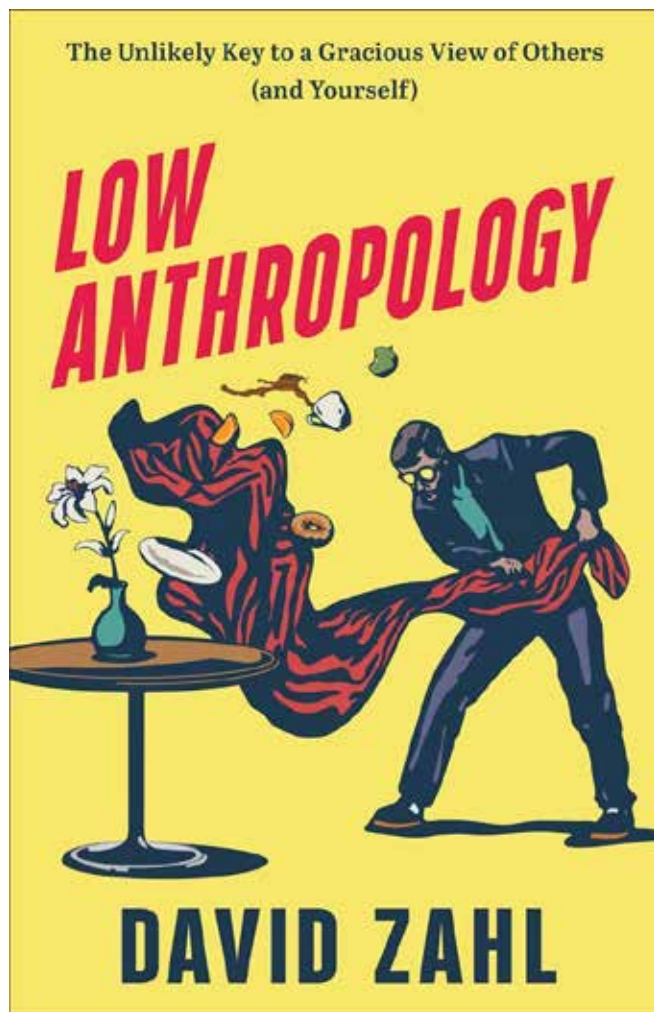




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The Unlikely Key to a Gracious View of Others
(and Yourself)

LOW ANTHROPOLOGY

DAVID ZAHL



JULY 25 • US \$22.99 • CAN \$28.99
9781587436321

Paperback / softback
8.500 in H | 5.500 in W
208 pages • Carton Quantity: 24

RELIGION / Christian Living / Spiritual
Growth
RELIGION / Christian Living / General
RELIGION / Christian Theology /
Anthropology

David Zahl is founder and director of Mockingbird Ministries, which receives more than 1 million website page views per year and 35,000 newsletter subscribers and social media followers. He is editor in chief of the *Mockingbird* blog and cohost of the *Mockingcast* podcast. Zahl wrote the critically acclaimed book *Seculosity: How Career, Parenting, Technology, Food, Politics, and Romance Became Our New Religion and What to Do about It* and has written for *Christianity Today* and the *Washington Post*. He lives with his wife and three boys in Charlottesville, Virginia, where he also serves on the staff of Christ Episcopal Church.

Brazos Press

JULY 2023

LOW ANTHROPOLOGY

*The Unlikely Key to a Gracious View of Others
(and Yourself)*

David Zahl

How Realistic Expectations Lead to Grace for Others--and Ourselves

- Zahl is founder and director of Mockingbird Ministries, editor in chief of the *Mockingbird* blog, and cohost of the *Mockingcast* podcast
- Author wrote the acclaimed book *Seculosity*
- Author has written for *Christianity Today* and the *Washington Post*

Many of us spend our days feeling like we're the only one with problems, while everyone else has their act together. But the sooner we realize that everyone struggles like we do, the sooner we can show grace to ourselves and others.

Now in paperback, *Low Anthropology* offers a liberating view of human nature, sin, and grace. Popular author and theologian David Zahl shows why the good news of Christianity is both urgent and appealing. By embracing a more accurate view of human beings, readers will discover a true and lasting hope.

"[This] fresh and unexpectedly positive take on sin and pride makes for a lighthearted yet high-minded exploration of failure's ability to serve as a gateway to grace. Readers will find this a balm."

