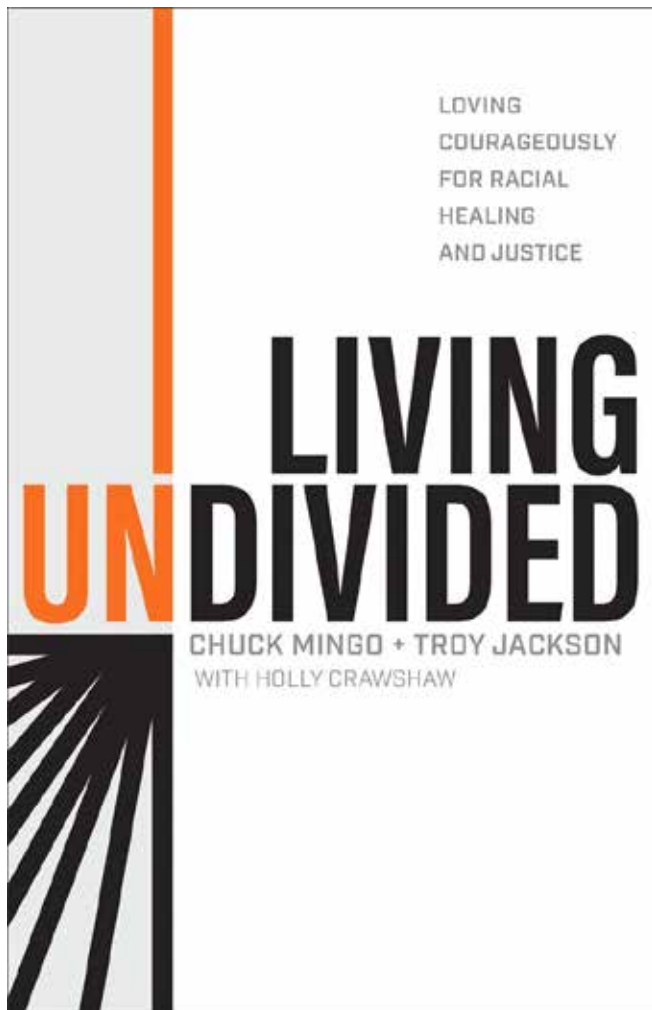




BakerBooks



## LIVING UNDIVIDED

*Loving Courageously for Racial Healing and Justice*

**Chuck Mingo and Troy Jackson with Holly Crawshaw**

**Moving from Fearful Avoidance of Racial Issues to Brave Investment in Actionable Change**

- Authors and Crossroads Church have a social media reach of over 1.5 million
- Offers practical ways for Jesus followers to courageously confront racism

As the church and as a country, we've often neglected and avoided addressing the impact and ongoing reality of racism. We've been more focused on order than justice, more concerned with social media posturing than solidarity, more committed to judgment than repentance. But God's people are called to more. We need to lead the way to true racial healing, solidarity, and justice.

Through enlightening history and eye-opening personal stories, *Living Undivided* will equip and empower you with the biblical, transformative tools you need to move from just hoping and wishing for racial justice to actionable change that makes a difference in your life and the lives of churches, neighborhoods, and cities.



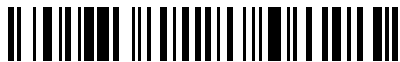
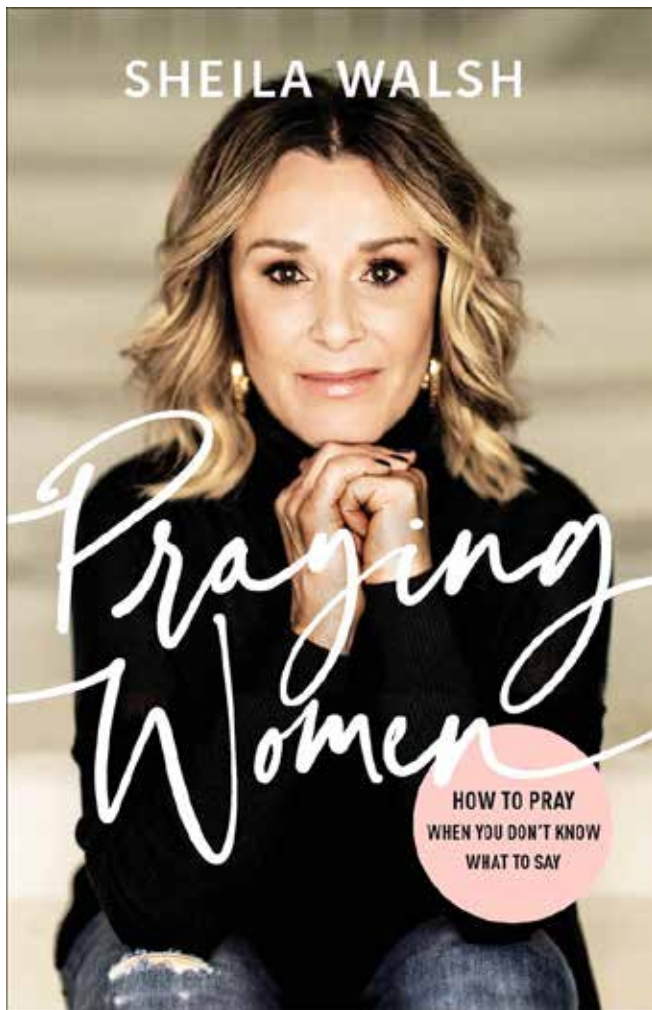
JANUARY 9 • US \$24.99 • CAN \$30.99  
9781540902283

Hardback  
8.500 in H | 5.500 in W  
224 pages • Carton Quantity: 24

RELIGION / Christian Living / Social Issues  
RELIGION / Christian Living / Personal Growth  
SOCIAL SCIENCE / Race & Ethnic Relations

**Chuck Mingo** is the founder and CEO of UNDIVIDED. His desire is to activate people to not only participate in acts of mercy and reconciliation but also challenge systems of oppression and injustice. He and his wife, Maria, have three children and live in Cincinnati, Ohio.

**Troy Jackson** is cofounder of UNDIVIDED. Former senior pastor of University Christian Church in Cincinnati, he loves moving people into action to advance racial justice. He and his wife, Amanda, have three children and live in Cincinnati, Ohio.



