbook

978-0-8010-9351-7



Easy to Understand Apologetics Curriculum for Parents



- Author has one of the most popular apologetics blogs today, with more than a quarter million unique visitors in the last 12 months
- Book has a foreword by Lee Strobel and is endorsed by John Fuller, Jeff Myers, J. Warner Wallace, Frank Turek, Mark Mittelberg, Pam Farrel, and Arlene Pellicane
- includes 6-session DVD, book, and discussion guide

You already know the world will challenge your child's faith in Jesus. But do you know specifically what those faith challenges are, how to effectively talk with your child about them, and what that means for you as a Christian parent on a day-to-day basis? If your answer is no, you're not alone. Many Christian parents feel the same.

But here's the good news: the *Talking with Your Kids about Jesus* curriculum will give you the confidence you need to have the conversations that matter most in today's skeptical world. In a friendly, parent-to-parent voice, Natasha Crain will walk you through essential topics on Jesus's identity, teachings, death, and resurrection. This kit is perfect for small groups, adult Sunday school, parent ministries, grandparents ministries, or Sunday school teacher/youth leader training.

Talking with Your Kids about Jesus DVD, Participant's Guide, and Curriculum Kit

Natasha Crain



9 781540 901019



9 781540 901002



9 781540 900999

VITAL INFORMATION

Available: February 16, 2020

DVD
\$24.99

978-1-5409-0099-9
6 sessions
Case Quantity: 30

Participant's Guide
\$9.99

978-1-5409-0100-2
trade paper
6 x 9
64 pages
Case Quantity: 96

Curriculum Kit
\$44.99
978-1-5409-0101-9
Case Quantity: 1

Category: RELIGION / Christian Living / Family & Relationships
FAMILY & RELATIONSHIPS / Parenting / General
RELIGION / Christian Theology / Apologetics
Rights: Worldwide

ABOUT THE AUTHOR

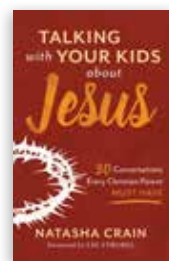
Natasha Crain is a national speaker, author, and blogger. In addition to *Talking with Your Kids about Jesus*, she has authored two other apologetics books for parents: *Keeping Your Kids on God's Side* and *Talking with Your Kids about God*. Natasha's articles have been featured in the Focus on the Family magazine and the *Christian Research Journal*, and she's been interviewed on radio shows nationwide. She has an MBA from UCLA and a certificate in Christian apologetics from Biola University. A former marketing executive and adjunct professor, Natasha lives in Southern California with her husband and three children. She writes at www.natashacrain.com.



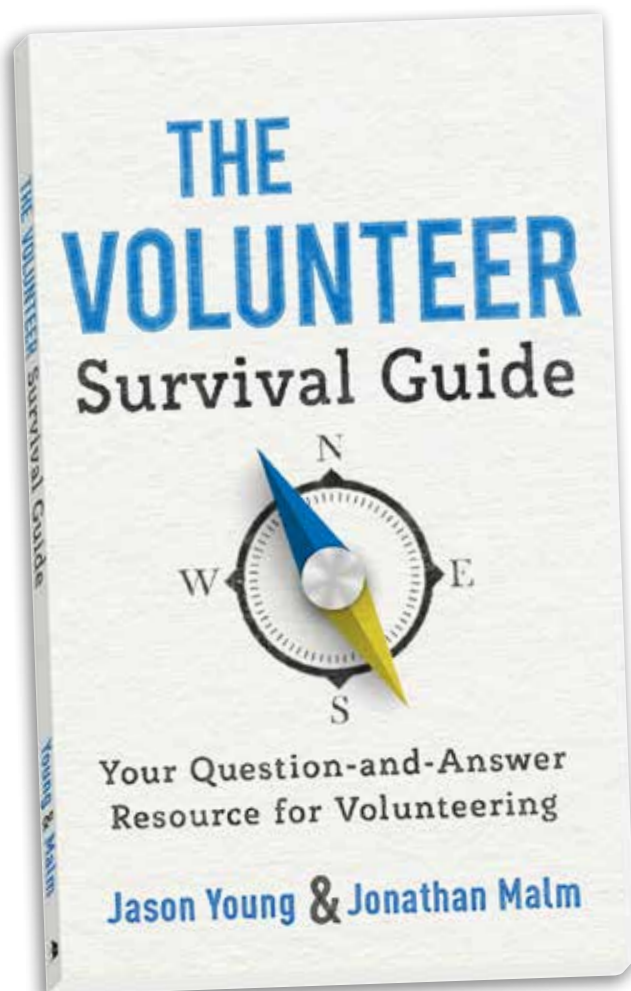
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ALSO AVAILABLE

Talking to Your Kids about Jesus
978-0-8010-7553-7
Talking to Your Kids about God
978-0-8010-7552-0



Resource and Ministry Tool for Volunteers



- Authors are speaking 3–5 each month
- This book offers practical tools for churches and ministry leaders written from a big-church and small-church perspective
- Young is the director of guest services at Buckhead Church and North Point Ministries; Malm is a business and church consultant

Capable and reliable volunteers don't just happen. One of the most important aspects of recruiting, training, and retaining good volunteers is being clear about expectations and being proactive when problems come up. *The Volunteer Survival Guide* is one of the best tools you can have at your disposal to do just that. A perfect companion to *The Volunteer Effect*, this resource is priced so that your church, ministry, or nonprofit organization can give a copy to everyone on your team to help you build excitement for volunteering, help navigate challenges that might come up, and encourage volunteers to become the leaders of tomorrow.

The Volunteer Survival Guide

Jason Young and Jonathan Malm



VITAL INFORMATION

Available: October 27, 2020

\$5.99

978-1-5409-0106-4

mass market

4¼ x 7

96 pages

Case Quantity: 80

Category: RELIGION / Christian Church / Growth
RELIGION / Christian Ministry / Pastoral Resources
RELIGION / Christian Living / Leadership & Mentoring
Rights: Worldwide

ABOUT THE AUTHORS

Jason Young is former director of guest experience at Buckhead Church and North Point Ministries. He now coaches churches and companies around the country and lives in Atlanta, Georgia.



©Morgan Kennedy

Jonathan Malm runs SundaySocial.tv and ChurchStageDesignIdeas.com, reaching more than 70,000 church leaders each month. He lives in San Antonio, Texas.



©Mario Rogers Photography

Jason and Jonathan are the coauthors of *The Come Back Effect* and *The Volunteer Effect*.

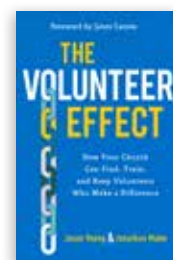
ALSO AVAILABLE

The Volunteer Effect

978-1-5409-0041-8

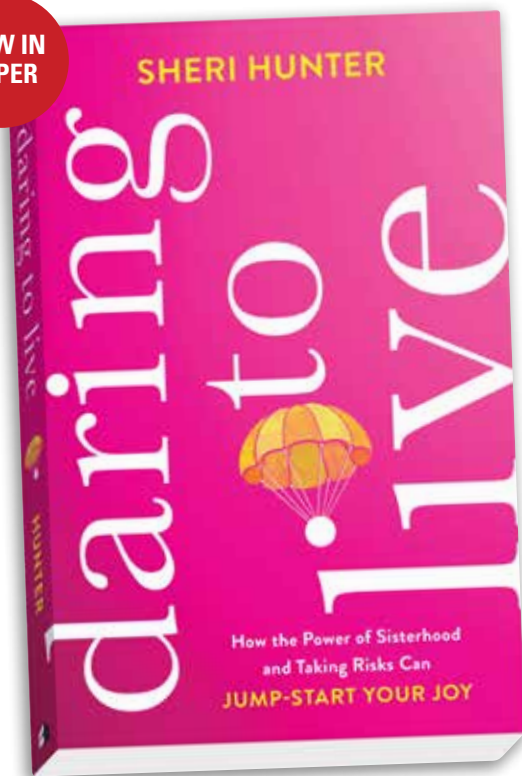
The Come Back Effect

978-0-8010-7578-0



Adventures in Friendship, Courage, and Stepping Out of Our Comfort Zones

NOW IN
PAPER



When her husband, Mannard, unexpectedly passed away at age fifty, Sheri Hunter was devastated. With her whole world falling down around her, she turned to her friends. Together they sought out daring adventures—zip-lining, skydiving, mountain climbing, and more. Through these death-defying activities and the unwavering support of her friends, Sheri slowly found the strength to move forward in life. Her empowering female travelogue pairs emotionally resonant, confessional storytelling with spiritual takeaways, challenging you to engage in your own life, surround yourself with friends who will support you, and face life's challenges with courage and faith.

Daring to Live

Sheri Hunter



9 781540 900968

VITAL INFORMATION

Available: January 5
\$16.99
978-1-5409-0096-8

trade paper
5½ x 8½
224 pages
Case Quantity: 32

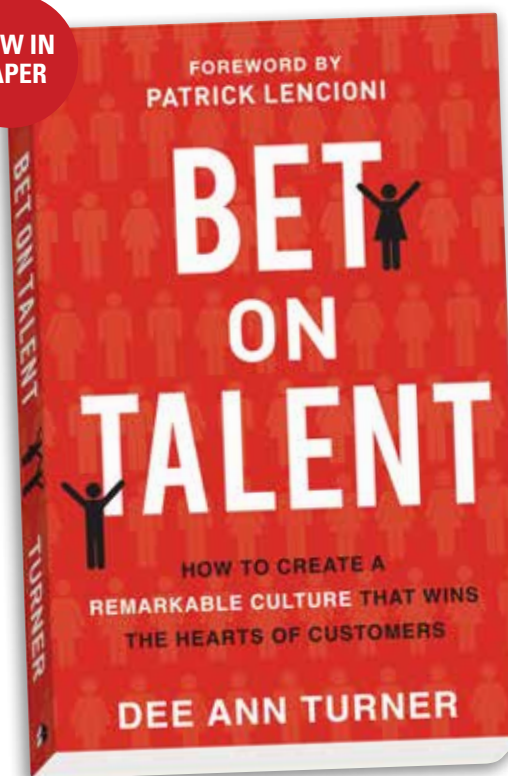
Category: RELIGION / Christian Living / Inspirational
RELIGION / Christian Living / Personal Growth
BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs
Rights: Worldwide

ABOUT THE AUTHOR

Sheri Hunter is a marketing professional who previously served as a producer for Detroit's national news affiliates, including CBS and NBC. She is a freelancer for several daily newspapers, including the *Oakland Press* and the *Morning Sun News*, and has been featured in *More* magazine and *National Geographic Traveler*. A popular keynote speaker, Sheri lives in Michigan.

Select and Develop Talent and Create a Winning Culture Customers Will Love

NOW IN
PAPER



When it comes to running a business, the most important decisions a leader makes are not about products or locations—they're about people. For more than 30 years, Dee Ann Turner has been recruiting, selecting, and retaining some of the best talent in the restaurant business. Now she shares her secrets on how to build, sustain, and grow an organizational culture that attracts extraordinary talent and consistently delights customers, regardless of your industry.

Bet on Talent

Dee Ann Turner



9 781540 900746

VITAL INFORMATION

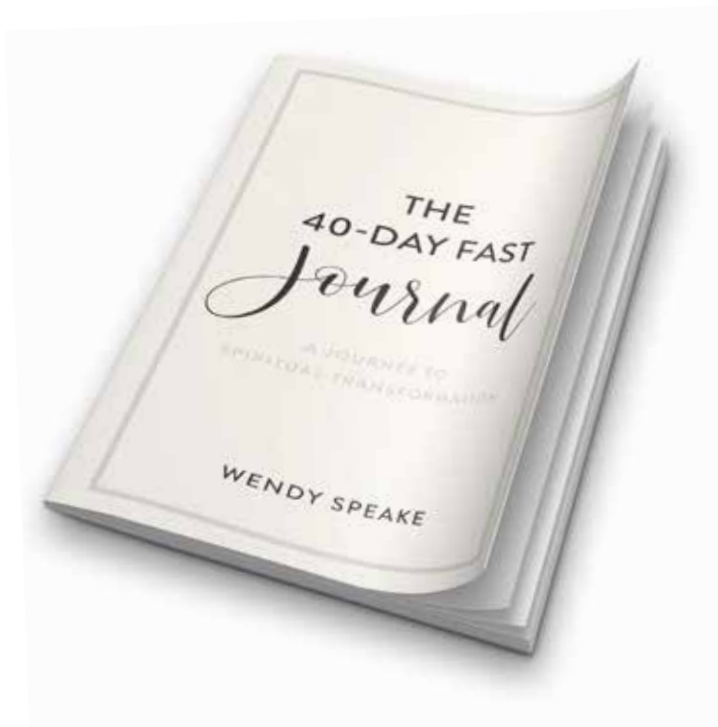
Available: January 19
\$17.99
978-1-5409-0074-6

trade paper
5½ x 8½
224 pages
Case Quantity: 32
Category: BUSINESS & ECONOMICS / Leadership
BUSINESS & ECONOMICS / Workplace Culture
BUSINESS & ECONOMICS / Human Resources & Personnel Management
Rights: Worldwide

ABOUT THE AUTHOR

Dee Ann Turner began her career at Chick-fil-A, Inc. more than 30 years ago. She has shared her expertise as a speaker at venues such as the Coca-Cola Company, Propel Leadership Conference with John Maxwell and Christine Caine, Right Now Media, and the US Air Force Academy's National Leadership and Character Symposium, among others. Turner lives in Atlanta, Georgia.

A Companion Guide for Any Fasting Journey



There's something special about the number 40, and there's something special about fasting. Put the two together and you have the opportunity to develop not only a physical hunger but a spiritual hunger! Whether you're fasting from sugar, social media, shopping, or something else, this resource will help you stay focused on the transforming work of Christ in your life through guided journaling.

The 40-Day Fast Journal

Wendy Speake



VITAL INFORMATION

Available: December 1, 2020
\$14.99
978-1-5409-0121-7

saddle-stitched
5½ x 8½
96 pages
Case Quantity: 72

Category: RELIGION / Christian Life / Spiritual Growth
SELF-HELP / Personal Growth / General
RELIGION / Christian Living / Personal Growth
Rights: Worldwide

ABOUT THE AUTHOR

Wendy Speake is the author of *The 40-Day Sugar Fast* and *The 40-Day Social Media Fast*, and is coauthor of *Triggers: Exchanging Parents' Angry Reactions for Gentle Biblical Responses*. Wendy hosts her annual online 40-Day Sugar Fast every January and her 40-Day Social Media Fast every Lent. She lives in Escondido, California. Learn more at www.wendyspeake.com.

Finding Hope for Life's Greatest Hurts



Bitterness is a destructive poison, yet we all struggle with it sometimes due to circumstances our sovereign God has allowed. In a world full of struggle, we must take care that difficult circumstances do not feed a bitter spirit within us. In this honest and hopeful book, pastor and counselor Stephen Viars shows you how to avoid the pitfalls of a bitter heart as you walk through our fallen world. When we learn to process bitterness biblically and effectively, we can move from life's greatest hurts to a life filled with joy.

Overcoming Bitterness

Stephen Viars



VITAL INFORMATION

Available: January 19
\$16.99
978-1-5409-0063-0

trade paper
5½ x 8½
240 pages
Case Quantity: 32

Category: RELIGION / Christian Living / Spiritual Growth
RELIGION / Christian Living / Personal Growth
RELIGION / Counseling
Rights: Worldwide

ABOUT THE AUTHOR

Stephen Viars has served as a pastor and biblical counselor at Faith Church and Faith Biblical Counseling Ministries in Lafayette, Indiana, since 1987. A frequent speaker at conferences, colleges, and seminaries, he also serves on the boards of the Association of Certified Biblical Counselors, the Biblical Counseling Coalition, Vision of Hope, and the Faith Community Development Corporation. The author of *Loving Your Community*, he and his wife, Kris, have three children and four grandchildren.

