



BakerBooks

MAKING TIME

A New
Vision
for
Crafting
a Life
beyond
Productivity



MARIA BOWLER



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9781540904072

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208 pages • Carton Quantity: 40

SELF-HELP / Personal Growth /
General
SELF-HELP / Self-Management /
Time Management
SELF-HELP / Creativity

Maria Bowler is a writer, coach, and retreat leader. She holds a masters in religion and the arts from Yale University, is a former magazine editor, and has taught creative writing at the university level. Canadian by birth, she now lives in the Driftless region of the US with her family.

MAKING TIME

A New Vision for Crafting a Life beyond Productivity

Maria Bowler

Find Creativity and Fulfillment by Breaking Free from the Myth of Productivity

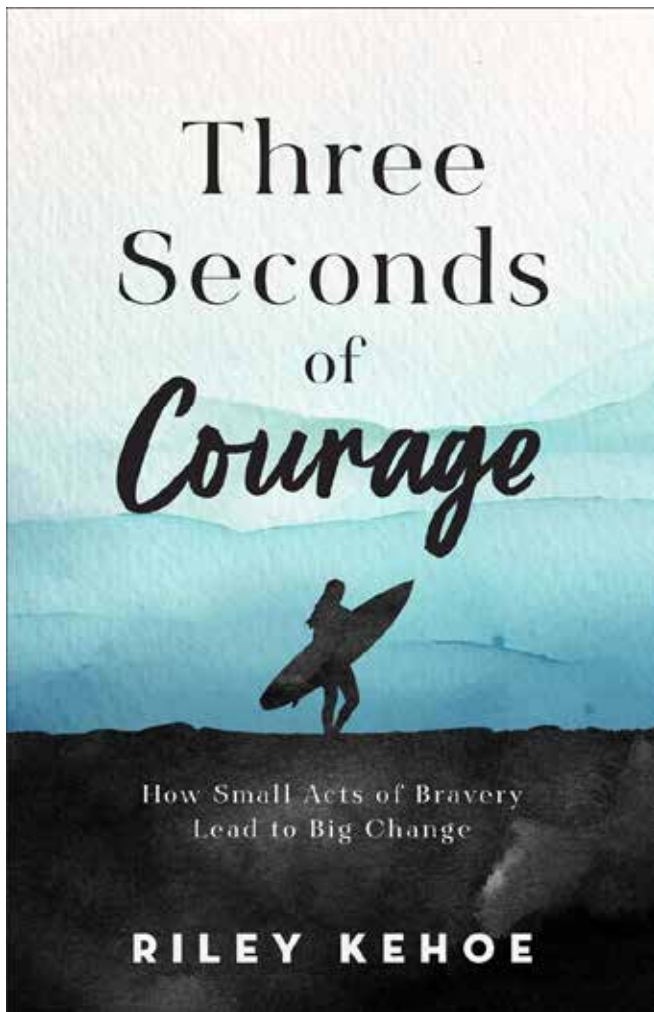
- Author has a strong growth trajectory with over 60,000 engaged Instagram followers
- Author has credentials as a spiritual director, creativity coach, Enneagram instructor, and MFA program instructor
- Will appeal to readers of Emily P. Freeman, Stephen Pressfield, and Jon Acuff

We are constantly fed the line that more productivity will bring more ease, satisfaction, and meaning to our lives. But what if all the gold stars and checkboxes are just a distraction? What if we could stop project-managing life and act from our *being* instead of all our *doing*?

If you long to leave the pressure to do enough behind in favor of a life full of meaning, creativity, and joy--a life where you don't feel rushed because you can't fall behind--*Making Time* is for you. You won't find any life hacks to control your schedule in order to cram in more work. It's about liberating yourself from the myth that humans are producers and discovering the freedom of being a *maker* who trusts life as a creative process. In this bold, revitalizing call back to human *being*, you'll learn how to

- let go of the constant pressure to do more
- find deeper meaning in how you spend your time and energy
- resist external noise that crowds out inspiration
- make what you really desire to make with your time

You don't need to do more or try harder. It just takes a new, transformative vision for how to live from your values every day.



JANUARY 28 • US \$18.99 • CAN \$25.49
9781540904270

RELIGION / Christian Living / Personal
Growth
RELIGION / Christian Living /
Inspirational
RELIGION / Christian Living / Personal
Memoirs

Paperback / softback
8.500 in H | 5.500 in W
208 pages • Carton Quantity: 40

Riley Kehoe is a speaker, writer, and influencer. Born in London and raised in New Zealand, Riley has a master's degree in global leadership from Fuller Theological Seminary. A sought-after speaker, active blogger, and up-and-coming influencer, Riley has been featured on a TEDx Talk, interviewed by William Shatner for *The History Channel*, and published in several Christian outlets. She and her husband live in San Diego.

3 SECONDS OF COURAGE

How Small Acts of Bravery Lead to Big Change

Riley Kehoe

A Powerful Story of Survival and Inspiration to Change the World

- Author has been a speaker at TEDx, the Heart of Dating Conference, World Vision International, and more
- Author has a combined social media reach of more than 100,000 followers and subscribers
- Author has been featured by The History Channel, *Waikato Times NZ*, *Voyage LA Magazine*, and other major media outlets

Riley Kehoe is no stranger to fear. At 10 years old, she survived the 2004 Southeast Asian tsunami in Thailand. After that traumatic event killed nearly 230,000 people, she began asking herself each day, *What do I want to do with this gift of life I've been given?* She realized that she could let fear rule over her--or she could choose to have courage.

Sharing her remarkable personal story, Riley shows you how small acts of bravery can change your life in ways you can't imagine. They can mean the difference between a life of isolation or one of connection, between playing it safe or taking a bold step forward, between being self-focused or reaching out to help others, between holding a grudge or offering and accepting forgiveness.

Filled with dramatic and touching stories--such as when Riley performed CPR on a drowned man and brought him back to life and when she climbed onto the ledge of a bridge to talk a young man out of jumping--this book will inspire you to approach every day with a spirit of courage, possibility, and hope.