**JANUARY 16** • US \$13.99 • CAN \$17.49  
9780801078033

RELIGION / Christian Living / Prayer  
RELIGION / Christian Living /  
Women's Interests  
RELIGION / Christian Living / Spiritual  
Growth

Paperback / softback  
218.000 mm H | 142.000 mm W | 14.960  
mm T | 202.000 gr Wt  
208 pages • Carton Quantity: 0

**Sheila Walsh** is a powerful communicator, Bible teacher, and bestselling author with more than 5 million books sold. She is the author of *It's Okay Not to Be Okay* and the award-winning *Gigi, God's Little Princess*. She is cohost of *Life Today* with James and Betty Robison, with more than 100 million viewers. Walsh is a popular speaker and Bible teacher around the world. She lives in Dallas, Texas, with her husband, Barry, their son, Christian, and their two pups, Tink and Maggie.

Baker Books

FEBRUARY 2020

## PRAYING WOMEN

*How to Pray When You Don't Know What to Say*

**Sheila Walsh**

### Praying Women Change the World

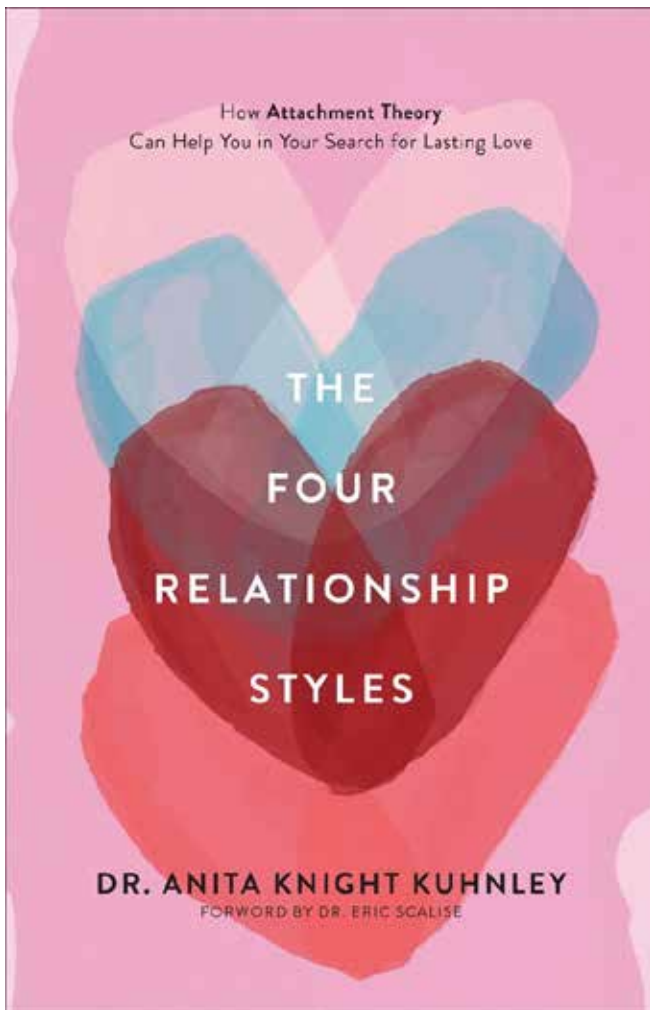
- Author's books have sold nearly 6 million copies
- Author is the host of *Praise* and *Better Together*, both on TBN, which reaches a potential audience of 2 billion each day through TV and the TBN app
- Author has over half a million highly engaged social media followers and over 100,000 email subscribers

Prayer is one of the most powerful, life-changing things we will ever do. Yet we often struggle. It's hard to find the time. It's repetitive. We get distracted and sometimes even bored. And the answers often feel few and far between.

The good news? There is a simple, powerful way to reignite your conversation with God. In *Praying Women*, bestselling author Sheila Walsh shares practical helps directly from God's Word, showing you how to

- know what to say when you pray
- understand how to use prayer as a weapon when you are in the midst of a struggle
- pray as a joy-filled warrior, not an anxious worrier
- let go of the past and stand on God's promises for you now

Prayer changes you and it changes the world. You may have tried before, but if you're ready to start again in your relationship with God, let Sheila Walsh show you how to become a strong praying woman.



## THE FOUR RELATIONSHIP STYLES

*How Attachment Theory Can Help You in Your Search for Lasting Love*

**Dr. Anita Knight Kuhnley**

**Experience Greater Love and Intimacy by Learning the Science behind Your Relationships**

- Author is an AACCC conference speaker and American Counseling Association blogger
- Author trains counselors at Liberty University and Regent University
- Book includes informative graphics, key takeaways for each chapter, and a quiz to help identify your relationship style

Whether we know it or not, relationship styles cause some people to naturally thrive in relationships and others to struggle. According to attachment theory, we tend to experience love in predictable ways--some of which are healthy and some of which are not--based on our style and that of our partner.

The good news is, whatever relationship style you have naturally, you're not stuck with it! Using the strategies found in this book, you can

- identify your relationship style (and your partner's)
- understand the strengths and challenges of that style
- overcome feelings of rejection and failed relationships
- recognize the patterns and behaviors that are affecting your relationships
- develop better ways to express and receive love

If you've been caught in a cycle of unsatisfying relationships, discover how attachment theory can help you take the guesswork out of understanding why people behave the way they do--especially in times of stress--so you can find and sustain a love that lasts.