EXCERPT

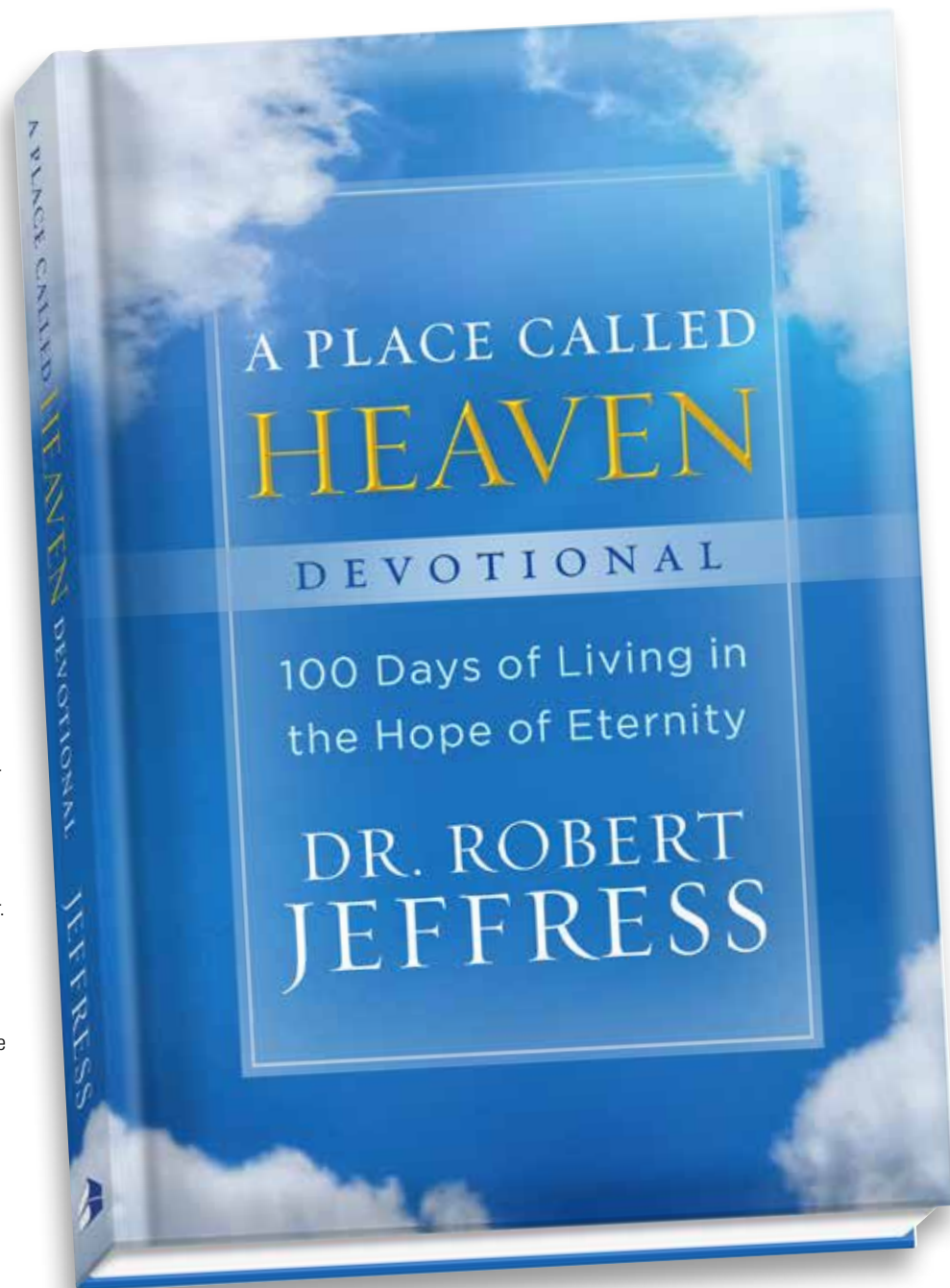
Very few Christians spend time consciously thinking about heaven. Perhaps you don't spend a lot of time reflecting on your eternal destination either.

Although many Christians are missing out on the hope that comes from reflecting on our heavenly home, I'm pretty sure I understand why. The overwhelming responsibilities of this life often eclipse our thinking about the next life. Not only that, but heaven seems remote. It seems irrelevant to those of us who are busy trying to rear a family, keep a job, or make a living here on earth. Why should we be concerned about heaven?

Though we do not think about heaven often, there are times in life when we long for a better place than earth. Sometimes we experience a disappointment—such as a betrayal by a close friend, an illness, the loss of a loved one, or the breakup of an important relationship—that makes us long for something better.

In his book *Disappointment with God*, Philip Yancey observed, "The Bible never belittles human disappointment . . . but it does add one key word: temporary. What we feel now, we will not always feel. Our disappointment is itself a sign, an aching, a hunger for something better. And faith is, in the end, a kind of homesickness—for a home we have never visited but have never once stopped longing for."

We all long for that home—that place called heaven.



Inspiring Readings to Bring Eternity to Mind Every Day

- Author's books have sold more than 1.3 million copies
- Dr. Jeffress is a Fox News contributor and has made more than 3,000 appearances on television and radio programs
- Dr. Jeffress's radio and TV programs, *Pathway to Victory*, reach 106 million US households and 195 countries

As Christians, we know someday we will leave our familiar country and be united with God in heaven. And yet many of us know very little about this place called heaven. In his bestselling book, *A Place Called Heaven*, Dr. Robert Jeffress opened the Scriptures to answer ten fascinating questions about heaven. Now he offers this devotional to help us think about heaven on a daily basis and put into practice the heavenly qualities of truth, honor, righteousness, purity, loveliness, character, excellence, and praise.

A Place Called Heaven Devotional includes 100 devotions to elevate your thinking from earthbound concerns to heavenbound comforts. Each devotional includes reflection questions and a closing prayer to assist you in seeking the things above. The beautiful packaging makes this a perfect gift for anyone who longs for biblical insight and a daily reminder of the hope of heaven.

A Place Called Heaven Devotional

Dr. Robert Jeffress



VITAL INFORMATION

Available: January 19

\$16.99

978-1-5409-0091-3

padded hardcover

5 x 7

240 pages

Case Quantity: 40

Category: RELIGION / Christian Living / Devotional
RELIGION / Christian Living / General
RELIGION / Inspirational
Rights: Worldwide

ABOUT THE AUTHOR

Dr. Robert Jeffress is senior pastor of the 14,000-member First Baptist Church, Dallas, Texas, and is a Fox News contributor. His daily radio program, *Pathway to Victory*, is heard on more than 930 stations nationwide, and his weekly television program is seen on thousands of cable systems and stations in the United States and in 195 countries around the world. Known for his bold, biblical stands on cultural issues, Jeffress has made more than 2,000 guest appearances on various radio and TV programs and regularly appears on major mainstream media outlets such as Fox News channel's *Fox & Friends*, *Hannity*, *Lou Dobbs Tonight*, *Varney and Co.*, and *Judge Jeanine*; ABC's *Good Morning America*; and



HBO's *Real Time with Bill Maher*. He is the author of more than 20 books, including *Not All Roads Lead to Heaven*, *A Place Called Heaven*, and *Choosing the Extraordinary Life*. He lives in Dallas.

ALSO AVAILABLE

A Place Called Heaven

978-0-8010-9367-8

A Place Called Heaven for Kids

978-0-8010-9428-6

Not All Roads Lead to Heaven

978-0-8010-7285-7

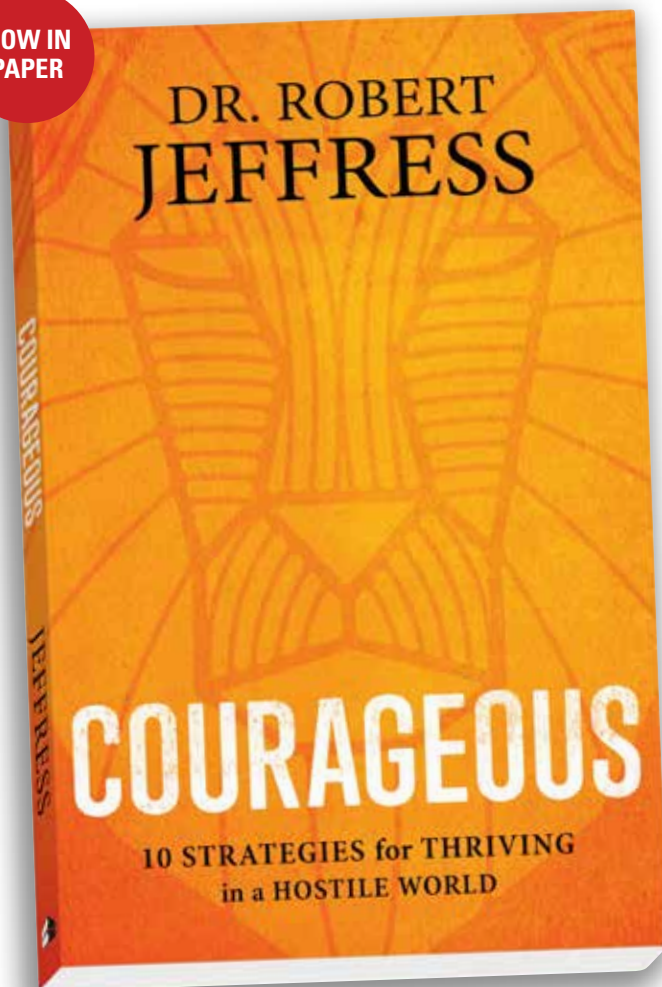
Choosing the Extraordinary Life

978-0-8010-9465-1



A Clarion Call for You to Boldly Live Out Your Faith

NOW IN
PAPER



- Author's books have sold more than 1.3 million copies
- Dr. Jeffress is a Fox News contributor and has made more than 3,000 appearances on television and radio programs
- Dr. Jeffress's radio and TV programs, *Pathway to Victory*, reach 106 million US households and 195 countries

Christians today face relentless attacks from an ungodly culture, a formidable spiritual adversary, and our own fallen natures. Yet we cannot afford to surrender to these very real enemies. Because if we do, we fail in our mission to share the hope of Christ with the world.

Just as survivalists use strategies to overcome threatening situations, *Courageous* explains ten biblical strategies for surviving—and thriving—in a world that is hostile to our faith.

If you've felt your faith is under attack, if you're struggling with the temptation to follow the crowd despite biblical teaching to the contrary, or if you're just feeling weary, the ten strategies in *Courageous* will provide fresh fire and new hope.

Courageous

Dr. Robert Jeffress



VITAL INFORMATION

Available: February 2
\$16.99
978-1-5409-0094-4

trade paper
5½ x 8½
272 pages
Case Quantity: 32

Category: RELIGION / Christian Living / Spiritual Growth
RELIGION / Christian Living / Personal Growth
Rights: Worldwide

ABOUT THE AUTHOR

Dr. Robert Jeffress is senior pastor of the 14,000-member First Baptist Church in Dallas, Texas, and is a Fox News contributor. His daily radio program, *Pathway to Victory*, is heard on more than 930 stations nationwide, and his weekly television program is seen on thousands of cable systems and stations in the United States and in 195 countries around the world. Known for his bold, biblical stands on cultural issues, Jeffress has made more than 2,000 guest appearances on various radio and TV programs and regularly appears on major mainstream media outlets such as Fox News channel's *Fox & Friends*, *Hannity*, *Lou Dobbs Tonight*, *Varney and Co.*,



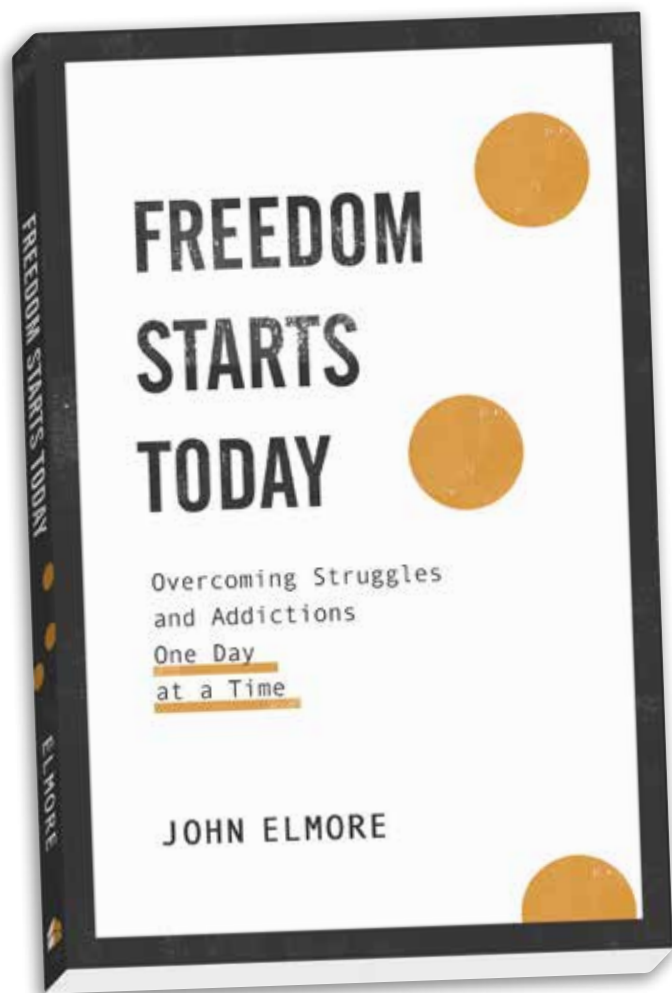
and *Judge Jeanine*. He has also appeared on ABC's *Good Morning America* and HBO's *Real Time with Bill Maher*. He is the author of more than 20 books, including *Not All Roads Lead to Heaven*, *A Place Called Heaven*, and *Choosing the Extraordinary Life*. He lives in Dallas, Texas.

ALSO AVAILABLE

A Place Called Heaven
978-0-8010-9367-8
A Place Called Heaven for Kids
978-0-8010-9428-6
Not All Roads Lead to Heaven
978-0-8010-7285-7
Choosing the Extraordinary Life
978-0-8010-9465-1



A Step-By-Step Journey to Recovery and Healing from Struggle and Addiction



- 1 in 7 in the US struggle with substance addiction, and 2 of 3 men and 1 of 6 women uses porn, yet few churches have programs addressing these common struggles
- 15-years-sober author leads the world's largest weekly recovery gathering, re:generation at Watermark.org
- Lays out the path to overcome struggles and addictions with 90 daily actionable entries

Every church is filled with people who are struggling—often secretly—with addictions of all kinds. Porn, pills, food, money, alcohol, social media, body image, status, sex, anxiety—the list goes on and on. John Elmore is no stranger to addiction. Fifteen years ago, he put a loaded shotgun to his head and later had three doctors tell him he was going to die of alcoholism. More than 15 sober years later, he leads the world's largest weekly recovery gathering, re:generation, where people journey toward healing in Christ.

In *Freedom Starts Today*, he makes a huge promise to the addicted: you *can* be free from your struggle, and much sooner than you may think. Through easily digestible readings grounded in Scripture and the practice of daily surrender, Elmore shows you how to break the cycle of addiction, make war against sin, and find your identity in who you are and not the shame of what you have done—one day at a time.

Leave behind struggles, addiction, and shame as you walk in the power of the Holy Spirit and in the love, mercy, and forgiveness of the God who is not only by your side but *on* your side.

Freedom Starts Today

John Elmore



VITAL INFORMATION

Available: January 19

\$16.99

978-1-5409-0062-3

trade paper

5½ x 8½

272 pages

Case Quantity: 32

Category: RELIGION / Christian Ministry / Counseling & Recovery

RELIGION / Christian Living / Personal Growth

SELF-HELP / Substance Abuse & Addictions / General

Rights: Worldwide

ABOUT THE AUTHOR

John Elmore is the director of re:generation, a Christ-centered, biblically based 12-step recovery program, and the South Dallas campus pastor of Watermark Community Church in Dallas, Texas. He holds a ThM in systematic theology from Dallas Theological Seminary and an MA in youth and family ministry from John Brown University, is a proud graduate of the Kanakuk Institute, and has started ministries in Haiti and Sudan. He lives with his wife and best friend, Laura, and their three children in Texas.



