

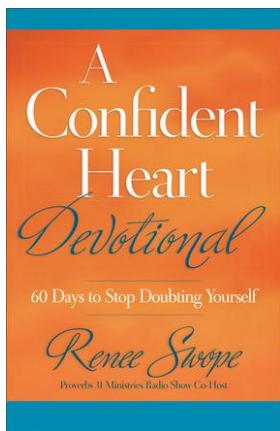


FOR IMMEDIATE RELEASE

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60-Day Devotional Based on Retailers Choice Winner and Bestselling Book *A Confident Heart* Leads Women Toward Lasting Confidence

Renee Swope, executive director and co-host of Proverbs 31 Ministries' radio program, connects with millions of woman around the world each week, helping them to live confidently in Christ. Her life-giving message is at the core of her bestselling book, *A Confident Heart* (Revell, July 2011), a 2012 Retailers Choice Award winner. Swope's 60-day devotional, *A Confident Heart Devotional* (Revell, November 2013) shows woman how to rely on and live in the security of God's promises so they can fulfill their God-given purpose. Written for women who are tired of feeling like they aren't good enough, smart enough or pretty enough, Swope draws on her own experiences to encourage readers to know they have something special to offer.



"There's nothing more assuring for a woman," says Swope, "than realizing she's not alone and she can overcome her doubts, fears or an array of emotions and imperfections she's convinced herself other woman don't have. I can't wait to walk beside women as they step out from the shadows of self-doubt and learn to live with a confident heart."

Expanding on her popular "When I say – God says" statements, Swope offers women a daily thought-map to help them exchange their most common self-doubts with God's transforming truths. Her authentic style and soul-stirring devotions include personal stories, powerful biblical teaching and real-life application wrapped around one of God's promises each day to help readers:

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- Live confidently in their God-given roles, relationships and responsibilities
- Break free from people-pleasing and performance-based living
- Trust the certainty of God's truth over their circumstances and emotions

Swope's passion is to help women live confidently in Christ by showing them how to rely on and live in the security of God's promises. "Renee has walked this journey," says Swope's radio co-host Lysa TerKeurst. "She gives us the gift of truths she's discovered that will sweep away self-doubt and usher in the godly confidence we've been longing for our whole lives."

Swope is a popular blogger and has led over 25,000 women through *A Confident Heart* in her online book and Bible studies. Proverbs 31 Ministries is hosting an online study on *A Confident Heart* that kicks off on October 13 and runs through December 14. Over 17,000 women have already signed up to participate. For more information on the study visit: <http://proverbs31.org/online-bible-studies/>.

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An 8-session DVD based on *A Confident Heart* is also available for small groups and book clubs. The video segments are a perfect jumping-off point for focused and life-changing discussions to guide individuals and small groups through *A Confident Heart*.

Renee Swope is a national speaker and best-selling author of *A Confident Heart*. She is also a popular blogger and featured writer for *Encouragement for Today* devotions that reach half a million readers each day. She lives in North Carolina with her husband, two teenage sons and beautiful four-year old daughter they brought home from Ethiopia in 2010. Connect with Renee at www.reneeswope.com, on Twitter @ReneeSwope and on Facebook at www.facebook.com/AConfidentHeart.



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Possible Interview Questions for Renee Swope

Author of *A Confident Heart* & *A Confident Heart Devotional*

1. How does *A Confident Heart* and your new devotional help people replace a lack of self-confidence with lasting God-confidence?
2. You've lead thousands of women through *A Confident Heart* through online studies. What have you learned while sharing your story and this life-giving message with other women?
3. In the devotional, you include a "When I Say – God Says" at the end of each reading. Can you explain what those are and give us an example?
4. How does doubt affect our relationships with other people and even with God?
5. What are some of the most common things that happen to make us start doubting ourselves?
6. For most of your life you didn't tell anyone you struggled with insecurity. Why don't we talk about our lack of confidence and self-worth? How did you learn to overcome self-doubt?
7. What are some practical ways our listeners can overcome their lack of self-confidence and find lasting God-confidence?

**For an interview with Renee Swope, contact Robin Barnett
at 616.698.9185 x392 or rbarnett@revellbooks.com**

Endorsements for *A Confident Heart*

By Renee Swope

“I’m so excited about Renee’s book. She’s walked this journey and gives us the gift of truths she’s discovered that will sweep away self-doubt and usher in the godly confidence we’ve been longing for our whole lives!”

— **Lysa TerKeurst**, *New York Times* Bestselling Author and President of Proverbs 31 Ministries

“You’ll never be the same after you read this book!”

— **Sheri Rose Shepherd**, bestselling author of *His Princess* and *His Princess Bride*

“*A Confident Heart* is a captivating, story-driven book with real solutions to real doubts and fears we all face.”

— **Jennifer Rothschild**, author of *Me, Myself and Lies*

“I felt like *A Confident Heart* was written just for me. Renee’s depth, wisdom and willingness to be real while sharing the real of Jesus blessed me beyond measure!”

— **Abby Rike**, Biggest Loser, Season 8; author of *Working it Out*

What Readers Are Saying ...

A Confident Heart showed me how much self-doubt affects EVERY area of my life. This book encouraged me, equipped me and changed me! Honestly, I think everyone should read it! — Jill B., IA

Through *A Confident Heart* Renee reminded me that I may fail God, but He will NEVER fail me. I love the scriptures woven into prayers at the end of each chapter. They hold such a wealth of truth! I will continue to use them as daily prayers. — Joy B., Ontario

A Confident Heart gave me courage and clarification to believe in my calling. I now see beauty in my brokenness — something I only saw in everyone else. God used it to help me to see myself as beautiful in a way I’d not ever seen before. — Cris N., CA

I practically highlighted whole chapters. Renee helped me see that “The God of all hope is calling me out of the shadow of my doubts so I can live with a confident heart!” — Melinda T., OR

I received *A Confident Heart* the week I found out my mom was in her final days on earth. I ended up reading chapters out loud to her! The message was so powerful. The scriptures were right there. I would say, “Mom, listen to this!” Renee’s words lifted my heart and carried me through. — Kirsten S., PA

A Confident Heart helped me see that “salvation is a one-time decision, but finding satisfaction in Christ is a daily process.” I will read it over and over! — Margaret S., NC