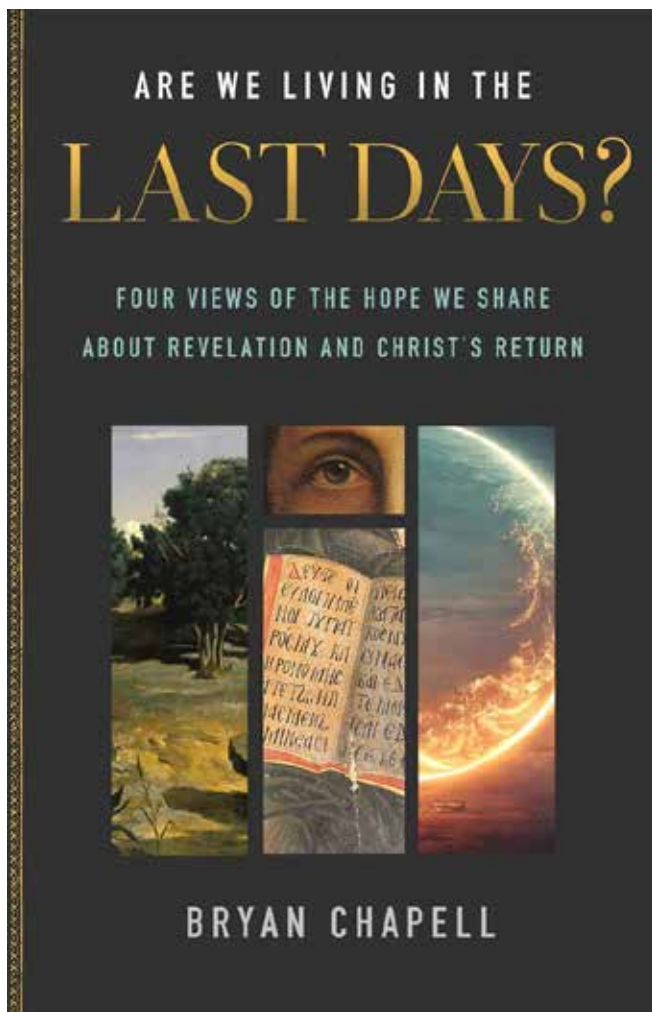


**JANUARY 23 • US \$18.99 • CAN \$23.99**  
**9781540902887**

Paperback / softback  
8.500 in H | 5.500 in W  
256 pages • Carton Quantity: 36

RELIGION / Christian Living / Love & Marriage  
FAMILY & RELATIONSHIPS / Love & Romance  
SELF-HELP / Personal Growth / Happiness

**Dr. Anita Knight Kuhnley** is associate professor of counseling at both Regent University and Liberty University. The author of *The Mister Rogers Effect*, Kuhnley has worked as head counselor of a faith-based substance abuse facility, served as a counselor at a women's community center, and directed a college counseling center. She is a popular conference speaker for the American Association of Christian Counselors and a blogger for the American Counseling Association. She lives in Florida.



FEBRUARY 6 • US \$22.99 • CAN \$28.99  
9781540903921

RELIGION / Christian Theology /  
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Testament / Revelation

Paperback / softback  
8.500 in H | 5.500 in W  
256 pages • Carton Quantity: 36

**Bryan Chapell**, PhD, is president of Unlimited Grace Media, daily broadcasting grace-filled messages in most major US markets and streaming preaching instruction in 1,500 cities in 90+ nations with 150,000 email subscribers. He also leads the Administrative Committee of the Presbyterian Church in America, is Pastor Emeritus of the historic Grace Presbyterian Church in Peoria, Illinois, and is President Emeritus of Covenant Seminary in St. Louis, Missouri. Chapell is a widely traveled speaker and the author of numerous books, including the bestseller *Christ-Centered Preaching* and *Christ-Centered Worship*.

## ARE WE LIVING IN THE LAST DAYS?

*Four Views of the Hope We Share about Revelation and Christ's Return*

**Bryan Chapell**

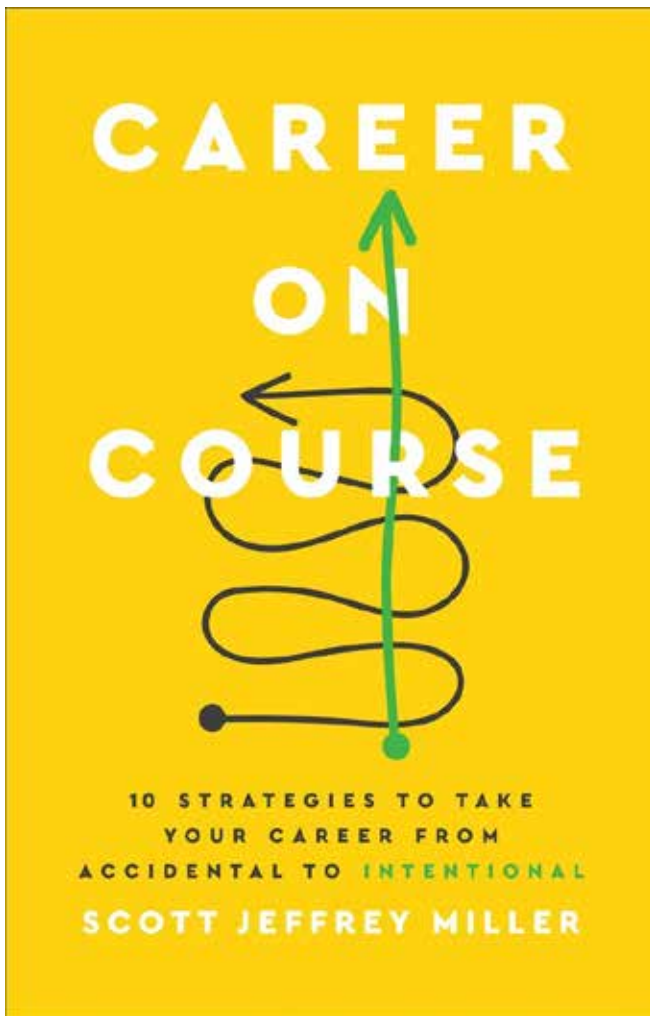
**Finally Understand the End Times and Our Shared Hope for the Future**

- Author's Baker books have sold more than 300,000 copies
- Author has a large and active radio ministry with more than 150,000 email subscribers
- Author trains pastors and Bible teachers around the world

Will Jesus's return be preceded by a single world government? Will every person have a government-issued ID or mark? Does Christ return once or twice? Will believers go through a Great Tribulation? Will there be a literal battle of Armageddon? Does it even matter what we believe about future events?

Biblical prophecies about the end times have confused, confounded, and even divided God's people for centuries. But the reason Scripture gives us hints about the future is to provide the encouragement we need to endure the present, confident that God keeps his promises.

In this balanced look at four major views of the end times, bestselling author Bryan Chapell explains the primary ways Christians have interpreted biblical prophecy about the last days, not so that we might pick a hill to die on but so that we can cling to what unites us in Christ. No matter what end times view we find most compelling, in God's plans we can find strength for today and hope for tomorrow.



FEBRUARY 20 • US \$26.99 • CAN \$33.99 BUSINESS & ECONOMICS / Careers / General  
9781540903426

Hardback  
8.500 in H | 5.500 in W  
240 pages • Carton Quantity: 24

SELF-HELP / Personal Growth / Success  
BUSINESS & ECONOMICS / Leadership

**Scott Jeffrey Miller** is the host of FranklinCovey's fast-growing *On Leadership with Scott Miller* podcast, as well as the weekly podcast *C-Suite Conversations with Scott Miller*. He delivers more than 70 keynote addresses per year and is the senior advisor on thought leadership at FranklinCovey, where he leads the strategy and development of the firm's podcasts and speakers bureau, as well as the publication and distribution of bestselling books, articles, columns, and interviews. Miller lives in Salt Lake City, Utah.