© Mo Sadjadpour

Learn Your Worth. Walk in Its Truth.



- Author and her clothing brand, *So Worth Loving*, have a social media following of over 100,000
- Author is a frequent speaker who has addressed audiences such as Orange Conference, Chick-fil-A, and Auburn University
- Helps readers look in, look out, and look up, exploring their relationship with themselves, others, and God

To be human means to try and sometimes fail, to love and sometimes lose, to risk and sometimes regret. There are times when we realize where our choices have brought us and we're afraid to be honest—with ourselves, with others, with God—about how we're really feeling and how we got to where we are. Because what if no one understands? What if they think less of us? What if God is disappointed with us?

Eryn Eddy wants you to know that no matter your past mistakes, relationship status, career choice, or feelings, nothing can change the truth that you are *so worth loving*. In this openhearted book, she takes you by the hand and helps you look in, look out, and look up, exploring your relationship with yourself, others, and God. She gives you permission to feel deeply and openly before God, who isn't afraid of our feelings, no matter what they are. And she lovingly reminds you that you are not crazy, you are not alone, and you *will* get through this.

So Worth Loving

Eryn Eddy



VITAL INFORMATION

Available: January 19

\$16.99

978-1-5409-0058-6

trade paper

5½ x 8½

192 pages

Case Quantity: 36

Category: RELIGION / Christian Living / Inspirational

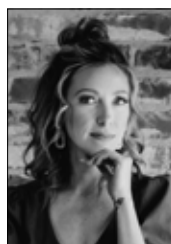
RELIGION / Christian Living / Women's Interests

RELIGION / Christian Living / Spiritual Growth

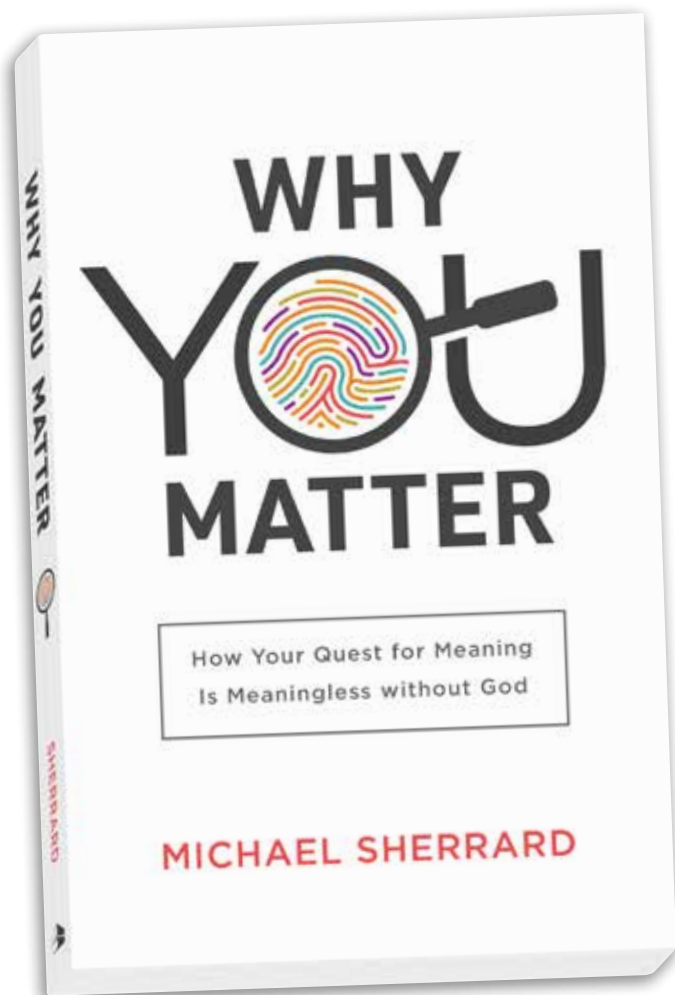
Rights: Worldwide

ABOUT THE AUTHOR

Eryn Eddy is a social entrepreneur, a writer, a speaker, and a creative director. The founder of the lifestyle clothing brand *So Worth Loving*, Eryn and her work have been featured on CNN and MSNBC and in *Mashable*, *The Oprah Magazine*, *Jezebel*, *Southern Living*, and *Atlanta Magazine*. A frequent guest on podcasts and speaker at conferences and at corporate headquarters, Eryn speaks and writes about personal struggles, community, empathy, entrepreneurship, the power of honest conversations, and the impact of self-doubt. She lives just outside of Atlanta, Georgia.



Live Like You Mean It



- Book will be promoted through Summit Ministries, which has an online reach of 250,000 and an email list of 190,000
- Summit Ministries' curriculum is used in over 1,000 Christian schools
- Demonstrates how issues like identity, ethics, and even vocation have meaning only when we embrace the existence of God

What makes life meaningful? More to the point, what makes *our* life meaningful? Without a good answer to that question, we can expend much energy and experience much anxiety as we attempt to live lives of significance, only to find that in the end we missed the point entirely and along the way were deeply dissatisfied. But there is hope.

In *Why You Matter*, Michael Sherrard shows that life is only meaningful if God exists. He then shows how that fundamental fact provides clarity for some of the most important questions of our lives, including

- Who am I?
- How should I treat others?
- What should I do with my life?
- How do I make sense of suffering?

If you have struggled with a sense of self-worth and direction in your life, or if you have a friend, colleague, or family member who is searching for meaning in a world of suffering, chaos, and uncertainty, *Why You Matter* will give you confidence that your life matters—but maybe not for the reasons you think.

Why You Matter

PERSPECTIVES: A SUMMIT MINISTRIES SERIES

Michael Sherrard



VITAL INFORMATION

Available: February 2

\$16.99

978-1-5409-0036-4

trade paper

5½ x 8½

256 pages

Case Quantity: 32

Category: RELIGION / Christian Living / Spiritual Growth

RELIGION / Christian Living / Personal Growth

RELIGION / Christian Living / General

Rights: Worldwide

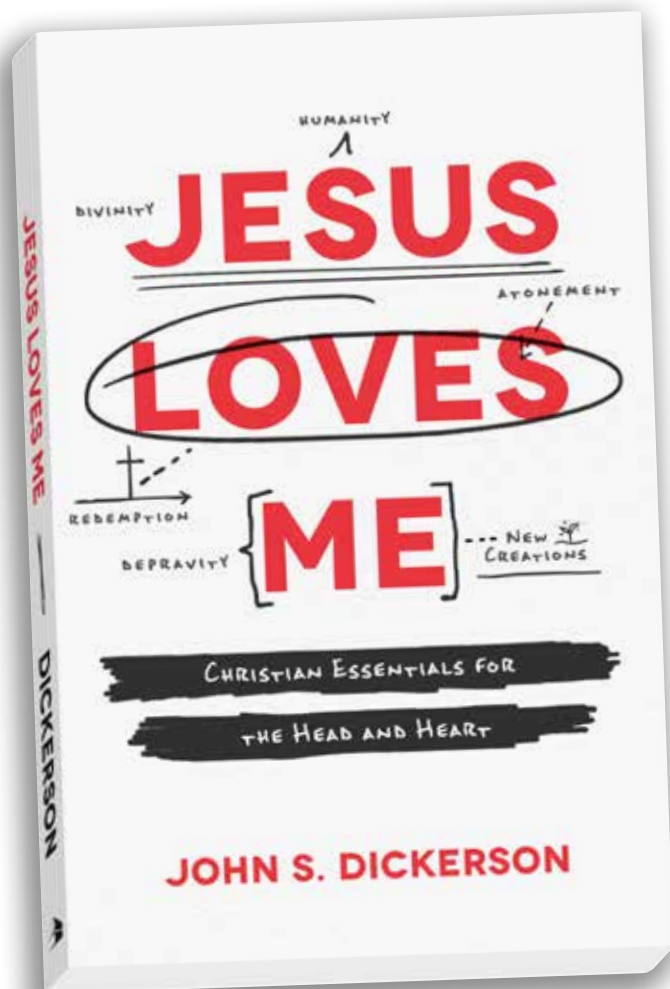
ABOUT THE AUTHOR

Michael Sherrard (MDiv, Luther Rice College and Seminary) is lead pastor at Crosspoint Community Church, speaker for the Life Training Institute, and faculty member at Summit Ministries. He speaks at churches, camps, and conferences, including the National Conference for Christian Apologetics, Summit Ministries, and the Clarkson Academy in Great Britain. He has also appeared on numerous television and radio programs, such as *Fox & Friends* and *Moody Radio*. Author of *Relational Apologetics* and contributing author to the *Revised Student's Apologetics Study Bible*, Sherrard writes regularly on cultural, theological, and worldview issues in publications such as the *Christian Research Journal* and *The Stream*. He lives in Peachtree City, Georgia, with his wife, Terri Anna, and their five children.



© Mark and Emily Westlund

Have We Prepared the Next Generation to Hold to the Truth?



- Frequent contributor to *USA Today*, the *New York Times*, and The Gospel Coalition
- Author is the recipient of Journalist of the Year and Livingston Awards
- Presents a new generation's primer on orthodox Christian beliefs, written by a millennial with cultural fluency

If you asked a millennial or younger person in your church, "What do I need to believe to be a Christian?" what would they say?

At a time when "truth" is up for grabs, a journalist-turned-pastor wants to help believers understand what they believe. How? By using the simple lyrics "Jesus loves me, this I know, for the Bible tells me so."

In this winsome book, bestselling author John S. Dickerson clearly and faithfully explains essential Christian beliefs, using simple stories that have resonated with his congregation of thousands. He guides readers into these basic beliefs, and most importantly, he illustrates *why these beliefs matter*.

The result is an easy-to-read primer, designed for a time when Christianity is questioned and challenged. It is a great study for young adults, new believers, and long-time believers who want to reclaim the essentials.

For anyone who wants their small group, church, or loved ones to embrace the authority of Scripture and the nonnegotiable doctrines of Christianity.

Jesus Loves Me

John S. Dickerson



VITAL INFORMATION

Available: February 2
\$17.99
978-0-8010-7809-5

trade paper
5½ x 8½
272 pages
Case Quantity: 32

Category: RELIGION / Christian Living / Spiritual Growth
RELIGION / Christian Living / Personal Growth
RELIGION / Christian Living / General
Rights: Worldwide

ABOUT THE AUTHOR

John S. Dickerson is a seminary-trained pastor and bestselling author. A millennial with biblical convictions, he strives to communicate the unchanging truth of Scripture to a new generation. He is the lead pastor of Connection Pointe Christian Church in Indiana, is a recognized voice in American Christianity, and has spoken at some of the most influential churches and seminaries in the country. His writing has appeared in the *New York Times* and *USA Today*, among others. Learn more at JohnSDickerson.com.



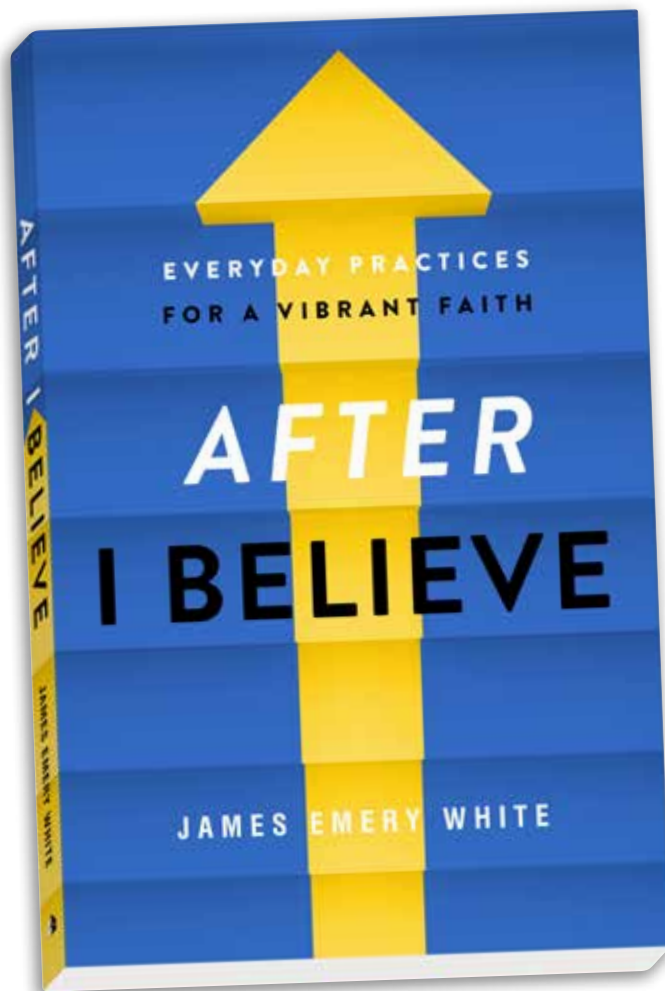
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ALSO AVAILABLE

Jesus Skeptic
978-0-8010-7808-8



The Basics of Being a Believer



- Author is the senior pastor of Mecklenburg Community Church, a multicampus church that has more than 10,000 active attenders
- Author speaks frequently at statewide, national, and international conferences across denominational lines
- Helps any believer ensure that the foundations of life with Christ are not only known but also experienced

Pastor and author James Emery White leads his church and his life with a singular mission: to turn spiritual explorers into fully devoted followers of Christ. The obvious first step in this process is for someone to cross the line of faith—to say, “I believe.” That was the heart behind his book *Christianity for People Who Aren’t Christians*. But what comes after “I believe” is equally important, and it’s the way someone truly becomes a *fully devoted* follower of Christ. This manual for discipleship takes new Christians through the basics of growing in the faith and connecting with the church, including

- prioritizing Bible study
- developing a regular prayer life
- spending quiet time with God
- plugging into the life of a local church
- experiencing God in worship
- finding ways to serve others
- being faithful with finances
- and more

A perfect resource for pastors and ministry leaders to offer to the new believers in their midst, *After “I Believe”* is a solid foundation for anyone seeking to build a vibrant Christian life.

After “I Believe”

James Emery White



VITAL INFORMATION

Available: January 16
\$16.99
978-0-8010-9460-6

trade paper
5½ x 8½
256 pages
Case Quantity: 32

Category: RELIGION / Christian Living / Spiritual Growth
RELIGION / Christian Living / General
Rights: Worldwide

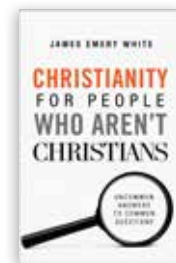
ABOUT THE AUTHOR

James Emery White, PhD, is the founding and senior pastor of Mecklenburg Community Church, a suburban megachurch in Charlotte, North Carolina, often cited as one of the fastest-growing church starts in the United States. Former president of Gordon-Conwell Theological Seminary, White is the author of several books, including *The Rise of the Nones*, *Meet Generation Z*, *Rethinking the Church*, *The Church in an Age of Crisis*, and *Christianity for People Who Aren’t Christians*. He lives in North Carolina.