--*Publishers Weekly*

"I know of few people better equipped to cut through the religious noise of our day than David Zahl."

--**Mike Cospers**, author and director of podcasts at *Christianity Today*

PRACTICES *for* EMBODIED LIVING



PRACTICES FOR EMBODIED LIVING

Experiencing the Wisdom of Your Body

Hillary L. McBride, PhD

An Experiential Guide to Embodied Living

- McBride is a clinical psychologist and host of the *Other People's Problems* podcast, which has had more than two million downloads
- A follow-up to *The Wisdom of Your Body* (more than 20,000 copies sold since Fall 2021)
- A practical, approachable, and visually stimulating workbook

In *The Wisdom of Your Body*, clinical psychologist and award-winning researcher Hillary McBride explored the ways many of us inherit a broken understanding of the body and offered a more compassionate, healthy, and holistic perspective on embodied life. In this follow-up book, McBride takes the principles of *The Wisdom of Your Body* and puts them into action in practical, tangible ways.

Practices for Embodied Living offers an experiential guide--centered on prompts, activities, and opportunities for reflection--to support readers who want to practice embodiment. This approachable, visually stimulating book helps individuals and groups resist cultural myths about ideal bodies, get in touch with the goodness of their bodies, and more fully inhabit themselves.

Topics include disembodiment, stress and trauma, sexuality, body image, pain and illness, oppression, and more. Each topic includes various exercises to help readers restore the mind-body connection.

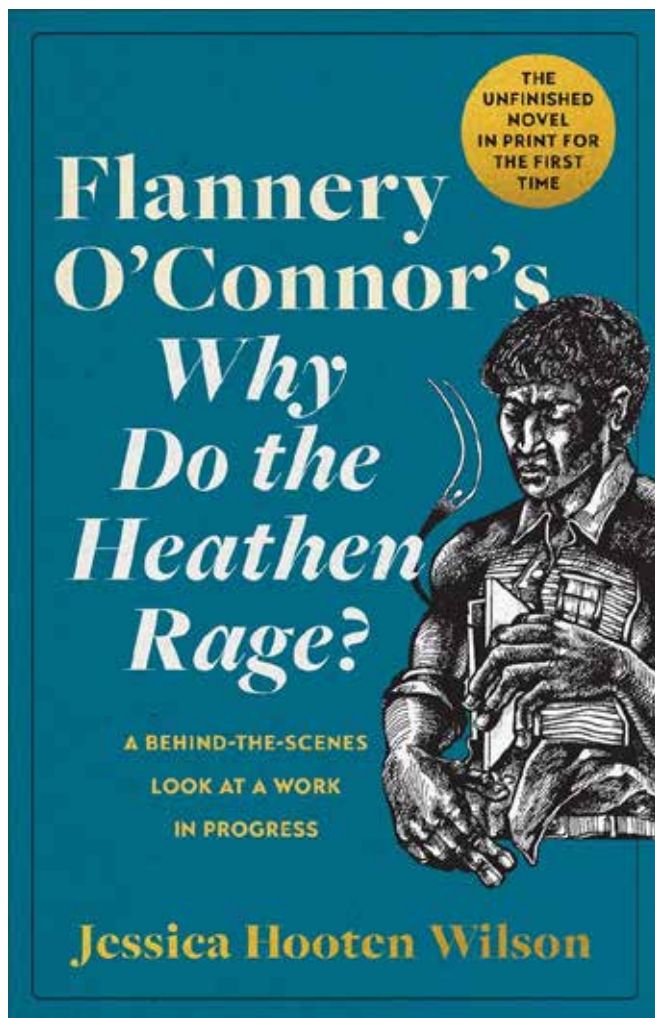


JANUARY 16 • US \$19.99 • CAN \$24.99
9781587436246

RELIGION / Spirituality
PSYCHOLOGY / Psychopathology /
Eating Disorders
RELIGION / Counseling

Paperback / softback
9.000 in H | 6.000 in W
144 pages • Carton Quantity: 40

Hillary L. McBride (PhD, University of British Columbia) is a registered psychologist, an award-winning researcher, and the host of the *Other People's Problems* podcast. She has a private practice in Victoria, British Columbia, and is a sought-after speaker and retreat leader who specializes in embodiment. McBride's work has been recognized by the American Psychological Association and the Canadian Psychological Association. She is the author of *The Wisdom of Your Body* and *Mothers, Daughters, and Body Image*, and coeditor of *Embodiment and Eating Disorders*. Learn more at www.hillarylmcbride.com.