WHEN GRIEF COMES HOME

A Gentle Guide for Living Through Loss While Supporting Your Child

Erin Leigh Nelson and Colleen E. Montague, LMFT

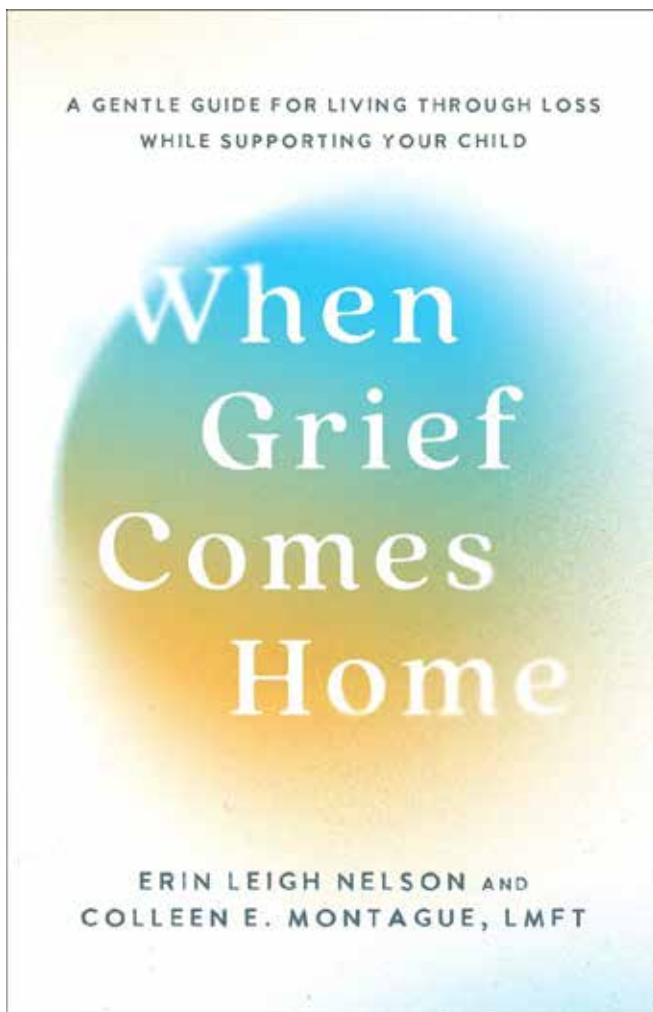
A Practical Resource for Parents Raising Grieving Children

- Author is an advanced certified trauma practitioner through the National Institute of Trauma and Loss in Children
- Identifies a clear felt need and specifically addresses grieving for families and helping children with grief
- Author actively speaks on the subject of grief education 30+ times a year

When death touches your family, you are never quite prepared. Complicating your personal pain and the need to grieve is the equally important task of helping your children understand and process the loss of a loved one. How should you answer your child's questions about death? Should you let them see you cry? How can you support their resilience? How can you help preserve memories?

Drawing from their own personal and professional experience, Erin Nelson and Colleen Montague help you navigate loss alongside your child. They provide honest ways to talk to your child about death according to age and stage of development and offer ideas on how to process, honor, and integrate loss. Chapters end with reflective questions and healing activities that lead to more meaningful connection between parents and children, inspiring hope for the future.

When families find healing practices together, they find ways to integrate their loss and expand their capacity to thrive. Through times of tragedy, when parents and children have the support they need, the shared experience of grief can become part of their family's sacred story.



FEBRUARY 4 • US \$18.99 • CAN \$25.49
9781540904065

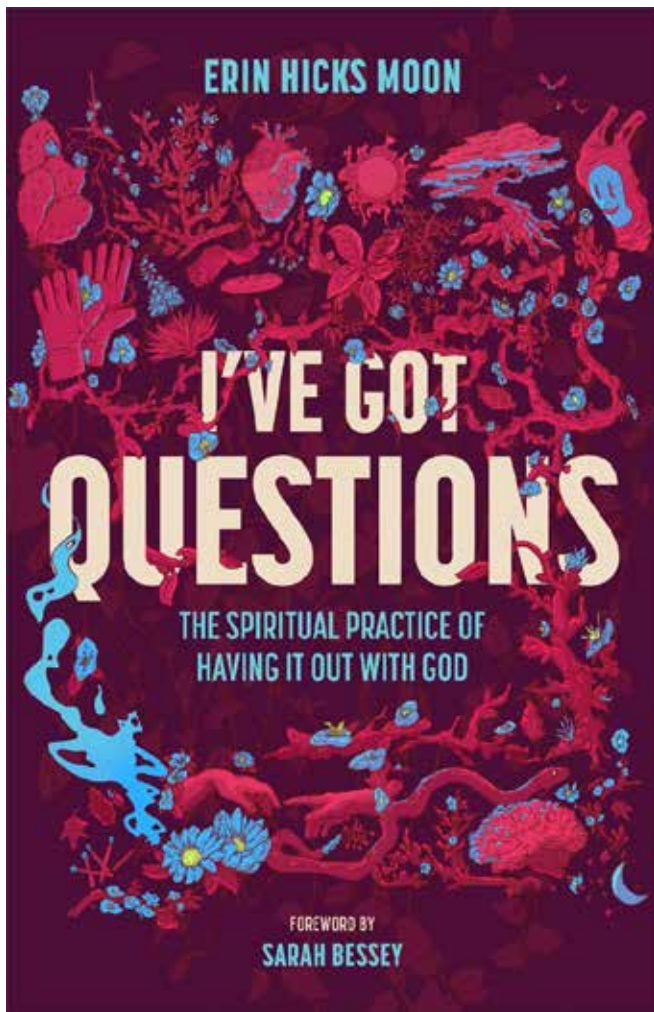
Paperback / softback
8.500 in H | 5.500 in W

192 pages • Carton Quantity: 40

RELIGION / Christian Living / Death,
Grief, Bereavement
FAMILY & RELATIONSHIPS / Death,
Grief, Bereavement
SELF-HELP / Death, Grief,
Bereavement

Erin Leigh Nelson is the founder and executive director of Jessica's House, a grief support center for children and families. Through the tragic losses of her husband, mother, and son, Erin has learned the need for grief support for children and teens. She is an advanced certified trauma practitioner through the National Institute of Trauma and Loss in Children and has been supporting grieving families for more than 20 years.

Colleen Montague is a licensed marriage and family therapist and director of community outreach for Jessica's House, supporting parents and their children after a death in their family.