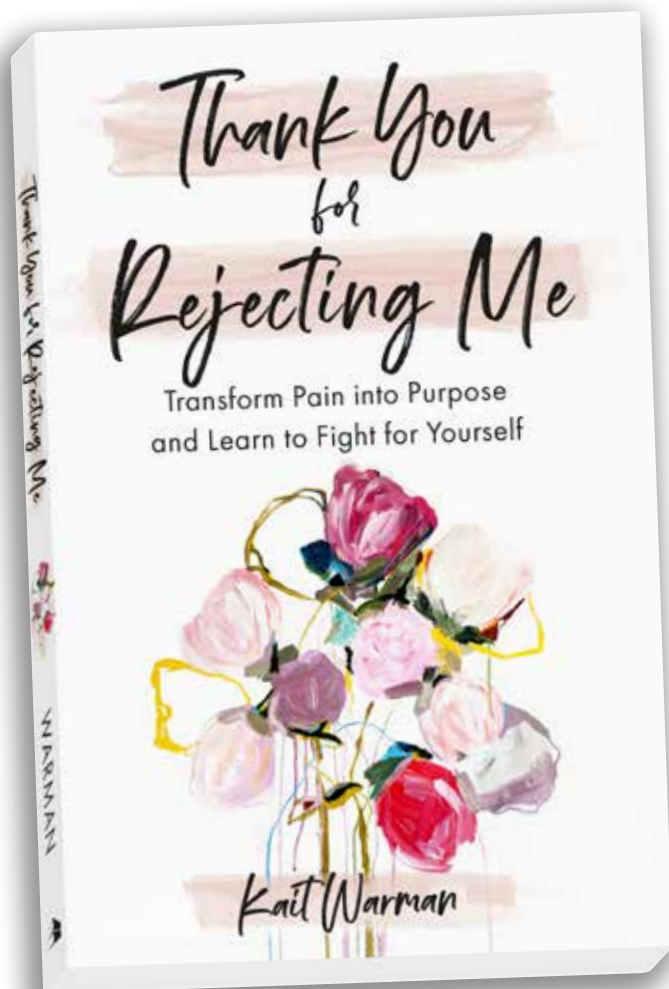


ALSO AVAILABLE

Christianity for People Who Aren’t Christians
978-0-8010-9459-0
Meet Generation Z
978-0-8010-1701-8
The Rise of the Nones
978-0-8010-1623-3



Rejection Doesn't Determine Your Worth



- Author has over 65,000 social media followers
- Foreword by Bianca Olthoff or get an early endorsement [WAITING FOR CONFIRMATION]
- Provides readers with necessary tools to fight the battle of life's biggest rejections, turn pain into purpose, and walk in acceptance

Our stories are riddled with the sting of rejection. It's feeling like a failure or being heartbroken. It's being left out or misunderstood. It's the parent who neglected us or the person who betrayed our trust. It's even in the way we think or talk about ourselves and question our relationship with God.

Whether it happened in grade school or last week, rejection can leave deep scars that affect our relationships, our self-worth, and our identities for years to come. And while we can't control when rejection appears, we can control how we react when it does.

In *Thank You for Rejecting Me*, popular relationship coach and podcaster Kait Warman shows you how to turn pain into purpose and fight for yourself when rejection comes your way. With chapters that focus on some of life's biggest rejections—being betrayed, abused, misunderstood, heartbroken, sexually shamed, and many more—this book offers practical tools to heal from the past, take back your power, and walk in strength, victory, and love in the future.

Thank You for Rejecting Me

Kait Warman



VITAL INFORMATION

Available: February 16

\$16.99

978-1-5409-0078-4

trade paper

5½ x 8½

224 pages

Case Quantity: 32

Category: RELIGION / Christian Living / Personal Growth

RELIGION / Christian Living / Women's Interests

RELIGION / Christian Living / Relationships

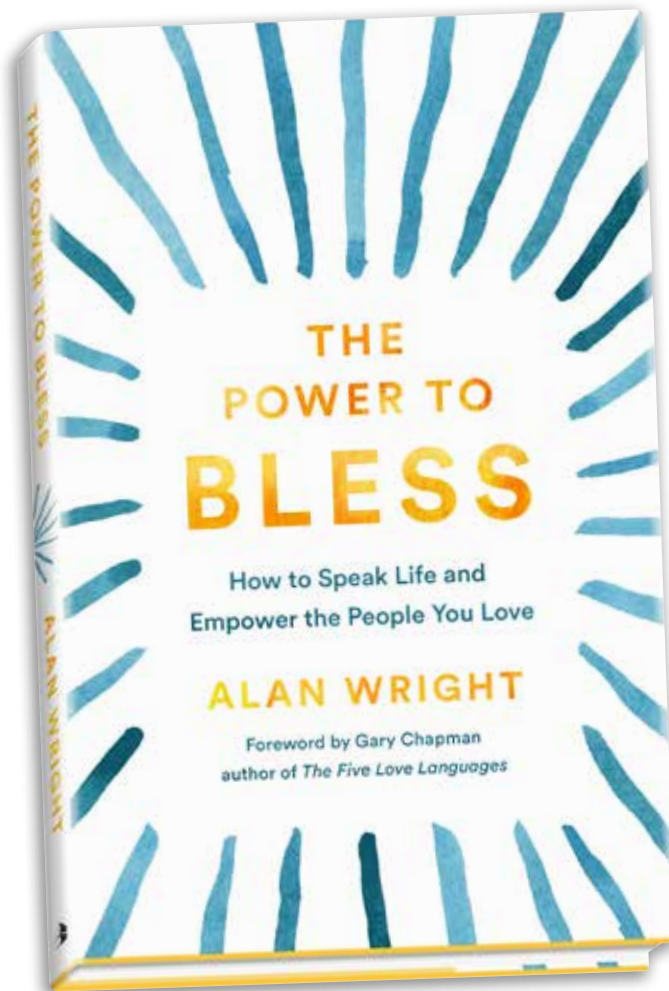
Rights: Worldwide

ABOUT THE AUTHOR

Kait Warman is an inspirational speaker, a relationship coach, and the host of *The Heart of Dating* podcast. She helps thousands of men and women on their journeys through the conversations on her podcast, social media platforms, one-on-one relationship coaching, and online courses. She lives in the Los Angeles area and loves sunshine, walks, Jesus, and listening to Celine Dion.



Receive and Impart One of the Bible's Most Important Gifts



- Author is host of the Sharing the Light radio program, syndicated on more than 400 stations with 35,000–50,000 weekly listeners
- Author has a social media following of 350,000
- Author's books have sold more than 100,000 copies
- Foreword by Gary Chapman

Blessed people flourish by a power that transcends human talent or hard work—a mystical grace empowers them to be joyful and fruitful. But does it ever feel like others are blessed while you're stuck?

With honesty and warmth, Alan Wright shares his inspiring journey from craving blessing to living the blessed life. The absence of his father's affirmation left him struggling for years with symptoms of the unblessed life: shame, pretense, and drift. But when he grasped the most powerful blessing in the Old Testament—the mysterious, ancient blessing of Ephraim and Manasseh—he learned how to receive blessing and how to bless the lives of his loved ones. And you can too.

With biblical insight and practical wisdom, *The Power to Bless* shows you how to craft a positive, faith-filled blessing. By learning a few simple, biblical skills for imparting life-changing blessings, you'll be more spiritually blessed than you'd ever imagined, and you'll be equipped with the power to bless the people you love.

The Power to Bless

Alan Wright



VITAL INFORMATION

Available: February 2

\$24.99

978-1-5409-0055-5

hardcover

5½ x 8½

256 pages

Case Quantity: 20

Category: RELIGION / Christian Living / Spiritual Growth

RELIGION / Christian Living / Inspirational

Rights: Worldwide

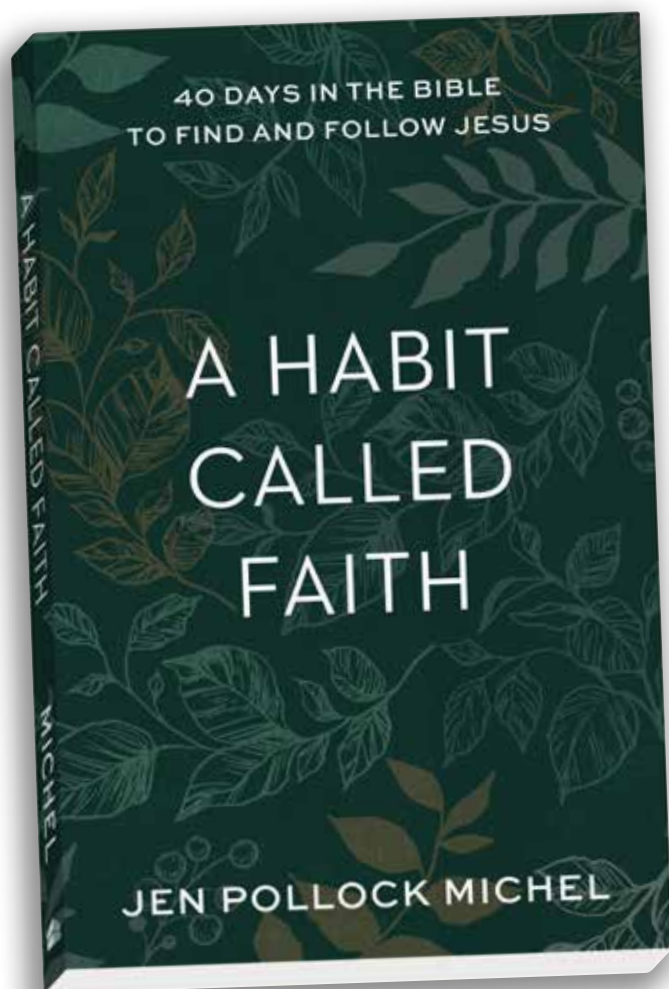
ABOUT THE AUTHOR

Alan Wright is the senior pastor of Reynolda Church in North Carolina, a popular conference speaker, and the host of a daily 30-minute radio program syndicated on more than 400 stations, which encourages listeners through the good news of the gospel.



©Erin Hull

A Bible Reading Experience for the Convinced and Curious



- Author's *Teach Us to Want* won Christianity Today's 2015 Book of the Year Award and *Surprised by Paradox* won the Award of Merit in the 2020 Beautiful Orthodoxy category
- Author regularly speaks at churches and national conferences
- Includes daily reflection questions as well as weekly group discussion questions

Today's neurological research has placed habit at the center of human behavior; we are what we do repetitively. When we want to add something to our life, whether it's exercise, prayer, or just getting up earlier in the morning, we know that we must turn an activity into a habit through repetition or it just won't stick. What would happen if we applied the same kind of daily dedication to faith? Could faith become a habit, a given—automatic?

With vulnerable storytelling and insightful readings of both Old and New Testament passages, Jen Pollock Michel invites the convinced and the curious into a 40-day Bible reading experience. Vividly translating ancient truths for a secular age, Michel highlights how the biblical text invites us to see, know, live, love, and obey. The daily reflection questions and weekly discussion guides invite both individuals and groups, believers and doubters alike, to explore how faith, even faith as small as a mustard seed, might grow into a life-defining habit.

A Habit Called Faith

Jen Pollock Michel



VITAL INFORMATION

Available: February 16

\$16.99

978-1-5409-0053-1

trade paper

5½ x 8½

240 pages

Case Quantity: 32

Category: RELIGION / Biblical Studies / General
RELIGION / Christian Living / Spiritual Growth
RELIGION / Devotional

Rights: Worldwide

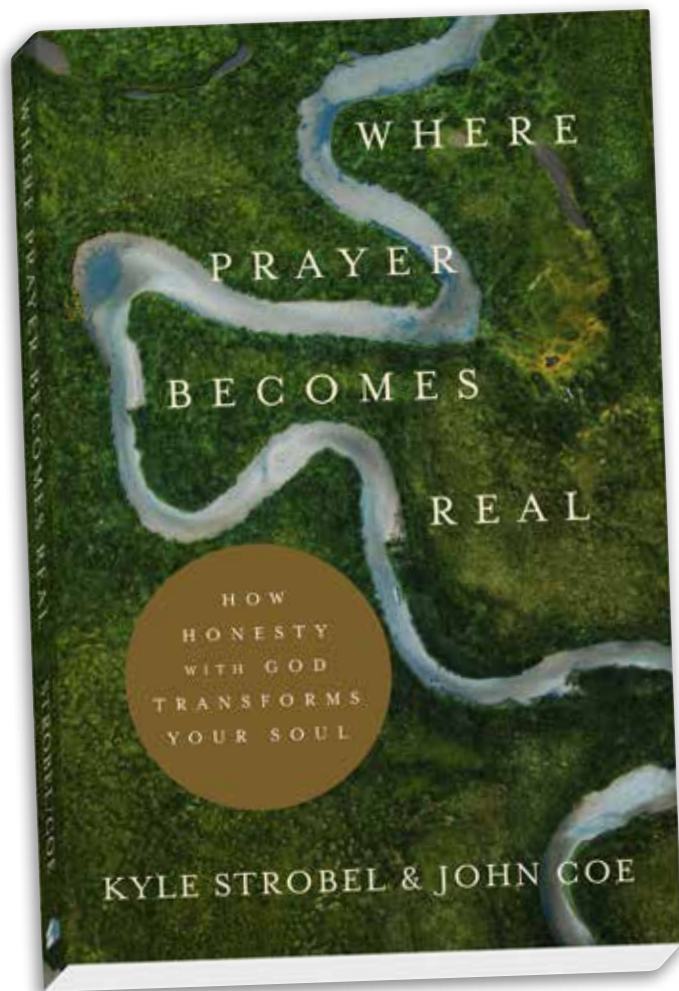
ABOUT THE AUTHOR

Jen Pollock Michel is the author of *Teach Us to Want*, *Keeping Place*, and *Surprised by Paradox*. A Wheaton College graduate, she holds a master's degree in literature from Northwestern University and has written for *Christianity Today*, *Image Journal*, *Comment*, *First Things*, and The Gospel Coalition. She also speaks regularly at The Gospel Coalition (Women's Conference and National Conference) and at churches and retreats. Michel lives in Toronto, Ontario.



© Leemarc Lao

Your Guide to Deep, Life-Changing Prayer



- Author is son of Lee Strobel, *New York Times* bestselling author of *The Case for Christ*
- Authors are regular speakers at The Gospel Coalition, Calvary Chapel, Catalyst, and Saddleback
- Authors are faculty at Biola University and have access to university social platforms

If we're honest, most of us feel bored, distracted, or discouraged in prayer. We look for resources to give us the "right" words or teach us the "right" technique and are disappointed when they don't seem to help. What we fail to realize is that prayer isn't a place for us to be good or right, and it isn't a place for us to perform or prove our worth. It's a place for us to be honest, present, and known—a place for us to offer ourselves and receive God.

Spiritual formation experts Kyle Strobel and John Coe want to show you what you've been missing when it comes to prayer. In this down-to-earth book, they show you how to fearlessly draw near to a holy God, pray without ceasing (and without posturing), and delight in the experience of being fully known and fully loved. Each chapter ends with prayer projects or practices to help you see a difference in your prayer life, starting now.

Where Prayer Becomes Real

Kyle Strobel and John Coe



VITAL INFORMATION

Available: March 2
\$16.99
978-1-5409-0077-7

trade paper
 5½ x 8½
 208 pages
 Case Quantity: 32

Category: RELIGION / Christian Living / Prayer
 RELIGION / Christian Living / Spiritual Growth
 Rights: Worldwide

ABOUT THE AUTHORS

Kyle Strobel is a speaker, writer, and professor of spiritual theology and formation at Talbot School of Theology at Biola University. A popular speaker, Strobel is the author of *Formed for the Glory of God* and coauthor of *Beloved Dust* and *The Way of the Dragon or the Way of the Lamb*. He has written for *Relevant*, *Pastors.com*, *Christianity Today*, The Gospel Coalition, *DeeperStory.com*, and others. He and his family live in Fullerton, California, where he serves on the preaching team of Redeemer Church.



© Jonni Lundy

John Coe is director of the Institute for Spiritual Formation and professor of spiritual theology and philosophy at Talbot School of Theology and Rosemead School of Psychology at Biola University. A leading expert on spiritual formation, he is a popular speaker on the topic at churches, retreats, and seminaries across the nation. He holds three master's degrees (in Bible, theology, and philosophy) and a PhD in philosophy from the University of California, Irvine. He lives in La Mirada, California.