JANUARY 23 • US \$24.99 • CAN \$30.99
9781587436185

Hardback
8.500 in H | 5.500 in W
192 pages • Carton Quantity: 32

LITERARY CRITICISM / American /
General
LITERARY CRITICISM / Books &
Reading
FICTION / World Literature /
American / 20th Century

Jessica Hooten Wilson (PhD, Baylor University) is the Fletcher Jones Endowed Chair of Great Books at Pepperdine University in Malibu, California. She is the author or editor of eight books, including *Reading for the Love of God*, *The Scandal of Holiness* (winner of a *Christianity Today* 2023 Award of Merit), and *Giving the Devil His Due: Demonic Authority in the Fiction of Flannery O'Connor and Fyodor Dostoevsky* (winner of a 2018 *Christianity Today* Book of the Year Award). Wilson speaks around the world on topics as varied as Russian novelists, Catholic thinkers, and Christian ways of reading.

Brazos Press

JANUARY 2024

FLANNERY O'CONNOR'S *WHY DO THE HEATHEN RAGE?*

A Behind-the-Scenes Look at a Work in Progress

Jessica Hooten Wilson

A Literary Excavation of Flannery O'Connor's Unfinished Novel

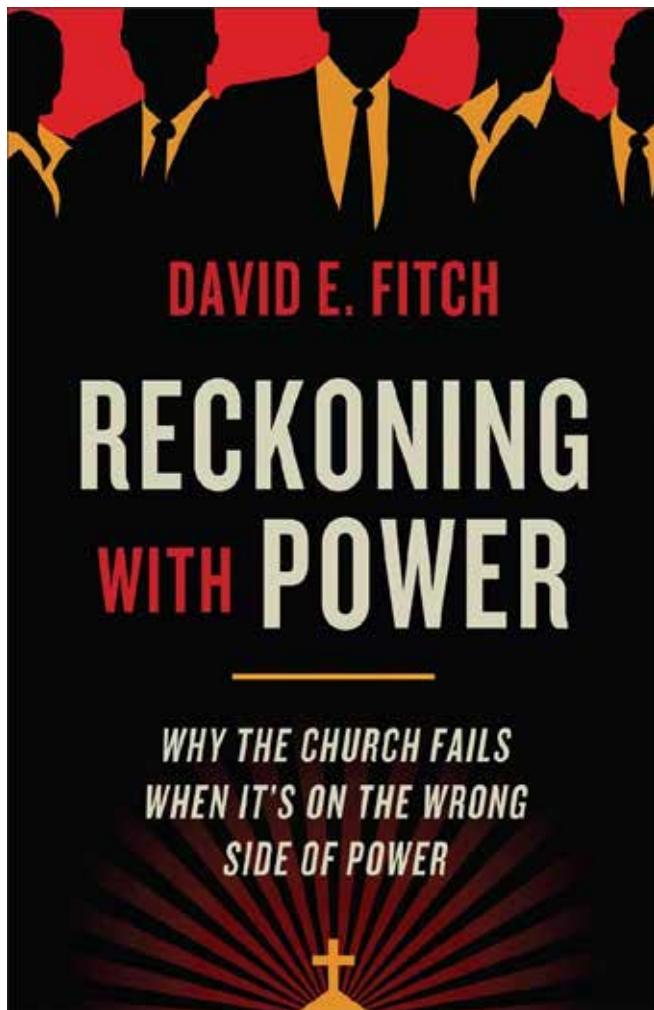
- Hooten Wilson is an award-winning author who has worked with the Flannery O'Connor estate for over a decade
- Author has crafted a nonfiction narrative of O'Connor's unfinished novel
- Flannery O'Connor's novels and short stories continue to sell well nearly 60 years after her death

When celebrated American novelist and short story writer Flannery O'Connor died at the age of 39 in 1964, she left behind an unfinished third novel, titled *Why Do the Heathen Rage?* Scholarly experts uncovered and studied the material, deeming it unpublishable. It stayed that way for 40 years.

Until now.

For the past 10 plus years, award-winning author Jessica Hooten Wilson has explored the 378 pages of typed and handwritten material of the novel--transcribing pages, organizing them into scenes, and compiling everything to provide a glimpse into what O'Connor might have planned to publish.