FEBRUARY 4 • US \$26.99 • CAN \$35.99
9781540904089

RELIGION / Christian Living / Spiritual Growth
RELIGION / Christian Living / Personal Growth
RELIGION / Christian Living / Women's Interests

Hardback
8.500 in H | 5.500 in W
224 pages • Carton Quantity: 40

Erin Hicks Moon is a writer, podcaster, and storyteller who helps people disentangle faith by creating a kind and curious community that welcomes honest doubt and questions. She is the Resident Bible Scholar and host of the *Faith Adjacent* podcast, and senior creative at Podcast Media Group. Her popular weekly newsletter, "The Swipe Up," has garnered nearly 20,000 highly engaged subscribers, and she has written and produced several popular Bible study guides. She lives in Birmingham, Alabama, with her husband and three children.

I'VE GOT QUESTIONS

The Spiritual Practice of Having It Out with God

Erin Hicks Moon

Reconstruct a Mature, Jesus-Centered Faith

- Author is host of the popular *Faith Adjacent* podcast, with more than 35,000 downloads per episode
- Author has a loyal online following, including nearly 20,000 Substack subscribers
- Foreword by Sarah Bessey

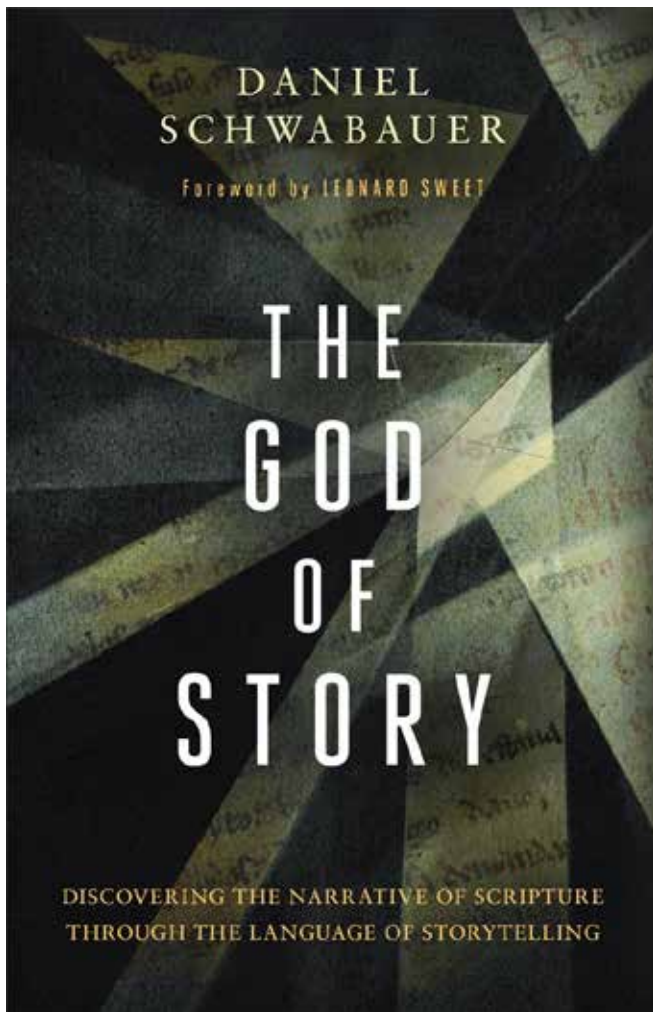
When your faith as you know it has been commodified, nationalized, scandalized, and rebranded beyond recognition, is it even possible to recover the "good" of Jesus from this cluster of epic proportions?

Writer and podcaster Erin Moon has questions, and this book is her open letter for anyone who feels iffy, conflicted, or just downright devastated by this disconnect. With empathy, insight, and the therapy of memes and a good laugh, Erin maps out not a rigid prescription but an open-hearted pathway for you to reclaim what you once loved about your faith home and light a match to the rest.

As it turns out, God is not afraid of your questions. To the contrary, the fullness of the Christian story is found not in a certainty checklist but a vision of a people who wrestle with God. This is the story to which Erin turns and guides you through, as you

- understand the good, bad, ugly, and just plain bizarre of your faith origins
- find permission to lament, ask questions, and name pressure points
- make peace as you set your own new boundaries and rebuild

Consider this your open invitation to get gut-level honest about where it started, and heart-level hopeful about where it can go from here.



FEBRUARY 18 • US \$18.99 • CAN \$25.49 RELIGION / Christianity / Literature & the Arts
9781540904638

RELIGION / Biblical Studies / General
RELIGION / Christian Living / Spiritual Growth

Paperback / softback

8.500 in H | 5.500 in W

288 pages • Carton Quantity: 40

Daniel Schwabauer, ThD, teaches English at MidAmerica Nazarene University and writes award-winning fantasy and science fiction novels. He earned an MA in creative writing under science fiction legend James Gunn and completed his doctoral work in semiotic theology with Leonard Sweet. He lives in Olathe, Kansas, with his wife and dogs.

THE GOD OF STORY

Discovering the Narrative of Scripture Through the Language of Storytelling

Daniel Schwabauer

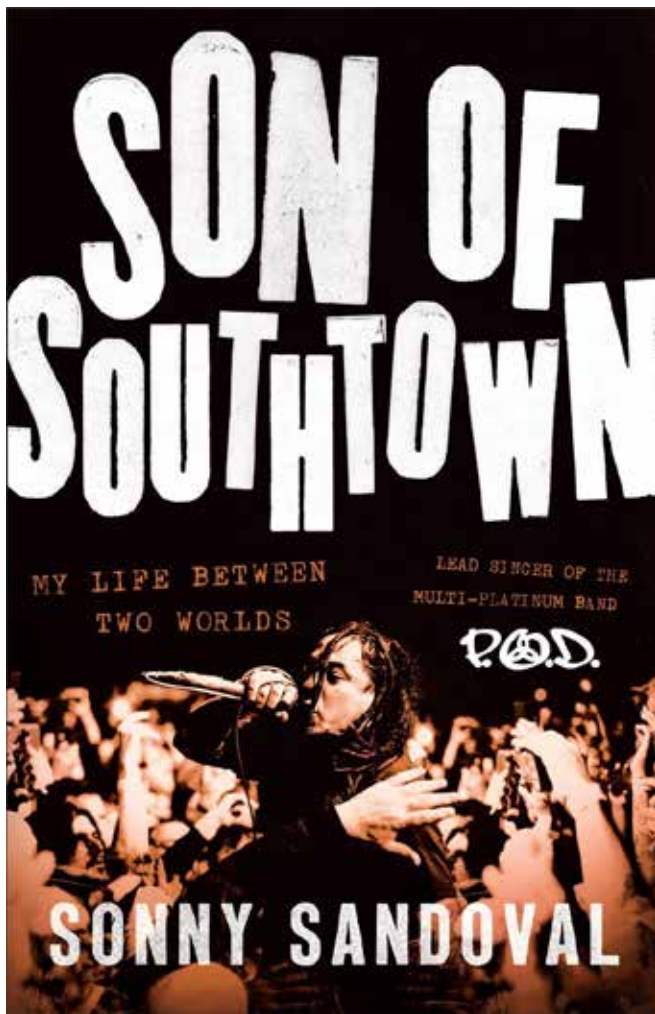
Understand the Bible Better Through the Lens of Storytelling