© Marissa Lundy

EXCERPT

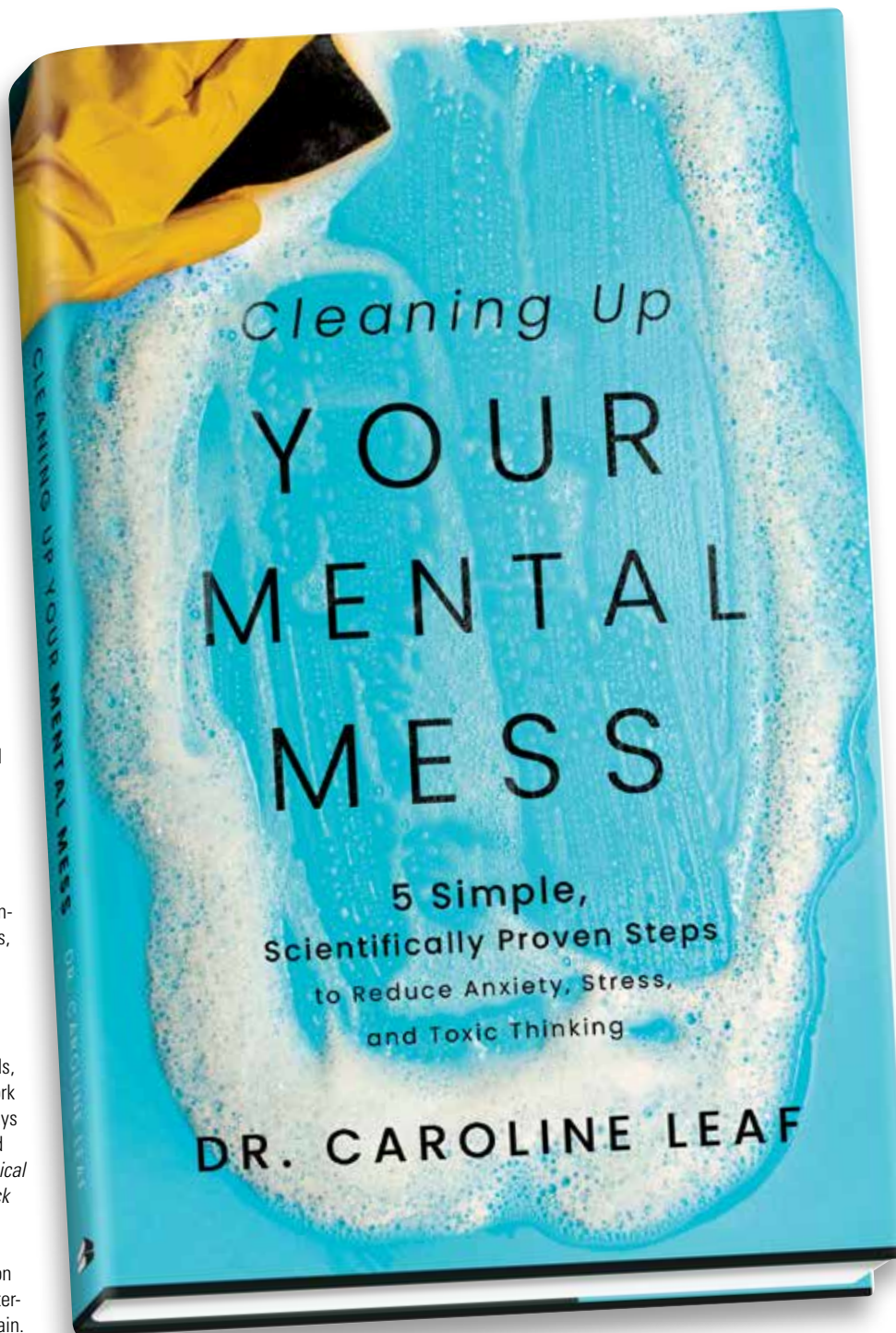
More and more of us are struggling with anxiety, intrusive thoughts, depression, and fear, which is causing problems with concentration, burnout, strained relationships, physical health problems—you name it. Many self-help books claim to have the solution, but often their methods have not been scientifically tested and are not sustainable.

So, what's the solution? *A simple and scientifically tested five-step mind-management system proven to help you take back control of your mental health and life.*

Over thirty years of clinical research has shown me that how we use our mind changes our psychology, how our brain functions, our biochemistry, and even the genes associated with our mental and physical health, which is why mind management is *essential*. We all have to learn how to catch and alter our thoughts and reactions before they become toxic neural networks and habits. How? In this book, I'll show you *how* to become the interior designer of your mind and brain using the principles of neuroplasticity.

In 2019, I conducted a two-part clinical trial to evaluate the importance of mind management on mental and physical health using the simple five-step mind management process I developed in clinical practice and the latest brain scanning technology (qEEG). The subjects of the clinical trial were taught the five-step process, and after twenty-one days their ability to manage their minds was vastly improved, which helped reduce their anxiety, depression, and mental ill-health by up to 80 percent. The subjects, using their minds, took advantage of neuroplasticity to rework their neural circuitry, and in sixty-three days they built healthy new thinking habits and improved their overall wellbeing. *The clinical results literally showed people taking back control of their mental health, mood, and minds and even changing their DNA.*

By learning a few simple skills based on latest neuroscientific research, you can literally use your mind to fix your mind and brain. This is not "self-help." This is a scientifically proven and *sustainable* mind-management program that goes beyond mindfulness and self-help. This book will help you clean up your mental mess and live your best life, regardless of your circumstances.



Simple and Scientific Solutions to Overcome Unhealthy Thinking

- Author's books have sold more than 1.1 million copies
- Author's social media and email reach exceeds 1 million
- Author speaks nationally and internationally to crowds of over 150,000 annually

Toxic thoughts, depression, anxiety—our mental mess is frequently aggravated by a chaotic world and sustained by an inability to manage our runaway thoughts. But we shouldn't settle into this mental mess as if it's just our new normal. There's hope and help available to us—and the road to healthier thoughts and peak happiness may actually be shorter than you think.

Backed by clinical research and illustrated with compelling case studies, Dr. Caroline Leaf provides a scientifically proven five-step plan to find and eliminate the root of anxiety, depression, and intrusive thoughts in your life so you can experience dramatically improved mental and physical health. In just 21 days, you can start to clean up your mental mess and be on the road to wholeness, peace, and happiness.

Cleaning Up Your Mental Mess

Dr. Caroline Leaf



VITAL INFORMATION

Available: March 2
\$26.99
978-0-8010-9345-6

hardcover
 5½ x 8½
 272 pages
 Case Quantity: 20

Category: RELIGION / Christian Living / General
 HEALTH & FITNESS / Healthy Living
 PSYCHOLOGY / Mental Health
 Rights: Worldwide

ABOUT THE AUTHOR

Dr. Caroline Leaf is a communication pathologist and cognitive neuroscientist whose passion is to help people see the power of the mind to change the brain and find their purpose in life. She is the author of *Switch On Your Brain*, *Think and Eat Yourself Smart*, *The Perfect You*, and *Think, Learn, Succeed*, among many other books and journal articles, and her videos, podcasts, and TV episodes have reached millions globally. She currently teaches at various academic, medical, and neuroscience conferences, as well as in churches around the world. Dr. Leaf and her husband, Mac, live with their four children in Dallas and Los Angeles.



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ALSO AVAILABLE

Switch On Your Brain
 978-0-8010-1839-8
Switch On Your Brain Workbook
 978-0-8010-7547-6
Think, Learn, Succeed
 978-0-8010-9327-2
Think, Learn, Succeed Workbook
 978-0-8010-9355-5
Think and Eat Yourself Smart
 978-0-8010-7288-8
Think and Eat Yourself Smart Workbook
 978-0-8010-9351-7



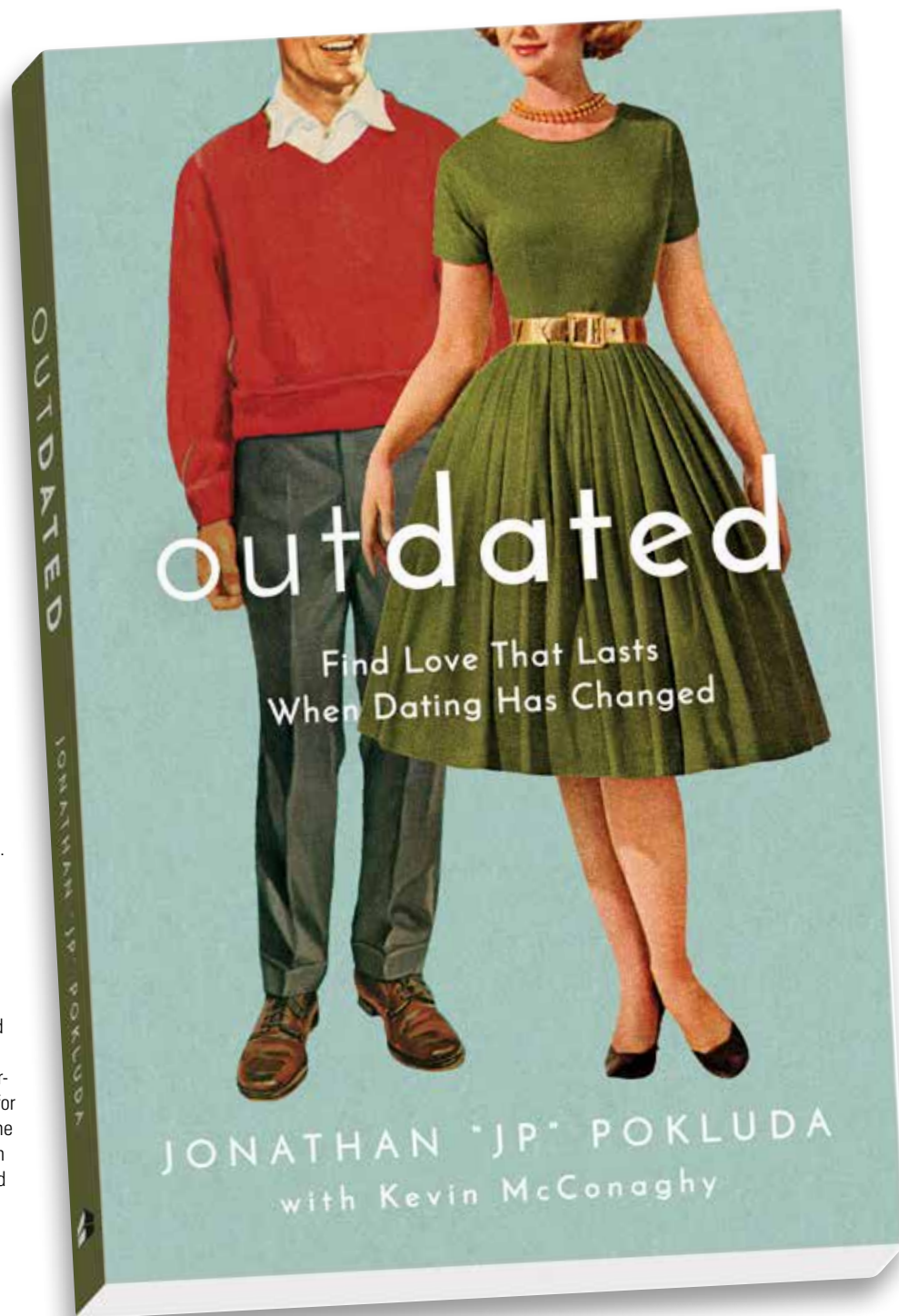
EXCERPT

The problem is that we're following the wrong examples. Almost from birth, we're told that dating and marriage are supposed to look a certain way. Our views on love and relationships are based just as much on fantasy—literal fairy tales—as they are on anything resembling real life. We watch actors playing fictional people fall in fictional love in fictional stories, and we think that somehow real life should be as dramatic as the movies.

When we move from fiction to reality, we don't fare much better, because the reality is that modern dating is a failure. It's not producing the results we want. If you obey all of the latest "rules" for dating and follow the supposedly good advice from the countless articles and videos and influencers on the subject—in other words, if you do the same things everyone else is doing—then you'll get the same outcomes as everyone else. And those outcomes, statistically, aren't that great.

Basically, we're believing in myths. We talk about things like "love at first sight," finding "the One," and "happily ever after." We try to conform to modern society's standards and expectations for dating, even though modern society is terrible at forming relationships that last. By and large, we're doing dating wrong, and the results speak for themselves.

I've had a front-row seat to it all, first through my own dating mistakes (and trust me, I made *a lot* of them) and then through the experiences of tens of thousands of singles I got to observe and minister to. I've seen what works and what (unfortunately) doesn't. Most importantly, I've learned about God's wisdom for life and relationships through studying the Bible, and have strived to share that with others so they can find success and avoid heartache in dating.



Dating Well in a World of Swiping, Ghosting, and Hooking Up

- *Welcome to Adulthood* was an ECPA bestseller in October 2018, with 50,000 copies sold
- Author has a robust speaking schedule and strong social media following
- Author is lead pastor at Harris Creek in Waco, Texas, and former campus pastor at Watermark Church and leader of The Porch

Everyone wants to be loved—to find someone who will stick with them through all of life's ups and downs, someone who is in it for the long haul. But in a world where dating is increasingly based on split-second decisions and geared toward casual relationships rather than marriage, it's easy for single people to feel discouraged, used, or unworthy of true love and lasting affection. Reality just never seems to match up with our (often wildly unrealistic) expectations.

Jonathan "JP" Pokluda has counseled thousands of young singles through the pain and heartbreak of dating the world's way. Now he wants to dispel the myths, misconceptions, and fairy tales you've believed about dating and replace them with the truth from the One who invented marriage, created you to crave relationship, and is the very embodiment of true love. With plenty of true stories about relationships healed and love found, this practical book explains God's purposes for singleness, dating, and marriage and covers why you should date, who you should date, and how you should date.

If you're ready to trade the world's way of dating for the way that actually works, it's time to begin dating well.

Outdated

Jonathan "JP" Pokluda



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VITAL INFORMATION

Available: March 2
\$16.99
978-0-8010-9495-8

trade paper
 5½ x 8½
 224 pages
 Case Quantity: 32

Category: RELIGION / Christian Living / Personal Growth
 RELIGION / Christian Living / Spiritual Growth
 YOUNG ADULT NONFICTION / Religion / Christian / Dating
 Rights: Worldwide

ABOUT THE AUTHOR

Jonathan "JP" Pokluda is lead pastor of Harris Creek Baptist Church in Waco, Texas, and former leader of The Porch, where he saw the ministry grow from 150 to more than 7,000 young adults. The author of the bestselling *Welcome to Adulthood*, as well as the *Welcome to Adulthood Survival Guide* and *Welcoming the Future Church*, Pokluda came to understand the grace of the gospel in his early twenties, which ignited a desire in him to reach people in their twenties and thirties for Christ. He lives with his wife, Monica, and their three children.

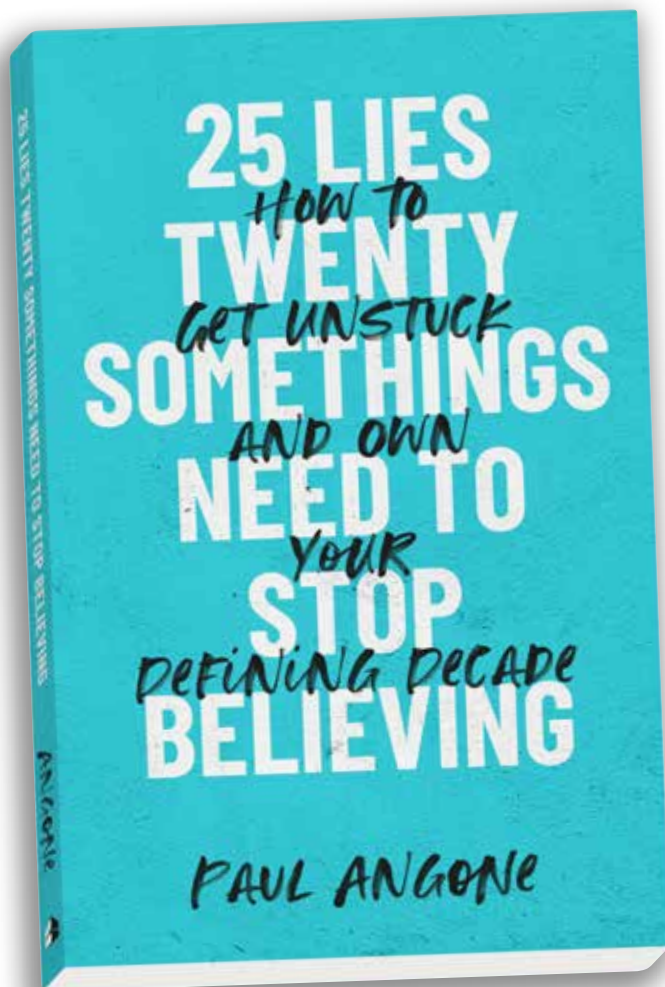


ALSO AVAILABLE

Welcome to Adulthood
 978-0-8010-7810-1
Welcome to Adulthood Survival Guide
 978-0-8010-9492-7
Welcoming the Future Church
 978-0-8010-7811-8



Honest Advice for Young Adults' Defining Decade



- Author's books have sold nearly 150,000 copies
- Author is a sought-after speaker
- "Like advice from a wiser, funnier, older brother . . . Paul Angone's been there, done that, and wants to save you some pain and trouble."—Seth Godin

Your twenties are your defining decade, the time in which you are setting the course for the rest of your life it. You don't want to look back later and realize you ended up somewhere you never intended to go in the first place. How do you block out all the lies, half-truths, and "supposed-to's" constantly assaulting you from articles, social media posts, and well-meaning friends and family? How do you find something real, something true, something infused with purpose and meaning?