## CAREER ON COURSE

*10 Strategies to Take Your Career from Accidental to Intentional*

**Scott Jeffrey Miller**

**Stop Drifting and Build a Career Plan That Will Take You Where You Want to Go**

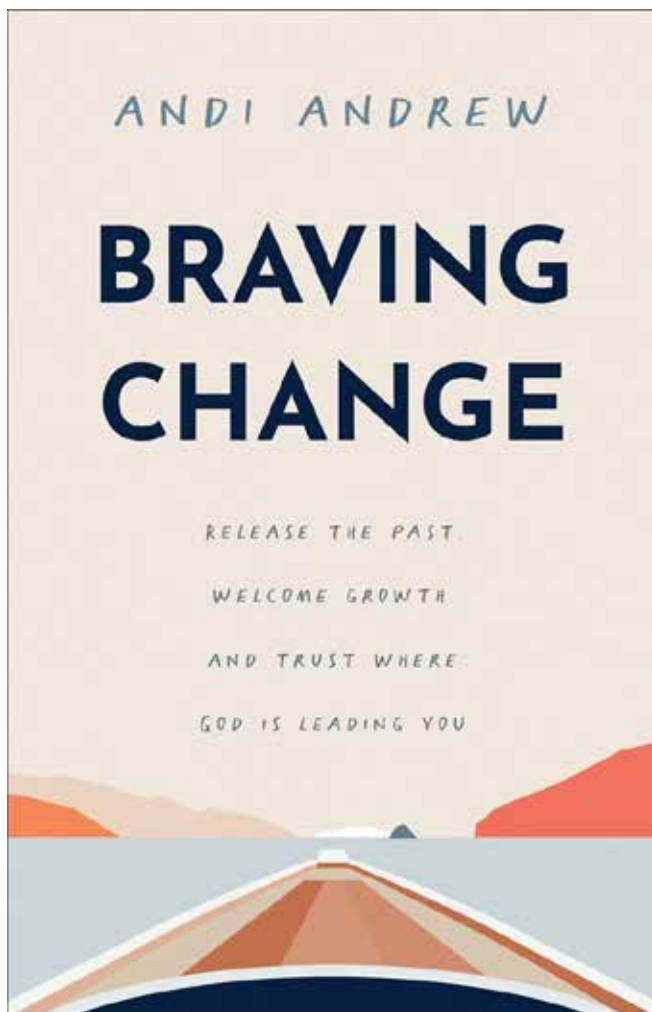
- Author is the senior advisor on thought leadership at FranklinCovey and speaks more than 70 times a year
- Author has over 57,000 followers on Instagram and 38,000 on LinkedIn
- Host of the popular *On Leadership with Scott Miller* podcast

Most careers unfold accidentally, haphazardly, and with too much serendipity. That means lost traction, lost years, and lost opportunities. But your career doesn't have to be that way! *Career on Course* unpacks the 10 steps that will take your career from accidental to intentional.

Drawing upon insights and best practices from three decades in professional and leadership development, Scott Jeffrey Miller shares his proven process for creating a plan that empowers you to take control of your career. Based on his own successes and failures, and those that he's watched from both high-performing and frustrated professionals, Scott shows you how to

- know your professional values
- develop your long-term plan
- define and build your brand
- and more

The most successful professionals are those who have clarity, have a plan, live in accordance with their values, and know how to pivot in the face of disruption. Whether you're just starting your career or you've found yourself stuck somewhere in the middle, this book will help you get your career on course.



MARCH 5 • US \$18.99 • CAN \$23.99  
9781540903495

Paperback / softback  
8.500 in H | 5.500 in W

224 pages • Carton Quantity: 24

RELIGION / Christian Living /  
Women's Interests  
RELIGION / Christian Living / Spiritual  
Growth  
RELIGION / Devotional

## BRAVING CHANGE

*Release the Past, Welcome Growth, and Trust Where God Is Leading You*

**Andi Andrew**

**Be Empowered to Make Healthy Choices and Trust Where God Is Leading You**

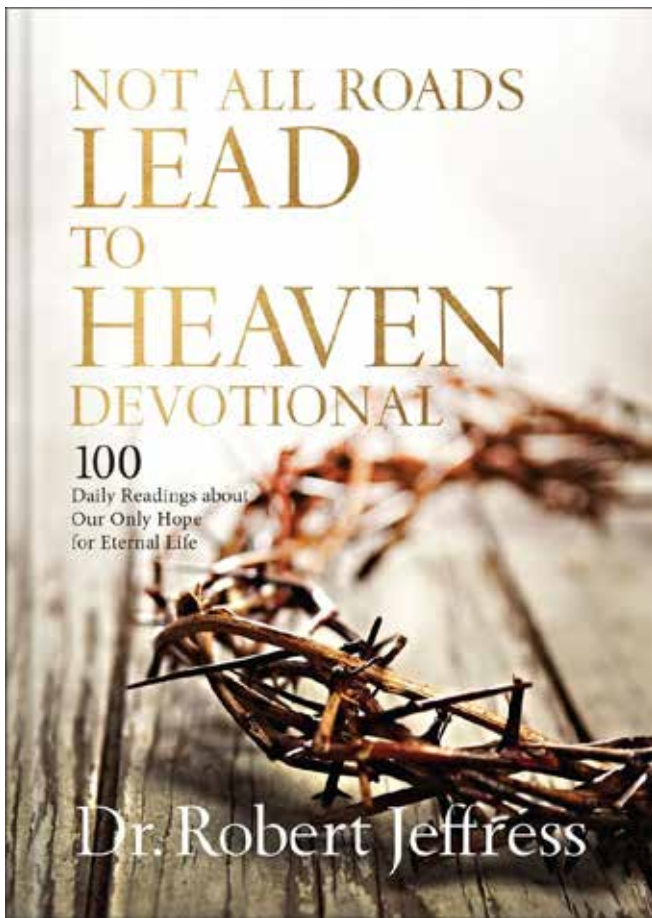
- Author's books have sold more than 50,000 copies
- Author's podcast has over 200,000 downloads
- Author regularly speaks to large audiences

Change in our lives is inevitable whether it is a change we desire, like a new job or a new city, or one thrust upon us, like the loss of a loved one or a challenge to our health. Either way, we get to choose who we become as a result of these changes in our lives. Change is a powerful teacher, shaping and molding us more into the likeness of Christ as we let it do its work.