This book is the result of Hooten Wilson's work. In it, she introduces O'Connor's novel to the public for the first time and imagines themes and directions O'Connor's work might have taken. Including illustrations and an afterword from noted artist Steve Prince (One Fish Studio), the book unveils scenes that are both funny and thought-provoking, ultimately revealing that we have much to learn from what O'Connor left behind.



JANUARY 30 • US \$19.99 • CAN \$24.99
9781587434150

Paperback / softback
8.500 in H | 5.500 in W
224 pages • Carton Quantity: 24

RELIGION / Christian Living / Social
Issues
RELIGION / Christian Church /
General
RELIGION / Christian Ministry /
Pastoral Resources

David E. Fitch (PhD, Northwestern University) is the B. R. Lindner Chair of Evangelical Theology at Northern Seminary and the cofounder of Missio Alliance. He is the founding pastor of Life on the Vine Christian Community, a missional church in the northwest suburbs of Chicago, and is currently on the pastoral staff at Peace of Christ Church in Westmont, Illinois. Fitch is the author of six books and writes and speaks frequently on cultural engagement, leadership, and theology. He has also written for *Christianity Today*, *Outreach*, and *Catalyst*.

RECKONING WITH POWER

Why the Church Fails When It's on the Wrong Side of Power

David E. Fitch

A Theology of Power through the Lens of the Church's Triumphs and Failures

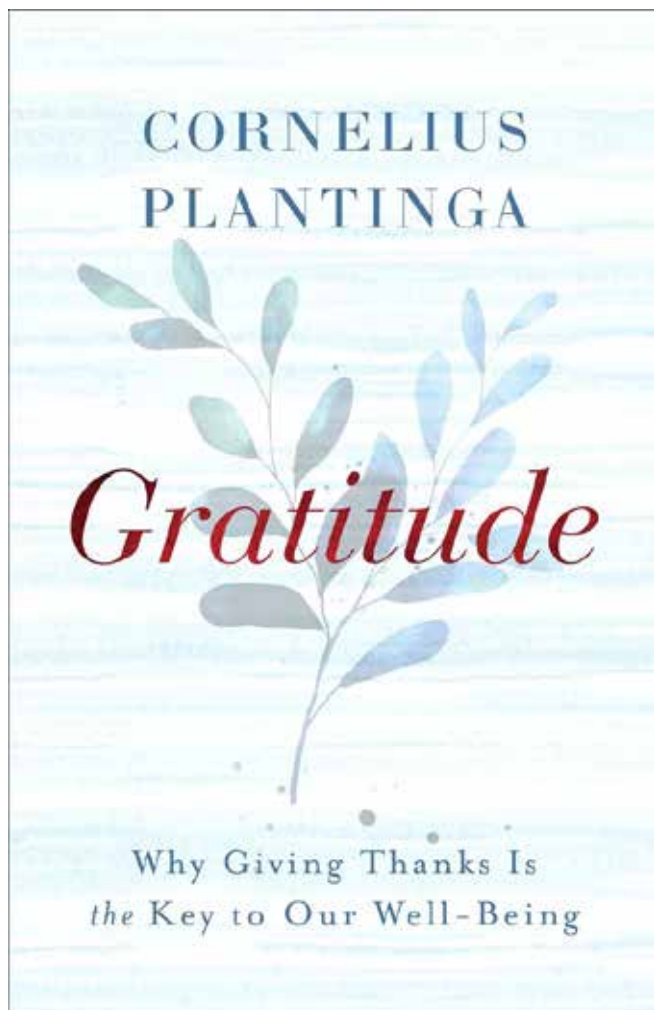
- Fitch is a pastor, professor, and cofounder of Missio Alliance
- Author has written for *Christianity Today*, *Outreach*, and *Catalyst* and speaks on issues of culture, theology, and mission
- He is active in several missional networks and cohosts the *Theology on Mission* podcast

History is clear: Whenever the church has aligned itself with worldly, coercive power, it ends up on the wrong side of important justice issues.

But when the church cooperates with God's power through his presence among the least powerful, its witness for Jesus transforms the world into a better place.

In *Reckoning with Power*, David Fitch unpacks the difference between worldly power, or power over others, and God's power, which engages not in coercion but in love, reconciliation, grace, forgiveness, and healing.