Funny, vulnerable, and to the point, this book exposes the false beliefs that can derail your current happiness and future impact, like

- having big dreams is naïve
- success just happens
- everyone else is experiencing the success you were supposed to
- when you fail you're a failure
- and many more

This story-driven book shows you that you're not alone in your insecurities and second-guessing, then shows you how to replace the lies with the truth—that you can live a life of purpose, earn a good paycheck, leave a legacy, and have fun doing it.

25 Lies Twentysomethings Need to Stop Believing

Paul Angone



VITAL INFORMATION

Available: March 2

\$16.99

978-1-5409-0070-8

trade paper

5½ x 8½

208 pages

Case Quantity: 32

Category: RELIGION / Christian Living / Personal Growth

RELIGION / Christian Living / Spiritual Growth

YOUNG ADULT NONFICTION / Religion / Christian /

Inspirational

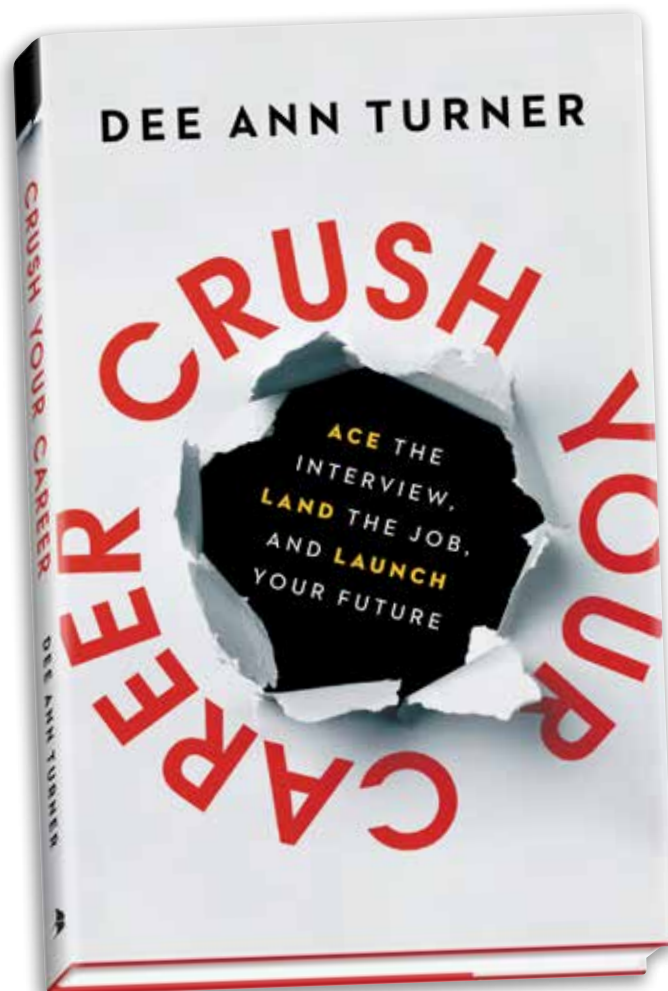
Rights: Worldwide

ABOUT THE AUTHOR

Paul Angone is one of the most trusted and sought-after voices in the nation to college students, young professionals, and those going through career change. The bestselling author of *101 Secrets for Your Twenties* and *101 Questions You Need to Ask in Your Twenties*, Paul is a dynamic keynote speaker at universities, corporations, and churches nationwide. He is also the creator of AllGroanUp.com. He lives just outside of Denver, Colorado.



Practical Guidance for Starting and Building a Career



- Author spent 30 years developing and sustaining the culture at Chick-fil-A as its first female officer
- Frequent corporate speaker at more than 50 events per year, including Propel Leadership Conference and the Coca-Cola Company
- Expert guidance for anyone who wants to get a job, succeed in their role, and grow a career

We all know someone who is dissatisfied with their career but feels trapped in their current trajectory. What's not always clear is how they got there or, more importantly, how we can avoid the same fate as we develop our own careers. In a competitive job market, we need concrete, field-tested advice to help us ace the interview, land the job, and launch a career we love.

Enter Dee Ann Turner. After more than three decades leading teams and coaching staff members at Chick-fil-A, she knows what it takes to build a fulfilling career. In this practical, hands-on book she reveals the secrets of

- finding a job
- preparing for an interview
- conquering the first 90 days
- managing work relationships
- overcoming mistakes
- adding value to your team
- and so much more

Anyone entering the job market or hoping to make a transition in their career—along with the parents, teachers, college counselors, or career counselors who coach them—will find invaluable, hard-won advice on how to create a work life you love.

Crush Your Career

Dee Ann Turner



VITAL INFORMATION

Available: March 2
\$21.99
978-0-8010-9437-8

hardcover
 5½ x 8½
 208 pages
 Case Quantity: 24

Category: BUSINESS & ECONOMICS / Careers / General
 BUSINESS & ECONOMICS / Careers / Job Hunting
 Rights: Worldwide

ABOUT THE AUTHOR

Dee Ann Turner began her career at Chick-fil-A, Inc. more than 30 years ago. In 2001, she became Chick-fil-A's first female officer—vice president, talent—responsible for franchisee selection, talent acquisition, talent management, HR operations, diversity and inclusion, culture and engagement, and learning and development. She retired in 2018 after 33 years of service. Now she leads her own company, Dee Ann Turner & Associates, to help other organizations create remarkable cultures and select extraordinary talent to deliver amazing customer experiences. She has shared her expertise as a speaker at venues such as the Coca-Cola Company, Propel Leadership



©Ashley Turner Photography

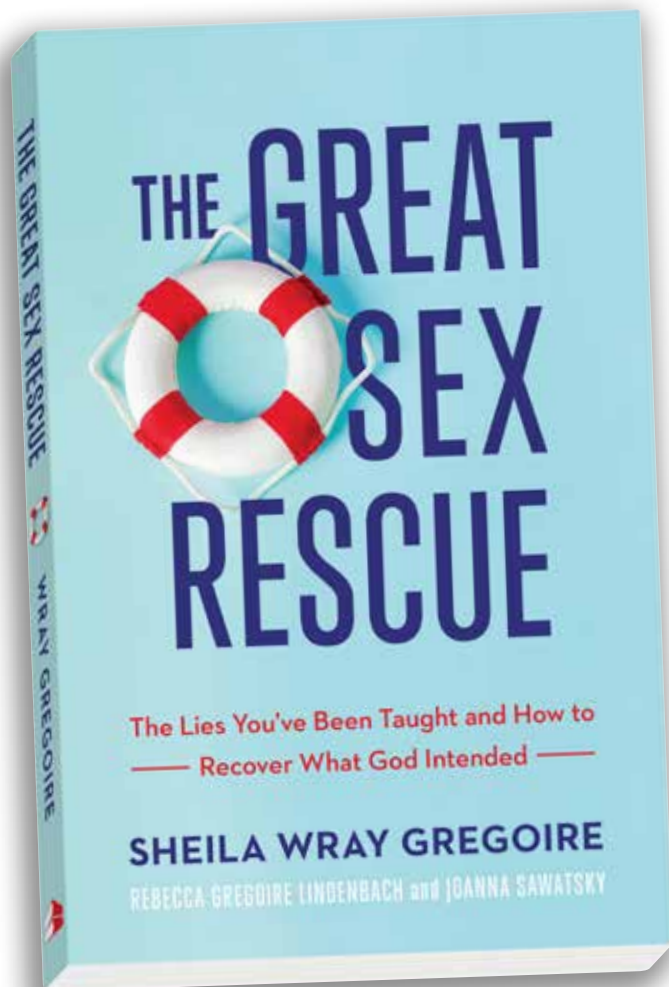
Conference with John Maxwell and Christine Caine, Right Now Media, and the US Air Force Academy's National Leadership and Character Symposium, among others. The author of *Bet on Talent*, Turner lives in Atlanta, Georgia.

ALSO AVAILABLE

Bet on Talent
 978-1-5409-0074-6



Debunking Myths and Reclaiming God's Intent for Sex within Marriage



- Author's previous book, *The Good Girl's Guide to Great Sex*, has sold over 60,000 copies
- Author's marriage blog, *To Love, Honor, and Vacuum*, receives nearly 1 million page views per month
- Book is based on the largest ever survey of evangelical women's marital and sexual satisfaction and a review of the top-selling Christian marriage and sex books which have shaped our conversation

What if it's not your fault that sex is bad in your marriage? Based on a groundbreaking in-depth survey of 22,000 Christian women, *The Great Sex Rescue* unlocks the secrets to what makes some marriages red hot while others fizzle out. Generations of women have grown up with messages about sex that make them feel dirty, used, or invisible, while men have been sold such a cheapened version of sex, they don't know what they're missing. *The Great Sex Rescue* hopes to turn all of that around, developing a truly biblical view of sex where mutuality, intimacy, and passion reign.

The Great Sex Rescue pulls back the curtain on what is happening in Christian bedrooms and exposes the problematic teachings that wreck sex for so many couples—and the good teachings that leave others breathless. In the #metoo and #churchtoo era, not only is this book a long overdue corrective to church culture, it is poised to free thousands of couples from repressive and dissatisfying sex lives so that they can experience the kind of intimacy and wholeness God intended.

The Great Sex Rescue

Sheila Wray Gregoire with Rebecca Gregoire Lindenbach and Joanna Sawatsky



VITAL INFORMATION

Available: March 2
\$16.99
978-1-5409-0082-1

trade paper
5½ x 8½
272 pages
Case Quantity: 32

Category: RELIGION / Christian Living / Personal Growth
RELIGION / Christian Living / Women's Interests
FAMILY & RELATIONSHIPS / Love & Romance
Rights: Worldwide

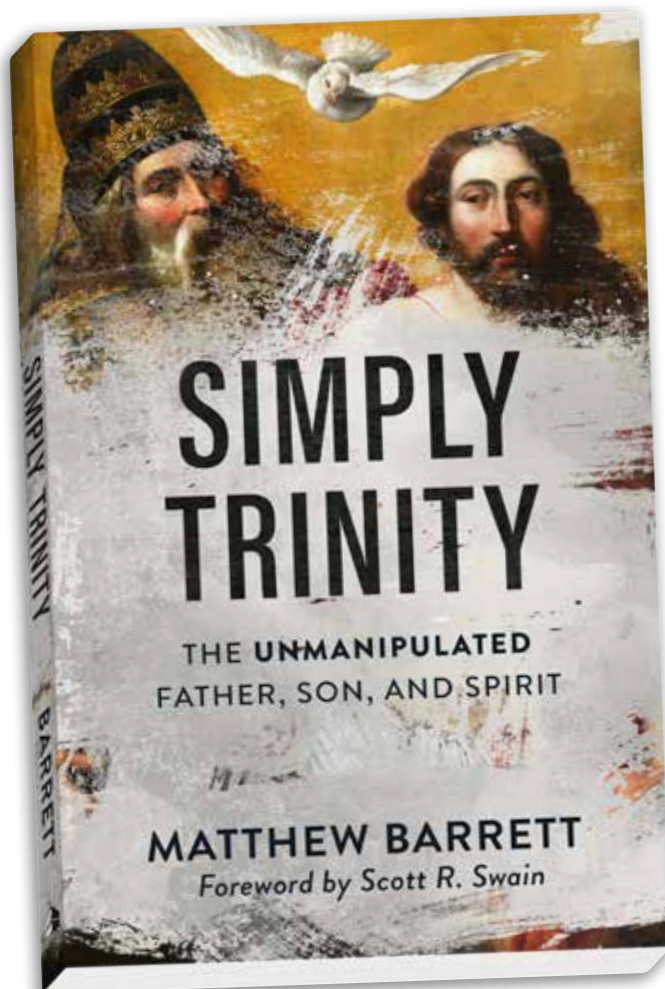
ABOUT THE AUTHORS

Sheila Wray Gregoire is the face behind ToLove-HonorandVacuum.com, the largest single-blogger marriage blog. She's also an award-winning author of nine books, including *The Good Girl's Guide to Great Sex*, and a sought-after speaker. With her humorous, no-nonsense approach, Sheila is passionate about changing the evangelical conversation about sex and marriage to line up with kingdom principles. She lives in Ontario, Canada, with her husband. They have two adult daughters and a new grandbaby.

Rebecca Gregoire Lindenbach is a psychology graduate, Sheila's daughter, and the author of *Why I Didn't Rebel*. Working alongside her husband, Connor, she develops websites focusing on building Jesus-centered marriages and families. Living the work-from-home dream, they take turns bouncing their new baby boy and appeasing their curmudgeonly rescue Yorkshire terrier, Winston.

Joanna Sawatsky has a master's degree in public health and is a trained microbiologist, epidemiologist, and biostatistician. A Pittsburgh native, she headed north to Saskatchewan to marry her Mennonite prince charming, Josiah. They now live with their two little girls in Ontario.

Rediscover the Triune God of the Scriptures



- Author is the founder and executive editor at *Credo Magazine*, which has been praised by Tim Challies
- Will appeal to readers of R. C. Sproul
- Explains the importance of the Trinity in an accessible style

What if the Trinity we've been taught is not the Trinity of the Bible? In this groundbreaking book, Matthew Barrett reveals a shocking discovery: we have *manipulated* the Trinity, recreating the Father, Son, and Holy Spirit in our own image.

With clarity and creativity, Barrett mines the Scriptures as well as the creeds and confessions of the faith to help you rediscover the beauty, simplicity, and majesty of our Triune God. You will be surprised to learn that what you believe about the Trinity has untold consequences for salvation and the Christian life. To truly know God, you must meet the One who is simply Trinity.

Simply Trinity

Matthew Barrett



VITAL INFORMATION

Available: March 16

\$18.99

978-1-5409-0007-4

trade paper

5½ x 8½

240 pages

Case Quantity: 32

Category: RELIGION / Christian Theology / Systematic

RELIGION / Christian Theology / General

RELIGION / Christian Living / General

Rights: Worldwide

ABOUT THE AUTHOR

Matthew Barrett is associate professor of Christian theology at Midwestern Baptist Theological Seminary. He is the author of *None Greater*, *Canon, Covenant and Christology*, and *God's Word Alone*. He is also the executive editor of *Credo* magazine and the host of the *Credo* podcast.