Combining biblical wisdom with inspiring personal stories, *Braving Change* helps you

- recognize the transition you are in
- recover from loss
- reclaim your power to make healthy choices
- rebuild after change

Each chapter includes reflection questions and a guided prayer to help you make sense of the change you're experiencing so that you can grow through it and be prepared for the next change that comes your way.



## NOT ALL ROADS LEAD TO HEAVEN DEVOTIONAL

*100 Daily Readings about Our Only Hope for Eternal Life*

**Dr. Robert Jeffress**

**Reaffirm Your Hope and Trust in the Unrivaled Claims of Jesus Christ**

- Author's Baker books have sold more than 700,000 copies
- Author is the senior pastor of the 16,000-member First Baptist Church in Dallas, Texas, and has 355,000+ social media followers
- Author is a Fox News contributor and has made more than 4,000 appearances on television and radio programs

Jesus said no one comes to the Father except through him. But in our inclusive world, such an exclusive claim isn't popular. Believers today face persistent pressure to abandon this belief, which the world sees as antiquated at best and hateful at worst. What we need is godly encouragement to stay the course and courage to share the gospel compassionately with those around us.

Based on his popular book *Not All Roads Lead to Heaven*, this new devotional from Dr. Robert Jeffress offers 100 daily readings to bolster your faith in Jesus and boost your passion for sharing the Good News. These readings delve into what both the Old and New Testaments say about salvation, answer popular objections to the gospel, and equip you with the wisdom, reasoning, and illustrations you need to share your faith with boldness and love.

God has appointed us to be his representatives on earth to proclaim the truth that Jesus Christ is the only way to heaven. It's the most loving thing we can do for the people around us. Let this devotional encourage and equip you to live joyfully in the knowledge of our one-of-a-kind Savior.



**MARCH 5 • US \$18.99 • CAN \$23.99**  
9781540903709

Hardback  
7.000 in H | 5.000 in W  
256 pages • Carton Quantity: 20

RELIGION / Christian Living /  
Devotional  
RELIGION / Christian Theology /  
Apologetics  
RELIGION / Christian Living / Spiritual  
Growth

**Dr. Robert Jeffress** is senior pastor of the 16,000-member First Baptist Church, Dallas, Texas, and is a Fox News contributor. His daily radio program, *Pathway to Victory*, is heard on more than 1,000 stations nationwide, and his weekly television program is seen in 195 countries around the world. Jeffress has appeared on many media outlets, such as *Fox & Friends*, *Hannity*, *Good Morning America*, and *Real Time with Bill Maher*. He is the author of more than 30 books, including *Not All Roads Lead to Heaven*, *Choosing the Extraordinary Life*, *18 Minutes with Jesus*, *What Every Christian Should Know*, and *The 10*. He lives in Dallas.





## THE (YOUNG) MEN WE NEED

*God's Purpose for Every Guy and How You Can Live It Out*

**Brant Hansen**

**Engaging, Humorous Perspective on How Young Men Can Live Out the Purpose God Has for Every Guy**

- *The Men We Need* sold more than 25,000 copies in its first year
- Author is an award-winning Christian radio host whose program is broadcast on more than 200 stations with 2 million loyal listeners
- Author's podcast, *The Brant and Sherri Oddcast*, receives over one million downloads a year (over 15 million total)

The world needs young men to grow up into real men. But here's the problem: young men get so many conflicting messages about what it means to be a man, they find it hard to know what masculinity looks like when men are at their absolute best.

Into this cultural confusion Brant Hansen paints a refreshingly specific, compelling picture of what men are designed to be. Combining depth and humor, he calls for young men of all interests and backgrounds to be ambitious about the right things and to see themselves as protectors and defenders of the vulnerable, with whatever resources they have at their disposal.

*The (Young) Men We Need* is witty, to the point, bracingly honest, and packed with wisdom. Perfect for any guy age 14 and up who wants to know "Why am I here?"-- and is ready to show up. Includes discussion questions.

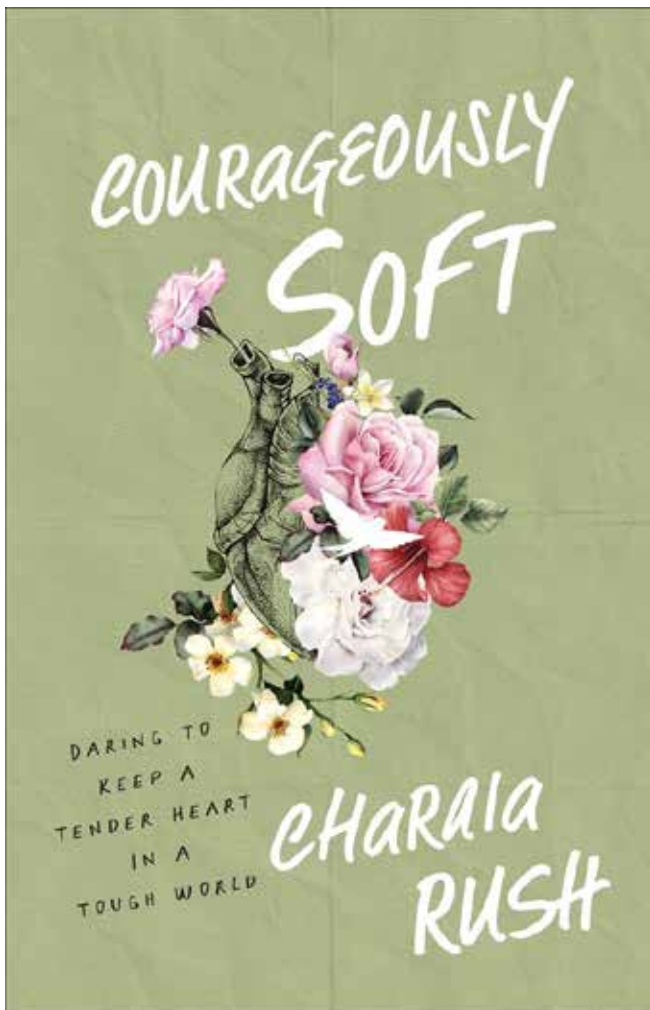


MARCH 12 • US \$16.99 • CAN \$20.99  
9781540903693

Paperback / softback  
8.500 in H | 5.500 in W  
192 pages • Carton Quantity: 36

YOUNG ADULT NONFICTION /  
Religious / Christian / Inspirational  
YOUNG ADULT NONFICTION /  
Religion / General  
RELIGION / Christian Living / Men's  
Interests

**Brant Hansen** is a bestselling author, radio host, and advocate for healing children with correctible disabilities through CURE International Children's Hospitals. His award-winning radio show, *The Brant Hansen Show*, is syndicated on top stations nationwide. His podcast with his producer, *The Brant and Sherri Oddcast*, has been downloaded more than 15 million times. The author of *Unoffendable*, *The Truth about Us*, and *The Men We Need*, Hansen lives in South Florida with his wife, Carolyn. Learn more at [www.BrantHansen.com](http://www.BrantHansen.com) and find out about CURE at [www.Cure.org](http://www.Cure.org).