In a world where we can see the abuses of power everywhere--in our homes, schools, governments, and churches--Fitch teaches readers how to discern power and avoid its abuses and traumas. By learning from the church's historical pitfalls, Fitch empowers Christians to relinquish worldly power and make space for God to disrupt and transform our culture for his kingdom.



FEBRUARY 6 • US \$22.99 • CAN \$28.99
9781587436222

Hardback
8.500 in H | 5.500 in W

176 pages • Carton Quantity: 32

RELIGION / Christian Living / Spiritual
Growth
RELIGION / Christian Theology /
General
RELIGION / Christian Living / Personal
Growth

Cornelius (Neal) Plantinga (PhD, Princeton Theological Seminary) is senior research fellow at the Calvin Institute of Christian Worship and president emeritus of Calvin Theological Seminary in Grand Rapids, Michigan. He is the author of many books, including the *Christianity Today* Book Award winners *Not the Way It's Supposed to Be*, *Engaging God's World*, and *Reading for Preaching*. He is also the author of *Under the Wings of God: Twenty Biblical Reflections for a Deeper Faith* and *Morning and Evening Prayers*.

GRATITUDE

Why Giving Thanks Is the Key to Our Well-Being

Cornelius Plantinga

Why Gratitude Is Our Righteous Duty and the Key to Our Well-Being

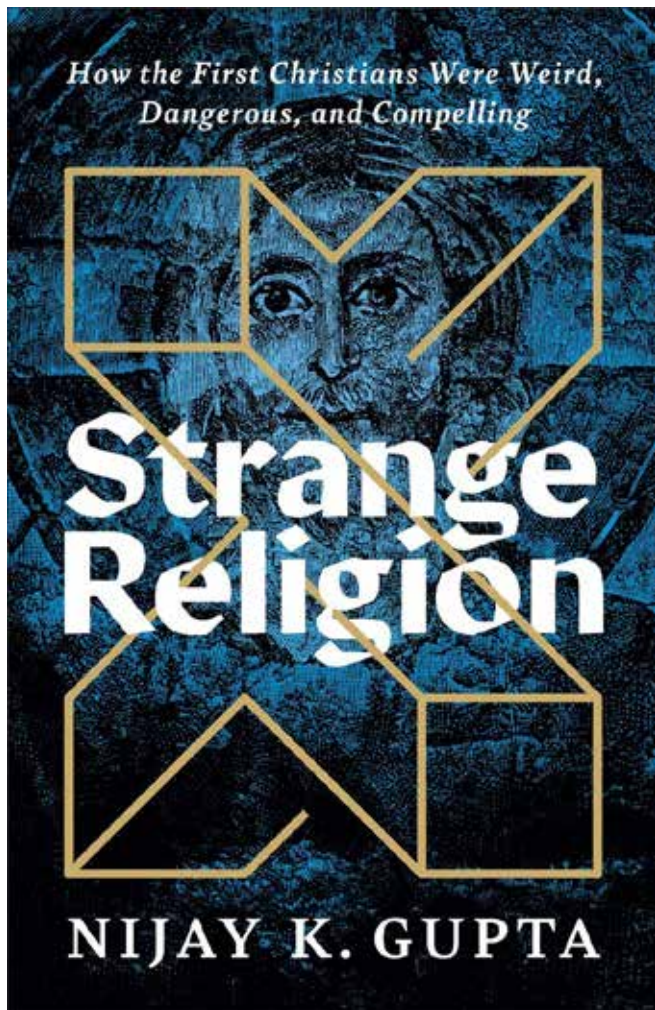
- Plantinga's previous books have sold over 125,000 copies
- Author served in various roles as pastor, professor, and president at Calvin Theological Seminary for over 30 years
- Three of the author's books have won *Christianity Today* Book Awards

What is gratitude? Where does it come from? Why do we need it? How does it change us?

In *Gratitude*, award-winning author Cornelius Plantinga explores these questions and more. Celebrating the role of gratitude in our lives, Plantinga makes the case that it is the very key to understanding our relationships with one another, the world around us, and God.

Going deeper than mindfulness and positive psychology, Plantinga explores gratitude in a theologically informed and pastorally sensitive way. He shows that being grateful to God is not only our righteous duty but also the single best predictor of our well-being. Gratitude makes us more faithful, joyful, generous, healthy, and content.