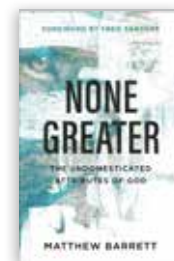


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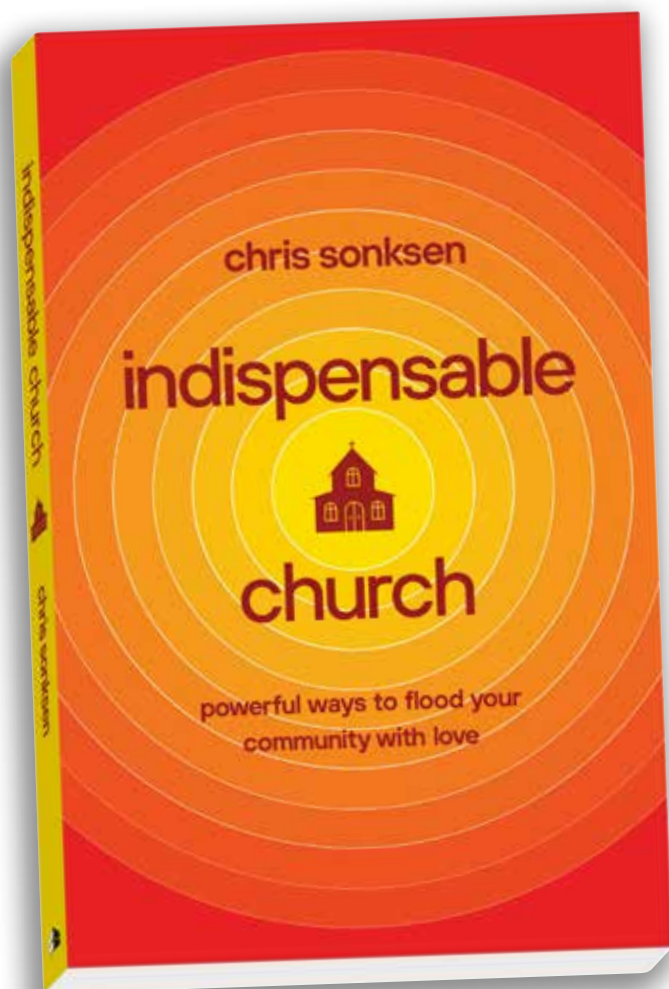
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None Greater

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Become a Church That Is Vital to Your Community



- Author is founder of South Hills Church and ChurchBoom.org
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Chris Sonksen



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Category: RELIGION / Christian Church / Growth
 RELIGION / Christian Ministry / Pastoral Resources
 RELIGION / Christian Ministry / Evangelism
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ABOUT THE AUTHOR

Chris Sonksen is the author of *Quit Church* and *When Your Church Feels Stuck*. His personal experience comes from his own success in pioneering South Hills Church, a multicampus church that has been widely recognized for its unprecedented growth and strategic approaches to doing ministry. In addition, Chris's church growth expertise has led him to found Church BOOM, an organization that has provided personal coaching to hundreds of churches and impacted thousands of leaders. Chris and his wife, Laura, have two children and live in Southern California.

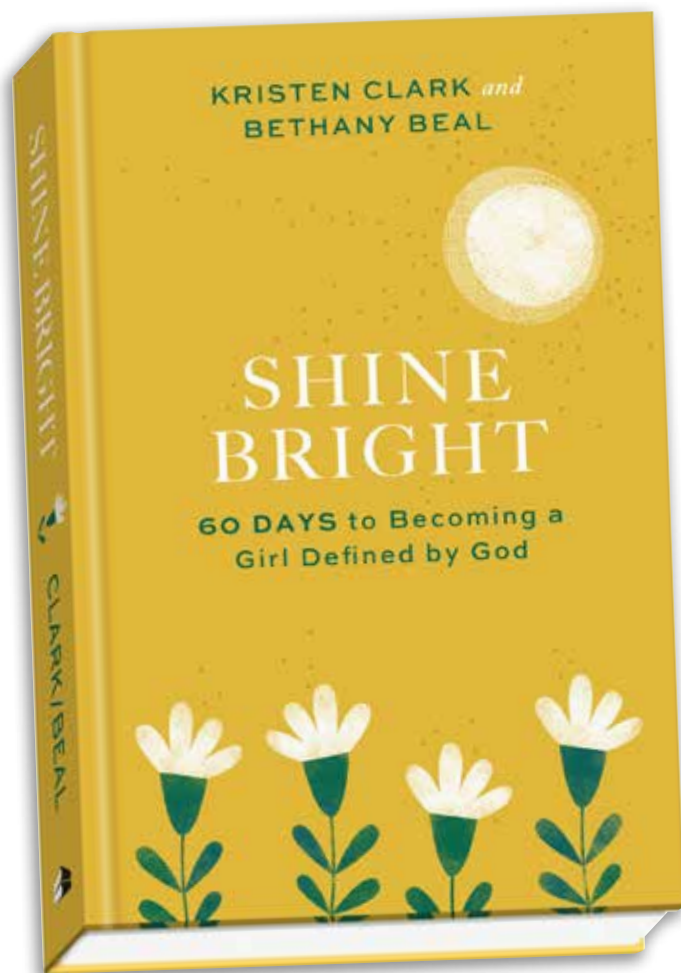


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Quit Church
 978-0-8010-9324-1
When Your Church Feels Stuck
 978-0-8010-9248-0



Devotions for Finding Your Worth and Identity in Christ



- Authors are founders of the GirlDefined blog, with over 130,000 unique visits a month
- Authors have a total social media reach of nearly 250,000 followers
- GirlDefined YouTube channel has 153,000 subscribers, with their videos getting thousands of views, and some in the hundreds of thousands

As Christian girls, it's hard to hold on to a sense of who we are in Christ in a world that is constantly telling us who we *should* be. But our worth isn't defined by society. It's defined by our loving God, who made us and calls us his redeemed daughters. God has a good plan for our beauty, femininity, relationships, and identity and wants to help us thrive in his freeing design.

That's what Kristen Clark and Bethany Beal have been sharing in their popular books, videos, podcast, and blog. Now they offer this 60-day devotional to help you find your entire identity in Christ. Beautifully designed and filled with uplifting Scripture, sincere encouragement, questions for reflection, some good laughs, and room to journal, *Shine Bright* makes a lovely and thoughtful gift—for a friend, a mom, a daughter, or yourself!

Shine Bright

Kristen Clark and Bethany Beal



VITAL INFORMATION

Available: April 20
\$16.99
978-1-5409-0105-7

casebound
 5½ x 8
 160 pages
 Case Quantity: 36

Category: RELIGION / Christian Living / Devotional
 RELIGION / Christian Living / Women's Interests
 RELIGION / Christian Living / Spiritual Growth
 Rights: Worldwide

ABOUT THE AUTHORS

Kristen Clark is married to her best friend, Zack, and is the cofounder of GirlDefined Ministries. She is passionate about promoting the message of biblical womanhood through blogging, speaking, mentoring young women, and hosting Bible studies in her living room. In the end, she's just a fun-lovin' Texas girl who adores all things outdoors and drinks coffee whenever possible.

Bethany Beal is head-over-heels in love with her best friend and husband, David, and is the super proud mommy of Davey Jr. She is the cofounder of GirlDefined Ministries and is passionate about spreading the truth of biblical womanhood through blogging, speaking, and mentoring young women. To her family and close friends, she is simply a tall blonde girl who is obsessed with smoothie bowls and can't get enough of her little fluffy dog.

Clark and Beal are the authors of *Girl Defined*, *Love Defined*, and *Sex, Purity, and the Longings of a Girl's Heart*.

ALSO AVAILABLE

Girl Defined
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Love Defined
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Sex, Purity, and the Longings of a Girl's Heart
 978-0-8010-7557-5



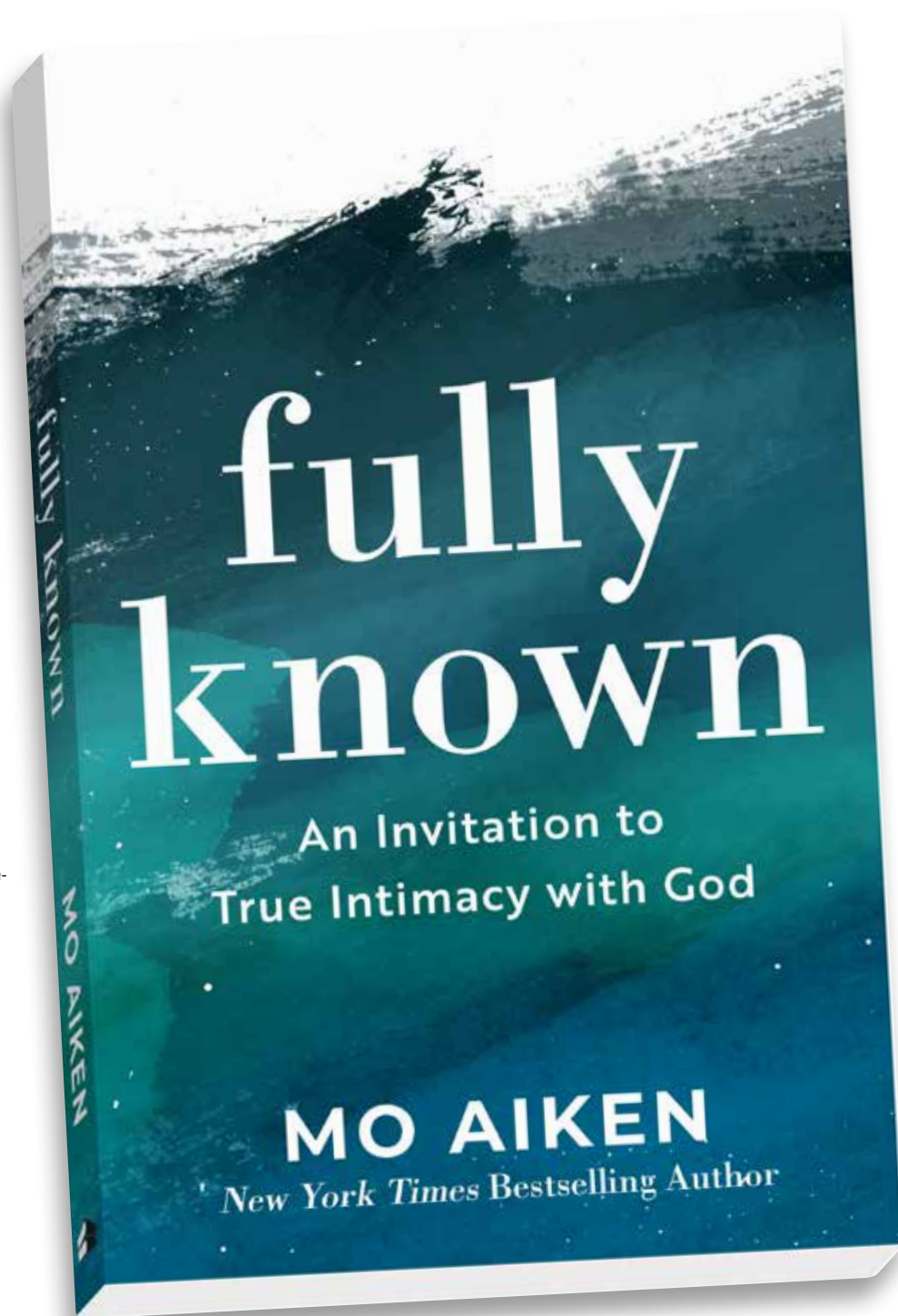
EXCERPT

If intimacy with God Almighty is freely offered to us through the Savior we claim to love, why do we feel so far from God? Where is the disconnect occurring in our understanding? And is there anything we can stand to learn about intimacy with God through the physical model of intimacy He has given us?

This book serves as my best effort to answer those very questions. Because I, too, found myself in a season of faith where I was wrestling with Scriptures I didn't understand, fighting feelings of discouragement and disqualification, and ultimately feeling unfathomably far from the God I loved and longed to serve.

But in the midst of my deepest valley, He came to me and called me His own. Yet again. He heard my cries, had compassion on my confused heart, and ultimately gifted me with revelation that changed everything. He gave me eyes to see His nature and His great design of intimacy like I never had before, pouring out prophetic understanding that transformed both my spiritual and physical life.

And I now feel pregnant with purpose. Brimming with great expectation and joy. I wholeheartedly believe that the revelation and understanding about intimacy He imparted upon me has the power to transform your life as well. I believe through this message, by the grace of God, He will bring revival to hearts, restoration to homes, and resurrected intimacy to every member of the body of Christ who longs to know Him more.



Trading Self-Focused Faith for True Intimacy with God

- Author is the *New York Times* bestselling author of *Wreck My Life* and *Sex, Jesus, and the Conversations the Church Forgot*
- Author's blog has over 3 million views to date, and her YouTube videos have over 2 million combined views
- Actively speaks and ministers nationwide alongside peers such as Lisa Bevere, Jamie Ivey, Rebekah Lyons, Annie Downs, and Andi Andrews

We were made for intimacy—spiritual intimacy with God that brings oneness and bears powerful fruit. We were made to know Him and be known by Him, fully. So why do we often feel burnt-out, distant, and disheartened in our journey of faith? How do we cultivate true intimacy with God? And what does His design of physical, sexual intimacy unveil of the full gospel story?

Sharing Word-backed, Holy Spirit-breathed revelation with humility and openhanded honesty, *New York Times* bestselling author Mo Aiken walks alongside us through the beauty and power of life lived in active communion with God, rather than the self-seeking, counterfeit faith we've settled for. Unpacking eternity-defining concepts that have become confusing, offensive, or altogether ignored—like submission, repentance, sanctification, holiness, and discipline—Mo shows us how God has given us a physical model of spiritual intimacy through His design of marriage, sex, and family. Exposing many roots of selfishness and perversion we see so often in our relationships, both human and divine, she invites us to pure-hearted and transformational communion with our Creator.

If you've felt far from God, caught in broken relationships, dead in religion, and longing to be fully known, join Mo on this journey of return to right-natured intimacy with our First Love.

Fully Known

Mo Aiken



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VITAL INFORMATION

Available: April 6
\$16.99
978-1-5409-0025-8

trade paper
 5½ x 8½
 192 pages
 Case Quantity: 36

Category: RELIGION / Christian Living / Personal Growth
 RELIGION / Christian Living / Spiritual Growth
 Rights: Worldwide

ABOUT THE AUTHOR

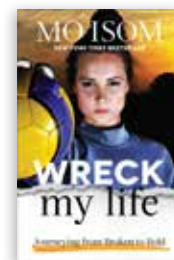
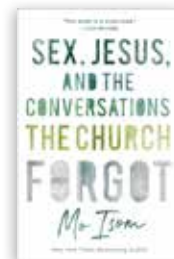
Mo Aiken is **Mo Isom**, the *New York Times* bestselling author of *Wreck My Life* and *Sex, Jesus, and the Conversations the Church Forgot*. She collaborates for the kingdom within BOLD-LIFE INITIATIVE, a ministry that exists to challenge, encourage, and equip Christ followers to pursue holy and bold lives. The team maintains a thriving nationwide speaking ministry and facilitates a faith-centered blog that has garnered millions of views to date. They regularly share prophetic words on YouTube, as well as Instagram, and freely offer additional resources through moisom.com. Mo and her husband, Jeremiah Aiken, live with their three children in Atlanta, Georgia.



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Sex, Jesus, and the Conversations the Church Forgot
 978-0-8010-1905-0
Wreck My Life
 978-0-8010-0814-6



EXCERPT

Overthinking is when what you think gets in the way of what you want.

It's one of the most expensive things in the world because it wastes time, creativity, and productivity. It's an epidemic of inaction, a tsunami of stuck-ness, and 12 years ago it was dominating me.

I was the king of someday, high on thought, low on motion about a litany of things I'd do eventually. "Quit overthinking so much," coworkers would beg. "It's all in your head," my wife would implore. "Get out of your own way," schoolchildren would yell as I stumbled through the streets like a heavy-brained monster.

Did I want to have 1,345 thoughts about whether there would be adequate parking at the new restaurant we were going to? Did I want to donate an afternoon of brain space to reviewing something dumb I said to a friend in the grocery store three months ago? Did I want to put off asking for a raise for one more month, overthinking the myriad of ways it could go wrong?