- Author is a professor of English at MidAmerica Nazarene University
- Author is a sought-after conference speaker, fiction writer, and writing coach
- Foreword by Leonard Sweet

Many of us have been taught to read Scripture as a collection of information that needs to be categorized, systematized, and analyzed verse by verse, concept by concept. But the Bible isn't a jigsaw puzzle, and it wasn't written in just Hebrew, Aramaic, and Greek. It was also written in the language of story. And as with every good story, we get to meet colorful characters, unravel mysteries, and see the world from a different point of view. It all makes more sense when understood from the perspective of storytelling.

In *The God of Story*, Daniel Schwabauer explores the narrative principles of theme, context, characterization, voice, and plot as a lens for understanding the cosmic story arc of God's relationship to humanity. By including creative retellings of biblical stories, he demonstrates how to engage Scripture with imagination.

For a fresh approach to reading the Bible and discovering how its stories connect to your own, start by learning to see God as the master storyteller.



FEBRUARY 25 • US \$28.99 • CAN \$38.49 RELIGION / Christian Living / Personal
9781540904423 Memoirs

BIOGRAPHY & AUTOBIOGRAPHY /
Religious
BIOGRAPHY & AUTOBIOGRAPHY /
Entertainment & Performing Arts

Hardback
8.500 in H | 5.500 in W
272 pages • Carton Quantity: 40

Sonny Sandoval is the lead singer and lyricist of the multi-platinum band P.O.D. (Payable on Death) and cofounder of The Whosoevers. He is a product of Southtown, the southern part of San Diego that approaches the border with Mexico. He is the founder and president of the Youth of the Nation Foundation, which reaches out to children from underprivileged neighborhoods and gives them the opportunity to find their self-worth and value. Sonny is married to his high school sweetheart, Shannon, and they have three children.

SON OF SOUTHTOWN

My Life Between Two Worlds

Sonny Sandoval

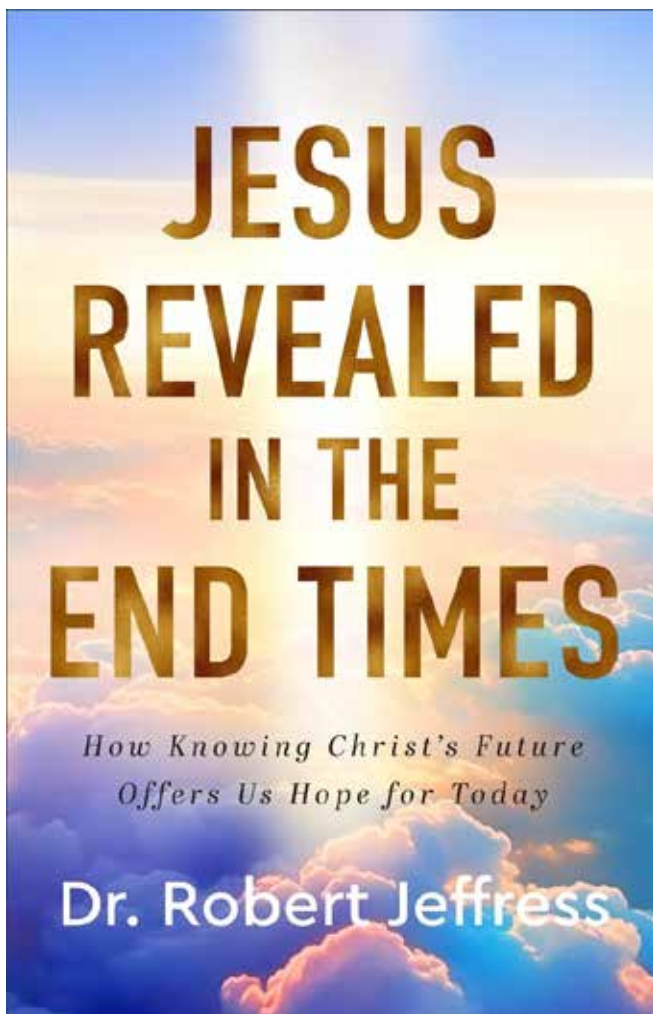
The Incredible True Story of Sonny Sandoval, Lead Singer of the Multi-Platinum Band P.O.D.

- Author is the lead singer of the band P.O.D., which has sold more than 12 million records worldwide
- Author and his band have an online reach of more than 1.5 million
- Gives a behind-the-scenes look at the author's life with a call to live authentically as God created you

Born and raised on the streets of Southtown, two exits from the Mexico border, Sonny Sandoval was always going to go his own way. And as frontman of the platinum selling nu metal band P.O.D.--a group too Christian for the world and too secular for the church--he has broken every mold, defied every expectation, and reached into the hearts and minds of hundreds of thousands of people who wanted to belong to something but never felt like they fit in.

Sonny's life has been one lived on the edge between two worlds, a line he has attempted to walk with integrity. Raw and uncut, this memoir tells his true story of growing up in the gritty beauty south of San Diego, his early musical influences and big breaks, his rise to fame and many hardships and struggles along the way.