While it's easy to focus on the suffering, fear, and worries that surround us, Plantinga places all of that in the larger context of provision, abundance, and delight, empowering readers to experience the deep joy of giving thanks.



Brazos Press

FEBRUARY 2024

STRANGE RELIGION

How the First Christians Were Weird, Dangerous, and Compelling

Nijay K. Gupta

How Early Christians Contrasted with Roman Religion and Culture

- Gupta is a rising New Testament scholar with a growing platform
- Author is cohost of the *Slow Theology* podcast, founder of the *Crux Sola* blog, and has written numerous books

The first Christians were weird. Just how weird is often lost on today's believers.

Within Roman society, the earliest Christians stood out for the oddness of their beliefs and practices. They believed unusual things, worshiped God in strange ways, and lived a unique lifestyle. They practiced a whole new way of thinking about and doing religion that would have been seen as bizarre and dangerous when compared to Roman religion and most other religions of the ancient world.

Award-winning author, blogger, speaker, and New Testament teacher Nijay Gupta traces the emerging Christian faith in its Roman context in this accessible and engaging book. Christianity would have been seen as radical in the Roman world, but some found this new religion attractive and compelling. The first Christians dared to be different, pushed the boundaries of what was acceptable, transformed how people thought about religion, and started a movement that grew like wildfire.

Brought to life with numerous images, this book shows how the example of the earliest Christians can offer today's believers encouragement and hope.

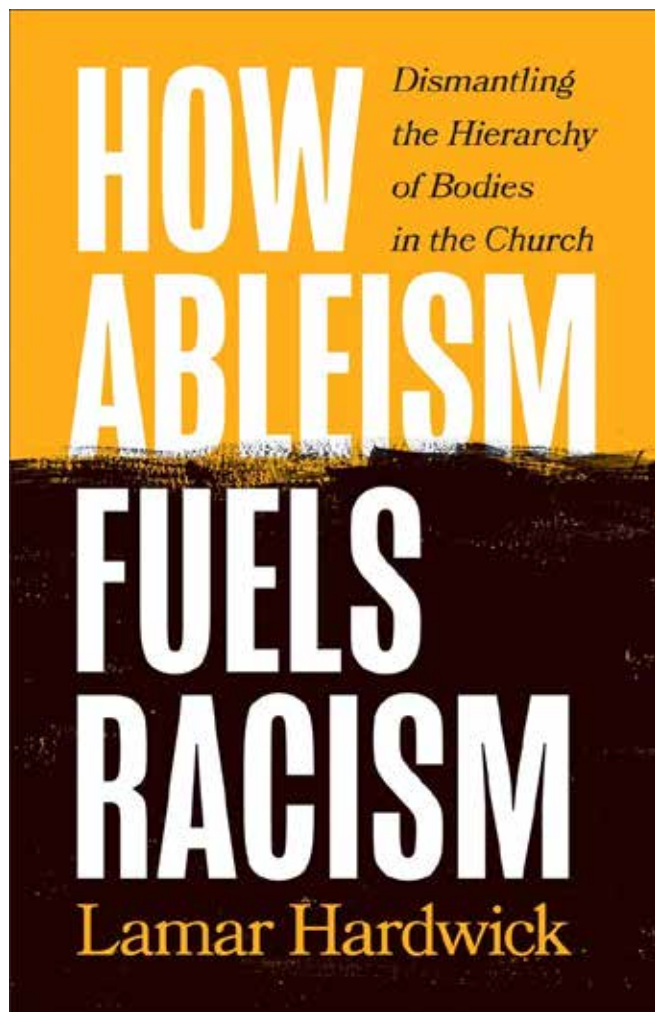
FEBRUARY 27 • US \$18.99 • CAN \$23.99
9781587435171



RELIGION / Christianity / History
RELIGION / History
HISTORY / Ancient / Rome

Paperback / softback
8.500 in H | 5.500 in W
240 pages • Carton Quantity: 24

Nijay K. Gupta (PhD, Durham University) is professor of New Testament at Northern Seminary. He is cohost of the *Slow Theology* podcast, founder of the *Crux Sola* blog, and has written numerous books, including *Tell Her Story*, *A Beginner's Guide to New Testament Studies*, *15 New Testament Words of Life*, and commentaries on Galatians, Philippians, Colossians, and 1 and 2 Thessalonians. He is also the coeditor, with Scot McKnight, of *The State of New Testament Studies*, and a senior translator for the New Living Translation. Gupta lives in Portland, Oregon.



