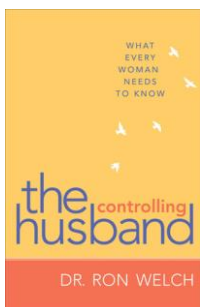


Experienced Counselor and Former Controlling Husband Offers Hope and Direction for Women in Controlling Marriages

As a clinical psychologist, Dr. Ron Welch has heard many women in controlling marriages pour out their hearts. They feel trapped, helpless, stuck in a situation with no solution and no way out. Welch struggled as a controlling husband for years but found help and healing in his relationship with his wife. In *The Controlling Husband: What Every Woman Needs to Know*, he uses his personal experience, as well as examples from the

lives of the couples he's worked with, to encourage, empower and motivate women to transform their marriages.



“Transformation and hope for your marriage are possible,” writes Welch. “Once you understand your husband better, we can move on to the principles of Transformational Marriage that you can use to transform your marriage, and you will see more clearly how to set boundaries, hold him accountable and work together to help him become the husband you deserve.”

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Welch guides readers to understand the deep-seeded problems in their marriages and teaches women practical skills to transform power and control issues and create change that will last a lifetime. With Welch’s guidance, readers will learn to identify the warning signs of impending danger, balance power in their marriage and see results quickly. *The Controlling Husband* will help wives understand why their husbands struggle with control issues and how they can motivate their spouse to change. This book offers an inside look at power, control and emotional abuse issues in marriage.

For wives of controlling husbands, along with the friends and family members who love and are concerned about them, this is an essential resource. Counselors will also find it helpful as they work with hurting couples.

Dr. Ron Welch (PsyD, Central Michigan University) serves on the faculty of Denver Seminary. Welch has over twenty years of experience in clinical psychology and has extensive experience working with couples and with men with narcissistic and antisocial personality styles. He has developed the Transformational Marriage™ approach, which helps couples through counseling, seminars, and publications. He and his wife, Jan, have walked the road of a controlling marriage personally and live in Colorado.

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Possible Interview Questions for Dr. Ron Welch **Author of *The Controlling Husband***

1. In your book, you talk about your own transformation from being a controlling husband. When did you realize your marriage had control issues? How did you address the control issues in your marriage?
2. How did your wife support you and help you change from being a controlling husband?
3. What would be one piece of advice you would give to young couples headed for marriage? What about newlyweds?
4. Could you tell a story from your own experience of a lesson you learned about love, marriage and relationships?
5. Could you explain ‘The Alpha Male Problem’, and how this trait leads to controlling husbands?
6. What are the three keys to control? Tell us a bit about each one. Which do you think is most common?
7. What are the seven strategies husbands use to control their wives? Could you offer a few solutions to wives for some of these strategies?
8. What changes have you seen in the controlling relationships of couples you have counseled?
9. What are some of the reasons that women marry controlling men?
10. What are the Four Principles of Transformational Marriage? How does addressing these principles lead to lasting change in controlling husbands and their relationships?
11. What are the three questions wives ask most about controlling husbands? Which question is the most difficult for you to handle as a marriage counselor?
12. What were your goals for writing *The Controlling Husband*? How do you hope this book is used?

Possible Interview Questions for Jan Welch

1. What was it like being married to a controlling husband?
2. What part did you play in allowing controlling behavior to continue?
3. Why did you choose to stay in a relationship for you were being controlled?
4. Was Ron like your father, and if so, how were they similar?
5. How did your relationship with your father contribute to you marrying a controlling husband?
6. How has Ron changed?
7. How have you changed?