From stories of performing in cornfields at the Cornerstone Music Festival to rocking MTV's *Total Request Live* with Carson Daly to playing in New York City just weeks after 9/11, and every unglamorous moment in between, this hard-hitting memoir will have you believing that there's no one right way to follow God's call. Instead, Sonny's story will inspire you to be totally and uniquely *you* at all times, without apology and without compromise--but with passion and integrity.



MARCH 4 • US \$28.99 • CAN \$38.49
9781540900500

Hardback

8.500 in H | 5.500 in W

256 pages • Carton Quantity: 40

RELIGION / Biblical Studies /
Prophecy

RELIGION / Christian Theology /
Eschatology

RELIGION / Biblical Studies / New
Testament / Revelation

Dr. Robert Jeffress is senior pastor of the 16,000-member First Baptist Church of Dallas, Texas, and a Fox News contributor. He regularly appears on major mainstream media outlets such as Fox News Channel's *Fox & Friends*, *Hannity*, *Fox News @ Night*, and *Varney & Co.*, as well as HBO's *Real Time with Bill Maher*. Dr. Jeffress is the author of more than thirty books, including *Not All Roads Lead to Heaven*, *A Place Called Heaven*, *Choosing the Extraordinary Life*, *Courageous*, *Invincible*, *18 Minutes with Jesus*, *What Every Christian Should Know*, *The 10*, and *Are We Living in the End Times?*

JESUS REVEALED IN THE END TIMES

How Knowing Christ's Future Offers Us Hope for Today

Dr. Robert Jeffress

Find Hope in Understanding Jesus's Roles in the Unfolding of the Future

- Author's Baker books have sold more than 800,000 copies
- Author is senior pastor of the 16,000-member First Baptist Church of Dallas, Texas, and has more than 355,000 social media followers
- Author is a Fox News contributor and has made more than 4,000 appearances on television and radio programs

Most books about the end times focus on the events described in biblical prophecy--wars, natural disasters, economic turmoil, and more--rather than the One who is revealed in those events. The result? God's people end up fearful about what is to come rather than hopeful about *Who* is to come. But the Bible's prophecies of the last days can fill us with joy and peace as we anticipate the return and reign of our beloved savior, Jesus Christ.

In *Jesus Revealed in the End Times*, bestselling author Dr. Robert Jeffress takes a radically different approach to prophecy, helping you see the end times through the lens of Jesus Christ. You'll stop fretting about future events as you start to know Jesus more deeply, see him more clearly, and praise him more joyfully.

By the time you finish this book, you'll not only have a greater understanding of God's plan for the future but also have a greater sense of calm and courage in the face of what is to come because you've come to know the One who controls the future.

JESUS REVEALED IN THE END TIMES

*How Knowing Christ's Future
Offers Us Hope for Today*

Dr. Robert Jeffress

STUDY GUIDE



MARCH 4 • US \$15.99 • CAN \$21.49
9781540903396

RELIGION / Biblical Studies / Bible
Study Guides
RELIGION / Biblical Studies /
Prophecy
RELIGION / Christian Theology /
Eschatology

Paperback / softback
9.000 in H | 6.000 in W

112 pages • Carton Quantity: 60

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JESUS REVEALED IN THE END TIMES STUDY GUIDE

How Knowing Christ's Future Offers Us Hope for Today

Dr. Robert Jeffress

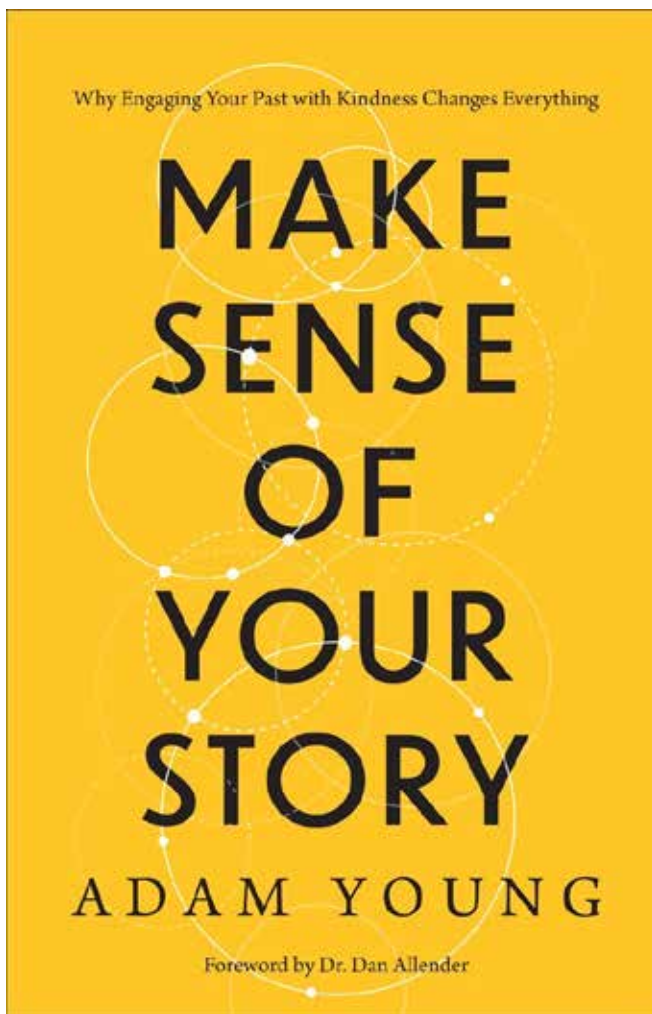
Find Hope in Understanding Jesus's Role in the Unfolding of the Future

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This study guide helps you get the most out of the book, whether you're studying it alone, in a small group, or as part of a churchwide initiative. With engaging icebreakers, thought-provoking questions, and activities to build on what you've learned, this study guide will help you face the future with confidence and courage as you come to know the One who controls the future.



MAKE SENSE OF YOUR STORY

Why Engaging Your Past with Kindness Changes Everything

Adam Young

Embrace Your Past with Empathy to Transform Your Present

- Author's podcast *The Place We Find Ourselves* has 10 million total downloads
- Offers a unique perspective on emotions from a trauma therapist with an MDiv
- Foreword by Dan Allender

Looking back at painful stories from the past seems counterproductive, especially when it appears unrelated to our present lives. But what if exploring our past stories can help us make sense of where we are now and begin to imagine who we would like to become? Rather than ignoring, suppressing, or running from our past hurts, looking at our stories of heartache and how they have shaped us helps make sense of who we are now and points the way to freedom and meaningful change.