FEBRUARY 20 • US \$19.99 • CAN \$24.99 RELIGION / Christian Living / Social Issues

9781587436123

SOCIAL SCIENCE / People with Disabilities

Paperback / softback
8.500 in H | 5.500 in W

SOCIAL SCIENCE / Race & Ethnic Relations

192 pages • Carton Quantity: 24

Lamar Hardwick (DMin, Liberty University) is the lead pastor of Tri-Cities Church in Atlanta, Georgia, and the author of *Disability and the Church: A Vision for Diversity and Inclusion*. He is a graduate of the Yale Divinity School Clergy Scholar Program and a 2017 graduate of Georgia Forward's Young Gamechangers program. Hardwick regularly writes and speaks on disability inclusion in the church. He has written for *Huffington Post* and *BioLogos* and is a frequent guest on radio shows and podcasts.

Brazos Press

FEBRUARY 2024

HOW ABLEISM FUELS RACISM

Dismantling the Hierarchy of Bodies in the Church

Lamar Hardwick

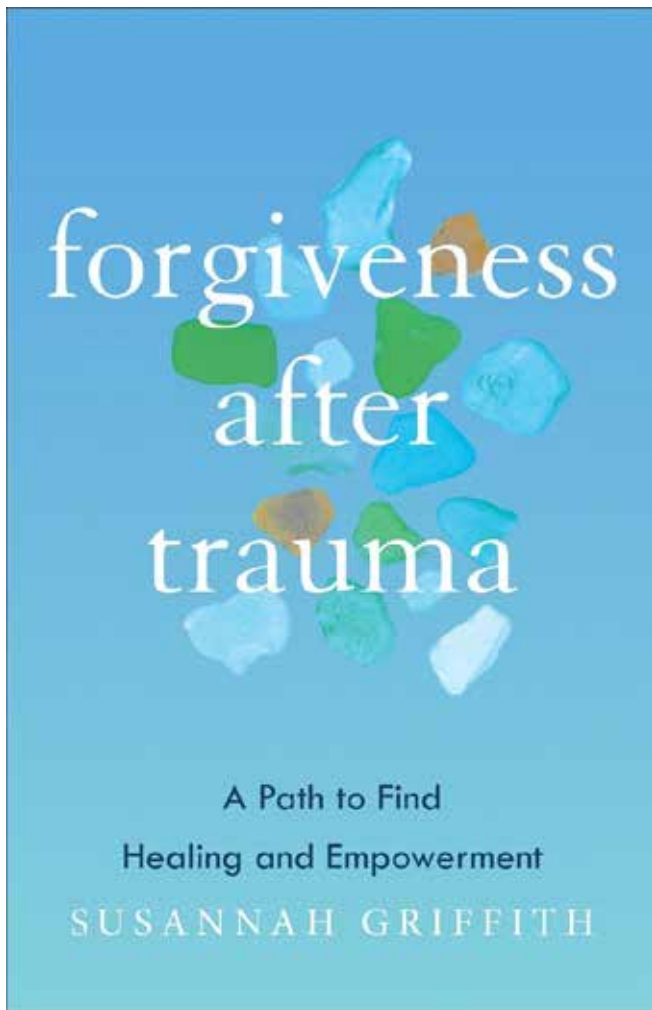
How to Pursue Racial and Disability Justice in the Church

- Hardwick is a pastor who has helped train thousands of people on the impact of disability, race, and religion
- Author is a consultant and speaker for Joni and Friends
- Author has written for *Huffington Post* and *BioLogos* and is a frequent guest on shows such as *Moody Radio*

As an autistic pastor and disability scholar, Lamar Hardwick lives at the intersection of disability, race, and religion. Tied to this reality, he heeded the call to write *How Ableism Fuels Racism* to help Christian communities engage in critical conversations about race by addressing issues of ableism.

Hardwick believes that ableism--the idea that certain bodies are better than others--and the resulting disability discrimination are the root causes of racial bias and injustice in American culture and in the church. Here, he uses historical records, biblical interpretation, and disability studies to examine how ableism in America led to the creation of images, idols, and institutions that fuel both disability and racial discrimination.

He then goes a step further, calling the church into action to address the deep-seated issues of ableism that started it all and offering practical steps to help readers dismantle ableism and racism both in attitude and practice.