Of course not, but what could I do? Thoughts are something you have, not something you hone. We can't control them, right? That's why whenever we talk about thinking, we describe it as something outside of us that operates on its own agenda:

"I got lost in thought."

"My thoughts got away from me."

"She got carried away by her thoughts."

Even if we are very deliberate in other areas of our lives, we tend to treat our thought life as something we have no control over. For example, a simple trick to ensure you go to the gym in the morning is to lay out your clothes the night before. Picking them ahead of time helps you achieve the result you want.

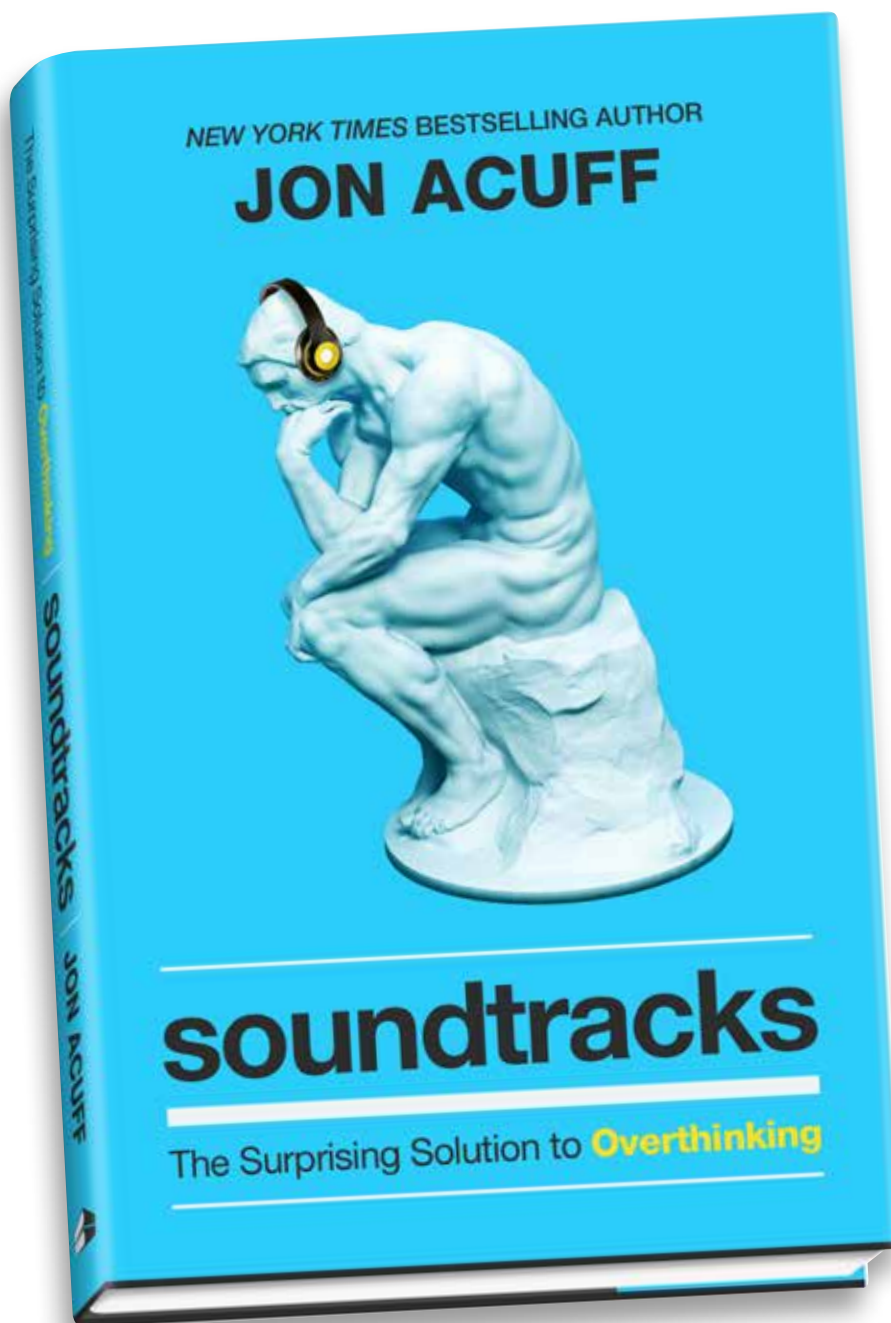
Have you ever heard someone say that about thoughts? "Make sure you pick the five thoughts you want to have playing in the background of your head in that meeting tomorrow." Has a coworker ever said, "I heard some gossip about our new manager but I don't want that to color our relationship, so I'm going to leave my three judgmental thoughts at home so I can get to know her unbiased."

No one has ever said anything like that to me. If we don't control our thoughts, then I guess our thoughts control us. No wonder I spent decades overthinking every little decision, never fully pulling the trigger on the things I really wanted to accomplish.

One afternoon, out of the clear blue, I got an email from a marketing coordinator in Oklahoma. He'd been reading my blog and asked me a question I never saw coming:

"Can you speak at our conference?"

The answer should have been, "No." I'd never been paid to speak before. I'd never written a speech with main ideas and transitions. I'd never



worked with an event planner. I'd never been to Oklahoma, though I assumed it was very dusty.

At the time, I had a 10-year history of making small, incremental changes in my career as a corporate copywriter who never spoke publicly.

If you looked for evidence that I was a public speaker, there was none.

The only thing I had was a new thought: *I think I can do this.*

I chose one small thought, which led to one small yes, which led to a completely different life.

Turn Overthinking from Super Problem to Superpower to Reach Your Biggest Goals

- Author is a *New York Times* and *Wall Street Journal* bestselling author
- Author has an engaged social media following of over 700,000
- He is an *INC Magazine* Top 100 Leadership speaker with clients that include Walmart, Microsoft, FedEx, Nokia, Nissan, and Comedy Central
- He speaks 50 times a year at events ranging from 500 to 8,000 people all around the world

Overthinking isn't a personality trait. It's the sneakiest form of fear. It steals time, creativity, and goals. It's the most expensive, least productive thing companies invest in without even knowing it. And it's an epidemic. When *New York Times* bestselling author Jon Acuff changed his life by transforming his overthinking, he wondered if other people might benefit from what he discovered. He commissioned a research study to ask 10,000 people if they struggle with overthinking too, and 99.5 percent said, "Yes!"

The good news is that in *Soundtracks*, Acuff offers a proven plan to change overthinking from a super problem into a superpower.

When we don't control our thoughts, our thoughts control us. If our days are full of broken soundtracks, thoughts are our worst enemy, holding us back from the things we really want. But the solution to overthinking isn't to stop thinking. The solution is running our brains with better soundtracks. Once we learn how to choose our soundtracks, thoughts become our best friend, propelling us toward our goals.

If you want to tap into the surprising power of overthinking and give your dreams more time and creativity, learn how to DJ the soundtracks that define you. If you can worry, you can wonder. If you can doubt, you can dominate. If you can spin, you can soar.

Soundtracks

Jon Acuff



VITAL INFORMATION

Available: April 6
\$26.99
978-1-5409-0080-7

hardcover
5½ x 8½
240 pages
Case Quantity: 24

Category: BUSINESS & ECONOMICS / Motivational
BUSINESS & ECONOMICS / Personal Success
BUSINESS & ECONOMICS / Decision-Making &
Problem Solving
Rights: Worldwide

ABOUT THE AUTHOR

Jon Acuff is the *New York Times* bestselling author of six books, including his most recent *Wall Street Journal* #1 bestseller, *Finish: Give Yourself the Gift of Done*. He's an *INC Magazine* Top 100 Leadership speaker and speaks 50 times a year to audiences around the world ranging in size from 500 to 8,000 people. His large and highly engaged social media following includes nearly 300,000 Twitter followers, more than 175,000 Facebook followers, more than 100,000 Instagram followers, and more than 90,000 email subscribers who look to him for his unique blend of humor, honesty, and hope. He lives outside of Nashville, Tennessee, with his wife and two teenage daughters.



EXCERPT

Praise for *Free to Focus*

"The guide to creating freedom and money without burning ourselves out in the process."—**Brooke Castillo**, founder, The Life Coach School

"Busyness is meaningless. What matters is consistently executing the work that actually matters. This book shows you how."—**Cal Newport**, *New York Times* bestselling author, *Deep Work* and *Digital Minimalism*

"Michael Hyatt is one of the best leaders I know."—**John C. Maxwell**, author, speaker, and leadership expert

Praise for *Your Best Year Ever*

"A simple program, backed by the best modern research, to reach your dreams!"—**Tony Robbins**, #1 *New York Times* bestselling author, *Unshakeable*

"Michael Hyatt has a knack for making the complex simple. Even better, he makes it useful."—**Dan Sullivan**, president, The Strategic Coach Inc.

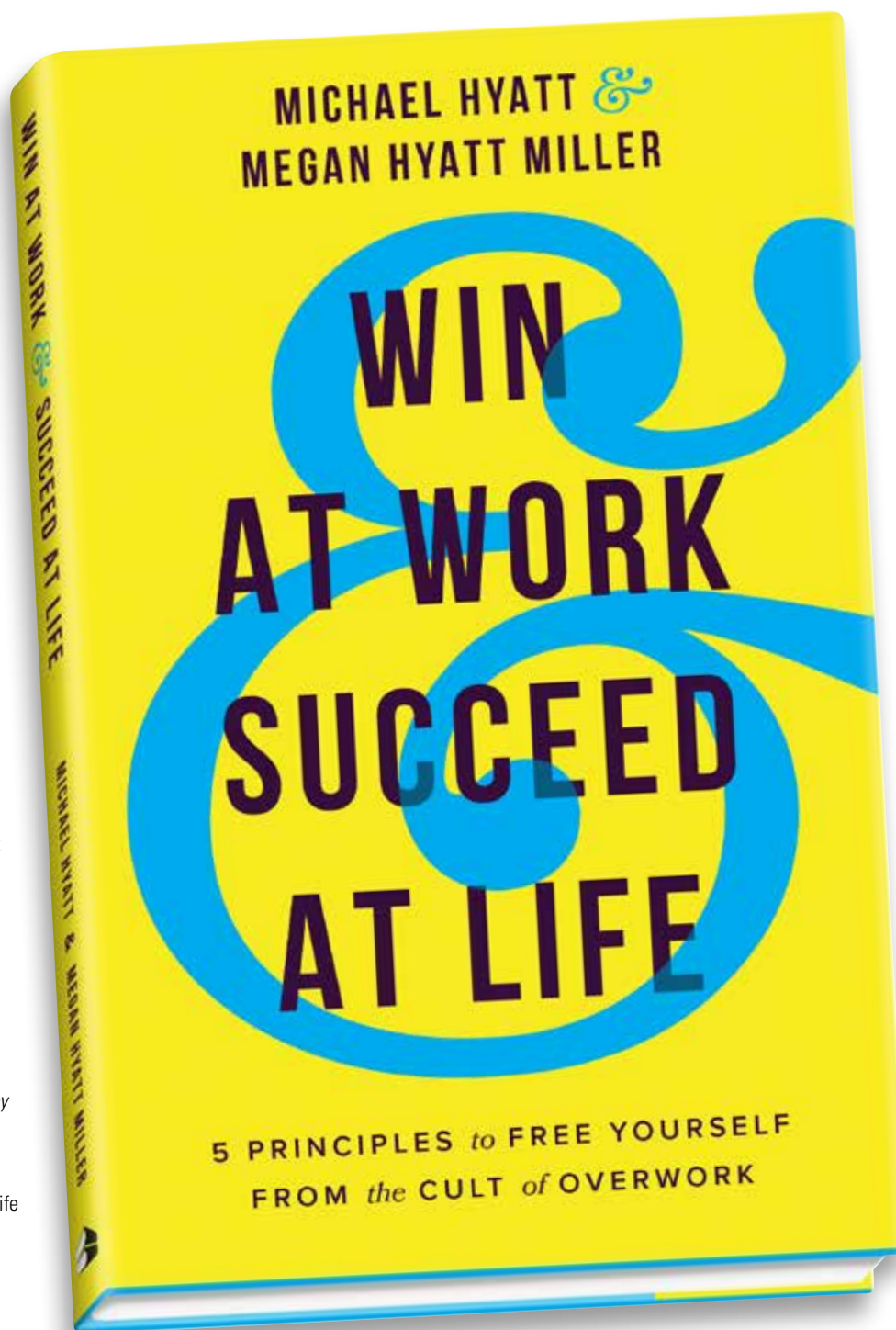
"Michael Hyatt has created a fun, fast way to find your dreams and then turn them into reality."—**Seth Godin**, author, *Linchpin*

Praise for *Living Forward*

"Full of reminders and revelation that will open up your mind and organize your time."—**Dave Ramsey**, *New York Times* bestselling author, *The Total Money Makeover*

"A fully customizable blueprint to achieve the design and execution of the life you want to live."—**Chalene Johnson**, *New York Times* bestselling author; CEO, Team Johnson

"A brilliant and motivating resource."—**Lysa Terkeurst**, *New York Times* bestselling author; president, Proverbs 31 Ministries



5 Principles to Free Yourself from the Cult of Overwork

- Hyatt is a *New York Times*, *Wall Street Journal*, and *USA Today* bestselling author
- *Your Best Year Ever* has sold more than 100,000 copies
- Michael and Megan's email list has more than 500,000 subscribers and he has a social media reach of 650,000
- Michael and Megan's *Lead to Win* podcast has more than 250,000 monthly downloads and is consistently a top 100 business download each week

Great leaders are driven to win. Yet career wins can come at great cost to your health, relationships, and personal well-being. Why does it seem impossible to both win at work *and* succeed at life?

Michael Hyatt and Megan Hyatt Miller know we can do better because he's seen it in his more than four decades as a successful executive *and* a loving and present husband and father. Today Michael and his daughter, Megan Hyatt Miller, coach leaders to live the double win. Backed by scholarly research from organizational science and psychology, and illustrated with eye-opening case studies from across the business spectrum and their own coaching clients. *Win at Work and Succeed at Life* is their manifesto on how you can achieve work-life balance and restore your sanity.

With clarity, humor, and plenty of motivation, *Win at Work and Succeed at Life* gives you

- an understanding of the historical and cultural forces that have led to overworking
- 5 principles to rethink work and productivity from the ground up
- simple but proven practices that enable you to slow down and reclaim your life
- and more

Refuse the false choice of career versus family. You can achieve the double win in life.

Win at Work and Succeed at Life

Michael Hyatt and Megan Hyatt Miller



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VITAL INFORMATION

Available: April 20
\$26.99
978-0-8010-9469-9

hardcover
5½ x 8½
208 pages
Case Quantity: 24

Category: BUSINESS & ECONOMICS / Leadership
BUSINESS & ECONOMICS / Personal Success
SELF-HELP / Personal Growth / Success
Rights: Worldwide

ABOUT THE AUTHOR

Michael Hyatt is the chief executive officer and founder of Michael Hyatt & Company. He has scaled multiple companies over the years, including a \$250M publishing company with 700-plus employees and his own leadership development company that has grown over 60% year over year for the past four years. Under his leadership, Michael Hyatt & Company has been featured in the Inc. 5000 list of the fastest-growing companies in America for three years in a row. He is also the author of several *New York Times*, *Wall Street Journal*, and *USA Today* bestselling books, including *Platform*, *Living Forward*, *Your Best Year Ever*, *Free to Focus*, and *The Vision Driven Leader*. He's living the double win with his wife of forty-plus years, five daughters, and nine grandchildren.



Megan Hyatt Miller is the Chief Operating Officer at Michael Hyatt & Company. She is also the co-host of the *Lead to Win* podcast, which is consistently featured in the Top 100 in Apple Podcasts. As the architect of Michael Hyatt & Company's standout culture, she is committed to helping her team win at work and succeed at life, while also delivering phenomenal results to their customers. Under her leadership, the company was named as one of Inc. Magazine's Best Workplaces for 2020, which ranks the top companies in America for their employee engagement. When she's not taking the company to new heights, she's fully present at home with her husband and five kids in Franklin, TN.



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