In *Make Sense of Your Story*, trauma therapist and Licensed Clinical Social Worker Adam Young helps you explore your personal story so you can understand how your experiences have shaped your brain--which, in turn, allows you to understand why your present day-to-day life looks and feels the way it does. He shows you how to confront and process the story of your family of origin, your sexual story, the story your body is telling you, your cultural story, your story with God, and more with kindness rather than judgment so that you can experience healing, self-acceptance, and release.

The secret to making sense of your present life is understanding your past experiences. And if you want to change the narrative, you have to engage your story.



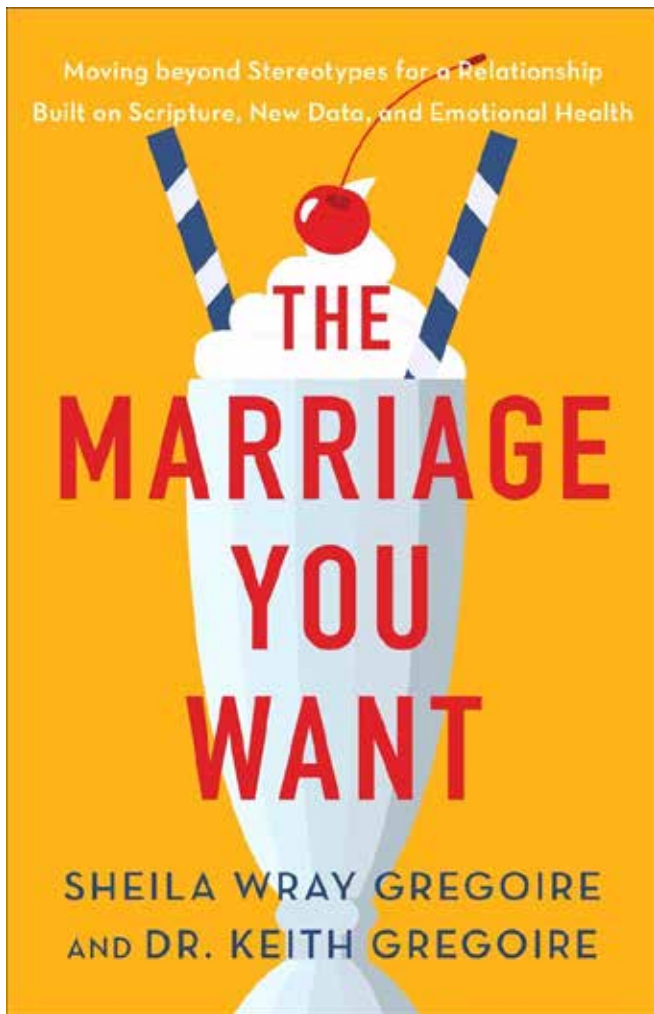
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240 pages • Carton Quantity: 40

RELIGION / Christian Living / Personal Growth
RELIGION / Christian Living / Spiritual Growth
SELF-HELP / Personal Growth / General

Adam Young is a trauma therapist and the host of *The Place We Find Ourselves* podcast. He is a Licensed Clinical Social Worker (LCSW) with master's degrees in social work (Virginia Commonwealth University) and divinity (Emory University). Adam regularly speaks at conferences and currently serves as a fellow with The Allender Center. He lives in Fort Collins, Colorado, with his wife and two children.



MARCH 11 • US \$19.99 • CAN \$26.49
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Paperback / softback
8.500 in H | 5.500 in W
240 pages • Carton Quantity: 40

RELIGION / Christian Living / Love & Marriage
RELIGION / Christian Living / Personal Growth
FAMILY & RELATIONSHIPS / Love & Romance

Sheila Wray Gregoire is the face behind BareMarriage.com, a sought-after speaker, and an award-winning author of nine books, including *The Great Sex Rescue* and *She Deserves Better*. **Dr. Keith Gregoire** is a physician and the coauthor with Sheila of *The Good Guy's Guide to Great Sex*, companion to her award-winning *The Good Girl's Guide to Great Sex*. The Gregoires have been married for more than 30 years and live in Ontario, Canada. Together, they're determined to change the evangelical conversation about sex and marriage to something healthy, biblical, and evidence based.

Baker Books

MARCH 2025

THE MARRIAGE YOU WANT

Moving beyond Stereotypes for a Relationship Built on Scripture, New Data, and Emotional Health

Sheila Wray Gregoire and Dr. Keith Gregoire

Practical, Evidence-Based Approach to Building a Healthy Partnership

- Sheila Gregoire's Baker books have sold more than 115,000 copies
- Authors have a social media following of more than 175,000 and an email list of 46,000
- Distinctive evidence-based approach, drawing from surveys of more than 38,000 people, including an all-new matched-pair couples' survey
- Authors' *Bare Marriage* blog receives more than 500,000 page views per month

We all want a marriage that feels like home. We long for a partner who is there for us through all of life's challenges and griefs, who is in on all our inside jokes, who delights in the family we've built together, who looks with hope toward the future with a shared faith and an arm firmly around our shoulders. But how do we get there? What actually *works* in the real world and honors the picture of marriage found in Scripture?

Based on the findings of their meticulous research, Sheila Wray Gregoire and Dr. Keith Gregoire dispel the pervasive myths about what makes a happy marriage. Rather than relying on gender stereotypes, they look at what actually creates intimacy, emotional health, and connection, asking deeper questions that lead to real healing and growth in your relationship with your spouse.

With enlightening stories, survey results, and practical tools, this book will help readers create a marriage they love. And with the evidence-based, Scripture-honoring advice in this book, that just may be closer than you imagine.