## COURAGEOUSLY SOFT

*Daring to Keep a Tender Heart in a Tough World*

**Charaia Rush**

**Find Your Greatest Strength by Staying Open to God's Goodness in a Hard World**

- Rapidly growing Instagram presence with more than 43,000 highly engaged followers
- Gifted writer who has contributed to ChristianParenting.com and *SheReads Truth*
- Well connected to authors including Ann Voskamp, Jess Connolly, K. J. Ramsey, Lisa Whittle, and more

Living in a broken world gives us plenty of reasons to armor up, shut down, and numb out. But God wants more for us than just getting by. When we harden ourselves to the world, we not only close ourselves off from the good things God intends for us but close off avenues God wants to work through in others' lives as well.

With deep empathy and encouragement, writer Charaia Rush invites us to experience the countercultural path of staying open and vulnerable to the goodness of God and the miracle of staying tender in a tough world that only God can bring about. In *Courageously Soft* she helps you to

- identify the root of a hardened heart
- move from fearful self-preservation to the hope of being held
- recognize God's presence in the midst of pain
- replace denial, shutting down, and closing off with abiding trust in God's love and care

If you have been feeling exhausted, bitter, or beaten down by disappointment, betrayal, or suffering, this grace-filled book will help you find your way back to a posture of love, trust, and hope.

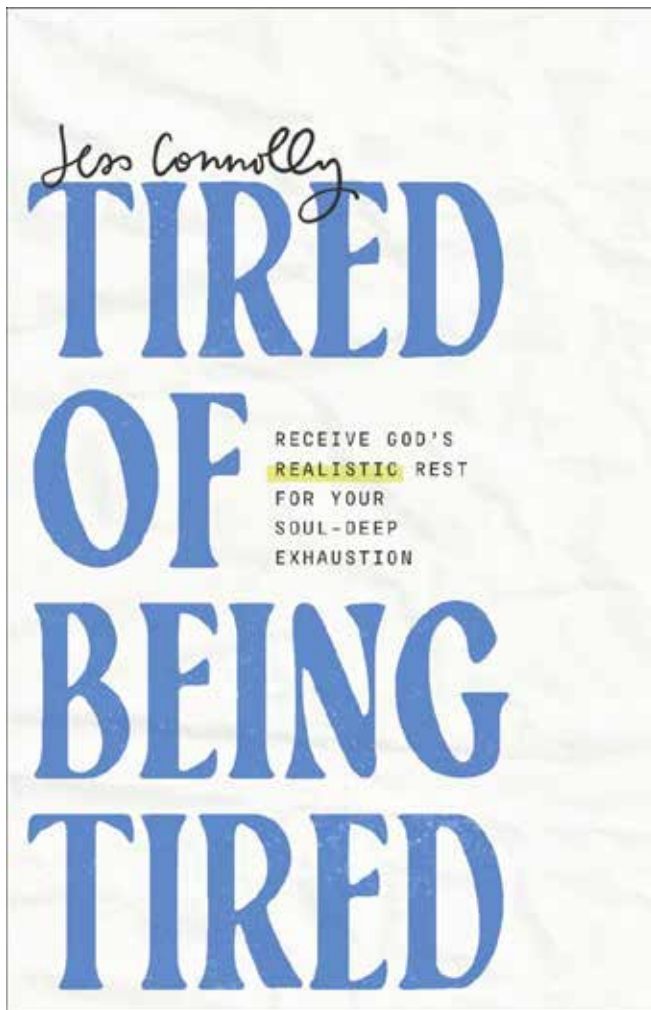


MARCH 19 • US \$18.99 • CAN \$23.99  
9781540903433

RELIGION / Christian Living /  
Women's Interests  
RELIGION / Christian Living / Spiritual  
Growth  
RELIGION / Christian Living /  
Inspirational

Paperback / softback  
8.500 in H | 5.500 in W  
224 pages • Carton Quantity: 24

**Charaia Rush** is a writer and speaker who is passionate about telling the story of the gospel and watching how it softens the hardened corners of our hearts and illuminates the dark rooms of our spirits. She has written for outlets such as *Christian Parenting* and *SheReads Truth*. She resides in Colorado with her two lovely children.



APRIL 9 • US \$19.99 • CAN \$24.99  
9781540902504

Paperback / softback  
8.500 in H | 5.500 in W

224 pages • Carton Quantity: 24

RELIGION / Christian Living /  
Women's Interests  
RELIGION / Christian Living / Personal  
Growth  
RELIGION / Christian Living / Spiritual  
Growth

**Jess Connolly** is the author or coauthor of several books, including *Wild and Free*, *You Are the Girl for the Job*, and *Breaking Free from Body Shame*. Along with her husband, Nick, she planted Bright City Church in Charleston, South Carolina, where they live with their four children. Jess is a woman who wants to leave her generation more in awe of God than she found it. She is passionate about family, God's Word, and seeing women take their place in the kingdom. Find her on Instagram @JessAConnolly or on her website, [www.JessConnolly.com](http://www.JessConnolly.com).