MARCH 26 • US \$19.99 • CAN \$24.99
9781587435973

Paperback / softback
8.500 in H | 5.500 in W
208 pages • Carton Quantity: 36

RELIGION / Christian Living / Social
Issues
RELIGION / Christian Ministry /
Counseling & Recovery
FAMILY & RELATIONSHIPS / Abuse /
Domestic Partner Abuse

Susannah Griffith (PhD, Vanderbilt University) is assistant professor of biblical studies at Anabaptist Biblical Seminary and a licensed minister of the Mennonite Church USA. She is the author of *Leaving Silence: Sexualized Violence, the Bible, and Standing with Survivors*, which was a *Christianity Today* Book Award Finalist. Griffith lives in South Bend, Indiana.

FORGIVENESS AFTER TRAUMA

A Path to Find Healing and Empowerment

Susannah Griffith

A Trauma-Informed and Survivor-Centered Teaching on Forgiveness

- Author's first book was a *Christianity Today* Book Award Finalist
- Author is a biblical scholar, a minister, and a survivor of abuse
- Speaks to a felt need among Christian leaders and laypeople to practice forgiveness in a biblically informed way

Susannah Griffith wishes she had spent less time thinking about forgiveness. But as a Christian minister, a biblical scholar, and a survivor of abuse, she has learned a lot about it.

In *Forgiveness after Trauma*, Griffith explores what the Bible says--and doesn't say--about the biblical call to forgive. She helps readers understand this command in ways that are healing and restorative, framing it within broader concerns around lament, anger, accountability, release and rebirth, and reconciliation.

The result is what Griffith calls "trauma-informed forgiveness," which takes seriously God's forgiveness of sinners while centering survivors of abuse and aiding their healing. This view also empowers those who have been harmed in other ways by abuses of power and justice in religious institutions.

Readers will resonate with Griffith's astute biblical analysis and personal reflection, which point to God's love--a love that never includes abuse and strives for justice for the vulnerable.

FINAL COVER
COMING SOON



APRIL 9 • US \$19.99 • CAN \$24.99
9781587436093

RELIGION / Christian Living / Spiritual
Growth
RELIGION / Spirituality
RELIGION / Christian Living / Personal
Growth

Paperback / softback
8.500 in H | 5.500 in W
208 pages • Carton Quantity: 24

Micha Boyett (MFA, Syracuse University) is the author of *Found: A Story of Questions, Grace, and Everyday Prayer* and a contributor to the *New York Times* bestseller *A Rhythm of Prayer*, edited by Sarah Bessey. She is cohost of the *Lucky Few* podcast (#1 Down syndrome podcast for five years running), creator of *The Slow Way* podcast and newsletter, and has written for publications such as the *Washington Post* and *Christianity Today*. In addition to her work as a writer, she is youth director at her church, Good Shepherd New York. Boyett and her husband live in Northern New Jersey with their three sons.

BLESSED ARE THE REST OF US

How Limits and Longing Make Us Whole

Micha Boyett

Unpacking the Beatitudes to Rediscover Jesus's Radical Way of Life

- Boyett writes a regular newsletter and cohosts *The Lucky Few* podcast (825,000+ downloads)
- Author contributed to the *New York Times* bestseller *A Rhythm of Prayer*
- Author's work has appeared in publications such as the *Washington Post* and *Christianity Today*

When Micha Boyett's son was born with Down syndrome and later diagnosed with autism, she was drawn into the ancient teachings of the Beatitudes. There she found wisdom she needed in a world that values performance, perfection, and strength. Jesus instead calls his followers to embrace meekness, mercy, and suffering. The Beatitudes became an invitation to discover her worth in God's love rather than in her own accomplishments.

In *Blessed Are the Rest of Us*, Boyett shares her insights with readers--especially those who are burned out, tired of performing, living with grief, or feeling exhausted, powerless, or excluded. She invites them into an understanding of God and themselves centered on belovedness rather than accomplishment. Here is her message: in God's dream for the world, blessing has nothing to do with ease; it's about flourishing, and Jesus promises we find flourishing in our limits and in our longing to see the world made whole. Each chapter centers on the refreshing good news of one beatitude, poetically woven with stories of Boyett's life. Beautifully reassuring and liberating, this book calls readers to rest in God's rich and abundant love.