THE MARRIAGE YOU WANT STUDY GUIDE

*Moving beyond Stereotypes for a Relationship
Built on Scripture, New Data, and Emotional
Health*

Sheila Wray Gregoire and Dr. Keith Gregoire

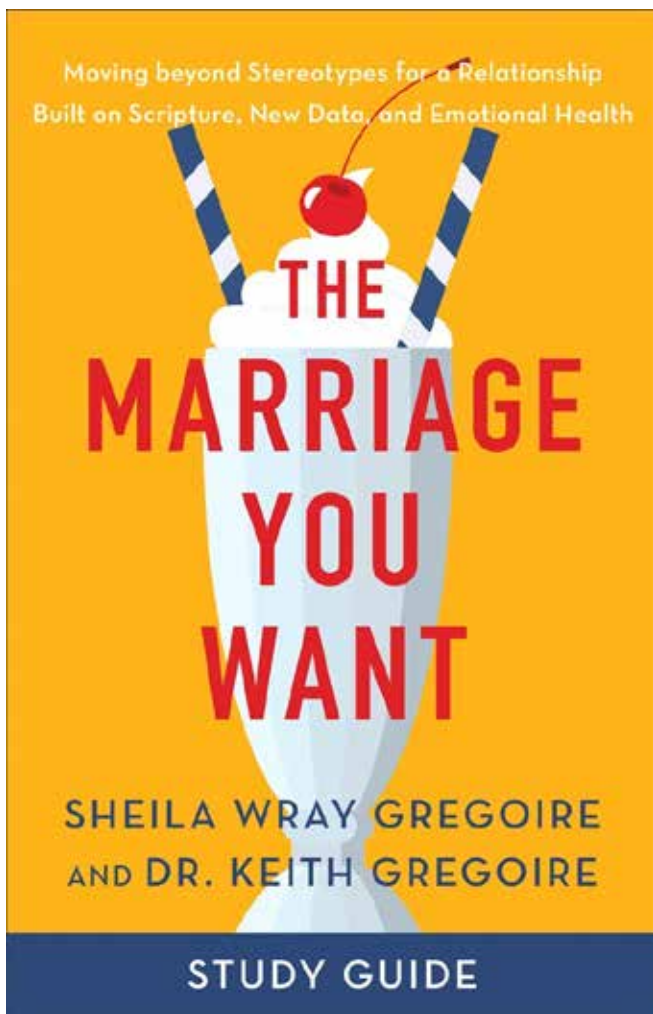
Practical, Evidence-Based Approach to Building a Healthy Partnership

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In this companion study guide to *The Marriage You Want*, you'll discover how to create a marriage you love and how to live out God's purposes for you as a couple. With reflection prompts and practical assessments, you will strip away gender stereotypes to uncover what Scripture says about marriage and what new data and common sense support. Perfect for newlyweds, premarital preparation or counseling, and small group studies. Get ready to grow as you learn

- how to be Christlike in your marriage and why this transcends fixed roles
- the difference between marriage foundations (must-have) and frills (nice to have)
- how to talk with your spouse about mental load and household responsibilities
- scripts for starting hard conversations and tips for getting through them
- practices for emotional health and bringing this into your marriage

The marriage you want doesn't just happen effortlessly. Neither is it a puzzle you can't solve. In fact, with the evidence-based, Scripture-honoring advice in this book, it just may be closer than you imagine.



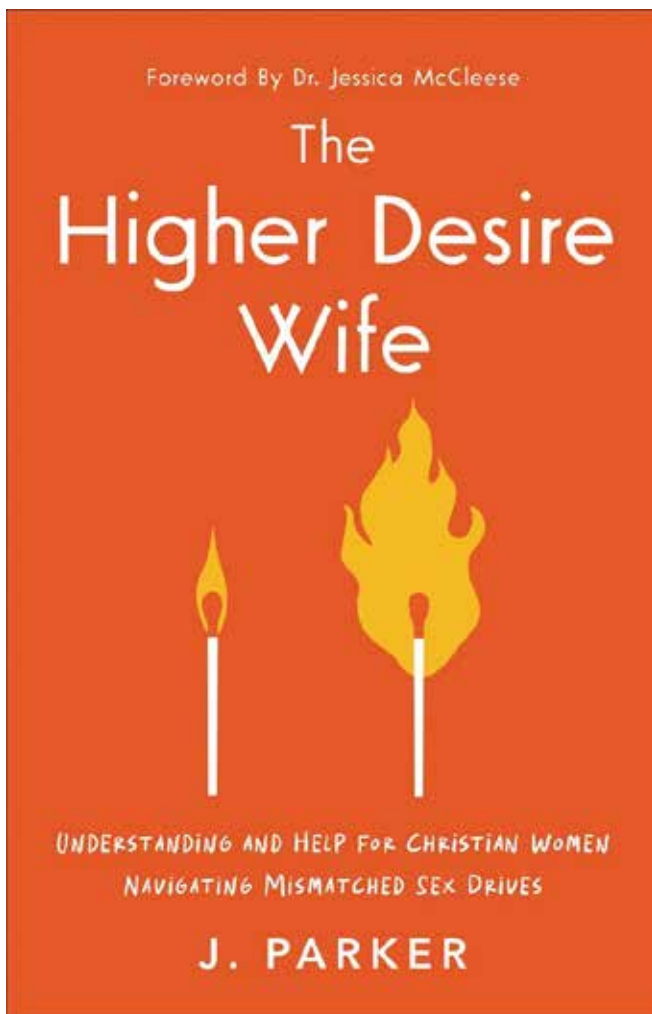
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96 pages • Carton Quantity: 60

RELIGION / Christian Living / Love & Marriage
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FAMILY & RELATIONSHIPS / Love & Romance

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MARCH 18 • US \$18.99 • CAN \$25.49
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RELIGION / Christian Living / Love & Marriage
RELIGION / Christian Living / Women's Interests
RELIGION / Christian Living / Family & Relationships

Paperback / softback
8.500 in H | 5.500 in W
288 pages • Carton Quantity: 40

J. Parker has been blogging at *Hot, Holy & Humorous* for nearly fifteen years and has written five books on sexual intimacy in marriage, including *Hot, Holy, and Humorous: Sex in Marriage by God's Design*. She holds a master's degree in counseling, but her personal testimony fueled her desire to write about God's design for sex in marriage. She has a Higher Desire Wives subscription community and cohosts a popular podcast about marriage and sexuality. She has two grown sons and one daughter-in-law and lives with her husband in the great state of Texas.