## TIRED OF BEING TIRED

*Receive God's Realistic Rest for Your Soul-  
Deep Exhaustion*

**Jess Connolly**

**Reject the Lie That a Full Schedule Equals a Full Life and  
Create Space for What *Actually* Matters**

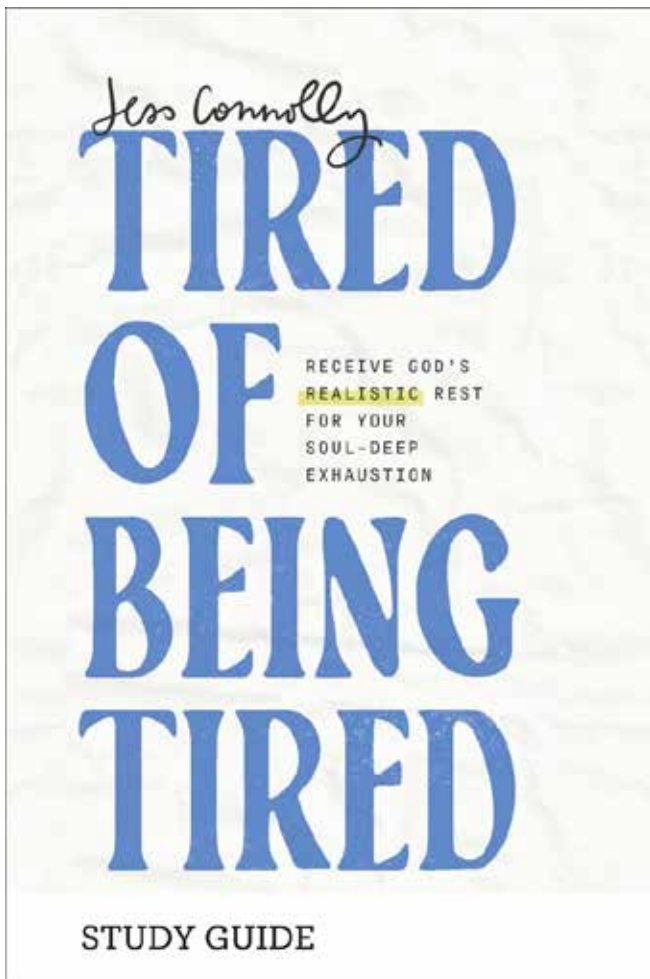
- Author has a combined social media following of more than 150,000
- Author's previous books have sold more than 300,000 copies
- Author is a sought-after speaker and host of *The Jess Connolly Podcast*

If you're a woman, chances are you know the cycle: You start the day already exhausted and end it defeated, all the while telling yourself things will get better if you can just power through this week. But then the weeks turn into months, and you start to believe you'll never be able to stop, slow down, or catch your breath. You wouldn't even know how if you tried. And yet God has made you for a life of abundance, not a life of exhaustion. It's time to quit the unsustainable pace and receive God's gift of realistic rest.

With relatable stories and eye-opening insights, bestselling author and speaker Jess Connolly offers good news to soul-weary women: There is a better way, and it is yours for the taking. She shows you

- how to find the source of your fatigue
- scripts for saying no and strategies for protecting your peace
- practices for bringing realistic rest into your daily and weekly rhythms

You *can* break the cycle of living like you're constantly on the hook and come to Jesus to find rest for your weary and burdened soul. This book will show you how to find new rhythms so that you can experience the abundant life God intended for you.



## TIRED OF BEING TIRED STUDY GUIDE

*Receive God's Realistic Rest for Your Soul-  
Deep Exhaustion*

**Jess Connolly**

**Go Deeper to Create Space for What *Actually* Matters**

- Author has a combined social media following of more than 150,000
- Author's previous books have sold more than 300,000 copies
- Author is a sought-after speaker and host of *The Jess Connolly Podcast*

It's time to quit the unsustainable pace of life we find ourselves in and receive God's gift of realistic rest.

In *Tired of Being Tired*, bestselling author and speaker Jess Connolly offers good news to soul-weary women: there is a better way, and it is yours for the taking. In this companion study guide, you'll discover practical ways to apply the biblical truths that will change your life.

You *can* break the cycle of living like you're constantly on the hook and come to Jesus to find rest for your weary and burdened soul. This study guide will show you how to implement new rhythms and relational patterns so that you can experience the abundant life God intended for you--in your life today, not just some unreachable future.



APRIL 9 • US \$14.99 • CAN \$18.49  
9781540902511

Paperback / softback  
9.000 in H | 6.000 in W

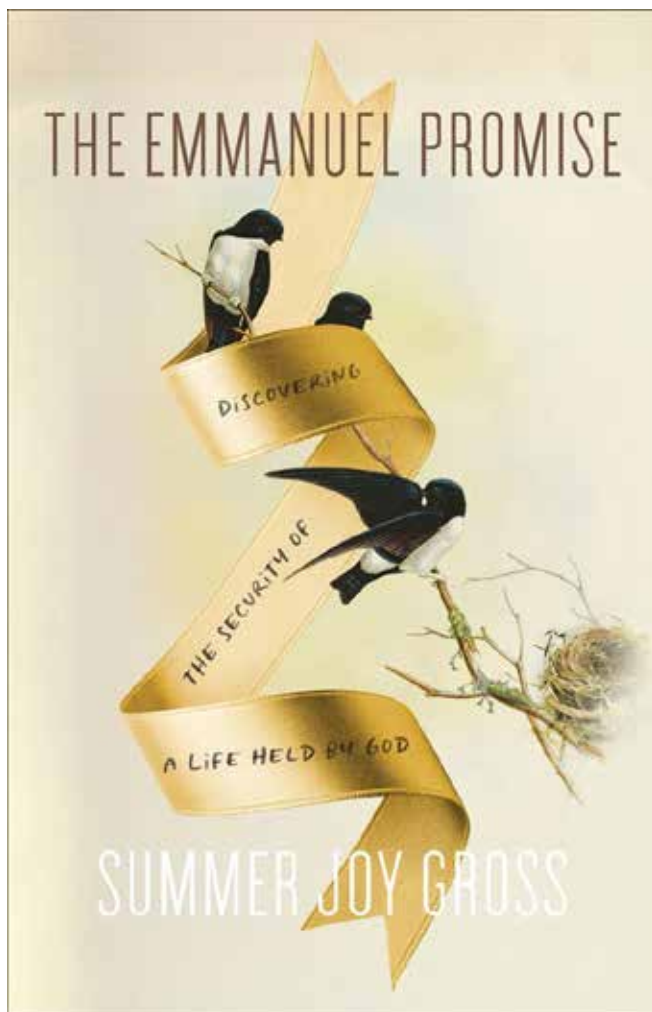
96 pages • Carton Quantity: 60

RELIGION / Biblical Studies / Bible  
Study Guides

RELIGION / Christian Living /  
Women's Interests

RELIGION / Christian Living / Personal  
Growth

**Jess Connolly** is the author or coauthor of several books, including *Wild and Free*, *You Are the Girl for the Job*, and *Breaking Free from Body Shame*. Along with her husband, Nick, she planted Bright City Church in Charleston, South Carolina, where they live with their four children. Jess is a woman who wants to leave her generation more in awe of God than she found it. She is passionate about family, God's Word, and seeing women take their place in the kingdom. Find her on Instagram @JessAConnolly or on her website, [www.JessConnolly.com](http://www.JessConnolly.com).



APRIL 30 • US \$18.99 • CAN \$23.99  
9781540903662

RELIGION / Christian Living / Spiritual  
Growth  
RELIGION / Christian Rituals &  
Practice / General  
RELIGION / Spirituality

Paperback / softback  
8.500 in H | 5.500 in W  
240 pages • Carton Quantity: 36

**Summer Joy Gross** (M.Div., Virginia Theological Seminary) is an Anglican priest, retreat leader, and spiritual director whose work is guided by the belief that our stories can be transformed by God's invitation to make his love our home base. She is associate faculty of spiritual formation and the art of spiritual direction at the Healing Care Ministries' spiritual direction school. She is the host of *The Presence Podcast* and lives in North Georgia with her husband, their three teenagers, and their Brittany Spaniel, who points lawn ornament rabbits around their suburban neighborhood.

## THE EMMANUEL PROMISE

*Discovering the Security of a Life Held by God*  
**Summer Joy Gross**

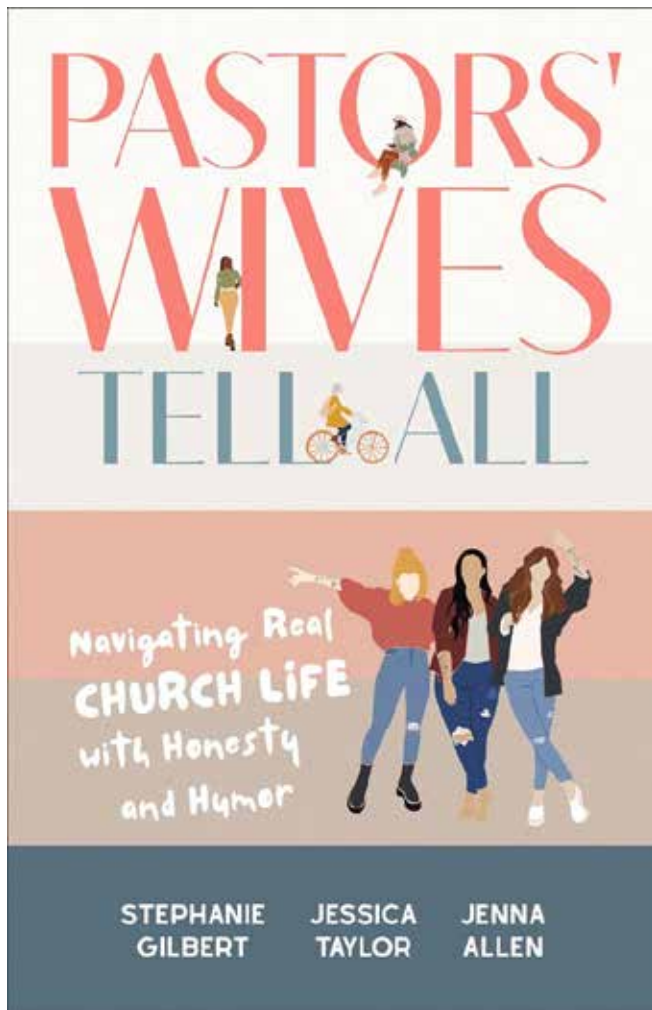
**Develop a Sense of Sanctuary with the God Who Is Always with You**

- Built-in promotional network in the Anglican Church of North America (ACNA) as the author's denomination
- Will appeal to readers of Tish Harrison Warren, K. J. Ramsey, Curt Thompson
- Each chapter offers simple sensory and contemplative tools for developing spiritual habits

God's face is always shining toward us. Our God is not asleep, nor indifferent. But we don't always experience this nearness or the depth of how beloved we truly are—especially if we have experienced neglect, betrayal, or indifference in our formative human relationships.

Drawing from the deep well of Scripture, attachment theory, and her own personal story, Summer Joy Gross invites you to experience Emmanuel, God-with-us, as the One whose love toward you is secure and unchanging. She teaches you simple, repeatable practices grounded in biblical teaching and our rich and ancient church traditions that will equip you day-by-day to build a secure attachment with the God who holds you in a sure hand.

Because when you are rooted in God's nearness in the ordinary moments, you can rest in God in the midst of life's storms.



APRIL 30 • US \$18.99 • CAN \$23.99  
9781540903747

Paperback / softback  
8.500 in H | 5.500 in W  
224 pages • Carton Quantity: 24

RELIGION / Christian Living /  
Women's Interests  
RELIGION / Christian Ministry /  
General  
RELIGION / Christian Living / Family  
& Relationships

**Stephanie Gilbert, Jessica Taylor, and Jenna Allen** are cohosts of the *Pastors' Wives Tell All* podcast. Stephanie is a blogger, speaker, and youth minister's wife who has made it her life's mission to seek out joy amid the junk of everyday life. Jessica is a speaker, pastor's wife, and founder of Come Away Missions and DO GOOD Project, a nonprofit serving the people of Rwanda. Jenna is a creative, photographer, tech wiz, business owner, and discipleship/worship pastor's wife who brings beauty and a clear message into every project she touches.

## PASTORS' WIVES TELL ALL

*Navigating Real Church Life with Honesty and Humor*

**Stephanie Gilbert, Jessica Taylor, and Jenna Allen**

### How to Navigate the Unwritten Rules of Life as a Ministry Spouse

- Authors are the hosts of the *Pastors' Wives Tell All* podcast
- Authors have a total reach of 60,000 on social media
- A real-life, modern perspective on life as a pastor's wife from three different women

In a world that expects near perfection from people in ministry, it is hard to be honest about struggles of being a pastor's wife or a woman in ministry--let alone have a sense of humor about it! In their popular podcast, *Pastors' Wives Tell All*, Jessica Taylor, Stephanie Gilbert, and Jenna Allen create a safe place for pastors' wives and women in ministry to be their most authentic selves. Now they're bringing their wit and wisdom to women through the written word.

Addressing topics such as how to smash stereotypes, deal with marital issues, make friends, and overcome parenting anxiety, they remind pastors' wives (and the people in their congregations) that God doesn't expect them to be superhuman. They show women how to

- establish and maintain healthy boundaries
- seek wise counsel
- confess their sins and shortcomings aloud
- shed the persona of perfection
- and much more

If you're a pastor's wife--by calling, by choice, or by circumstance--you'll find relief, renewal, and refreshment in the pages of this book.