THE HIGHER DESIRE WIFE

Understanding and Help for Christian Women Navigating Mismatched Sex Drives

J. Parker

Compassionate, Research-Driven Help for the Wife with a Higher Sex Drive

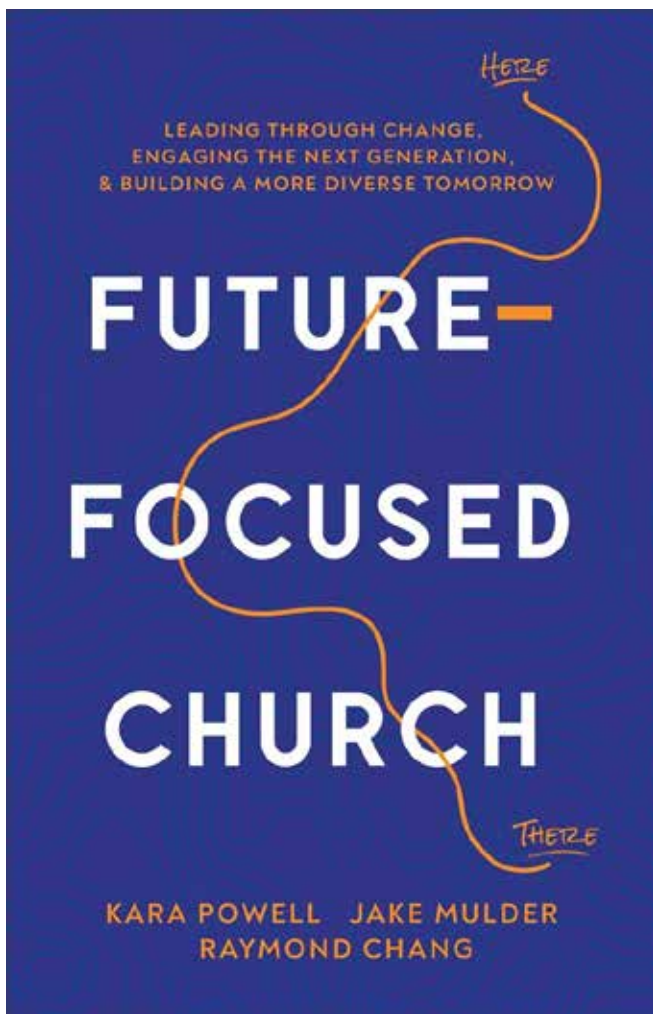
- Books on a similar topic from Baker Books have sold more than 85,000 copies
- Author's total combined social media reach is over 30,000
- Foreword by Dr. Jessica McCleese

A husband always wants more sex than his wife, right? Many marriage resources make that assumption, but up to 25 percent of marriages have a higher desire wife! While these women are not alone, they may feel that way as standard sex advice doesn't address their needs. They may even feel like there is something wrong with them or they should be ashamed of their high sex drive.

Author and speaker J. Parker has been there. In *The Higher Desire Wife*, she pairs extensive research and personal stories to help the higher desire wife nurture healthy and holy intimacy in her marriage. In these frank and compassionate pages, you'll learn how to

- understand potential causes of your husband's lower sex drive
- approach the topic with him in a loving and effective way
- find solutions and compromises to close the desire gap

God designed marriage to fulfill both husband *and* wife. J. Parker comes alongside you as a trusted friend to help you understand that you're normal, you're not alone, and things can get better.



FUTURE-FOCUSED CHURCH

Leading through Change, Engaging the Next Generation, and Building a More Diverse Tomorrow

Kara Powell, Jake Mulder, and Raymond Chang

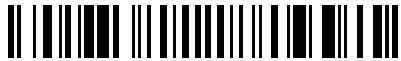
A Roadmap to Faithfully and Effectively Navigating Change in Your Church

- Authors' books have sold more than 200,000 copies
- Authors have tremendous credibility with church and ministry leaders and a robust speaking schedule
- Based on in-depth interviews with church leaders and the Fuller Youth Institute's extensive data on church, young people, and ministry

In the past few decades, the church has experienced rapid and distressing change. Hard-working pastors and leaders often know they need to embrace diversity, creatively engage younger generations, and equip their people to love their neighbors. But since they don't know how to make the changes needed, they feel stuck and wonder, "What do I do now? What steps can I take to lead our church purposefully and prayerfully into a more hopeful future?"

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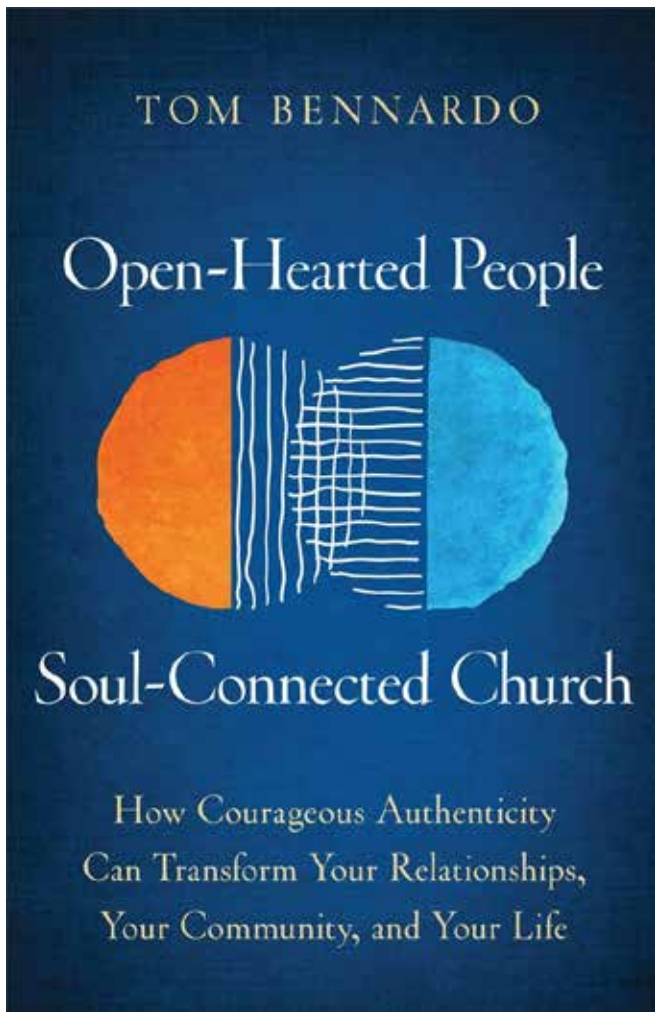
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Tom Bennardo

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